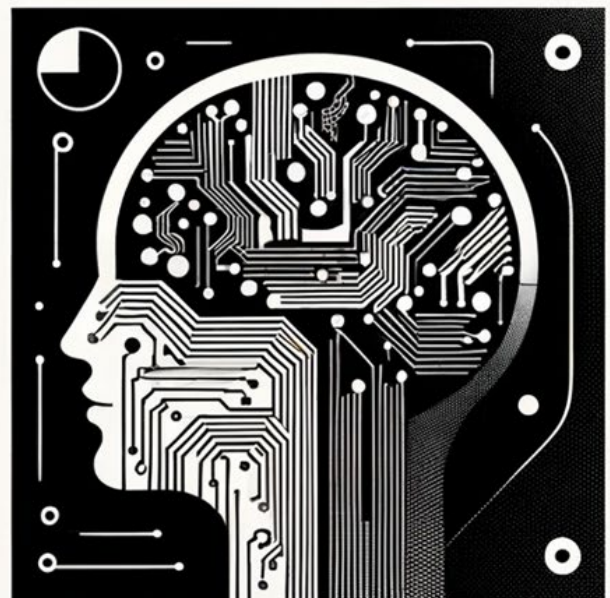


Courses and Lectures Summer 2024



Summer 2024 Lasell Village Course Listings

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For assistance with any part of the registration process contact:

John Dixon, Ph.D., Dean of Education at (617) 663-7055, or
Nancy Snow, Educational Programming Specialist at (617) 663-7051

Village Intranet:

Throughout this booklet, you will see reference to our intranet, www.lasellvillagenet.com abbreviated as VillageNet.

Policy on Course Materials

Residents are responsible for acquiring their own books and materials unless otherwise noted. Please contact the Education Office if you need assistance.

Handouts for courses are emailed to the students. If your vision or computer skills make it difficult for you to view or print the emailed handouts, contact the Education Office to be put on a list to receive printed handouts. Residents are urged to use the viewers in the libraries if the print is too small.

If you have difficulty viewing slides displayed in class, contact the instructor to request that the slides be emailed to you before class. If you have difficulty in reading handouts or slides, contact the Care and Connections Committee to provide further assistance.

Registration Process

Registration Form: Using either the online or paper form, list in ranked order the courses you would like to take and indicate the total number of classes you wish to take. The online form link will be emailed to all residents and posted on VillageNet. Paper forms may be picked up and returned to the Education Office.

Due Date: Complete and submit your form by the end of the day on Wednesday, May 1.

Notification of enrollment: Residents who submit forms by May 1 will be notified of their courses no later than May 17. You may not receive all your requested classes due to limited class capacity. Enrollment follows an algorithm that incorporates random lottery numbers, the order of each registrant's ranked choices, and priority status (new residents, centenarians, faculty, prior semester waitlist).

Lasell House Registration Policy: Residents of Lasell House who are not under a Residency and Care Agreement may submit the same registration forms as other residents. They will be enrolled after other registrations have been completed.

Registration after May 1: Contact the Education Office if you did not turn in the registration form by May 1 and would like to take a course. The Education Office will also post open courses after May 17.

When completing the form:

- List your choices in order of preference. *For best results, prioritize classes in smaller classrooms over classes in the ballroom or 918.*
- Indicate the total number of courses you want.
- Classes fill up, so listing at least one "extra" choice is recommended.
- If you anticipate missing a quarter or more of a class's meeting dates, choose a different class to make room for neighbors who can attend all the sessions.
- Remember to list the courses you "always" take, such as Voices of Experience.
- Your course choices are reviewed in the order in which you list them, e.g. your second choice will not bump you from your first choice, and so forth.
- This registration is for numbered courses only. Do not sign-up for fitness, workshops or University courses on the registration form.

Kindly note:

- If you choose an in-person or Zoom class that has no seats available, and there is a Ch. 918 section for that class, you will be added to the Ch. 918 section automatically.
- Residents may not attend classes for which they are not registered.

Zoom Class Etiquette

Please treat a Zoom class as you would an in-person class.

Come prepared with what you need so that you can participate.

- Have your course materials and personal necessities within reach.
- Be punctual: ensure your device is ready for each meeting ahead of time.
- Ensure that your surroundings reflect a neat environment.
- Turn off all distractions on your computer prior to the meeting's start to eliminate the urge to multi-task during the meeting.

During the class:

- Turn the sound off for other devices you may have; smartphone, Ch. 918, etc.
- Introduce yourself before speaking. Speak clearly.
- Limit movement in the background. This is distracting to others in the meeting. If you need to get up or move, simply "stop video." This will allow you to see and hear, but others will not see you moving. Do not walk around with your phone/tablet.
- If you need to eat or receive an important call, please turn off your video and audio.
- Please mute yourself once the class starts; unmute when you wish to speak.

Note to smart phone or tablet users: please hold or place your device horizontally.

If you would like additional instruction on Zoom, please contact the Education Department for training.

Lasell Village Academic Calendar

Summer 2024	
April 19	Course booklet distribution
May 1	Registration forms due
May 17	Course confirmation distribution
May 28	First day of semester
August 23	Last day of semester
Fall 2024	
Aug 16	Course booklet distribution
Sep 3	Registration forms due
Sep 13	Course confirmation distribution
Sep 30	First day of semester
Dec 20	Expected last day of semester
Spring 2025	
Dec 20, 2024	Course booklet distribution
Jan 5, 2025	Registration forms due
Jan 15	Course confirmation distribution
Jan 27	First day of semester
April 26	Expected last day of semester

Lasell University Intergenerational Learning

The University's fall semester will run from September 3 to December 9. During the summer, the Education Department will share a list of selected intergenerational courses.

Other Options for University Courses

Village residents are also able to register for undergraduate courses that do not have the intergenerational designation. To browse the University course catalog, follow these easy steps:

1. Log into <https://my.lasell.edu/> using your Lasell Village email, password and authentication.
2. On the large blue menu bar, click on Self-Service.
3. Ignore the "Sign-in" box that appears. Instead, in the upper left, click on the search button and choose "course offerings."
4. On the right-hand side, click on Period and choose "Fall 2024".
5. Now enter a search term (e.g. ceramics, sociology or history) and select enter.
6. For more information on any of the courses click on the title, and a pop-up box will display a course description.

To register for any University course, contact the Education Department.

