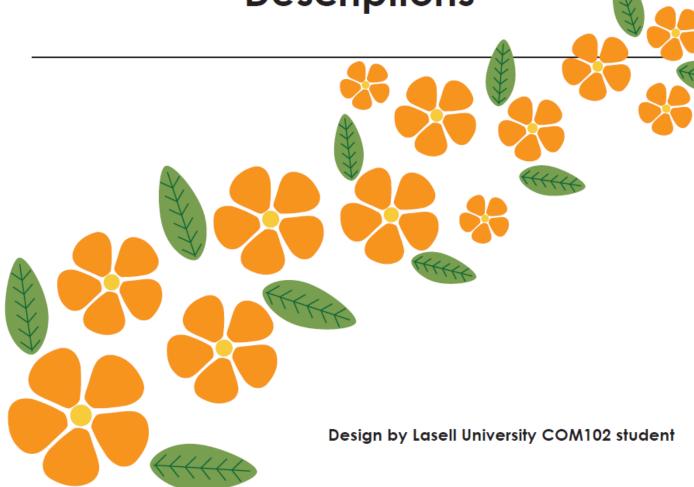


Spring 2023 Lectures and Course Descriptions



The Lasell Village Education Department is pleased to share the Spring 2023 Lasell Village Course Listings.

Course Booklet Contents

This booklet contains the following:

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Procedures for Spring Semester 2023:

- 1. Registration will be conducted online. If you would prefer a paper registration form, contact the Education Office. Please carefully read the registration section on page 2 to understand the process. Your registration form (electronic or paper) must be returned to the Education Office by 5 PM on Monday, January 2, 2023.
- 2. **Lasell House Registration Policy:** Residents of Lasell House who are not under a Residency and Care Agreement may submit the same registration forms as other residents. They will be registered after other registrations have been completed.

Registration Information

How to Register:

<u>Complete a registration form</u>, either electronic or paper, to request courses that you would like to take. The electronic form link will be emailed to all residents. Paper forms are available in the Education Office. The link to the registration form can be found in the announcements section of <u>lasellvillagenet.com</u>.

When completing the form:

- List your choices in order of preference. For best results, prioritize classes in smaller classrooms over classes in the ballroom or 918.
- Tell us the total number of classes you would like to take.
- Remember that requesting a class does not necessarily mean you will be enrolled in it;
 listing an "extra" choice is a wise policy.
- If you anticipate missing two or more sessions of a class, choose a different class to make room for neighbors who can attend all of the sessions.
- Remember to list the courses you "always" take, such as Voices of Experience.

The form must be **returned to the Education Office** by 5 PM on Monday, January 2, 2023. Residents who submit paper or digital forms by that date will be notified of their courses no later than January 17.

Kindly note:

- If you choose an in-person or Zoom class that has no seats available, and there is a Ch. 918 section for that class, you will be automatically added to the Ch. 918 section.
- To be fair to the course leaders and those on the waiting list, residents may <u>not</u> attend classes for which they are not registered.
- Residents are responsible for acquiring their own books and materials unless otherwise noted. If you need help ordering course books, please contact the Education Office as soon as you receive confirmation of your enrollment.

Registration after January 2:

Contact the Education Office if you did not turn in the registration form by the designated date and would like to take a course. The Education Office will also post open courses after January 17.

For assistance, call:

John Dixon, Ph.D., Dean of Education at (617) 663-7055, or Nancy Snow, Educational Programming Specialist at (617) 663-7051.

Masking Policy

Lasell Village may require both teachers and students to wear masks when the risk of contagion is increased. Students and faculty should pay close attention to changes in the policy. "Testing out" of the policy may not be an option, depending on the Covid variant circulating at that time.

Zoom Class Etiquette

Please treat a Zoom class as you would an in-person class.

Come prepared with what you need so that you can participate.

- You may want to bring a drink and some tissues with you so that you do not need to get up during the class.
- Know your material and be prepared to participate.
- Be punctual: ensure your device is ready for each meeting ahead of time.

During the class:

- Turn the sound off for other devices you may have; smartphone, Ch. 918, etc.
- Introduce yourself before speaking. Speak clearly.
- Limit movement in the background. This is distracting to others in the meeting. If you need to get up or move, simply "stop video." This will allow you to see and hear, but others will not see you moving.
- If connecting to Zoom on a phone, do not walk around with the device in your hands. Stop the video if you need to move during the class.
- If you need to eat, receive an unexpected call or need to move around, please turn off your video and audio.
- Ensure the condition of your surroundings reflects a neat environment.
- Turn off all distractions on your computer prior to the meeting's start to eliminate the urge to multi-task during the meeting.

Note to smart phone or tablet users: please hold or place your device horizontally.

If you would like additional instruction on Zoom, please contact the Education office.

Lasell Village Academic Calendar 2023

Dates are subject to change.

Spring 2023

December 21	Course booklet distribution	
January 2	Registration forms due	
January 17	Course confirmation distribution	
January 30 First day of semester		
April 28 Last day of semester		

Summer 2023

April 21	Course booklet distribution		
May 1	Registration forms due		
May 15	Course confirmation distribution		
May 30	First day of semester		
August 16	Expected last day of semester		
	Fall 2023		
Aug 18	Course booklet distribution		
Aug 30	Registration forms due		
Sep 12	Course confirmation distribution		
Sep 26	First day of semester		
Dec 15	Expected last day of semester		

Spring Lectures and Workshops

The lectures below are sponsored by the Education Department in coordination with Resident Programming. Changes in the schedule will be announced in *News & Notes* and posted on <u>lasellvillagenet.com</u>, the Lasell Village intranet website.

Registration is not required for the programs in this section.

Poetry Corner

Tuesdays, January 3, 10, 17 and 24 **Ballroom and Zoom, 2 PM**

Not only does Lasell Village have a number of resident poets, it has a large number of residents who enjoy listening to poetry. The Poetry Corner is a showcase of poems, featuring shared poem in English, original poems, and a poem in another language.

January 3

English Poem: Jim

Original Poem: Barbara

World Language Poem: Nelly

January 10

English Poem: Karl Original Poem: Susan

World Language Poem: Bob

January 17

English Poem: Hank
Original Poem: Cathy

World Language Poem: Peter

January 24

Original Poem: Wendy

World Language Poem: Margaret

World Language Poem: Jean

January 2023 Book Talks

Wednesdays, January 4, 11, 18 and 25 Ballroom, 2 PM

Join us for this annual four-part winter program that features book reviews by members of our living and learning community of residents, staff and Village course leaders. Our thanks to Mary Black, Chris Wood, and Dave Willis for founding this program and to Louise Freedman and Joan Rosenson for finding this year's speakers.

