



Lectures and Courses Summer 2023

Summer 2023 Lasell Village Course Listings

Contents:

Policy on Course handouts.....	page 1
Registration Process	page 2
Masking Policy	page 3
Zoom Class Etiquette	page 3
Village Academic Calendar.....	page 4
Lectures and Workshops.....	pages 5-8
Exercise Classes	page 9
Fitness Facility Information.....	page 10
Lasell Village Courses	pages 11-26
Lasell University Intergenerational Learning.....	page 27
Table of Courses	pages 28-29

For assistance with any part of the registration process contact

John Dixon, Ph.D., Dean of Education at (617) 663-7055, or
Nancy Snow, Educational Programming Specialist at (617) 663-7051.

Village Intranet:

Throughout this booklet, you will see reference to our intranet, www.lasellvillagenet.com abbreviated as VillageNet.

Policy on Course Handouts

Typically, handouts for courses are emailed to the students. The Education Office will not automatically print handouts for every class for every student. If your vision or computer skills make it difficult for you to view or print the emailed handouts, contact the Education Office to be put on a list to receive handouts in your mail cubby for all of your classes.

If you have difficulty viewing slides displayed in class, contact the instructor to request that the slides be emailed to you before class. If you have difficulty in reading handouts or slides, contact the Care and Connections Committee to provide further assistance.

Registration Process

Registration Form: Using either the online or paper form, list in ranked order the courses you would like to take. The online form link will be emailed to all residents and posted on VillageNet. Paper forms may be picked up and returned in the Education Office.

Due Date: Complete and submit your form by 5 PM on Wednesday, May 3.

Notification of enrollment: Residents who submit forms by May 3 will be notified of their courses no later than May 15. You may not receive all of your requested classes due to limited class capacity. Enrollment follows an algorithm that incorporates random lottery numbers, the order of each registrant's ranked choices, and priority status (new residents, centenarians, faculty, prior semester waitlist).

Lasell House Registration Policy: Residents of Lasell House who are not under a Residency and Care Agreement may submit the same registration forms as other residents. They will be enrolled after other registrations have been completed.

Registration after May 3:

Contact the Education Office if you did not turn in the registration form by May 3 and would like to take a course. The Education Office will also post open courses after May 15.

When completing the form:

- List your choices in order of preference. *For best results, prioritize classes in smaller classrooms over classes in the ballroom or 918.*
- Indicate the total number of courses you want.
- Classes fill up, so listing at least one "extra" choice is a wise policy.
- If you anticipate missing two or more sessions of a class, choose a different class to make room for neighbors who can attend all of the sessions.
- Remember to list the courses you "always" take, such as Voices of Experience.
- Your course choices are reviewed in the order in which you list them, e.g. your second choice will not bump you from your first choice, and so forth.

Kindly note:

- If you choose an in-person or Zoom class that has no seats available, and there is a Ch. 918 section for that class, you will be added to the Ch. 918 section automatically.
- Residents may not attend classes for which they are not registered.
- Residents are responsible for acquiring their own books and materials unless otherwise noted. Please contact the Education Office if you need assistance

Masking Policy

Masks are not currently required in Village classes. Students and faculty should consult with the Wellness Center about proper precautions if they have been exposed to COVID or are feeling ill.

Zoom Class Etiquette

Please treat a Zoom class as you would an in-person class.

Come prepared with what you need so that you can participate.

- You may want to bring a drink and some tissues with you so that you do not need to get up during the class.
- Have your course materials within reach.
- Be punctual: ensure your device is ready for each meeting ahead of time.

During the class:

- Turn the sound off for other devices you may have; smartphone, Ch. 918, etc.
- Introduce yourself before speaking. Speak clearly.
- Limit movement in the background. This is distracting to others in the meeting. If you need to get up or move, simply “stop video.” This will allow you to see and hear, but others will not see you moving. Do not walk around with your phone/tablet.
- If you need to eat or receive an important call, please turn off your video and audio.
- Ensure that your surroundings reflect a neat environment.
- Turn off all distractions on your computer prior to the meeting’s start to eliminate the urge to multi-task during the meeting.

Note to smart phone or tablet users: please hold or place your device horizontally.

If you would like additional instruction on Zoom, please contact the IT department for training.

Lasell Village Academic Calendar

Summer 2023

April 21	Course booklet distribution
May 3	Registration forms due
May 15	Course confirmation distribution
May 30	First day of semester
August 23	Expected last day of semester

Fall 2023

Aug 18	Course booklet distribution
Aug 30	Registration forms due
Sep 12	Course confirmation distribution
Sep 26	First day of semester
Dec 15	Expected last day of semester

Spring 2024

Dec 22	Course booklet distribution
Jan 2	Registration forms due
Jan 16	Course confirmation distribution
Jan 29	First day of semester
April 26	Expected last day of semester

Spring Lectures and Workshops

Poetry Corner

Thursdays, May 4, 11, 18 and 25
2 PM: Ballroom and Ch. 918

Not only does Lasell Village have a number of resident poets, it has a large number of residents who enjoy listening to poetry. The Poetry Corner is a showcase, featuring published poems in English and other languages, as well as original poems. Each session will start with a poem in English by a Poetry Corner member. A list of the expected additional readers is shown below.

Registration is not required to attend Poetry Corner events.

May 4:	Margery	Chris, Italian
May 11:	Susan	Peter, German
May 18:	Cathy	Nelly, French
May 25:	Barbara	George, Portuguese

Recipes with Elena Ceban

Elena Ceban
Thursdays, May - August
3 – 4:30 PM: Broadcast on Zoom and Ch. 918

What could be better than preparing a delicious meal and enjoying it? Preparing it with Elena, Studios Manager, and the entire Lasell Village! Join Elena every week for a culinary delight on Zoom or virtually participate on Ch. 918. Learn to prepare simple meals rich in flavor and nutrients. Please email her at eceban@lasell.edu to ask what ingredients will be used so that you can cook it together!

Residents are welcome to join the workshop via Zoom (see lasellvillagenet.com for the Zoom link) so that they may ask Elena questions or contribute comments. If you would like to help Elena one week or have a recipe of your own to share, please reach out to her at by email or by phone at 617-663-7123.