Summer Lectures and Workshops

Workshop: Managing Your Shadow

Grady M

Monday, April 22

1 – 3 PM, Ballroom

We all have a “shadow,” that is, parts of ourselves that get in the way of our commitments without our being aware of it or in control of it. In this workshop, you will identify conscious and unconscious “competing commitments” that get in your way, identify the limiting mindset that drives those competing commitments, and finally, you will have a chance to “rewrite” the limiting mindset in a way that minimizes the limitations. For many people, including the workshop leader, this exercise has been a life-changing experience. It is based on the book *Immunity to Change* by Robert Kegan and Lisa Lahey.

Registration required – sign up on VillageNet or contact the Education Office.

Presenter: For 30 years Grady M was a leadership development consultant and coach. He has a master’s degree from Stanford and a doctorate from Harvard.

Beethoven’s Piano Sonatas

Lois Shapiro

Ballroom, 3:00 – 4:30 PM

Fridays, April 26 and May 17

"In Beethoven's music," according to Victor Hugo, "the dreamer will recognize his dream, the sailor his storm....and the wolf his forests." Intensely personal, yet profoundly universal, this is music that reminds us WHO WE ARE, and what truly matters--rekindling our imaginative resources and inspiring us to fully inhabit our humanity. Our 2024 series of discussion/performance meetings will bring us to the end of our exploration of the entire opus of Beethoven's piano sonatas--giving us an overview of his compositional life, in relation to his musical/psychic development.

Presenter: Lois Shapiro has performed as a soloist and chamber musician throughout the United States as well as in the former USSR, Belgium, Holland, Switzerland, Hungary, Mexico and Canada. Her piano trio Triple Helix, in residence at Wellesley College, was chosen Musicians of the Year for 2003 by *The Boston Globe*. Lois was an instructor of piano at Smith College, the New England Conservatory, and Brandeis University. She is currently

on the faculty of Wellesley College, teaches at NEC Prep, and is artist-in-residence at the Rivers School in Weston.

Registration is not required to attend or to watch on Ch. 918.

How Poems Get Made

Jan Schreiber

Monday May 6

2:00 PM, Great Room

There's something mysterious about poetry. Is it a spontaneous outpouring or something carefully contrived? Not many poets produce, like Shelley's skylark, "profuse strains of unpremeditated art." But poets rarely discuss the work that goes into writing. In this talk, Jan Schreiber reads some poems of his own and shares accounts of some of the life experiences that gave rise to them. Audience members are welcome to question the poet about his methods and his views of the vocation of poetry.

Registration is not required to attend this event.

Presenter: Jan Schreiber was Poet Laureate of Brookline, Massachusetts from 2015 to 2017. His books include *Digressions* (1970), *Wily Apparitions* (1992), *Bell Buoys* (1998), *Peccadilloes* (2014), and *Bay Leaves* (2019). A collection of his criticism, *Sparring with the Sun*, was published in 2014 and a new one, *Reading between the Lines*, will come out next year. His translations of The Poems of Paul Valéry appeared in 2021. An advisory editor of *Think* journal, he teaches in the BOLLI program at Brandeis University and runs The Critical Path, an annual symposium on poetry criticism.

Workshop: Reading a Sanskrit Fable

MJ C

Thursday May 9

Dewey Classroom 2 PM

Close reading of a text, in Sanskrit, with a running translation and explanation, from the Hitopadeśa, the Book of Good Counsel, one of the highly respected treatises (śāstras) intended to make young noblemen aware of nīti, i.e. proper and virtuous conduct.

The genre uses proverbs and maxims which the characters, usually animals, bandy about to make a point. These proverbs are still current and frequently cited in India. The particular

fable that we will read is usually called "The jackass, the dog and the thief", where the animals carry the narrative forward.

Sign up on VillageNet or with the Education Office to ensure there are sufficient handouts.

Presenter: M.J. C retired in 2021 to Lasell Village as Professor Emeritus in Linguistics from the Department of Eastern, Slavic and German Studies, Boston College.

Workshop: Glimpses of Sondheim

Gail Leondar-Wright

Monday, May 20

2:00 PM, Ballroom

With the passing of Stephen Sondheim still a recent memory, many of us long to know him better. And since the possibility of meeting him and getting to know him (ever so faint, but ever so tantalizing) is now over, some of us are looking to know him through the books he wrote, the interviews he gave, and most of all, through the remarkable body of work he left us.

During this fast-paced presentation, we'll ask whether we can see "stealth Sondheims" peeking through the songs he wrote and the characters he helped to create.

Registration is not required to attend or to watch on Ch. 918.

Course Leader: Gail Leondar-Wright has taught her course "What Makes Sondheim Great" at Lasell Village, for OLLI groups at UMass Boston and Tufts University, for Rainbow Lifelong Learning Institute in Boston, and at Temple Shir Tikvah, Winchester, MA. She has supported the Pasadena Playhouse productions of Sondheim musicals with a series of virtual lectures. Gail facilitates an online "Sondheim Study Group" and lectures and teaches independently as well. She holds an MA in Performance Studies from New York University and a BA in Drama from The University of California at Berkeley.

Weekly Exercise Classes

Summer 2024 schedule

Schedule subject to change.

Changes will be announced in *News & Notes* and posted on lasellvillagenet.com.

Monday	9 – 9:30	Prerecorded Improving Mobility Paul Connolly	Ch. 918
	10 – 10:45	Zumba* Cathy Allen	Ballroom
	11:30 – 12:30	Chair Yoga Ruth Landsman	Ballroom/Ch. 918
Tuesday	10 – 10:30	30-Minute Easy Strength Lasell House Rehab	Ballroom/Ch. 918
	11:30 – 12:15	Balance At Home Physical Therapy	Ballroom/Ch. 918
Wednesday	10 – 10:30	30-Minute Basic Stretch Lasell House Rehab	Ballroom/Ch. 918
	11:45 – 12:30	Exercise with Britta Britta Zecher	Ballroom/Ch.918
Thursday	11:45 – 12:30	Tai Chi James True	Rogers (Ballroom) /Zoom/Ch. 918
Friday	9 - 10	Prerecorded Chair Yoga Ruth Landsman	Ch. 918
	11:30 – 12:15	Exercise with Britta Britta Zecher	Ballroom/Ch.918
Saturday	11:30 – 12:15	Multi-level Workout Paul Connolly	Zoom/Ch. 918

* Pre-registration on VillageNet required for these classes.

