Courses and Lectures



Fall 2022



Design by Kaitlin B., Lasell University Student

The Lasell Village Education Department is pleased to share the Fall 2022 Lasell Village Course Listings.

Course Booklet Contents

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Procedures for Fall Semester 2022:

- 1. Registration will be conducted online. If you would prefer a paper registration form, please contact the Education Office. Please carefully read the registration section on page 2 to understand the process. Your registration form (electronic or paper) must be returned to the Education Office by 9 AM on Monday, September 12, 2022.
- 2. Lasell House Registration Policy: Residents of Lasell House who are not under a Residency and Care Agreement may submit the same registration forms as other residents. They will be registered after other registrations have been completed.

Registration Information

How to Register:

<u>Complete a registration form</u>, either electronic or paper, to request courses that you would like to take. The electronic form link will be emailed to all residents. Paper forms are available in the Education Office; the link to the registration form can be found in the announcements section of <u>https://lasellvillagenet.com</u>.

When completing the form:

- List your choices in order of preference.
- Tell us the total number of classes you would like to take.
- Remember that requesting a class does not necessarily mean you will be enrolled in it; listing an "extra" choice is a wise policy.
- If you anticipate missing two or more sessions of a class, choose a different class to make room for neighbors who can attend all of the sessions.
- Remember to list the courses you "always" take, such as Voices of Experience.

The form must be **returned to the Education Office** by 9 AM on Monday, September 12, 2022. Residents who submit paper or digital forms by that date will be notified of their courses no later than September 20.

Kindly note:

- If you choose an in-person or Zoom class that has no seats available, and there is a Ch. 918 section for that class, you will be added automatically to the Ch. 918 section.
- To be fair to the course leaders and those on the waiting list, residents may <u>not</u> attend classes for which they are not registered.
- Residents are responsible for acquiring their own books and materials unless otherwise noted. If you need help ordering course books, please contact the Education Office as soon as you receive confirmation of your enrollment.

Registration after September 12:

Contact the Education Office if you did not turn in the registration form by the designated date and would like to take a course. The Education Office will also post open courses after September 20.

For assistance, call:

John Dixon, Ph.D., Director of Education at (617) 663-7055, or Nancy Snow, Educational Programming Specialist at (617) 663-7051.

Masking Policy

Lasell Village may require both teachers and students to wear masks when the risk of contagion is increased. Students and faculty should pay close attention to changes in the policy. "Testing out" of the policy may not be an option, depending on the Covid variant circulating at that time.

Zoom Class Etiquette

Please treat a Zoom class as you would an in-person class.

Come prepared with what you need so that you can participate.

- You may want to bring a drink and some tissues with you so that you do not need to get up during the class.
- Know your material and be prepared to participate.
- Be punctual: ensure your device is ready for each meeting ahead of time.

During the class:

- Turn the sound off for other devices you may have; smartphone, Ch. 918, etc.
- Introduce yourself before speaking. Speak clearly.
- Limit movement in the background. This is distracting to others in the meeting. If you need to get up or move, simply "stop video." This will allow you to see and hear, but others will not see you moving.
- If connecting to Zoom on a phone, do not walk around with the device in your hands. Stop the video if you need to move during the class.
- If you need to eat, receive an unexpected call or need to move around, please turn off your video and audio.
- Ensure the condition of your surroundings reflects a neat environment.
- Turn off all distractions on your computer prior to the meeting's start to eliminate the urge to multi-task during the meeting.

Note to smart phone or tablet users: please hold or place your device horizontally.

Lasell Village Academic Calendar 2022-2023

Dates for 2023 are approximate and subject to change.

Fall 2022

| August 29 | Course booklet distribution | |
|--------------|---|--|
| September 9 | Registration forms due | |
| September 19 | Course confirmation distribution | |
| September 28 | First day of classes | |
| December 14 | Expected last day of classes | |
| December 31 | Begin returning hour summaries for 2022 | |

| Spring 2023 | | | |
|---|-------------------------|--|--|
| December 20 Course booklet distribution | | | |
| January 2 Registration forms due | | | |
| January 16 Course confirmation distribution | | | |
| January 30 | 30 First day of classes | | |
| April 14 Expected last day of classes | | | |

| Summer 2023 | | |
|---|----------------------|--|
| April 21 Course booklet distribution | | |
| May 1 Registration forms due | | |
| May 15 Course confirmation distribution | | |
| May 30 | First day of classes | |
| August 16 Expected last day of classes | | |

Fall Lectures and Workshops

The lectures below are sponsored by the Education Department in coordination with Resident Programming. Changes in the schedule will be announced in *News & Notes* and posted on <u>lasellvillagenet.com</u>, the Lasell Village intranet website.