Registration is not required to watch or to attend via Zoom.

Elena Ceban, Lasell Studios Manager, has shared her love of cooking with presentations at the Village over many semesters. Elena was born in Moldova and has been in the USA for

almost 10 years. Her background is in teaching English with a master's in Educational Management. She recently received an MBA from Lasell University.

Angkor Wat

Michael

Wednesday, May 10

2 PM: Ballroom

Angkor Wat is the huge temple complex in Cambodia. Originally built to honor the Hindu god Vishnu in the 12th Century, it was gradually transformed into a Buddhist site. This presentation of about an hour will consider the setting of the complex and several of the most interesting surviving temples (Angkor Wat, Ta Prohm, Angkor Thom and Banteay Srei). The settings of some of the temples are exotic and romantic, having been neglected for several hundreds of years and overgrown with lush jungle. The site has been damaged during wars with the Khmer Rouge and in ancient times between the Khmers and the Chams. For more than a hundred years the French have been exploring and restoring the site, as well as carting off a great deal of the art work—along with many thieves who ship the materials to Western collectors and museums. The site is the largest religious structure in the world and is a UNESCO World Heritage site. It is eminently worth a visit—if not in person than via a lecture with abundant images!

Registration is not required for this event.

Michael was a double major at Boston College (Classical Languages & Philosophy), and has graduate degrees from Boston College, Boston University and Trinity College. Michael has also been fortunate to be able to travel extensively in South-East Asia.

A Photographic Mystery: Eugene O'Neill's Search for Home

Two Talks

Steve Bloom

Friday, May 12 and Wednesday, May 17

2 pm: Ballroom

Eugene O'Neill, the only American playwright to win the Nobel Prize for Literature (1936), spent the last years of his life in Massachusetts and died in Boston in 1953. Some years ago, a man named Bob brought me a box of photographs that had belonged to O'Neill and his wife Carlotta. Bob's great-aunt had been the O'Neills' housekeeper when they lived in Marblehead, Massachusetts, in the late 1940s, and Bob had found them in a storage locker after his uncle had passed away. I have been studying and conducting research about these

photographs off and on for about a decade now. There is still much that I do not know about these photographs and much that I may never know, but I have learned enough to speculate about how Bob's great-aunt may have come to have them, why some of them may have been so important to O'Neill's wife Carlotta, and what those particular photos suggest about O'Neill's quest for "home" in his own life and as a central theme in his drama. There is no need to be familiar with O'Neill or his plays to appreciate the story of my search for the significance of these photographs left behind.

Registration is not required to attend either presentation.

Steve Bloom is Professor Emeritus, English, at Lasell University, where he was Associate Vice President for Academic Affairs when he retired in June 2020. He has taught many courses at Lasell Village since it opened in 2000. Steve is the author of *Student Companion to Eugene O'Neill* (2007) and editor of *Critical Insights: Eugene O'Neill* (2013). He has published many articles and reviews on O'Neill and speaks frequently at theatres and other forums. Steve is a member of the Board of Directors of the Eugene O'Neill Society (past President and currently Board Chair).

What Do We Mean When We Talk About Diversity?

(a two-part workshop)

Robert Amelio

Mondays, May 15 and May 22

9 AM: Froebel classroom

Our understanding of diversity has changed and expanded rapidly over the last few years. We now hear about equity, inclusion, social justice, anti-racism, wokeness, personal pronouns, implicit bias, microaggressions, and more. In this two-part program we will examine what all these things mean, look at diversity, equity, and inclusion (DEI) in your own life at Lasell Village, and increase your understanding of DEI today.

Registration is required for this program – register on VillageNet or by contacting the Education office. Participants are expected to attend both sessions.

Robert Amelio has been providing diversity, equity, and inclusion (DEI) programs for Lasell University faculty, staff, and students and Lasell Village staff for several years. His career in DEI included work at Emerson College, Dana-Farber Cancer Institute and Harvard Medical School. Robert has a Master of Social Work degree and a Master of Arts in Communication degree.

Weekly Exercise Classes Spring 2023

Schedule subject to change.

Changes will be announced in *News and Notes* and posted on lasellvillagenet.com.

Monday	10 – 10:45	Water Aerobics * Adam Davenport	Pool
	10:30 – 11:10	Zumba* Cathy	Ballroom
	11:30 – 12:30	Chair Yoga Ruth	Ballroom/Ch. 918
Tuesday	9 – 9:30	Prerecorded Exercise Class Paul Connolly	Ch. 918
	11:30 – 12:15	Balance At Home Physical Therapy	Ballroom/Ch. 918
	1 – 1:30	Free Weights* Paul Connolly	Rogers
Wednesday	10 – 10:30	30-Minute Stretch Lasell House Rehab	Ballroom
	10 – 10:45	Water Volleyball * Adam Davenport	Pool
	11:45 – 12:30	Exercise with Britta Britta	Ballroom/Ch.918
Thursday	11:45 – 12:30	Tai Chi James	Zoom/Ch. 918
	1 – 1:30	Free Weights* Mason Bailey	Rogers
Friday	10 – 10:45	Water Aerobics * Adam Davenport	Pool
	11:30 – 12:15	Exercise with Britta Britta	Ballroom/Ch.918
Saturday	11:30 – 12:15	Multi-level Workout Paul Connolly	Zoom/Ch. 918
	3 – 4	Prerecorded Chair Yoga Ruth	Ch. 918

* Pre-registration required for these classes on VillagetNet.

Fitness Facility Information for Spring 2023

Pool Hours	Weekdays	7 – 1
	Weekends	7:45 – 11:30
	Weekend Guest Swim	11:30 – 12:45

Fitness Center: Staffed Hours The Fitness Centers are open 24/7, except for daily cleaning from 6:30-7:15 AM	Sunday	1 – 5:15
	Monday	8:30 – 2:30
	Tuesday	8:30 – 3:30
	Wednesday	9 – 2:30
	Thursday	9 – 2
	Friday	8:30 – 2:30
	Saturday	10 – 3

Reservations

Reservations are required for a resident to use the pool or the Fitness Centers (note: no reservation is required after 5 PM for the use of either Neill and Pestalozzi). Visit the “Fitness Reservation” section of VillageNet, to make an appointment for the Pool, Fitness Center, Zumba, or Ping Pong. Appointments are typically 45 minutes long.