Fitness Facility Information for Summer 2024

Reservations

Reservations are required for the Fitness Centers until 5 PM and for the pool. Visit the “Fitness Reservation” section of VillageNet to make an appointment for the Pool, Fitness Center, or Ping Pong. Appointments are typically 45 minutes. Zumba reservations are made on the “Village Calendar” section of VillageNet. The Fitness Center is open for staff use after 3 PM.

Fitness Center: Staffed Hours <i>The Fitness Centers are open 24/7 except for daily cleaning from 6:30-7:15 AM</i>	Monday	8:30 – 2:30
	Tuesday	8:30 – 2:30
	Friday	8:30 – 2:30
	Saturday	10 - 3

Unsupervised Fitness Center Guidelines

Each resident takes the responsibility to sanitize the equipment and follow hygiene protocols.

Pickleball Equipment

The pickleball equipment and key are available for checkout at the Welcome Desk. To make a reservation for the pickleball court, please call Aileen Murphy at (617)663-7026.

Pool Hours	Monday through Friday	To be announced
	Saturday & Sunday	7:45 – 11:30 am
	Weekend Guest	11:30 am – 12:30 pm

Lasell Village Courses

1. Ukulele Jam

Shayla McDermott

Sundays, June 23 – August 18 (no class July 7)

5 – 6 PM, Great Room (Building 120)

This class is a low stress community experience for varying musical interests and abilities to share in the joy of shared music-making or 'jamming.'. Join by singing along, drumming, playing ukulele, bringing an instrument of your own (such as guitar), or attending as a regular listener. Please register for the class if you plan on attending in any of these capacities.

Course Materials: The course leader will provide sheet music and a set of drums. Residents will provide ukuleles or other instruments to use (including their voices!).

Course Leader: Shayla McDermott, MT-BC, is a board-certified music therapist and program coordinator at The Falls, an assisted living/memory care community. Some of her groups include Tone Chimes, Music & Movement, and Music Lectures. She also works for Trinity Hospice, passionately providing end-of-life care. Shayla sings and plays guitar, ukulele, and piano. She has a BA in Music Therapy from Eastern Michigan University. She is most interested in music's ability to create community.

2. The Taming of the Shrew

Parkman Howe

Mondays, June 3 - July 1

9:45 – 11:15, Dewey (Building 130D)

The Taming of the Shrew — a play for our times, or a play definitely no longer to our tastes? It has always been popular. Is that because of its apparently compliant and apparently defiant women? The war of words throughout the entire play? The portrait of a battling marriage that hasn't even begun? We all know a few marriages like this between Kate and Petruchio (many of us have seen *Who's Afraid of Virginia Woolf*). As usual, we will be watching the Globe production, this one from 2012. *The London Times* speaks of "Toby Frow's well-directed and engaging production [that employs] numerous visual gags to focus on and milk the humour." *The Evening Standard* notes the "Ebullient interpretation... broad and bawdy." Jane Shilling, writing for *The Daily Telegraph*, remarks: "This intelligent and energetic production

finds the tenderness in the text.” This play may not be to everyone’s taste, but it asks some basic questions, and it really makes us laugh.

Course Materials: *The Taming of the Shrew*, Folger Library, ISBN-13: 978-0743477574

Course Leader: Parkman Howe received a B.A. in English from Harvard University, and a PhD in Anglo-Irish Literature from University College, Dublin. He is currently the poetry editor of *Appalachia*, America’s longest-running journal of mountaineering and conservation. He has also co-authored seven musical plays and written articles on such topics as Thoreau, *Walden*, Hadrian’s Wall, and the 1949 Mann Gulch fire in Montana. Parkman has taught a number of courses at Lasell Village on Shakespeare as well as the Bible. He keeps five hives of bees.

3. Rhetoric, Persuasion, and Social Issues of The Past and Present

Staci Halt

Mondays, June 3 – July 29 (no class June 24)

9:45 – 11:15 AM, Froebel (Building 130C)

This course is designed to engage the class in discussions about how rhetoric impacts our perceptions, plays to our emotions, and can bring us to understanding or sometimes obscure it. We will learn and employ the principles of Aristotle’s philosophy about rhetorical analysis to examine how we as individuals are persuaded, and how we in turn seek to persuade others, especially focusing on language and communication.

When we understand the tenets of Aristotle's rhetorical analysis we can ask REAL rhetorical questions for greater insight into our world and our shared humanity, with the intent to shape us into more aware consumers of information of all kinds, from news media to what we hear on a phone call with a friend.

Course Materials: Readings will include news articles, opinion pieces in opposing voices, and short excerpts from books, some focused on perspectives from history and some exploring the social issues of today. Hard copies of each reading will be made available, but if participants would like digital copies of the readings, files can be available via email as well.

Course Leader: Staci Halt is a poet and essayist whose work has been published in *The Los Angeles Review*, *december Magazine*, *Rattle*, *Salamander Magazine*, *Samfiftyfour Literary*, *Abraxas Review* and others. She is an Idyllwild Arts Poetry

Fellow and has taught Writing and Rhetoric at Lasell University. She is a mother of six children and as such has a keen ear for employing rhetorical analysis when anyone tries to persuade her of anything.

4. Voices of Experience sing *South Pacific*

Jonathan Kessler

Mondays, June 3 – August 12

1:15 – 2:45 PM, Ballroom, (Building 120)

Performances 7:30 PM Tuesday, August 13, 2 PM Wednesday, August 14

Join the Voices of Experience as we go to the South Pacific! Here we follow the lives of U.S. military men, nurses, and the residents of a Polynesian island during World War II. Based on James Michener's Pulitzer Prize-winning book, "*Tales of the South Pacific*", with music and lyrics by Rodgers and Hammerstein. Favorite songs include "Bali Ha'i", "Carefully Taught", "There's Nothing Like A Dame", and "Some Enchanted Evening".

Course Materials: Please bring a black 3-ring binder and a pencil.

Course Leader: Jonathan Kessler has been writing, playing, and teaching music for much of his life. Starting at a very young age on the piano, he went on to study film scoring and contemporary composition at Berklee College of Music in Boston. He has worked with and directed choirs, orchestras, marching bands, drum corps, and various other ensembles for many years. He now teaches private music lessons, writes and arranges music, and plays in orchestra pits full time.