Wednesday January 4	Claude	2 - 3 PM
Paradise by Abdulrazak	Gurnah (winner of 2021 Nobel	Prize in Literature)
Wednesday January 11	Alan	2 - 3 PM
Lenin: A L	Biography by Robert Service (20)10)
Wednesday January 18	Naomi	2 - 3 PM
The	Weight of Ink by Rachel Kadish	
Wednesday January 25	Roslin	2 - 3 PM
, ,		_
i ne Dictio	<i>pnary of Lost Words</i> by Pip Willi	ams

Recipes with Elena C.

Elena Ceban

Thursdays, 2:30 – 4 PM

Zoom and Ch. 918

What could be better than preparing a delicious meal and enjoying it? Preparing it with Elena, Studios Manager, and the entire Lasell Village! Join Elena every week for a culinary delight on Zoom or virtually participate on Ch. 918. Learn to prepare simple meals rich in flavor and nutrients. Please email her to ask what ingredients will be used so that you can cook it together!

The program will be broadcast on Ch. 918 and Zoom. Please see <u>lasellvillagenet</u> for the Zoom link so that you can join live to ask Elena questions or contribute your comments. Elena would like to invite Villagers to join her as guest chefs this semester. If you would like to help Elena one week or have a recipe of your own to share, please reach out to her at eceban@lasell.edu or 617-663-7123.

Presenter: Lasell Studios Manager Elena C. has shared her love of cooking with presentations at the Village over many semesters. Elena was born in Moldova and has been in the USA for almost 10 years. Her background is in teaching English with a master's in Educational Management. She recently received an MBA from Lasell University.

Beethoven's Piano Sonatas

Lois S.

Fridays, January 13, February 10, March 3, and April 7

Ballroom, 2:15 – 4:15 PM

"In Beethoven's music," according to Victor Hugo, "the dreamer will recognize his dream, the sailor his storm....and the wolf his forests." Intensely personal, yet profoundly universal, this is music that reminds us WHO WE ARE, and what truly matters--rekindling our imaginative resources and inspiring us to fully inhabit our humanity.

This series of four discussion/performance meetings will continue our exploration of the entire opus of Beethoven's piano sonatas--giving us an overview of his compositional life and taking a once-in-a-lifetime journey along the route of his musical/psychic development.

Presenter: Lois S. has performed as a soloist and chamber musician throughout the United States as well as in the former USSR, Belgium, Holland, Switzerland, Hungary, Mexico and Canada. Her piano trio Triple Helix, in residence at Wellesley College, was chosen Musicians of the Year for 2003 by *The Boston Globe*. Lois was an instructor of piano at Smith College, the New England Conservatory, and Brandeis University. She is currently on the faculty of Wellesley College, teaches at NEC Prep, and is artist-in-residence at the Rivers School in Weston. She has given numerous master classes and lectures on subjects such as the nature of musicianship, as well as late Beethoven piano sonatas and Robert Schumann's music in relation to the early 19th century intellectual and aesthetic milieu. Ms. S. won an Alumni Ventures award from the Yale School of Music.

Weekly Exercise Classes

Spring 2023 schedule

Changes will be announced in *News and Notes* and posted on <u>lasellvillagenet.com</u>.

	9 – 10	Prerecorded Exercise Class Paul C.	Ch. 918
Monday	10 – 10:45	Water Aerobics * Adam D.	Pool
	11:30 – 12:30	Chair Yoga Ruth L.	Ballroom/Ch. 918
Tuesday	9 – 9:40 Feb 7 – Mar 7	Zumba * Zumba with Judy	Ballroom
Tuesday	11:30 – 12:15	Balance At Home Physical Therapy	Ballroom/Ch. 918
Wednesday	10 – 10:45	Water Volleyball * Adam D.	Pool
vecunesacy	11:45 – 12:30	Exercise Britta Z.	Ballroom/Ch.918
Thursday	10:30-11:10 Mar 16- April 20	Zumba * Zumba with Judy	Ballroom
Thursday	11:45 – 12:30	Tai Chi James T.	Rogers (Ballroom) /Zoom/Ch. 918
Eriday	10 – 10:45	Water Aerobics * Adam D.	Pool
Friday	11:30 – 12:15	Exercise Britta Z.	Ballroom and Ch.918
Saturday	11:30 – 12:15	Multi-level Workout Paul C.	Zoom/Ch. 918
Sunday	11 – 12	Prerecorded Chair Yoga Ruth L.	Ch. 918

^{*} Pre-registration required for these classes.

Limited-Time Fitness Classes (pre-registration required)

Introduction to Free	Tuesdays, Jan 3 to Jan 31	1-1:30	Rogers
Weights	Thursdays, Jan 5 to Jan 26	1-1.50	(85A)
Zumba	Tuesdays, Jan 3 to Jan 31	9 -9:40	Ballroom
Zumba	Thursdays, Jan 5 and 26	10:30-11:10	Daniooni

Fitness Facility Information for Spring 2023

Fitness guidelines are subject to change in keeping with infection control best practices.

Pool Hours	Weekdays	7:00– 1:00
Fitness Center: Staffed	Sunday	1 – 5:15
Hours	Monday	9 – 2
The Fitness Centers are	Tuesday and Thursday	9 – 3:30
open 24/7, except for daily cleaning from	Wednesday	9 – 5
6:30-7:15 AM	Friday	9:30 – 2
	Saturday	12:30 – 3

Reservations

Reservations are required for a resident to use the pool or the Fitness Centers (note: no reservation is required after 5 PM for the use of either Neill and Pestalozzi). Visit the "Fitness Reservation" section of lasellvillagenet.com, to make an appointment for the Pool, Fitness Center, or Ping Pong. Appointments are typically 45 minutes long.

Unsupervised Fitness Center Guidelines

Each resident takes the responsibility to sanitize the equipment and follow hygiene protocols.

Pickleball Equipment

The pickleball equipment and key are available for checkout at the Welcome Desk. To make a reservation for the pickleball court, please call Kristy Walter, Lasell University Director of Athletics, at (617) 243-2147.

Lasell Village Courses

1. Ukulele Jam

Shayla M.