Fitness Center Guidelines

Each resident takes the responsibility to sanitize the equipment and follow hygiene protocols.

Pickleball Equipment

The pickleball equipment and key are available for checkout at the Welcome Desk. To make a reservation for the pickleball court, please call Kristy Walter, Lasell University Director of Athletics, at (617) 243-2147.

Lasell Village Courses

1. Ukulele Jam

Shayla McDermott

Sundays, June 4 – August 6 (*skip June 18, July 2*)

5 – 6 PM Great Room (120)

This class is a low stress community experience for varying musical interests and abilities to share in the joy of shared music-making or 'jamming.' Class will be 8 wks, 1 hour a week on Sundays. Join by singing along, drumming, playing ukulele, bringing an instrument of your own (such as guitar), or attending as a regular listener. Please register for the class if you plan on attending in any of these capacities.

Course Materials: The course leader will provide sheet music and the classroom set of drums. Residents will provide ukuleles or other instruments they plan to use (including their voices!).

Course Leader: Shayla McDermott, MT-BC, is a board-certified music therapist and program coordinator at The Falls, an assisted living/memory care community in Newton. Some of her groups include Tone Chimes, Music & Movement, and Music Lectures. She also works for Trinity Hospice, passionately providing end-of-life care. Shayla sings and plays guitar, ukulele, and piano. She has a BA in Music Therapy from Eastern Michigan University. She is most interested in music's ability to create community.

2. A Midsummer Night's Dream

Parkman Howe

Mondays, June 5 – July 17 (*skip July 3*)

9:45 – 11:15 AM Dewey (130D)

Sometime in 1595, possibly in the winter of 1596, Shakespeare composed *A Midsummer Night's Dream*, perhaps on commission for a noble marriage. Yale critic Harold Bloom calls it Shakespeare's "first undoubted master-work, without flaw, and one of his dozen or so plays of overwhelming originality and power." Bloom goes on to say that every production he had ever seen was "a brutal disaster." Fortunately, we have the DVD of the 2014 production of the play at Shakespeare's Globe, London, under the wise and humane direction of Dominic Dromgoole. Using this as our touchstone we will explore Shakespeare's comedy of ordered chaos and laughter in the face of death.

Course materials: *A Midsummer Night's Dream*, Folger edition 978-0743477543

Course leader: Parkman Howe received a B.A. in English from Harvard University, and a PhD in Anglo-Irish Literature from University College, Dublin. He is currently the poetry editor of *Appalachia*, America's longest-running journal of mountaineering and conservation. He has also co-authored seven musical plays and written articles on such topics as Thoreau, *Walden*, Hadrian's Wall, and the 1949 Mann Gulch fire in Montana. Parkman has taught a number of courses at Lasell Village on Shakespeare as well as the Bible. He keeps five hives of bees.

3. The Voices of Experience sing *Damn Yankees*

Jonathan Kessler

Mondays, June 5 – August 21 (*skip July 10*)

Performances August 22 at 7:30 PM and August 23 at 2 PM

1:15 – 2:45 PM Ballroom (120)

Join the Voices of Experience this semester for our production of *Damn Yankees!* A twist on the Faustian legend sees the fanatical baseball fan, Joe Boyd, agreeing to sell his soul to the devil to save his favorite team, the Washington Senators. When the time comes for Joe to pay the price of his success can he manage to outwit the devil and save himself? Favorite songs from this show include "Whatever Lola Wants", "Heart", and "Who's Got the Pain?" It's time to PLAY BALL!

Course materials: Please bring a black 3-ring binder and a pencil.

Course leader: Jonathan Kessler has been writing, playing, and teaching music for much of his life. Starting at a very young age at the piano, he went on to study film scoring and contemporary composition at Berklee College of Music in Boston. He has worked with and directed choirs, orchestras, marching bands, drum corps, and various other ensembles for many years. He now teaches private music lessons, writes and arranges music, and plays in orchestra pits full time.

Art of the Renaissance

4. Zoom or

5. Ch. 918

Brooke Mullins Doherty

Mondays, June 5 – July 31 (*skip July 3*)

3:00 – 4:30 PM

From the 14th-16th centuries, Europe underwent a dramatic revolution in thought and learning, hailed as a rebirth or "Renaissance." Celebrating classical Greco-Roman values and culture over the more recent medieval culture, Europe

experienced profound changes in terms of philosophy and religion, science and technology, politics, and social and economic structures. These changes are quite evident in the changing artwork and architecture of the period. Beginning with the Late Gothic and Proto-Renaissance movements of the 14th century and moving through the Early and High Renaissance as well as the Mannerist response to the Renaissance style, we will examine the visual and conceptual developments underlying the various artistic movements. No prior art history knowledge is necessary for this broad survey course.

Course materials: *Art: A World History* by Elke Linda Buchholz et al., ISBN-13: 978-0810994423.

Course Leader: Brooke Mullins Doherty is an artist whose sculptures and drawings have been exhibited in many solo and group shows. Currently teaching Studio Art and Art History at Lasell University, Cape Cod Community College, Bristol Community College, and the Community College of Rhode Island, Brooke received her MFA in Sculpture from the University of Massachusetts, Dartmouth, and her BFA in Studio Art from the University of Oklahoma, which also awarded her a BA in Philosophy. Brooke holds minors in Art History and Psychology, also from the University of Oklahoma.

6. **Bad Supreme Court Decisions and What We Can Learn from Them**

Ed

Tuesdays, May 30 – July 11 (*skip July 4*)

9:45 – 11:15 AM Froebel (130C)

This course covers certain decisions that are widely considered “bad.” It starts with the Dred Scott decision (1857) and ends with the recent abortion decision. We examine cases involving gender discrimination, racial minorities, employee protections, alleged criminals, freedom of speech, and other matters. We cover recent cases in the last session. The instructor will offer his opinions, but they can be respected, corrected, neglected, or even (gasp!) rejected.