5. From Early Modernism to Postmodernism (Zoom)

6. From Early Modernism to Postmodernism (Ch. 918)

Brooke Mullins Doherty

Mondays, June 3– July 8

3 – 4:30 PM

From WWII and the Vietnam War to the culture wars, Europe and America experienced profound social, economic, technological, and political changes from the early 20th through the early 21st centuries, and these changes are quite evident in the changing artwork of the period. Beginning in the 1930s and moving through the developments in American and European art, Abstract Expressionism, Pop Art, Minimalism, Earth Art, Performance Art, and other movements, this course will provide a brief overview of the major movements and artists involved in Modern

art as well as an introduction to Postmodern art that will help us understand the art of today. No prior art history knowledge is necessary for this broad survey course.

Required reading: *Art: A World History* by Elke Linda Buchholz et al., ISBN-13: 978-0810994423.

Course Leader: Brooke Mullins Doherty is an artist whose sculptures and drawings have been exhibited in many solo and group shows. Currently teaching Studio Art and Art History at Lasell University, Cape Cod Community College, Bristol Community College, and the Community College of Rhode Island, Brooke received her MFA in Sculpture from the University of Massachusetts, Dartmouth, and her BFA in Studio Art from the University of Oklahoma, which also awarded her a BA in Philosophy. Brooke holds minors in Art History and Psychology, also from the University of Oklahoma.

7. Three Women, Three Novels: Wharton, Cather, and Hurston

Debbie Mael

Tuesdays, May 28 – July 2

9:45 – 11:30 AM, Dewey (Building 130D)

Join me as we hit “the road” to self-discovery with three young women from three different parts of this vast country. Fall in first love and first lust with Charity in Edith Wharton’s moving novella, *Summer*, set in the Berkshires. Carve out the rocky earth and weather the harsh Nebraska winters with Alexandra in *O Pioneers* by Willa Cather. And then defy, cry, and ultimately rejoice in the towns and swamps of South Florida with the amazing Janie, in Zora Neale Hurston’s *Their Eyes were Watching God*. They each grow wise and wiser still- so worth traveling with them!

Course materials: *Summer* by Edith Wharton, ISBN 978-1481919012.

O Pioneers by Willa Cather, ISBN 979-8669543778.

Their Eyes Were Watching God by Zora Neale Hurston. ISBN 978-0061120060

Course Leader: Debbie Mael taught writing and literature at Newbury College for 48 years. She was privileged to develop all types of literature courses including Women’s Lit, The Literary Fairy Tale, Madness in Literature, and Gothic/Horror Lit. What could be better than talking about stories with students? She currently teaches in Lasell’s Writing Program and continues to share stories by creating fairy gardens for grandkids in her backyard. She holds a BA from Colby College and an M.Ed. from Boston College. She co-authored *Take Charge of Your Writing* (2001), by Houghton Mifflin.

8. The U.S. Empire

Holger Droessler

Tuesdays, July 2 – August 6

9:45 – 11:15 AM (Zoom)

What is the United States, and where? This course rethinks the United States from the vantage point of unincorporated territories. A territorial approach to U.S. history since 1898 offers surprising perspectives on democracy, warfare, and migration. Among other things, we will find out where Guantánamo really is, how the bikini got its name, and why President Truman almost got shot by Puerto Rico nationalists. We will also learn about Indian Territory, football in American Samoa, and the Beatles.

Course Materials: Daniel Immerwahr, *How to Hide an Empire: A History of the Greater United States*. ISBN 978-1250251091 or 978-0374172145.

Holger Droessler is an historian of 19th- and 20th-century U.S. history, with a special focus on imperialism, capitalism, and the Pacific Ocean. In his book, *Coconut Colonialism: Workers and the Globalization of Samoa* (HUP, 2022), he argues that the globalization of Samoa at the turn of the twentieth century was driven by a diverse group of working people on and off the islands. His current project tells the global story of non-citizen civilians working for the U.S. military from the Civil War to Iraq. He holds a Ph.D. in History of American Civilization from Harvard University and M.A. in American Cultural History from LMU, Munich.

9. China's Leap Toward Modernization

Min-Hwa C K

Class on Tuesdays 1 -2 PM, Froebel (Building 130C), July 16 – August 13

Movies shown Mondays, 7:30 PM, on Ch. 918, July 15 – August 12

If you are interested in China's history in the 20th century and would like to learn how China has transformed from a nation torn by foreign exploitations, wars, natural disasters, and poverty into a major global power, this is the course for you.

The course consists of five films and one supplementary film (see details below), covering pivotal political events that mark China's passage from feudalism to its current state. Also shown are the cultural and social impacts of those changes to personal lives through gripping narratives. Each class will be conducted in two parts, film viewing and group discussions, on separate days of the same week. No text is

required; short handouts will be distributed to course participants before each class. The five films are listed below.

Ju Dou (1990) *Ju Dou* is a tragedy set in rural China of the 1920s. This film was the first Chinese movie nominated for the Oscar for Best Foreign Language film.

Farewell My Concubine (1993) The film relives half a century of troublesome times in modern Chinese history, beginning in 1924. It was the winner of the Palme d'Or, and twice nominated for an Academy Award.

To Live (1994) The story of one man's trials and tribulations throughout political movements in 20th century China. This film won Grand Prix in the Cannes Film Festival and the Best Foreign Language Movie of BAFTA Awards.

In The Mood For Love (2000) During the 1950s and 1960s, Hong Kong absorbed over one million refugees from Mainland China. In a 2016 survey by the BBC, this romantic comedy was voted the second greatest film of the 21st century.

Island in Between (2024) On the rural Taiwanese outer islands of Kinmen, just 2 miles off the coast of China, Director S. Leo Chiang weaves vignettes of tourist visits and local life with his own narrative.

The Last Emperor (1986) Winner of nine Oscars, the film depicts Puyi's life from his ascent to the throne as a small boy to his imprisonment and political rehabilitation by the Chinese Communist Party.

Course Leader: Village resident Min-Hwa C K was born in China and grew up in Taiwan. After retiring from a career as international consultant for multi-national corporations, governments, universities worldwide, she taught courses and gave lectures on Chinese history and literature at Harvard Continuing Education and many public institutions including the World Affairs Council, Boston Public Library, and Rainier Club of Seattle.