Unless otherwise noted, registration is not required for lectures in this section. Zoom links for lectures can be found by clicking on the title of the event on the daily calendar section on the home page of <u>lasellvillagenet.com</u>.

Page-to-Stage with August Wilson Steve B. Fridays, November 4 and 11 Froebel Classroom, 12:30-2:00 PM

This workshop requires attendance at a performance at the Huntington Theater. Participants will be responsible for their ticket and transportation costs. More detailed information will be published in early September in *News & Notes*.

How do we experience a play differently when we see it performed on stage from reading it on the page? How does reading it first enhance the experience of seeing it? To explore the differences and benefits, we will read *Joe Turner's Come and Gone* by August Wilson, a major American playwright of the twentieth century, and discuss it at our first session. Then, after attending a performance at the Huntington, we will dig more deeply into the drama at the next session, considering in particular how this production meets, surpasses, or falls short of our expectations based on reading the play.

Joe Turner is part of Wilson's cycle of ten plays that chronicles the African American experience in the twentieth century decade by decade. It takes place at a Pittsburgh boarding house in 1911, early in the Great Migration, when millions of African Americans escaped the blatant discrimination of the Jim Crow South to seek greater economic opportunities in the northern, western, and midwestern states. When Herald Loomis arrives at the boarding house searching for his wife, he meets a group of different people there, all, like him, struggling to belong, to feel comfortable in their own skin in the racially prejudiced world in which they find themselves. Like all of Wilson's work, the play raises issues around themes like racial discrimination, assimilation, identity, and spirituality, both specific to the African American experience and universal. The Huntington calls the play "a stunning story of spiritual and emotional resurrection."

<u>Course materials</u>: *Joe Turner's Come and Gone*, August Wilson (1988). ISBN 978-0452260092 (Plume, paperback)

<u>Course Leader</u>: Steve Bloom is Professor Emeritus, English, at Lasell University, where he was Associate Vice President for Academic Affairs when he retired in June 2020. Steve earned his Ph.D. (and M.A.) in English and American Literature from Brandeis and his B.A. in English from the University of Rochester. Steve has published two books and many articles and reviews on Eugene O'Neill, spoken frequently at Boston-area theatres and other forums on O'Neill and other modern dramatists, is a member of the Board of Directors of the Eugene O'Neill Society (having served as Vice President, President, and Board Chairman), and was awarded the Society's Eugene O'Neill Medallion in 2017. Steve has taught many courses at Lasell Village.

Recipes with Elena C.

Elena C. Thursdays, 2:30 – 4:00 PM Zoom and Ch. 918

What could be better than preparing a delicious meal and enjoying it? Preparing it with Elena, Studios Manager, and the entire Lasell Village! Join Elena every week for a culinary delight on Zoom or virtually participate on channel 918. Learn to prepare simple meals rich in flavor and nutrients. Please email her to ask what ingredients will be used so that you can cook it together!

The program will be broadcast on Ch. 918 and Zoom. Please see VillageNet for the Zoom link so that you can join live to ask Elena questions or contribute your comments. Elena would like to invite Villagers to join her as guest chefs this semester. If you would like to help Elena one week or have a recipe of your own to share, please reach out to her.

<u>Presenter</u>: Lasell Studios Manager Elena has shared her love of cooking with presentations at the Village over many semesters. Elena was born in Moldova and has been in the USA for almost 10 years. Her background is in teaching English with a master's in Educational Management. She recently received an MBA from Lasell University.

Beethoven's Piano Sonatas Lois S. Fridays, October 7, November 4, and December 2 Ballroom, 2:45 – 4:15 PM

"In Beethoven's music," according to Victor Hugo, "the dreamer will recognize his dream, the sailor his storm....and the wolf his forests." Intensely personal, yet profoundly universal, this is music that reminds us WHO WE ARE, and what truly matters--rekindling our imaginative resources and inspiring us to fully inhabit our humanity.

This series of three discussion/performance meetings will continue our exploration of the entire opus of Beethoven's piano sonatas--giving us an overview of his compositional life and taking a once-in-a-lifetime journey along the route of his musical/psychic development.