Syllabus

Last year we began with the best
And skipped all the rest.
Now we’ll turn to the worst,
To follow the first.
We’ll start with *Dred Scott*,
And cover a lot,

Then end with abortions
And their legal contortions.
Between are some cases
That led us astray,
And dissents that gave hope
For a better day.

Course Materials: Supreme Court opinions brutally abridged by the course leader

Course Leader: Ed taught property law at the law school of the University of California at Davis for most of his professional life. He also often taught a seminar in Jewish Law. He has been a visiting professor at nine American law schools and at The Hebrew University of Jerusalem. Based on the publication in this catalog of the ditty above, he claims to be a published poet.

7. Understanding the Chinese Language through Classic Chinese Poems

Min-Hwa

Tuesdays, August 1 – 22

9:45 – 11:15 AM Dewey (130D)

As a character-based language, Chinese is visually complex, grammatically simple, and semantically compact. Above all it is subject to interpretation and allows for imagination. The objective of this course is to provide a basic understanding of the Chinese language, not to actually teach it. The course leader will introduce the *Six Principles of Character-Making* developed in the Han Dynasty (206 BC - 220 AD) with sample characters. To illustrate the fullness and uniqueness of the language, selected classic Chinese poems will be explored through character-by-character translation and line-by-line interpretation. Chinese calligraphy, as a special genre of Chinese art, and such topics as the influence of Chinese on other Asian languages will also be covered. This is a four-week course. No prior knowledge of Chinese is required. Reading materials will be provided via email attachments. The course leader will give a brief presentation on topics for each class. Participation in class discussions is highly encouraged. This is a condensed version of this spring's course.

Course Leader: Village resident Min-Hwa was born in China and grew up in Taiwan. After retiring from a career as international consultant for multi-national corporations, governments, universities worldwide, she taught courses and gave lectures on Chinese history and literature at Harvard Continuing Education and many public institutions including the World Affairs Council, Boston Public Library, and Rainier Club of Seattle.

8. Sentimental, Sensational, Subversive: Women Writing in Mid-19th Century America

Debbie Mael

Tuesdays, July 11 – August 15

1:15 – 2:45 PM Dewey (130D)

What were these “damn scribbling women” (Nathaniel Hawthorne) up to in their sentimental, sensational, and subversive stories that filled the pages of mid-19th century magazines? What was lurking between the lines, in the unspoken spaces, that fueled their audiences? Read the stories of Elizabeth Stuart Phelps, Louisa May Alcott, Mary Wilkins Freeman, Sara Orne Jewett, Kate Chopin, and Charlotte Perkins Gilman to see why Hawthorne should have been worried!

Course materials: *Behind a Mask: A Short Story Collection* (Dover Thrift Editions: Short Stories) ISBN-13: 978-0486842905

Course Leader: Debbie Mael taught writing and literature at Newbury College for 42 years. She was privileged to develop all types of literature courses including Women’s Lit, The Literary Fairy Tale, Madness in Literature, and Gothic/Horror Lit. What could be better than talking about stories with students? She currently teaches in Lasell’s Writing Program and continues to share stories by creating fairy gardens for grandkids in her backyard. She holds a BA from Colby College and an M.Ed. from Boston College. She co-authored *Take Charge of Your Writing*, published in 2001, by Houghton Mifflin.

9. Artificial Intelligence (AI), ChatGPT and DALL.E Without Tears

Stan and Adam

Tuesdays, July 11 – August 1

1:15 – 2:45 PM Froebel (130C)

This course is about Artificial Intelligence (AI) and two recent applications in the area, namely, ChatGPT and DALL.E, which generate text and pictures in response to your specifying a topic of interest. We will have you tell the computer to generate “the great American novel” you always wanted to write or a picture of sunflowers you always wanted to paint.

Course topics include: the definition of artificial intelligence (AI), ChatGPT and DALL.E; hands-on use of ChatGPT and DALL.E to generate text and pictures; AI basics: Neural networks and their “training”; caution: the results may be biased;

applications of ChatGPT and DALL.E in education, medicine, advertising and public relations; and a look at where do we go from here?

Course leaders: Stan, a Village resident of 11 years, is currently teaching at Lasell University and the University of Paris East. He was the Founder and President of Applied Decision Systems, a computer modeling and consulting firm. He was an IBM Fellow at Harvard University, where he taught in its business school. He has also taught at Boston University, Oxford University and Arthur D. Little School of Management and was a management consultant at Temple, Barker & Sloane and Arthur D. Little.

Adam is a senior at Lasell University majoring in Finance. He serves as Lasell Village’s aquatics programming coordinator. He likes to do home renovations and skateboarding.

10. What We Need to Know About Blood: Its Rich History, How It Guards Our Health and What Can Go Wrong

Frank

Tuesdays, May 30 – July 18 (*skip July 4*)

3 – 4:30 PM Rogers (85A)

Throughout our lives, blood has conjured a wide range of images – blood banking, blood blisters, blood clots, blood diseases, bloodletting, blood pressure, blood relatives, blood sausages, blood types. Blood, in its various guises, has played a key role in history, art and literature. Research in hematology has advanced further than in most other medical specialties because blood is so easy to access and scrutinize both under the microscope and at the molecular level.

This course is intended to introduce those with little or no scientific background to the rich history of blood along with past and current medical advances. We will present in clear layperson’s language basic information on the red cells, white cells and platelets, show how they supply our body with oxygen, combat bacterial and viral infections, and immune protection against pathogens and, in cooperation with coagulation factors in the plasma, form blood clots that protect from hemorrhage. Special sessions will be devoted to the CBC (complete blood count) and its interpretation, blood transfusion therapy, bone marrow transplantation, gene therapy of blood disorders, and how a broad range of blood tests can provide critical clues that inform both the diagnosis and treatment of a wide array of diseases.

Course Leader: Village resident Frank was a senior hematologist at Brigham and Women's Hospital, and a professor of medicine at Harvard Medical School. At HMS he ran the hematology course for medical students and initiated a program to introduce PhD students to human biology and diseases.