10. AI in our everyday lives

Stan B

Tuesdays, July 9 -July 30

1:15 – 2:45 PM, Dewey (Building 130D)

This class will offer participants an update on the state of AI in our economy and society today and examine the impact we can anticipate AI will have on our everyday lives in the next several years particularly in the areas of:

- Healthcare and personal medical devices
- Education
- Games and entertainment
- Transportation and delivery
- Home robots

The course will include readings from current journals and periodicals and presentations by experts in these areas of interest.

Course Leader: Stan B, a Village resident of 11 years, teaches at Lasell University and the University of Paris East. He was the Founder and President of Applied Decision Systems, a computer modeling and consulting firm. He was an IBM Fellow at Harvard University, where he taught in its business school. He has also taught at Boston University, Oxford, and Arthur D. Little School of Management and was a management consultant at Temple, Barker & Sloane and Arthur D. Little. He has been named by *Who's Who* as one of the top 100 educators in the U.S.

11. Your Art Journey: Learning to See

Susan Kelley

Tuesdays, May 28 – July 2

3 – 4:30 PM, Washington Art Studio (Building 80B)

Making art means different things to different people. Together students will explore many possibilities for making art -- drawing, painting and picture making. Our focus will be on learning to see objects so that we can represent them better, that is through seeing, and comparing relationships of shapes , values and color and using your eyes to make the decisions. The teacher will work individually with students on the use of color, planning and executing from a photo or from real life, and learning to use the art style that speaks to them as individuals.

Course materials: Returning students can continue a previous project or start something new. New students to the class can bring a sketch book, pencil, and any materials they already have.

Course leader: Inspired by working from life in oil, pastel, and charcoal, Susan Kelley paints landscapes, portraits, and still life. She is an active plein air painter throughout New England including the North Shore / Cape Ann, Rhode Island, and Maine. In 2005 she began teaching classes for educational institutions and organizations, including Rockport Art Association and Museum, North Shore Art Association, JCC Newton and private instruction. She has painted with passion and

a commitment to executing works each better than the last. Susan studied six years with three noted teachers of the Boston School tradition: Master Landscape Painter David Curtis, Master Portrait Artist Robert Cormier and Master Boston Painter Thomas Dunlay. She currently maintains a resident studio in Franklin and works and teaches in the Thomas Dunlay studios/Atelier, continuing the Boston school tradition. For more information on Susan: www.susankelleyartist.com.

12. Two Giants of American Literature: Emily Dickinson and Walt Whitman

Hank B

Wednesdays, May 29 -July 10 (no class June 19)

9:45 – 11:15 AM, Dewey (Building 130D)

Two individuals could not differ more in their persons, personalities and conceptions of poetry than Walt and Emily. Although other popular 19th century American poets—Longfellow, Lowell, Holmes, Whittier, even Poe—are not much read these days, Dickinson and Whitman continue to loom large in our cultural landscape, but for very different reasons. In this course we will read representative poems by both poets in an attempt to discover whether and why they still speak to us. The instructor will lecture briefly on the life of each poet as well as the historical contexts in which they wrote. Meetings will be mostly given to discussion of individual poems. People who feel they never “got” poetry should not feel any anxieties about participating in such discussions! The poems we will read by both poets are accessible to the reader.

Course Materials: The recommended text for Dickinson is Joyce Carol Oates, editor. *The Essential Emily Dickinson*. Ecco Press. (Used copies may be available.) Other editions may be suitable but be sure any edition you choose has an index of first lines and titles and avoid editions that are thematically organized.

The recommended text for Whitman is Harold Bloom, editor. *Walt Whitman: Selected Poems*. Library of America. (Used copies and Kindle edition available.) OR John Hollander, editor. *Walt Whitman: Leaves of Grass: The Complete 1855 and 1891-1892 Editions*. Library of America (Paperback edition).

Other editions may be suitable but avoid editions with titles like “Leaves of Grass, 1855 Edition.” They will not contain Whitman’s important shorter poems. You may find small format paperback editions of the complete body of Whitman’s poetry.

Course Leader: Hank B, a Village resident since August 2018, holds degrees from Princeton and Harvard. He has taught on every level from seventh grade English to

graduate psycholinguistics. He taught college English and linguistics for 38 years. His upper-level course subjects included English Romanticism, History of English, Chaucer, and American Poetry. This is his eighteenth Village course.

13. Bridge – Bidding, Play, Improvement & Competition

Brian Frasier

Wednesdays, May 29 – Jul 3

9:45 – 11:15 AM, Rogers (Building 85A)

This course will be in a guided practice format. Participants will be given pre-made hands to play. Practice with bidding and play will be followed by in-depth analysis. No partner necessary and all levels are welcome. Topics will include: Weak Twos, Takeout Doubles, Stayman, Jacoby Transfers, Slam Bidding, Inverted Minors.

Course leader: Dr. Brian Frasier is a professor of mathematics at Lasell College. He attended Tufts University as an undergraduate where he earned a BS in Chemical Engineering; and the University of Massachusetts-Lowell, earning two masters (Mathematics and Education), and Doctorate in Mathematics Education. His research interests include the development of teaching techniques designed to foster logical thinking through the learning of mathematics. Dr. Frasier has been teaching at a variety of levels for 20 years and has an extensive background in K-12 teacher preparation. His practice revolves around making sense out of abstract mathematical concepts and using mathematical content to help his students become better thinkers. Dr. Frasier is tremendously excited to offer this Bridge course as a means through which he can bring his mission of improving thinking skills to the residents of Lasell Village.

14. A Guide to Video Games

Christina Alejandre

Wednesdays, Jun 26 – July 31

9:45 – 11:15 AM, Froebel (130C)

Did you know that the video game industry generated a staggering \$180 billion last year, surpassing the combined revenues of television, movies, and music? Discover why gaming is not just for kids but for enthusiasts of all ages, offering endless entertainment and cognitive benefits.

Throughout this course, participants will explore gaming terminology and gain insights into various genres, mechanics, and narratives. From understanding the

allure of open-world exploration to mastering strategic gameplay, this course will equip you with the knowledge to appreciate and enjoy video games to the fullest.

Note: Some classes may be held in the Esports Lab in the Science & Technology Center on campus. While use of devices is not required, class time may include instances where we might play / discover games on your devices (laptops, phones, tablets, etc.)