Sundays, February 5th- April 2 (skip March12)

5 — 6 PM

Rogers (85A)

You've taken a ukulele class or two with Shayla - now it's time to enjoy playing and building your repertoire! This class is a low stress, 8 session, 1-hour-a-week class to take joy in playing ukulele and singing with others of varying levels. Classes will consist of reading and playing new and reviewed material weekly selected by both Shayla and students of the course. The class will culminate with a ukulele 'play and sing-along' for family and friends to join.

Course Leader: Shayla M. MT-BC, is a board-certified music therapist and program coordinator at The Falls, an assisted living/memory care community in Newton. Some of her groups include Tone Chimes, Music & Movement, and Music Lectures. She also works for Trinity Hospice, passionately providing end-of-life care. Shayla sings and plays guitar, ukulele, and piano. She has a BA in Music Therapy from Eastern Michigan University. She is most interested in music's ability to create community.

2. Henry V

Parkman H.

Mondays, March 6 — April 3 9:30 – 11 AM

J.50 1171111

Dewey (130D)

Henry V, the final play in Shakespeare's "Henriad" beginning with Richard II and including Henry IV Parts 1 and 2, begins with a figure called "Chorus," but perhaps more closely resembling the figure of cloaked Time, who speaks the famous invocation, "O for a muse of fire!" He (or she) goes on to ask, "Or may we cram / Within this wooden O the very casques [helmets] / That did affright the air at Agincourt?" At one production at Shakespeare's Globe, a very English voice in the audience called out, "Yes we can!" And so, through the skill of the actors at the Globe on DVD and our imaginations, Henry V and his court will live once more, for, as T.S. Eliot writes in Little Gidding, "We die with the dying. . .. We are born with the dead. . .. History is now and England."

Course materials: Henry V, Folger Edition ISBN 978-1982109417

Course leader: Parkman H. received a B.A. in English from Harvard University, and a Ph.D. in Anglo-Irish Literature from University College, Dublin. He is currently the poetry editor of *Appalachia*, America's longest-running journal of mountaineering and conservation. He has also co-authored seven musical plays and written articles on such topics as Thoreau, *Walden*, Hadrian's Wall, and the 1949 Mann Gulch fire in Montana. Parkman has taught a number of courses at Lasell Village on Shakespeare as well as the Bible. He keeps five hives of bees.

3. A Sanskrit Tutorial

MJC.

Mondays, February 6 — March 27 1:15 -2:45 PM Froebel (130C)

Learn tricks and shortcuts for reading Sanskrit, the classical sacred language of India, even if you've never worked with the language before.

- Transliteration of the *Devanāgarī* characters, and phonetic rules;
- Declension and conjugation patterns presented as a system, not just as tables to be looked up;
- Basic vocabulary and idiomatic structures in the course of reading as these come up, phrase by phrase and word by word.

We will work inductively and start with selections from a famous short story in the *Mahābhārata*, which begins as:

आसीद्राजा नलो नाम वीरसेनसुतो बली । उपपन्नो गुणैरिष्टैरूपवानश्वकोविदः ।।१।।

By the end of the tutorials you can use what you've learned as a basis for continuing with the language even by yourself, or just feeling much more confident the next time you encounter Sanskrit or Hindi letters.

Students in the Sanskrit Tutorial will do regular assignments and prepare recitations. This and faithful attendance will be the normal mode for enrollment, but an auditor status may also be possible.

This is not a conversational language course, i.e. not just practice with everyday phrases, but uses an inductive linguistic approach to make you familiar with the structure of the written language as an introduction to the world of Sanskrit literature.

Course Leader: MJ ConnoC.lly, resident at Lasell Village since 2020, retired in 2021 as Professor Emeritus from teaching Linguistics for 55 years in the Program in Linguistics, College and Graduate School of Arts & Sciences, at Boston College (Department of Slavic & Eastern Languages, later Eastern, Slavic and German Studies).

4. The Voices of Experience: Guys and Dolls

Jonathan K.

Mondays, January 30 — April 17 (skip February 20)

Performances April 18 at 7:30 PM and April 19 at 2:00 PM

1:15 — 2:45 PM

Ballroom

Join The Voices of Experience as we travel back to depression-era New York City. Every gambler in the city is waiting for Nathan Detroit's next big craps game. But there's one problem: he doesn't have the money to get the place he needs to run it. So he bets Sky Masterson, a high roller who will gamble on anything, that he can't get a woman of Nathan's choosing to go to Havana with him in the next 24 hours. What happens next is anyone's guess! This fun 1950 musical by Frank Loesser, Jo Swerling, and Abe Burrows, provides the perfect venue for these Guys and Dolls to figure it all out!

Course leader: Jonathan KeK.ssler has been writing, playing, and teaching music for much of his life. Starting at a very young age at the piano, he went on to study film scoring and contemporary composition at Berklee College of Music in Boston. He has worked with and directed choirs, orchestras, marching bands, drum corps, and various other ensembles for many years. He now teaches private music lessons, writes and arranges music, and plays in orchestra pits full time.

5. International Human Rights
Claude W.
Mondays, Feb 27 – March 27
3 – 4:30 PM
Froebel (130C)

This course examines human rights from an international perspective. It focuses on major human rights treaties, most of them drafted and adopted after World War II via the UN. The class will look at historical and philosophical roots; consider the significance of wars and revolutions in this history; stress breakthroughs after WW2; investigate treaties dealing with issues such as slavery, discrimination or refugees; and hypothesize possible future developments in human rights. Students will complete one brief reading, some recommended readings (including scholarly articles and book chapters) and voluntary reports on current human rights issues.

Course Leader: Village resident Claude W. taught about Africa for 55 years at the University at Buffalo. He carried out extensive field research in many African countries. Claude received Lifetime Achievement Awards from the New York African Studies Association, the American Political Science Association, and the International Studies Association, plus several teaching awards. TIAA and the SUNY Research Foundation gave W. its first-ever Lifetime Achievement Award.

6. Creating Your Personal Mythology: A Cross-Genre Generative Writing Workshop Meg K.

Mondays, February 6 — April 3 5 – 6:30 PM Zoom

This workshop is for writers across genres who have a story to tell, and are looking for a fresh, indirect approach to their subject matter. While the class is for writers of all genres, we will focus on the tools a poet may employ — including metaphor, personae, and masks — to create a personal mythology in order to tell an emotional truth. It was Emily Dickinson who advised, "Tell all the Truth, but tell it slant." Each week students will be provided with reading selections as well as a prompt, which they can work on for the next class. Together, we will read, discuss, and create poems and prose pieces that come at a story slant. There will be an emphasis on students producing new work, with feedback that focuses on what's memorable and working in each piece. Together we will form a group where each individual feels seen and safe to share new prose and poems.