11. Gulliver's Travels

Hank

Wednesdays, May 31 – July 5

10 – 11:30 AM Dewey (130D)

One of the greatest satirical masterpieces in Western Literature, Gulliver's Travels seems more relevant than ever. Politics, law, science, education, religion—Swift examines them all. Indeed, he looks through them into the most fundamental aspects of what we call human nature. Reading him will make us smile at our own follies and sometimes wince. Course meetings will be mainly discussion with an occasional short lecture by the instructor. We will be trying to understand why this work, written 300 years ago, still speaks to us today.

Course Materials: Jonathan Swift, *Gulliver's Travels*. Dover Thrift Edition. ISBN-10: 0486292738

Course Leader: Village resident Hank taught college English and linguistics for nearly forty years. His degrees are from Princeton and Harvard. This is his thirteenth Village course.

12. Food Microbiology / The Microbes on Our Food

Nichole Orench

Wednesdays, June 14 – August 9 (skip July 5)

9:45 – 11:15 AM Zoom

Join us for an exciting course exploring the fascinating world of microbes in food! This course will take you on a journey through the role of microbes in food production, the science of fermentation, the health benefits of probiotics, and much more. Through a mix of engaging lectures, interactive activities, and virtual tastings, you'll gain a deeper understanding of the microbial world and its impact on the food we eat. Don't miss this opportunity to learn, taste, and explore with us!

Course Materials: The course leader will provide reading, viewing, and listening materials ahead of meetings via email. Students may be asked to acquire certain common foods for virtual tastings.

Course Leader: Nichole Orench, PhD, obtained her bachelor's degree in industrial biotechnology from the University of Puerto Rico at Mayagüez. She then worked toward her doctoral degree in Biochemistry and a certificate in college teaching at Duke University. Before graduating, she worked as an adjunct professor of biology at North Carolina Central University. Outside of teaching, Nichole's hobbies include spending time with her husband and daughter, baking, walking her dog, reading memoirs, running, and watching foreign shows.

Re-reading the U.S. Constitution

**13. Ballroom or
14. 918**

Allan

Wednesdays, Jun 21 – July 26

1:15 – 2:45 PM

This course will explore specifically how the U.S. Constitution reflects the influence of John Locke and other leading European thinkers on our Founding Fathers. We'll examine why the Constitution's first Article provides for the structure and functions of the legislature, the U.S. Congress. It is the longest and most detailed Article of the Constitution. We'll compare this article to the one dealing with the Executive Branch, Article II. This comparison will set the context for our review of the other Articles. The Federalist Papers will serve as a guide for that review.

We'll do a comparable analysis of the Declaration of Independence and the first ten amendments, the Bill of Rights.

Course materials: Course leader will provide handouts and copies of the Declaration and Constitution.

Course Leader: After retiring from active law practice, Allan's interest in the Constitution was piqued by the Bush Administration's justifications for a number of the responses to the 9/11 terrorist attacks. He began to study the Constitution with more interest and intensity than he had before. This led to his teaching a course at HILR examining the historical expansion of presidential powers and to organizing a conference critically examining the Bush Administration practices. Allan's research expanded to include an examination of the Founder's thinking as reflected in the Federalist Papers. The Trump Administration's refusal even to acknowledge, let alone observe, any limits imposed by the historic traditions and accepted customary boundaries of the American constitutional system, heightened Allan's interest to join with peers to reread and analyze our Constitution.

15. Write for Your Life!

Catherine

Wednesdays, June 14 – August 16 (*skip July 5, August 2*)

1:15 – 2:45 PM Mervis (120)

In this workshop, members will generate stories from their family and personal histories. The course rests on the premise that truth in personal narrative writing is achieved, not by recounting events, but through a process of inquiry. What happened there? Why is it still important and perhaps unfinished? What was its impact? Members will write in the context of a group in which members, at least initially, are addressing the same series of themes or questions.

To stimulate memory and thinking members will read short literature selections and/or poetry on a theme. They will pursue memories that retain heat—visceral body sensations, thoughts, and emotions—and invite exploration. Examples of possible themes include a time we withheld empathy, a first encounter with racism, and surviving by the kindness of strangers.

Initially, members will write within the workshop and read their drafts aloud there. The emphasis will be on building fluency and listening without judgement. Over time, we will identify and discuss craft issues such as voice, word choice, extended metaphor and using dialogue. Over time, members may build a collection of related stories that reveal values, failings, and aspirations. The group may choose to invite listeners to a reading. As we shape our stories, we reshape ourselves as individual and social beings.

Course Leader: Cathy has published two books of poetry, *Moon without Craters and Shadows* (2014) on recovering from brain injury, and *Dakota Fruit* (2019) on coming of age in South Dakota. She just completed a third collection, *All Fall Down*, a story of dementia in the family. Her poem, “Son’s Story,” won the Dana Foundation prize for poetry about the brain. Her professional books, *Visionary Middle Schools* (Teachers College Press 2006) and *Supported Adolescent Literacy* (Jossey-Bass 2008), focus on teaching for deep understanding with diverse groups of students. At Education Development Center in Newton MA, she funded and directed studies of effective schools. She has taught at the Harvard Graduate School of Education, Clark University and M.I.T. She has been enjoying teaching personal narrative writing to adults over sixty within the First Unitarian Universalist Society of Newton over the past four years. She holds an Ed.D. from Harvard.

16. Making Art

Susan Kelley

Wednesdays, July 12 – August 16

1:15 – 2:45 PM Art Studio (80B)

Making art means different things to different people. We will explore drawing, painting and picture making. When you are in the process of creating art, you cannot think of anything else. Together students will explore many possibilities for making art.

- Do you want to draw better? Learn to mix color, use more color, or transfer color to values?
- Where do you start when you have a picture in your mind? Should you work from photos or work from life?
- Do you like landscapes, portraits, still life, traditional, abstract, or contemporary art? Is there an artist you love?

This class will help you along your art journey. Gather your supplies, explore what making art means to you.