Course Leader: Christina Alejandre is the Program Director and Assistant Professor of Esports & Gaming Management at Lasell University, with extensive experience in the esports and video game publishing space. Previously, she served as General Manager of ELEAGUE and Vice President of Esports for Turner Sports, where she spearheaded ELEAGUE's development and strategy, earning nominations for 4 Sports Emmy Awards and recognition as one of ADWEEK's 35 most powerful women in sports in 2017. With over two decades of experience, she has driven business development for global companies, consulted for Electronic Sports League, and held high-ranking positions at Turbine, Warner Bros. Games, 38 Studios, Octopi, Nickelodeon, and Viacom.

15. Writing Yourself into Being: Memoir Writing as Meaning-Making

C Dale Gadsden

Wednesdays, May 29 to Jul 24 (no class June 19)

1:15 – 2:45 PM, Froebel (Building 130C)

“We die. That may be the meaning of life. But we do language. That may be the meaning of our lives.” In this quote, Toni Morrison calls us to explore our lives to understand our world. In this course, we will explore the art and craft of memoir. Participants will reflect on events, objects, people, and experiences that are important to each writer. Over eight weeks, we will focus on the elements of memoir, including the development of voice, structure, and scene-making. Prompts will be provided to help generate writing a series of scenes or essays.

Course materials: The course will entail both reading and writing memoirs. Course materials to be announced and will include memoirs to read.

Course leader: C Dale Gadsden is an Americanist specializing in intellectual history, religion, culture, race, and African American Studies. She holds master's degrees in theological studies and history and is currently completing her doctoral dissertation entitled “From Revelations to Grace: Dancing the African American Religious Experience” in the History of American Civilization (American Studies) at Harvard

University. Prior to graduate school, she worked in the corporate and nonprofit sectors.

16. Abraham and His Family: The Joys, Sorrows, Mistakes, and Hope in Family Relationships

Marsha Mirkin

Wednesdays, July 24 – August 14

1:15 – 2:45 PM, Dewey (Building 130D)

When we examine the stories in the first book of Torah, Genesis, we often see people struggling with family relationships even more than they struggle with a relationship with God. Perhaps that helps make the stories more universal and able to survive through the centuries. Even though at times the characters can make serious mistakes with long term consequences, perhaps they also become models of and for each of us: Relationships are complicated, and they are worthwhile—in Torah, that includes both family relationships and one’s relationship with God. As we look at the story of Abraham, our first forefather and his family, we see family members loved and hated, treated well and mistreated, bearing children and dealing with parenthood, understood and misunderstood by their loved ones. What are the consequences of those decisions and that treatment and how do we understand these issues through our own experiences and contemporary lenses?

Course leader: Marsha Mirkin, Ph.D., is a Professor Emerita of Psychology at Lasell University and a former Resident Scholar at the Brandeis Women's Studies Research Center. She has published a number of chapters, articles, and books including *The Women who Danced by the Sea: Finding Ourselves in the Stories of our Biblical Foremothers*. Marsha has taught about Bible and Psychology locally at synagogues, churches, campuses, and community centers as well as nationally at venues including the 92nd St. Y in Manhattan, the Spertus Institute in Chicago, and the Jewish Theological Seminary Rabbinic Training Institute. She was the 2014 recipient of the American Family Therapy Academy's "Innovative Contributions to Family Therapy" award.

17. Creative Writing Poetry Workshop

Sara Large

Alternate Thursdays: May 30, June 13, June 27, July 18, August 8, August 22

9:45 – 11:30 AM, Dewey (Building 130D)

The Creative Writing Poetry Workshop is designed for intermediate and advanced writers and provides students with an opportunity to compose and revise original

poems in a supportive environment. We will choose a book of poetry to read with selections due each week. The course leader will also provide students with a prompt for each class session. Students will submit poems for peer review each week and provide feedback on their peers' poems for discussion in class. Participants will submit a portfolio of revised poems at the end of the course for a published booklet. We will also hold a reading of original work at the end of the semester.

Course materials: A book of poems by a single author, TBA via email before the course starts.

Assignments: Original poems shared for each class, a final portfolio of revised poems

Course leader: Sara Large has a PhD in Rhetoric & Writing Studies and an MFA in Creative Writing, Poetry. Dr. Large is Associate Professor of Writing at Lasell University, where she teaches courses in the Writing Program and Core Curriculum, facilitates professional development for new adjunct faculty, and serves as the Director of the Writing Across the Curriculum Program. Dr. Large frequently presents on panels at local and national conferences on writing and teaching. She has taught English and Writing at many institutions across the U.S. and even spent one year teaching in Ulaanbaatar, Mongolia. She has published poems in *New South* and *Redactions*.

Note the extension of the Creative Writing Poetry Workshop class time by 15 minutes. Students with dual enrollment in the 11:30 AM classes and the Poetry Workshop will be allowed time to move between them.

18. People's Liberation Army (Froebel, Building 130C)

19. People's Liberation Army (Zoom and Ch. 918)

Lawrence Clifford

Thursdays, July 11 – August 15

9:45 – 10:45 AM

Our study of the People's Liberation Army (PLA) will begin with its origins, the long march to Northwest China in 1927 by Mao Zedong. We will review the development of that army in World War II fighting against the Japanese and the further growth resulting from the Chinese Civil War. The third phase of the PLA's expansion was marked by the Korean War and battles with the United States. One result of the Korean war was China's determination to develop a modern army.

Our study will continue with the expansion of the PLA beginning in 1965. We will also review the development of the PLA Navy after 1965. Finally, we will study the People's Liberation Army and their air force and rocket service from 1965 to the present.

Course leader: Former Village resident Lawrence X. Clifford, Ph.D. is a former senior officer in the United States Air Force and spent over 30 years in military service. He continues to provide consultation within the broad range of the national security enterprise. He has two doctorates, one in clinical and educational psychology from Indiana University and the other in history with a specific focus on Soviet and Military History from Boston College and has several years of teaching experience in both of these disciplines.

20. Beginning Spanish

José Guzmán

Thursdays, July 18 – August 22

11:30 – 1 PM, Mead (Building 70)

This course introduces students to the elements of Spanish through the multiple skills of understanding, speaking, listening, reading and writing. It is open to students who are beginning their Spanish language study, or have not taken Spanish for more than 2 years. Students from the current beginner class “Spanish for Lasers” are welcome to continue their studies in this class.

This course begins by examining introductions in Spanish, as outlined below:

Hola, mi nombre es...

¿Cómo estás?...

Yo soy de...

Yo trabajo en Lasell.