Course Leader: Meg K. latest poetry collection, *All Morning the Crows,* was winner of the 2020 Washington Prize, a finalist for Best Book of the Year from the Poetry Society of New Hampshire and *Foreword Reviews*, and spent seven months on SPD's poetry bestseller list after its release in 2021. Meg is also author of *An Unkindness of Ravens* and *Home By Now,* winner of the PEN New England L.L. Winship Award; a heroic crown of sonnets, *The Ice Storm,* published as a chapbook in 2020; and three verse novels for teens. Her award-winning picture book, *Trouper,* is illustrated by E.B. Lewis. Meg's poetry has been featured on Garrison Keillor's "A Writer's Almanac" and Ted Kooser's "American Life in Poetry" series, and included in the 2017 Best American Poetry anthology (Natasah Tretheway, guest editor). Her nonfiction essay, "Hello, Mother, Goodbye," appears in *The Movable Nest: A Mother/Daughter Companion* (Helicon Nine Press, 2007). Her poetry and prose have been widely anthologized. She lives in New Hampshire and is founding director of the Solstice MFA in Creative Writing Program of Lasell University in Massachusetts.

7. Understanding the Chinese Language through Classic Chinese Poems Min-Hwa C.K.

Tuesdays, February 7 — March 14 9:45 – 11:15 AM Dewey (130D)

As a character-based language, Chinese is visually complex, grammatically simple, and semantically compact. Above all it is subject to interpretation and allows for imagination. The objective of this course is to provide a basic understanding of the Chinese language, not to actually teach it. The course leader will introduce the *Six Principles of Character-Making* developed in the Han Dynasty (206 BC - 220 AD) with sample characters. To illustrate the fullness and uniqueness of the language, selected classic Chinese poems will be explored through character-by-character translation and line-by-line interpretation. Chinese calligraphy, as a special genre of Chinese art, and such topics as evolution of the language throughout the millennia, mass production of script, and the influence of Chinese on other Asian languages, will also be covered. This is a six-week course. No prior knowledge of Chinese is required. Reading materials will be provided via email attachments. The course leader will give a brief presentation on topics for each class. Participation in class discussions is highly encouraged.

Course Leader: Village resident Min-Hwa C.K. was born in China and grew up in Taiwan. She is a CPA and received a Master of Administration Sciences from Johns Hopkins. After retiring from a career as international consultant for multi-national corporations, governments, universities worldwide, she taught courses and gave lectures on Chinese history and literature at Harvard Continuing Education and many public institutions including the World Affairs Council, Boston Public Library, and Rainier Club of Seattle.

8. Disease Treatment: From Blood-letting to CRISPR

Judith T. and Joan P.

Tuesdays, January 31 – March 14 9:45 – 11:15 AM Froebel (130C)

The history of medicine is fascinating but nowhere is the progression in disease treatment more promising than in the 20th century and beyond. This course will start with an overview of human disease, its varied causes and a look at some of the early approaches to disease prevention and treatment. Then, starting with the discovery of sulfa drugs and penicillin we will delve into the biology of several diseases including those caused by infectious agents, both bacterial and viral, as well as those with a genetic etiology. For each we will examine the development of treatment modalities and will end the course with a discussion of CRISPR and how it can be used to treat genetic disorders.

Course Leaders: Joan P. is a retired research scientist and faculty member in the Biology Department of Brandeis University. Her laboratory studied B cell development with a focus on primary and memory antibody responses, and during her 43 years at Brandeis, she taught courses in immunology, microbiology, and infectious disease to undergraduate and graduate students.

Village resident Judith T. retired from the Brandeis faculty after 42 years of teaching undergraduate biology and 25 years of training graduate students to become genetic counselors, has a long-standing interest in genetics and the ethical issues that often arise when new genetic tests and technologies are introduced. She is also fascinated by the way new technologies are used to treat human diseases, the topic of this class.

9. Elizabeth Strout

Harriet S.

Tuesdays, February 28 to March 28 1:15 — 2:45 PM Froebel (130C)

Pulitzer Prize winner Elizabeth Strout's books, which detail the lives of ordinary people, provide us with deep insights into the human condition. Strout explores who and how her characters love, their bonds with their parents, spouses, and friends, and how these bonds define who they are.

In this five-week course we will read and discuss two of her books: the novel My Name is Lucy Barton, and the short story collection Anything is Possible.

Required Reading: My Name is Lucy Barton by Elizabeth Strout ISBN 978-0-8129-7952-7 and Anything is Possible by Elizabeth Strout ISBN 978-0-8129-8941-0

Course Leader: Lasell Village resident Harriet S. has published eight novels, two non-fiction books, and a dozen short stories. She taught writing at Brooklyn College of the City University of New York for many years. After retirement, she has taught courses in modern novels at Brooklyn Lifelong Learning for 15 years. For the past 8 years, she has led courses in writers like Jane Austen, Edith Wharton, Toni Morrison, John Fowles, Kazuo Ishiguro, and Virginia Woolf here at Lasell Village.

- **10. A Primer on Corporations** *Ballroom or*
- 11. A Primer on Corporations Zoom or
- 12. A Primer on Corporations Ch. 918

Allan RoR.th

Tuesdays, January 31 to March 21 1:15 – 2:45 PM

This course is intended to examine the nature of the corporation and the role it plays in American commercial life. We'll begin by forming a hypothetical corporation under a typical state law, exploring along the way a short history of how that state law developed. Among the salient features of corporations are (a) the separation of ownership and professional management and (b) the facilitation of access to capital from strangers to the enterprise. How a corporation, accesses the financial market to attract investment from strangers, therefore, is an interesting part of the story.

Our story also will identify the various stakeholders in a corporation and unfold the challenges raised by trying to balance the often-conflicting interests of these diverse stakeholders: Whose interest should dominate, the shareholders, the customers, the creditors, the community, et al? How do the separated owners hold the professional managers to account? And then there are challenging questions about why and how a corporation should evolve, both in terms of its original purposes and its original structure. In this connection, we'll explore corporate changes--mergers & acquisitions, spin-offs (as GE is currently undertaking), changing its entire line of business (from a cigarette manufacturer to a soft-drink producer), etc. Antitrust laws may require some changes, bankruptcy reorganization others. And at the end of the course, we may find it best to wind-up the corporations, take our marbles and go home.