Course materials: Returning students and new students can bring a sketch book and pencils to the first class and any paint supplies they have already. New students can wait to choose a medium after the first class.

Course leader: Inspired by working from life in oil, pastel, and charcoal, Susan paints landscapes, portraits, and still life. She is an active plein air painter throughout New England including the North Shore / Cape Ann, Rhode Island and Maine. In 2005 she began teaching classes for educational institutions and organizations, including Rockport Art Association and Museum, North Shore Art Association, JCC Newton and private instruction. She has painted with passion and a commitment to executing works each better than the last. Susan studied 6 years with 3 noted teachers of the Boston School tradition. Master Landscape Painter David Curtis, Master Portrait Artist Robert Cormier and Master Boston Painter Thomas Dunlay. She currently maintains a resident studio in Franklin and works and teaches in the Thomas Dunlay studios/Atelier, continuing the Boston school tradition. For more information on Susan: www.susankelleyartist.com.

17. Using Literature to Understand History: Toni Morrison, August Wilson and the African American Experience

C Dale Gadsden

Thursdays, June 1 – July 20

9:45 – 11:15 AM Froebel (130C)

Toni Morrison and August Wilson are two of the most important African American writers at the end of the 20th and beginning of the 21st centuries who have taken on the project of rearticulating the African American experience. The experience of enslavement continues to be determinative for the formation of a distinctively African American subjectivity. Morrison and Wilson have been at the forefront of re-imagining black history and culture. Both authors begin the task by reanimating the ideas and facts of slavery and the middle passage in African American thought.

In this course we will use literary works to move beyond an understanding of historical slavery to examine the impact slavery had on the psyches of African Americans. In their works they grapple with the consequences and possibilities resulting from the dehumanization that slavery inflicted on the cultural memory of African Americans. We shall explore conceptions of religion/ spirituality, history and community in their texts.

Required Course Materials:

Toni Morrison: *A Mercy*
 Beloved

August Wilson: *Joe Turner's Come and Gone*
 The Piano Lesson

Course leader: C Dale Gadsden is an Americanist specializing in intellectual history, religion, culture, race, and African American Studies. She holds master degrees in theological studies and history and is currently completing her doctoral dissertation entitled "From Revelations to Grace: Dancing the African American Religious Experience" in the History of American Civilization (American Studies) at Harvard University. Prior to graduate school, she worked in the corporate and nonprofit sectors.

The First US Counter-Offensive against the Japanese Empire: The end of the great Japanese push south – May to August 1942

**18. Ballroom or
19. Zoom**

Lawrence, PhD

Thursdays, July 13 – July 27

9:45 – 11:15 AM

On December 7-8, 1941, the Japanese Empire began an attack in the Pacific beginning with Pearl Harbor. At the same time, they also attacked the Philippine Islands, the Country of Malaya, the Netherlands East Indies, and the British fortress at Singapore. This attack continued against a wide region of the South Pacific until May 7, 1942. The Japanese intended to attack the Australian port of Port Moresby but were turned back by the battle in the Coral Sea. All the events surrounding the Japanese attack in the Pacific are well told in the classified document by Admiral Thomas C. Hart on the loss of the United States Asiatic Fleet.

The Battle of the Coral Sea, the Battle of Midway, and the American Invasion of Guadalcanal are all connected to the initial offensive response by the United States to the Japanese attack in the Pacific. It is these events that will be addressed in this course. The courage demonstrated by the officers and men of the United States Navy and the United States Marine Corps during these three engagements is a good story well worth knowing. Characters such as Admiral William “Bull” Halsey, Pappy Boyington, Admiral Raymond Spruance, Colonel Evans Carlson and Admiral Chester Nimitz as well as many others played significant leadership roles in these events.

Course materials: The course leader will provide Admiral Hart’s report and well-documented histories of the Battle of the Coral Sea, the Battle of Midway, and the Invasion of Guadalcanal. These materials are available in the Education Office.

Course leader: A former Lasell Village resident, Lawrence is a former senior officer in the United States Air Force and spent over 30 years in military service. He continues to provide consultation within the broad range of the national security enterprise. He has two doctorates, one in clinical and educational psychology from Indiana University and the other in history with a specific focus on Soviet and Military History from Boston College and has several years of teaching experience in both of these disciplines.

20. Creative Writing: Poetry Workshop

Sara Large

**Every other Thursday: June 1, June 15, July 6, July 20, August 3, and August 17
9:45 – 11:15 AM Dewey (130D)**

The Creative Writing Poetry Workshop is designed for intermediate and advanced writers and provides students with an opportunity to compose and revise original poems in a supportive environment. The course will introduce a new focus each week, which will include a representative reading and prompt. Students will submit poems for peer review each week and provide feedback on their peers' poems for discussion in class. Participants will submit a portfolio of revised poems at the end of the course for a published booklet.

Course materials: Short readings will be distributed in class and shared via email.

Assignments: Original poems shared for each class, a final portfolio of revised poems

Course leader: Sara Large has a PhD in Rhetoric & Writing Studies and an MFA in Creative Writing, Poetry. Dr. Large is an Assistant Professor of Writing at Lasell University, where she teaches courses in the Writing Program and Core Curriculum, facilitates professional development for new adjunct faculty, and serves as the Director of the Writing Across the Curriculum Program. Dr. Large frequently presents on panels at local and national conferences on writing and teaching. She has taught English and Writing at many institutions across the U.S. and even spent one year teaching in Ulaanbaatar, Mongolia. She has published poems in *New South* and *Redactions*.

21. Forensic Psychology

Kellie Wallace

Thursdays, June 22-July 27

11:30 AM -1 PM Froebel (130D)

This course will apply psychological knowledge to the judicial process and criminal justice system. We will look at the reality of this field as compared to its representation in media and analyze current and historic cases through the lens of forensic psychology. We will cover such topics as the foundations of the field, eyewitness testimonies, types of forensic evidence, the role of forensic psychologists in courtroom assessments around competency and criminal responsibility, and criminal profiling.