Course Leader: José R. Guzmán is a Professor of Humanities and Coordinator of the World Language Program at Lasell University. He holds a Ph.D. in Latin American Literature from the University of Salamanca, Spain. Guzmán has been teaching at Lasell for the last 12 years and has shared his love for languages and cultures with his students.

21. Smartphone Camera Fun and Expertise

Melinda Gordon

Thursdays, May 30 – July 11

11:30 – 1:00 PM, Dewey (Building 130D)

Explore beyond your usual snapshots with the editing tools at your fingertips. Try a new photo App, try a new perspective, try a new subject. See your work on the big screen, and (extra material fee) create a photo book.

First, we will work on photography basics such as proper framing of our subjects, awareness of angles and lighting, "shooting" without shaking, deleting unnecessary photos wasting storage space, and finally cropping and editing. Learn to share photos privately by text and email or publicly to social media. Through exercises and assignments, empowered by your grasp of technology and the expansiveness of your imagination, you will soon be snapping like a pro.

Course materials: Smartphone cameras required.

Course Leader: Melinda Gordon has been teaching photography, video, and art, K through 12, college and adult ed. She has worked for Picture People, Portrait Simple, and Coffee Pond Photography as a portrait photographer. She has been a tour photographer in Europe. As the Education Channel Coordinator of NewTV, she launched many interns into their careers in Media. With a BFA in Education from Syracuse University and a Masters in Education specializing in Expressive Art Therapy, she has learned to foster creativity in experiential ways. Capturing moments in time, with a trained eye for aesthetics, and with technical expertise is what she does best. Once preserved, these images become evidence of great beauty, people, and celebrations. Whether a "spy" and "fly on the wall" or as a "director," both candid and posed photos become fixed in time and space. Over time, these photos and videos become even more important and precious.

22. Re-reading the U.S. Constitution

Allan R

Thursdays, July 18 – August 15

1:15 – 2:45 PM, Froebel (Building 130C)

This course will explore specifically how the U.S. Constitution reflects the influence of John Locke and other leading European thinkers on our Founding Fathers. We'll examine why the Constitution's first Article provides for the structure and functions of the legislature, the U.S. Congress. It is the longest and most detailed Article of

the Constitution. We'll compare this article to the one dealing with the Executive Branch, Article II. This comparison will set the context for our review of the other Articles. The Federalist Papers will serve as a guide for that review. In this election year, we'll look particularly at the interplay of federal and state laws affecting the conduct of the election for federal and state/local officials. We'll do a comparable analysis of the Declaration of Independence and the first ten amendments, the Bill of Rights.

Course Materials: Course leader will provide handouts and copies of the Declaration and Constitution.

Course Leader: After law school, Allan Roth practiced with a New Jersey law firm before joining the S.E.C. staff in Washington. When illegal activities threatened the survival of the American Stock Exchange, he became part of the team assigned to reorganize that exchange. That experience led Allan to serving as a technical consultant for capital market development in emerging economies. To train people for roles in those markets, the dean of the Graduate School of Management at Rutgers University let Allan set up a training center and to continue technical consulting. Allan continued at Rutgers until he and Debbie retired and moved to Boston. He has led courses at HILR, including courses similar to this one.

23. Mozart Operas and the Enlightenment

Luca Antonucci

Thursdays, August 1 and August 8, Tuesday August 13, Thursday August 15

1:15 – 2:45 PM, Ballroom

This course will explore the aesthetics of Mozart's major operas (*La Nozze di Figaro*, *Don Giovanni*, *Così fan Tutte*, and *The Magic Flute*) through the lens of Enlightenment aesthetics. Through reading, listening, and class discussion, we will explore the history and cultural background that gave rise to the works. The course will culminate in an optional trip to see a chamber version of *Don Giovanni* at the Arlington St Church in Boston.

Course leader: Luca Antonucci is a performer, scholar, and educator based in Watertown, MA and Ann Arbor, MI. He is currently completing a DMA at the University of Michigan, and has held positions with the Pioneer Valley Symphony, the Zamir Chorale of Boston, and the Brookline Chamber Singers, which he founded. After completing his BA Summa Cum Laude from Amherst College in 2014, Luca spent a year as a Fulbright Fellow at the Arnold Schoenberg Center in Vienna, where he published a paper on Schoenberg's performances as a conductor. He

holds a Master of Music in Orchestral Conducting from the University of Hartford's Hartt School of Music.

24. Basics of your PC Computer

Nancy Snow

Thursdays, July 11 – August 8

1:15 – 2:45 PM, Mervis (Building 120)

Do you ever get frustrated with your lack of computer skills and wish you could go back in time to learn how to use a computer from the very beginning? Or wish you could understand the internet, computer security and how to effectively use your mouse?

The course will review basic terminology, how to access programs and how to personalize your computer's display. We'll strive for a basic understanding of Wi-Fi, the difference between the sleep and power-off settings; accessing the internet, creating, saving and moving files, understanding, and how to keep our computers running healthy.

This is a pilot/test program for residents with PC-style laptop computers. Please note this course is not designed for Apple computers, which operate differently.

Course Leader: Nancy Snow loves to share with others her knowledge of computer shortcuts. She has a Bachelor of Science from Wheelock College and a Master of Science in Management from Lasell University. She is about to retire as a Lasell Village employee after eight years of enjoying the unique culture and community of Lasell Village.

25. Elena and the Sous-Chefs

Elena Ceban

Thursdays, June 6 – Aug 1 (no class July 4)

3 – 4:00 PM, Lasell Studios (Building 120)

If you love to cook, then join Elena for this weekly class. Taking turns in the beautiful Lasell Studios kitchen, the participants in the class will share favorite recipes from their own repertoire. Elena will provide the ingredients and cook with you to make the experience a special one for everyone who is watching and a rewarding one for you (the class will be broadcast on Ch.918 and Zoom).

Course Leader: Elena Ceban, Lasell Studios Manager, has shared her love of cooking with presentations at the Village over many semesters. Elena was born in Moldova and has been in the USA for almost 14 years. Her background is in teaching English with a Master's in Educational Management, and an MBA from Lasell University.

26. Beginning Ukulele

Shayla McDermott

Fridays, June 21 – August 9 (no class July 5)

9:45 – 11:15 AM, Rogers (Building 85A)

The beginner ukulele course is for music-lovers of all types with little to no previous ukulele experience. This course will serve as an introduction to the instrument and emphasize learning chords and a variety of strumming patterns to play and sing classic and contemporary songs.