Course Leader: After law school, Village resident Allan R. practiced with a NJ law firm before joining the SEC staff in Washington. When illegal activities threatened the survival of the American Stock Exchange, he became part of the team assigned to reorganize the exchange. That experience led Allan to serving as a technical consultant for capital market development in emerging economies. To train people for roles in those markets, the dean of the newly formed Graduate School of Management at Rutgers University agreed to let him set up a training center and to continue technical consulting. Allan continued at Rutgers and doing overseas work until both he and his wife Debbie retired and moved to Boston in 2000. While in Boston, he has led courses at HILR, including this course.

13. Science and Its Impact on Society: Past, Present and Future Frank B.

Tuesdays, Feb 14 – March 28 3 – 4:30 PM Rogers (85A)

Since the enlightenment, science has played an increasingly dominant role in virtually all aspects of society. Our ever-expanding understanding encompasses all of nature from subatomic particles to the cosmos. Unfortunately, this awesome progress has been thwarted by misinformation and disinformation as well as outright denial, both within the United States and elsewhere. Some of these wounds are self-inflicted. The course begins with a review of scientific progress in physics and biology with special emphasis on their superstars: Newton and Einstein in physics, Marie Curie in chemistry, and Darwin, Watson and Crick in biology. We will then consider contemporary science and how its societal impact has been

affected by internal strife such as peer pressure and sexism and by external forces such as religion, governmental regulation and industrial control.

The course will consist of six PowerPoint lecture presentations. A concerted effort will be made to avoid unnecessary scientific jargon and detail. We will utilize an interactive lecture format, encouraging discussions sparked by questions and comments during the presentation rather than a separate discussion segment.

<u>Course Materials:</u> A brief overview of the course content will be distributed, along with 2-4 relevant articles in advance of our 6 meetings.

Course Leader: Village resident Frank B. was a senior hematologist at Brigham and Women's Hospital, and a professor of medicine at Harvard Medical School. At HMS he ran the hematology course for medical students and initiated a program to introduce PhD students to human biology and diseases.

14. Medieval Art Zoom or

15. Medieval Art Ch. 918

Brooke M. D.

Tuesdays, January 31 — March 21

3 - 4:30 PM

In this class, we will view and discuss art and architecture of medieval Europe and the Middle East. Beginning in the 6th century A.D and continuing through the 14th century, we will consider the artwork of numerous European cultures, such as that of the Vikings, the Hiberno-Saxons, the Carolingians, the Mozarabs, and the Ottonians. As we approach the time of the Crusades, we will also consider Islamic art and architecture so that we can understand the how they influenced evolving visual styles in Europe. We will discuss not only how the Crusades shaped medieval European art during the Romanesque period but also how increased pilgrimage drove the great age of cathedral building that continued into the Gothic period. As we consider the Gothic period, we will see the changes in style and belief that gradually led towards the Renaissance. No prior art history knowledge is necessary for this broad survey course.

Required reading: Art: A World History by Elke Linda Buchholz et al., ISBN-13: 978-0810994423.

Course Leader: Brooke M. D. is an artist whose sculptures and drawings have been exhibited in many solo and group shows. Currently teaching Studio Art and Art History at Lasell University, Cape Cod Community College, Bristol Community College, and the Community College of Rhode Island, Brooke received her MFA in Sculpture from the University of Massachusetts, Dartmouth, and her BFA in Studio Art from the University of Oklahoma, which also awarded her a BA in Philosophy. Brooke holds minors in Art History and Psychology, also from the University of Oklahoma.

16. Three Short Novels

Hank B.

Wednesdays, February 1 — March 8 9:45 to 11:15 AM
Dewey (130D)

The three short novels in the course represent three different approaches to fiction and bring us three very different worlds. Melville's *Billy Budd* has stirred debate over Melville's thematic intentions since it was first published. Most agree that it addresses the tension between the demands of justice and mercy. Kafka's *Metamorphosis* is perhaps the story that most contributed to the use of the adjective "Kafkaesque." It takes us to the surrealist world of Kafka's imagination. In its resistance to interpretation it challenges us and rewards us. Faulkner's *As I Lay Dying* takes us to Yoknapatawpha County and its poor white farmers. Less well known than *The Sound and The Fury* or *Absalom, Absalom*, it is the work Faulkner regarded as his masterpiece.

The course will combine class discussion with occasional short lectures by the instructor.

Course materials: 3 books:

- Melville, Herman. *Billy Budd*. Dover Thrift Editions. Any edition will do as long as it is based on the standard Hayford-Sealts edition.
- Kafka, Franz. *The Metamorphosis*. Classix. ISBN 978-1557 427663. But any edition will do.
- Faulkner, William. As I Lay Dying. The Vintage paperback edition is widely available.

Course Leader: Village resident Hank B. taught college English and linguistics for nearly forty years. His degrees are from Princeton and Harvard. This is his twelfth Village course.

17. Ireland and Its History

Jennifer H.

Wednesdays, February 1 – March 29

Froebel (130C)

9:45-11:15 AM

Ireland has a fascinating, complicated, but often neglected history! This course will examine events from 1500-2000 in an effort to sort out the tangled web of loyalties; learn more about the diverse personalities involved; understand the influence of foreign and domestic policies; untangle the clashes between religious factions; and follow the disputes over land ownership that make up the country's history. In addition, using our text, we will examine where historians disagree, and try to come to our own conclusions. Our study group will discuss, debate and role-play how history in general is written, and by whom, and specifically how the many aspects of Ireland's history are told. Finally, we will discuss two related subjects: Ireland post Brexit; and the role of the many Irish immigrants in shaping Boston's history. In an effort to understand Ireland's past, and its effect on the present, join me on a journey through history looking at the many complicated issues that make up Ireland's wonderfully rich, often complicated, and sometimes tragic, story.

<u>Course materials:</u> A Short History of Ireland 1500-2000, John Gibney. Yale University Press 2017 ISBN 978-0300244366.

Course Leader: Irish history is a new field for Village resident Jennifer H., who has led courses on a number of varied topics over there past 25 years in different locations. She is looking forward to delving into Ireland's complicated, and sometimes tragic history with the help of classmates' participation. Since her background/personal history is English, it feels important to understand more deeply the neglected history of this island so close in geography yet distant in understanding!