Course Leader: Dr. Kellie Wallace received her PhD in criminal justice and criminology from UMASS Lowell, where she specialized in the intersection of criminal justice and mental health. Prior to that, she worked as a clinical therapist in the Greater Boston area. Her populations of interest are the LGBTQ* community, individuals with substance use disorders, and those who are forensically involved. She has taught both criminal justice and psychology at several institutions and recently published *The Need for Weed*, a primer on the debate for rescheduling and legalizing cannabis at the federal level. Her current research focuses on the experiences adult defendants with intellectual disabilities have with adjudicative competency processes.

22. LGBTQ+ Identities & Experiences

Melissa MacDonald

Thursdays, June 8 – August 3 (*skip July 13*)

1:15 – 2:45 PM Dewey (130D)

Description: This course provides an introduction to the interdisciplinary field of LGBTQ+ Studies. Through a combination of lectures and discussion, we will focus on the intersectional dynamics of privilege and oppression as they relate to LGBTQ+ identities and experiences. We will emphasize contemporary social, legal, and political issues concerning the LGBTQ+ community in the United States. We will also consider strategies for LGBTQ+ allyship and solidarity.

Course Materials: The course leader will provide handouts and links to other relevant media.

Course Leader: Melissa MacDonald is an Associate Professor of Sociology and the Program Coordinator of Individuals & Society Knowledge Perspective at Lasell University. She earned a BA in women and gender studies from Smith College, and a PhD in sociology from the University of California Santa Barbara. Her areas of expertise include anti-racism, queer and feminist studies, and diversity, equity, and inclusion (DEI). In her previous professional life, she was a first-grade special education teacher in the South Bronx.

23. Listening Strategies and Iconic Styles: a Jazz Experience

Jonathan Fagan

Thursdays, June 22 – August 17 (*skip July 6*)

Evening Concert dates: July 27, August 3, and one more TBD

1:15 – 2:45 PM Ballroom (120)

This highly interactive class will foster an in-depth exploration of the musical qualities that define iconic Jazz styles. Over the span of eight weeks, the course will cover key listening strategies to help residents more fully appreciate the structures of both compositions and improvisations, the chemistry within ensembles, and most importantly the ways musicians develop narratives while they play. Students will have opportunities to attend several concerts on Lasell Village's campus featuring Fagan's musical projects that directly embody the concepts talked about during class. Later weeks will focus on the differences between swing, bebop, and Latin Jazz, preparing students for potential excursions to local jazz festivals that feature performers with a wide range of perspectives. Between the class discussions, performances on campus, and suggested concerts around Boston, residents will gain a rich perspective on both the history of the music and the direction of contemporary jazz artists.

Course Materials: Course leader will provide handouts. Listening assignments include attendance at the listed on-campus jazz concerts.

Course Leader: Jonathan Adam Fagan is a Boston-based jazz pianist, composer, accompanist, and educator. Fagan regularly performs with local musical icons, produces and performs concerts featuring his own arrangements, and teaches. He resides on the faculty of Concord Academy, the Winchester Community Music School, and Morningside Music Studio. Fagan earned his Master's Degree in Jazz Piano Performance from the Eastman School of Music and his Bachelor of Music Degree in classical and jazz piano performance from Lawrence University Conservatory in Wisconsin.

24. *The Weight of Ink*: An In-Depth Look into a Work of Historical Fiction

Naomi

Fridays, June 2 – June 30

9:45 – 11:15 AM Dewey (130D)

We will read Rachel Kadish's historical novel *The Weight of Ink* over the course of five sessions, enjoying and discussing the story and its characters, while at the same time learning about the period in which it is set. We will investigate the Sephardic

Jewish communities of 17th-century Amsterdam and London, the philosophical issues debated by secular and religious scholars of the time, and everyday life in London during those years. We will also look at how historians work with rare manuscripts in doing research into the past. This class should be stimulating both for those who have already read the novel and are revisiting it, as well as for those encountering it for the first time.

Course Materials: *The Weight of Ink* by Rachel Kadish ISBN 978-1328915788

Course Leader: After receiving a graduate degree in Physics, Village resident Naomi taught Computer Science at Brandeis University for a number of years prior to becoming Director of Educational Computing, working with faculty at Brandeis and then at MIT on using technology in education. She has been involved in the Brandeis Lifelong Learning program (BOLLI) since retirement, leading and co-leading courses in various topics, primarily in the Arts and Humanities, including one on this book.

25. The Feminine Palette: A Look at the Lives and Work of Mary Cassatt, Frida Kahlo, Georgia O’Keeffe

Israella Abrams

Fridays, June 2 - June 23

9:45 – 11:15 AM Froebel (130C)

Mary Cassatt was an American painter who joined the Impressionist group of artists in Paris and was greatly influenced by Edgar Degas. Known for her works of mother and child, she was considered one of the most important American artists of her time.

Frida Kahlo, a revolutionary artist of Mexican birth, was closely aligned with the Surrealist movement. She once said, “The only thing I know is that I paint because I need to, and I paint always whatever passes through my head, without any other considerations.” Married to artist Diego Rivera, Frida showed an incredible lust for life in her work and her relationships.

Georgia O’Keeffe stands as one of the most compelling American artists of the 20th century. Born in Wisconsin, O’Keeffe began a journey throughout the United States as she developed her artistic talents and for 20 years was married to Alfred Steiglitz, well known photographer and gallery owner. After his death, she moved permanently to Taos, New Mexico where she captured the essence and beauty of the American Southwest in her work.

The contributions of these three female artists have left their indelible mark on the world of art.

Course materials: No required text for the course. Classes will consist of discussion, handouts and audiovisual material. The final meeting of the class will be a guided visit to the MFA; class members are responsible for the cost of their tickets/travel.

Course leader: Israella Abrams received her B.A. from Clark University and her M.Ed. from Wheelock College. Niece of former Village resident Sis K., she is a librarian at Swampscott Public Library. Ms. Abrams facilitates and moderates book groups on the North Shore as “The Reading Woman.”

Lasell University Intergenerational Learning

The University's fall semester will run from September 5 to December 11. The Education Department will be scheduling a presentation in early August to review classes with seats saved specifically for residents ("Intergenerational classes").