Course Materials: Ukulele-Soprano, Concert or Tenor, Not Baritone. A good sounding ukulele is typically between \$50-\$150. Consider a solid wood top and not plastic or laminate; avoid buying ukuleles that are listed as toys. Some common brands include: Lanikai, Donner, Cordoba, and Kala, but there are many great brands. If you are unable to purchase a ukulele, Newton Free Library loans ukuleles; it is a 3-week loan with up to 2 renewals.

Please do not let the material requirements hinder you from taking the class, please contact me or Lasell with any concerns.

Recommended Course Materials: 3-ring binder to hold sheet music

- Music Tuner: Recommended – Snark Clip-on Tuner that can be purchased on Amazon
- Book Recommendations (NOT REQUIRED): *The Daily Ukulele Songbook: 365 Songs for Better Living* by Lizz and Jim Beloff, ISBN 9781423477754 and *Ukulele for Seniors* by Joe Carr, ISBN 978-0786691975.

Course Leader: Shayla McDermott, MT-BC, is a board-certified music therapist and program coordinator at The Falls, an assisted living/memory care community. Some of her groups include Tone Chimes, Music & Movement, and Music Lectures. She also works for Trinity Hospice, passionately providing end-of-life care. Shayla sings and plays guitar, ukulele, and piano. She has a BA in Music Therapy from Eastern Michigan University. She is most interested in music's ability to create community.

SUMMER 2024 SUMMARY OF LASELL VILLAGE COURSES

Sun.	1	Ukulele Jam Shayla McDermott	6/23 - 8/18 Skip 7/7	5 -6 PM Great Room
Monday	Fitness	Prerecorded Improving Mobility Paul Connolly	Weekly	9-9:30 AM Ch. 918
	2	The Taming of the Shrew Parkman Howe	6/3 - 7/1	9:45-11:15 AM Dewey
	3	Rhetoric, Persuasion, & Social Issues Past & Present Staci Halt	6/3 - 7/29 Skip 6/24	9:45 -11:15 AM Froebel
	Fitness	Zumba (registration required on VillageNet) Cathy Allen	Weekly	10 AM Ballroom
	Fitness	Chair Yoga Ruth Landsman	Weekly	11:30– 12:30 P Ballroom
	4	Voices of Experience sing <i>South Pacific</i> Jonathan Kessler	6/3 - 8/12	1:15 -2:45 PM Ballroom
	5	From Early Modernism to Postmodernism Brooke Mullins-Doherty	6/3 - 7/8	3 -4:30 PM Zoom
	6	From Early Modernism to Postmodernism Brooke Mullins-Doherty	6/3 - 7/8	3 -4:30 PM Ch.918
	9	China's Leap Towards Modernization: <i>Movies</i> Min-Hwa Cheng-Kennard	7/15 - 8/13	7:30 PM Ch.918
Tuesday	7	Three Women, 3 Novels: Wharton, Cather, & Hurston Debbie Mael	5/28 - 7/2	9:45-11:15 AM Dewey
	8	The U.S. Empire Holger Droessler	7/2 - 8/6	9:45 AM- Zoom
	Fitness	30-Minute Easy Strength Lasell House Rehab	Weekly	10-10:30 AM Ballroom
	Fitness	Balance At Home Physical Therapy	Weekly	11:30 – 12:15 Ballroom/Ch 918
	9	China's Leap Towards Modernization: <i>Discussion</i> Min-Hwa Cheng-Kennard	7/15 - 8/13	1 -2 PM Froebel
	10	AI in our Everyday Lives Stan Buchin	7/9 - 7/30	1:15-2:45 PM Dewey
	11	Your Art Journey: Learning to See Susan Kelley	5/28 - 7/2	3-4:30 PM Washington
Wednesday	12	Two Giants of American Literature Hank Barton	5/29 - 7/10 Skip 6/19	9:45 -11:15 AM Dewey
	13	Bridge – Bidding, Play, Improvement & Competition Brian Frasier	5/29 - 7/3	9:45 -11:15 AM Rogers
	14	A Guide to Video Games Christina Alejandre	6/26 - 7/31	9:45-11:15 AM Froebel
	Fitness	30-Minute Basic Stretch Lasell House Rehab	Weekly	10-10:30 AM Ballroom/Ch.918
	Fitness	Exercise with Britta Britta Zecher	Weekly	11:45-12:30 Ballroom/Ch.918
	15	Writing Yourself into Being: Memoir Writing as Meaning-Making Dale Gadsden	5/29 - 7/24 Skip 6/19	1:15 -2:45 PM Froebel
	16	Abraham and Family Relationships Marsha Mirkin	7/24 - 8/14	1:15 -2:45 PM Dewey

(continued) SUMMER 2024 SUMMARY OF LASELL VILLAGE COURSES

Thursday	17	Creative Writing Poetry Workshop Sara Large	9:45– 11:30 every 2 wks	9:45-11:30 AM Dewey
	18	The People's Liberation Army Larry Clifford	7/11 - 8/15	9:45 AM-11:15 AM Froebel
	19	The People's Liberation Army Larry Clifford	7/11 - 8/15	9:45 -11:15 AM Zoom/Ch.918
	Fitness	Tai Chi James True	Weekly	11:45-12:30 Ballroom/Ch.918
	20	Beginning Spanish Jose Guzman	7/18 - 8/22	11:30 AM-1 PM Mead
	21	Smartphone Camera Fun and Expertise Melinda Gordon	5/30 - 7/11	11:30 AM-1 PM Dewey
	22	Re-reading the U.S. Constitution Allan Roth	7/18 – 8/15	1:15 -2:45 PM Froebel
	23	Mozart Operas and the Enlightenment Luca Antonucci	8/1 - 8/15	1:15-2:45 PM Ballroom
	24	Basics of Your PC Nancy Snow	7/11 - 8/8	1:15 -2:45 PM Mervis
25	Elena and the Sous-Chefs Elena Ceban	6/6 - 8/1 Skip 7/4	3 – 4:00 PM 918	
Friday	26	Beginning Ukulele Shayla McDermott	6/21 - 8/9 Skip 7/5	9:45 -11:15 AM Rogers
	Fitness	Exercise with Britta Britta Zecher	Weekly	11:45-12:30 Ballroom/Ch.918
Sat.	Fitness	Multi-level Workout Paul Connolly	Weekly	11:30 AM – 12:15 P Zoom/Ch. 918