18. The Costs of Racism
C Dale G.
Wednesdays, February 1 – March 22
1:15 – 2:45 PM
Froebel (130C)

In this course, we will explore the themes and ideas presented in *The Sum of Us:* What Racism Costs Everyone and How We Can Prosper Together. Through a combination of lectures and discussions, we will analyze the economic, political, and social costs of racism. In particular, we will focus on the impact that racism and inequality have and continues to have on individuals, communities, and society as a whole. We will also consider strategies for building a more just and equitable society.

<u>Course Materials:</u> The Sum of Us: What Racism Costs Everyone and How We Can Prosper Together by Heather McGhee. ISBN 978-0525509585.

Course leader: C Dale G. is an Americanist specializing in intellectual history, religion, culture, race, and African American Studies. She holds master degrees in theological studies and history and is currently completing her doctoral dissertation entitled "From Revelations to Grace: Dancing the African American Religious Experience" in the History of American Civilization (American Studies) at Harvard University. Prior to graduate school, she worked in the corporate and nonprofit sectors.

- 19. Evolving Jewish Circumstances in an Ever-Changing West Part 2 Ballroom or
- 20. Evolving Jewish Circumstances in an Ever-Changing West Part 2 Zoom or
- **21. Evolving Jewish Circumstances in an Ever-Changing West Part 2** *Ch. 918* Bob C.

Wednesdays, February 8 — March 29 1:15 – 2:45 PM

The term "Middle Ages" was coined by Renaissance thinkers who viewed the medieval centuries and the role of monotheisms during this period very negatively. For these thinkers, the medieval centuries constituted a middle and inferior period between what they saw as the healthy this-worldly perspectives of the Greeks and Romans and a renewal of these healthy perspectives that they anticipated in the ensuing centuries. Assessments aside, these thinkers were correct in perceiving the dominant role of the monotheisms during the medieval centuries. This dominance of Christianity and Islam had major implications for the Jewish minority in the West.

Course Materials: The course leader will provide handouts.

Course leader: Village resident Robert C. served as Scheuer Professor of Hebrew and Judaic Studies at New York University for the past three decades. The focus of Prof. C's research has been the history of the Jews in medieval western Christendom. His most recent books are: *From Anti-Judaism to Anti-Semitism* (Cambridge University Press, 2016) and *Refugees or Migrants: Pre-Modern Jewish Population Movement* (Yale University Press, 2018).

22. Making Art

Susan K.

Wednesdays, February 1 — March 1 3 – 4:30 PM

Art Studio (80B)

Making art means different things to different people. We will explore drawing, painting and picture making. When you are in the process of creating art, you cannot think of anything else. Together students will explore many possibilities for making art.

- Do you want to draw better? Learn to mix color, use more color, or transfer color to values?
- Where do you start when you have a picture in your mind? Should you work from photos or work from life?
- Do you like landscapes, portraits, still life, traditional, abstract, or contemporary art? Is there an artist you love?

This class will help you along your art journey. Gather your supplies, explore what making art means to you.

<u>Course materials:</u> Returning students and new students can bring sketch book and pencils to the first class and any paint supplies they have already. Students can wait to choose a medium after the first class.

Course leader: Inspired by working from life in oil, pastel, and charcoal, Susan paints landscapes, portraits, and still life. She is an active plein air painter throughout New England including the North Shore / Cape Ann, Rhode Island and Maine. In 2005 she began teaching classes for educational institutions and organizations, including Rockport Art Association and Museum, North Shore Art Association, JCC Newton and private instruction. She has painted with passion and a commitment to executing works each better than the last. Susan studied 6 years with 3 noted teachers of the Boston School tradition. Master Landscape Painter David Curtis, Master Portrait Artist Robert Cormier and Master Boston Painter Thomas Dunlay. She currently maintains a resident studio in Franklin and works and teaches in the Thomas Dunlay studios/Atelier continuing the Boston school tradition.

- 23. The Cold War, Part 3 Ballroom or
- 24. The Cold War, Part 3 Zoom or
- **25.** The Cold War, Part 3 *Ch. 918* Lawrence X. C.

Thursdays, February 2 — March 9 9:45 – 11:15 AM

Cold War Part 3 will discuss the domestic pressures within the Soviet Union that caused the Communist Party to dissolve. It will also discuss the impact Yuri Andropov had on the demise of the Soviet Union. As head of the KGB prior to becoming the first Party Secretary, he had traveled widely around the world. As a consequence, he was well aware that the Soviet Union needed to change.

The course will also discuss the developments that followed immediately upon the end of the Cold War. They include the first and second Iraq Wars, the Afghanistan War, and the various movements of ethnic populations in the Mid-East that were immediately to the south of the Soviet Union's border. All of these circumstances are important.

Course leader: Former Lasell Village resident Lawrence X. C., Ph.D. is a former senior officer in the United States Air Force and spent over 30 years in military service. He continues to provide consultation within the broad range of the national security enterprise. He has two doctorates, one in clinical and educational psychology from Indiana University and the other in history with a specific focus on Soviet and Military History from Boston College and has several years of teaching experience in both of these disciplines.

26. Creative Writing: Poetry Workshop

Sara L.

Every other Thursday: February 9 and 23, March 9 and 23, April 6 and 20 9:45 – 11:30 AM

Dewey (130D)

The Creative Writing Poetry Workshop is designed for intermediate and advanced writers and provides students with an opportunity to compose and revise original poems in a supportive environment. The course will introduce a new focus each week, which will include a representative reading and prompt. Students will submit poems for peer review each week and provide feedback on their peers' poems for discussion in class. Participants will submit a portfolio of revised poems at the end of the course for a published booklet.

Required Reading: Short readings will be distributed in class and shared via email.

<u>Assignments:</u> Original poems shared for each class, a final portfolio of revised poems

Course leader: Sara L. has a Ph.D. in Rhetoric & Writing Studies and an MFA in Creative Writing, Poetry. Dr. L. is an Assistant Professor of Writing at Lasell University, where she teaches courses in the Writing Program and Core Curriculum, facilitates professional development for new adjunct faculty, and serves as the Director of the Writing Across the Curriculum Program. Dr. L. frequently presents on panels at local and national conferences on writing and teaching. She has taught English and Writing at many institutions across the U.S. and even spent one year teaching in Ulaanbaatar, Mongolia. She has published poems in *New South* and *Redactions*.

27. The Roots of Civilization: The Origins of Language, Writing, Music, Dance, and Numbers

Michael S.C.