Note that Village residents are also able to register for undergraduate courses without the intergenerational designation. To browse the University course catalog, follow these easy steps:

1. Log into <https://my.lasell.edu/> using your Lasell Village email and password.
2. On the large blue menu bar, click on Self-Service.
3. Ignore the "Sign-in" box that appears. Instead, in the upper left, click on the search button and choose "course offerings."
4. On the right-hand side, click on Period and choose "Fall 2023".
5. Now enter a search term (e.g. ceramics, sociology or history) and select enter.
6. For more information on any of the courses click on the title, and a pop-up box will display a course description.

To register for a University course, contact the Education Department. Fall 2023 intergenerational modules will be shared in September.

SUMMER 2023 SUMMARY OF LASELL VILLAGE COURSES

Sunday	1	Ukulele Jam Shayla McDermott	6/4-8/6 Skip 6/18, 7/2	5 – 6 PM Great Room
Monday	2	Midsummer Night's Dream Parkman Howe	6/5-7/17 Skip 7/3	9:45 – 11:15 AM Dewey
	Fitness	Water Aerobics * Adam Davenport	Weekly	10 – 10:45 AM Pool
	Fitness	Zumba * Cathy	Weekly	10:30 – 11:10 AM Ballroom
	Fitness	Chair Yoga Ruth	Weekly	11:30 AM – 12:30 PM Ballroom/Ch. 918
	3	Voices of Experience sing <i>Damn Yankees</i> Jonathan Kessler	6/5-8/21 Skip 7/10	1:15 – 2:45 PM Ballroom
	4	Art of the Renaissance Brooke Mullins Doherty	6/5-7/31 Skip 7/3	3 – 4:30 PM Zoom
	5	Art of the Renaissance Brooke Mullins Doherty	6/5-7/31 Skip 7/3	3 – 4:30 PM Ch. 918
Tuesday	Fitness	Prerecorded Exercise Class Paul Connolly	Weekly	9 – 9:30 AM Ch. 918
	6	Bad Supreme Court Decisions/What We Can Learn Ed	5/30-7/11 Skip 7/4	9:45 – 11:15 AM Froebel
	7	Understanding Chinese Language/Classic Poems Min-Hwa	8/1-8/22	9:45 – 11:15 AM Dewey
	Fitness	Balance At Home Physical Therapy	Weekly	11:30 – 12:15 Ballroom/Ch.918
	Fitness	Free Weights * Paul Connolly	Weekly	1 – 1:30 PM Rogers
	8	Women Writing in mid-19th Century America Debbie Mael	7/11-8/15	1:15 – 2:45 PM Dewey
	9	Artificial Intelligence (AI), CHATGPT and DALL.E Stan and Adam Davenport	7/11-8/1	1:15 – 2:45 PM Froebel
	10	What We Need to Know About Blood Frank	5/30-7/18 Skip 7/4	3 – 4:30 PM Rogers

* Pre-registration required for these classes on VillagetNet.

(continued) SUMMER 2023 SUMMARY OF LASELL VILLAGE COURSES

Wednesday 17	11	Gulliver's Travels Hank	5/31-7/5	10 – 11:30 AM Dewey
	12	Food Microbiology / The Microbes in Our Food Nichole Orench	6/14-8/9 Skip 7/5	9:45 – 11:15 AM Zoom
	Fitness	30-Minute Stretch Lasell House Rehab	Weekly	10 – 10:30 AM Ballroom
	Fitness	Water Volleyball * Adam Davenport	Weekly	10 – 10:45 AM Pool
	Fitness	Exercise with Britta Britta	Weekly	11:45 AM – 12:30 PM Ballroom/Ch. 918
	13	Re-reading the U.S. Constitution Allan	6/21-7/26	1:15 – 2:45 PM Ballroom
	14	Re-reading the U.S. Constitution Allan	6/21-7/26	1:15 – 2:45 PM 918
	15	Write for Your Life Cathy	6/14-8/16 Skip 7/5, 8/2	1:15 – 2:45 PM Mervis
	16	Making Art Susan Kelley	7/12-8/16	1:15 – 2:45 PM Art Studio
Thursday	17	Using Literature to Understand History C Dale Gadsden	6/1 – 7/20	9:45 – 11:15 AM Froebel
	18	The First US Offensive against Japanese Empire '42 Lawrence	7/13-7/27	9:45 – 11:15 AM Ballroom
	19	The First US Offensive against Japanese Empire '42 Lawrence	7/13-7/27	9:45 – 11:15 AM Zoom
	20	Creative Writing Poetry Workshop Sara Large	6/1 & 15, 7/6 & 20, 8/3 & 17	9:45 – 11:15 AM Dewey
	21	Forensic Psychology Kellie Wallace	6/22-7/27	11:30 AM – 1:00 PM Froebel
	Fitness	Tai Chi James	Weekly	11:45 AM – 12:30 PM Zoom/Ch. 918
	Fitness	Free Weights * Mason Bailey	Weekly	1 – 1:30 PM Rogers
	22	LGBTQ+ Identities & Experiences Melissa MacDonald	6/8-8/3 Skip 7/13	1:15 – 2:45 PM Dewey
	23	Listening Strategies & Iconic Styles: Jazz Experience Jonathan Fagan	6/22-8/17 Skip 7/6	1:15 – 2:45 PM Ballroom
	General	Recipes with Elena Elena Ceban	Weekly	3 – 4:30 PM Zoom/Ch.918
Friday	Fitness	Water Aerobics * Adam Davenport	Weekly	10 – 10:45 AM Pool
	24	The Weight of Ink: An in-depth look Naomi	6/2-6/30	9:45 – 11:15 AM Dewey
	25	The Feminine Palette Israella Abrams	6/2-6/23	9:45 – 11:15 AM Froebel
	Fitness	Exercise with Britta Britta	Weekly	11:30 AM – 12:15 PM Ballroom/Ch.918
Saturday	Fitness	Multi-Level Workout Paul Connolly	Weekly	11:30 AM – 12:15 PM Zoom/Ch.918
	Fitness	Prerecorded Chair Yoga Ruth	Weekly	3 – 4 PM Ch.918