Thursdays, February 2 — March 2 (note: does not conflict with course 28)
1:15 - 2:45 PM
Dewey (130D)

The crucial cognitive skills that enabled humans to communicate with each other, cooperate, and live together were the result of mutations in the brain. Anatomically modern humans emerged around 300,000 years ago in Africa and began a series of emigrations out of Africa. For most of history, humans were nomadic hunter-

gatherers, and began showing behavioral modernity more than 60,000 years ago. The Neolithic Revolution, around 13,000 years ago, saw the emergence of agriculture and permanent human settlements. As populations became larger and denser, forms of governance developed, and a number of civilizations arose.

The crucial skills that emerged during the "Creative Explosion" of 50 to 60,000 thousand years ago included, among other cognitive abilities, language and writing, music and dance, and counting.

The course begins by considering the cave paintings of France and Spain (Lascaux, Altamira, etc.) since the study of such paintings points to the human capacity of symbolic thinking which in turn points to the origins, some 40,000 years ago, of art and music and dance. Writing appeared only recently—perhaps 4,500 years ago—with the development of alphabets. Writing, of course, enabled the acceleration and sharing of human learning. Some class time will be spent on the early technologies of the transmission of learning via scrolls and codices (as well as the later and all-too-frequent destruction of books and learning). Scattered ancient artifacts provide glimmers of the origins of music and dance, as well as religion. And, of course, the human story has a dark side, war and repression and destruction. In short, civilization is so amazing, fragile and so easily broken.

There will be two short readings for each class.

Course Leader: Michael S.C. was a double major at Boston College (Classical Languages & Philosophy). He continued in the quest for truth with graduate degrees from Boston College, Boston University and Trinity College. He feels very fortunate in this broad exposure which opened up many questions about what civilization is. Years of teaching (secondary, undergraduate and graduate levels) helped raise further questions and perhaps fewer answers than he might have wished. He affirms that landing at Lasell Village has been a most gratifying confirmation of the survival of civilized and civilizing people in a world where civilizations and societies are vulnerable and ever so fragile.

28. Our Mysterious Sub-Atomic World: Quantum Mechanics Without a Wrench Peter S.

Thursdays, March 9 — April 13 (note: does not conflict with course 27)
1:15 – 2:45 PM
Froebel (130C)

Come take some quantum leaps. Cuddle up with Schrödinger's cat. Quell your doubts about the Uncertainty Principle. Find out whether God rolls dice.

The development of quantum mechanics was one of the most significant scientific achievements of the 20th century, and also one of the greatest triumphs of the human mind. The brilliant physicists who brought this about also had their human side, with personal quirks and passions, brought to life in the course book. We'll take a look at some recent developments too, like quantum computing and cryptography. To join this adventure, bring no more than curiosity and a willingness to stretch your mind. A Reading Guide, and a course website will be provided by the course leader.

<u>Course Materials:</u> *Quantum: Einstein, Bohr and the Great Debate about the Nature of Reality* by Manjit Kumar, ISBN-13: 978-0-393-33988-8

Course Leader: Village resident Peter S's first career was research in high-energy experimental physics, with a number of publications, and included teaching at Brandeis University. That was followed by a second career in machine vision engineering at several high-tech companies. He has been active in lifelong learning organizations for over fifteen years, developing, leading and co-leading various courses in scientific and other subjects.

29. What Makes Sondheim Great? Act II

Gail L. W.

Thursdays, Feb 2 — March 9 3 – 4:30 PM Froebel (130C)

The late Stephen Sondheim is commonly thought to be the most important musical theater composer and lyricist of the past fifty years, and the single most influential force in bringing the Broadway musical into the modern era. What makes him great? In this class, we will unpack some of Sondheim's innovative musicals: West Side Story, Into the Woods, A Little Night Music, Merrily We Roll Along, and Pacific Overtures. We'll explore the idea that Sondheim functions as a "playwright in song,"

in both lyrics and music, crafting songs that deepen the characters and further the plot.

The class will include opportunities for students to share their reactions to what they have read, heard and viewed and to practice analyzing Sondheim's songs.

You do not have to have taken a prior Sondheim course or even be familiar with Sondheim to be able to enjoy this class. Optional homework will include short readings, and opportunities to listen to music and to see videos of full shows.

Course Leader: Gail L. W., now retired, spends her time studying and teaching about the works of Stephen Sondheim. She facilitates an online, national "Sondheim Study Group," and gives periodic webinars comparing the works of Sondheim to that of other composers and lyricists. She has taught about Sondheim at Lasell Village, for BU's Rainbow Lifetime Learning, and at the Osher Lifelong Learning Institutes at Tufts University and UMass Boston. Gail has a Masters in Performance Studies from NYU and a BA in Drama from UC Berkeley.

30. Words that Matter Maud C. Fridays, February 3 – March 10

9:30 – 11 AM Zoom

Human nature, social contract, political and social equality, liberty and justice. Abstract words but they embody the ideas that have real life consequences. These are the ideas that shape our taken-for-granted world, and they have meant different things to different times. We will look at their history, but focus on what they mean for us today and how they bear upon contemporary problems. Short readings from political philosophers and long discussions. Handouts will be provided.

Course Leader: Village resident Maud C. is the Virginia Onderdonk professor of philosophy emerita at Wellesley College where she taught in the History and Philosophy departments. Her Ph.D. is in the History of Ideas, and she has a particular interest in the history of social and political thought.

31. Ascending Spiritual Mountains

Alan U.

Fridays, March 31 — April 28 (skip April 14) 9:45 – 11:15 AM Froebel (130C)

We will explore the theme of Ascending Sacred Mountains in Scripture and also in Parables. This theme runs through so much of sacred literature and is an exploration of how to learn to see what is there before us at certain seasons of our lives.

Course Leader: Rabbi Alan U. was ordained by the Hebrew Union College in Cincinnati in 1985 and served as Assistant Rabbi at Temple Emanuel in Worcester for three years. In 1988, he founded the School for Jewish Studies, dedicated to teaching Torah to adults, which served as the foundation for his current work. Today, Alan travels around New England teaching Torah as a spiritual path. He teaches at temples, synagogues, churches, businesses, private study groups and retreats to people who share in the desire to study Torah as a way to guide and inform the spiritual journey that is our lives today. He also leads adult hiking/study trips to Israel, the Alps, the Canadian Rockies, and St. John.

Lasell University Intergenerational Learning

The following Spring 2023 Intergenerational Courses are still available to residents. Registration will remain open until Wednesday, December 28. Lasell University classes begin January 17, and end on May 1.

Course #/ title	Location of class	Days	Open Seats
ARTS211 Ceramics 2	Yamawaki	Wed 4 – 6:30 pm	(1)
SOC223 Social Movements	Mead/Bldg 70	Tues & Thurs 3:30-4:45	(3)
COM102 Media Toolkit	Yamawaki	Mon & Wed 9:30 – 10:45 pm	(1)
CJ206 Drugs & Society	Mead/Bldg 70	Wed & Fri 11 – 12:15	(4)
PSYC233 Media Psychology	Mead/Bldg 70	Mon & Wed 12:30 -1:45	(4)

Spring 2023 intergenerational modules will be shared in mid to late February.

SPRING 2023 SUMMARY OF LASELL VILLAGE COURSES

day	Fitness	Prerecorded Chair Yoga Ruth L.	Weekly	11 AM – 12 PM Ch. 918
Sunday	1	Ukulele Jam Shayla M.	2/5 – 4/2 Skip 3/12	
	Fitness	Prerecorded Exercise Class Paul C.	Weekly	9 – 10 AM Ch. 918
	2	Henry V Parkman H.	3/6 - 4/3	9:30 - 11 AM Dewey
	Fitness	Water Aerobics Adam D.	Weekly	10 – 10:45 AM Pool
łay	Fitness	Chair Yoga Ruth L.	Weekly	11:30 AM – 12:30 PM Ballroom/Ch. 918
Monday	3	A Sanskrit Tutorial M.J.C.	2/6 - 3/27	1:15 - 2:45 PM Froebel
	4	The Voices of Experience: Guys and Dolls Jonathan K.	1/30 - 4/17 Skip 2/20	1:15 - 2:45 PM Ballroom
	5	International Human Rights Claude W.	2/27 - 3/27	3- 4:30 PM Froebel
	6	Creating Your Personal Mythology: A Cross- Genre Generative Writing Workshop Meg K.	2/6 - 4/3	5 - 6:30 PM Zoom
	Fitness	Zumba Zumba with Judy	Weekly 2/7 – 3/7	9 – 9:40 AM Ballroom
	7	Understanding the Chinese Language through Classic Chinese Poems Min-Hwa C.K.	2/7 - 3/14	9:45 – 11:15 AM Dewey
	8	Disease Treatment: From Blood-letting to CRISPR Judith T. and Joan P.	1/31 - 3/14	9:45 - 11:15 AM Froebel
Tuesday	Fitness	Balance At Home Physical Therapy	Weekly	11:30 AM – 12:15PM Ballroom/Ch. 918
Tue	9	Elizabeth Strout Harriet S.	2/28 - 3/28	1:15 - 2:45 PM Froebel
	10 Ballroom 11 Zoom 12 Ch. 918	A Primer on Corporations Allan R.	1/31 - 3/21	1:15 - 2:45 PM Ballroom/Zoom/Ch. 918
	13	Science and its Impact on Society Frank B.	2/14 – 3/28	3 – 4:30 PM Rogers
	14 Zoom 15 Ch. 918	Medieval Art Brooke M. D.	1/31 - 3/21	3 - 4:30 PM Zoom/Ch. 918

(continued on next page)

(continued) SPRING 2023 SUMMARY OF LASELL VILLAGE COURSES

		Three Short Novels		9:45 - 11:15 AM
	16	Hank B.	2/1 - 3/8	9.45 - 11:15 AW Dewey
	17	Ireland and its History	2/1 - 3/29	9:45 - 11:15 AM
	17	Jennifer H.	2/1 - 3/29	Froebel
F	itness	Water Volleyball	Weekly	10 – 10:45 AM
		Adam D.	Weekly	Pool
sqs	itness	Exercise	Weekly	11:45 AM – 12:30 PM
Wednesday		Britta Z.	,	Ballroom/ Ch.918
We	18	The Costs of Racism	2/1 - 3/22	1:15 - 2:45 PM
40.5	N - II	C Dale G.	, ,	Froebel
	Ballroom DZoom	Evolving Jewish Circumstances in an	2/9 2/20	1:15 - 2:45 PM
	Ch. 918	Ever-Changing West - Part 2 Bob C.	2/8 - 3/29	Ballroom/Zoom/Ch. 918
21	CII. 316	Making Art		3 - 4:30 PM
	22	Susan K.	2/1 - 3/1	Art Studio
23 E	Ballroom			
24	Zoom	Cold War, Part III	2/2 - 3/9	9:45 - 11:15 AM
25	Ch. 918	Dr. Lawrence K.		Ballroom/Zoom/Ch. 918
		Creative Writing Poetry Workshop	2/9, 2/23, 3/	9:45 - 11:30 AM
	26	Sara L.	9, 3/23, 4/6	Dewey
	Fitness		and 4/20	·
F		Zumba	Weekly	10:30 -11:10 AM
a \		Zumba with Judy	3/16 – 4/20	Ballroom
Thursday	itness	Tai Chi	Weekly	11:45 AM – 12:30 PM
Th.		James T.		Rogers/ Zoom/Ch. 918
	27	The Roots of Civilization: On the Origins of Language, Writing, Art and Music	2/2 - 3/2	1:15 - 2:45 PM
	21	Michael S. C.	2/2-3/2	Dewey
		Our Mysterious Sub-Atomic World:		
	28	Quantum Mechanics Without a Wrench	3/9 - 4/13	1:15 - 2:45 PM
		Peter S.	, ,	Froebel
	20	What Makes Sondheim Great? Act II	2/2 2/0	3- 4:30 PM
	29	Gail L. W.	2/2 - 3/9	Froebel
	30	Words that Matter	2/3 - 3/10	9:30 – 11:00 AM
	J0	Maud C.		Zoom
	31	Ascending Spiritual Mountains	3/31 - 4/28	9:45 - 11:15 AM
Friday		Alan U.	Skip 4/14	Froebel
F F	itness	Water Aerobics	Weekly	10 – 10:45 AM
	Fitness	Adam D.	,	Pool 12:15 PM
F		Exercise	Weekly	11:30 AM – 12:15 PM
		Britta Z.		Ballroom/Ch.918
Sat.	itness	Multi-level Workout Paul C.	Weekly	11:30 AM – 12:15 PM
ısı i		raul C.	,	Zoom/Ch. 918

Notes