<u>Presenter:</u> Lois S. has performed as a soloist and chamber musician throughout the United States as well as in the former USSR, Belgium, Holland, Switzerland, Hungary, Mexico and Canada. Her piano trio Triple Helix, in residence at Wellesley College, was chosen Musicians of the Year for 2003 by *The Boston Globe*. Lois was an instructor of piano at Smith College, the New England Conservatory, and Brandeis University. She is currently on the faculty of Wellesley College, teaches at NEC Prep, and is artist-in-residence at the Rivers School in Weston. She has given numerous master classes and lectures on subjects such as the nature of musicianship, as well as late Beethoven piano sonatas and Robert Schumann's music in relation to the early 19th century intellectual and aesthetic milieu. Lois won an Alumni Ventures award from the Yale School of Music.

Weekly Exercise Classes

Reserve your time on VillageNet.

Changes will be announced in *News and Notes* and posted on <u>lasellvillagenet.com</u>.

| | 9 – 10 | Prerecorded Exercise Class | Ch. 918 |
|-----------|---------------|----------------------------|-----------------------|
| | 5 10 | Paul C. | |
| | 10 - 10:45 | Water Aerobics | Pool |
| Monday | 10 10.15 | Adam D. | |
| | 11:30 - 12:30 | Chair Yoga | Ballroom and Ch. 918 |
| | | Ruth L. | |
| | 11:30 - 12:15 | Balance | Ballroom and Ch. 918 |
| Tuesday | | At Home Physical Therapy | |
| | 9 - 10 | Chair Yoga | Ballroom and Ch. 918 |
| | | Ruth L. | |
| | 10:00-10:45 | Water Volleyball | Pool |
| Wednesday | | , Adam D. | |
| weunesuay | 11:30 - 12:15 | Exercise | Ballroom and Ch.918 |
| | | Britta Z. | |
| | 4:15 – 5:00 | Swim Training | Pool |
| | | Adam D. | |
| Thursday | 11:45 – 12:30 | Tai Chi | Rogers, Zoom, Ch. 918 |
| Thursday | | James T. | |
| | 10 - 10:45 | Water Aerobics | Pool |
| | | Adam D. | |
| Eridov | 11:30 – 12:15 | Exercise | Ballroom and Ch.918 |
| Friday | | Britta Z. | |
| | 12:30 – 1:15 | Balance | Ch. 918 |
| | | At Home Physical Therapy | |
| Saturday | 11:30 – 12:15 | Multi-level Workout | Zoom and Ch. 918 |
| Jaturudy | | Paul C. | |
| Sunday | 11 – 12 | Prerecorded Chair Yoga | Ch. 918 |
| | | Ruth L. | |

Fitness Facility Information for Fall 2022

Fitness guidelines are subject to change in keeping with infection control best practices.

| | Monday, Tuesday, Wednesday | 7:00 – 10:45 AM 3:30 – 5:00 PM |
|------------------|----------------------------|-----------------------------------|
| Thursday, Friday | | 7:00 AM – 1 PM |
| Pool Hours | Friday | 7:00 AM – 1 PM |
| | | 1:30 – 3:30 PM |
| | Saturday & Sunday | 7:45 AM – 1 PM |
| | Weekend Guest Swim | 11:30 AM – 1 PM |

| Fitness Center: Staffed | Sunday | 1 – 5:15 PM | |
|--|----------------------|-----------------|--|
| Hours | Monday | 9 AM – 2 PM | |
| The Fitness Centers are | Tuesday and Thursday | 9 AM – 3:30 PM | |
| open 24/7, except for daily cleaning from 6:30-7:15 am | Wednesday | 9 AM – 5 PM | |
| | Friday | 9:30 AM – 2 PM | |
| | Saturday | 12:30 AM – 3 PM | |

Reservations

Reservations are required for a resident to use the pool or the Fitness Centers (note: no reservation is required after 5 PM for the use of either Neill and Pestalozzi). Visit the "Fitness Reservation" section of <u>lasellvillagenet.com</u>, to make an appointment for the Pool, Fitness Center, or Ping Pong. Appointments are typically 45 minutes long.

Unsupervised Fitness Center Guidelines

Each resident takes the responsibility to sanitize the equipment and follow hygiene protocols.

Pickleball Equipment

The pickleball equipment and key are available for checkout at the Welcome Desk. To make a reservation for the pickleball court, please call Kristy Walter, Lasell University Director of Athletics, at (617) 243-2147.

Lasell Village Courses

Science and Its Impact on Society: Past, Present and Future Maud C. and Frank B. Mondays, October 3 – November 14 (No class October 10) 9:30 AM – 11:00 AM Froebel Classroom (130C)

Since the Enlightenment, science has played an increasingly dominant role in virtually all aspects of society. Our ever-expanding understanding encompasses all of nature from subatomic particles to the cosmos. Unfortunately, this awesome progress has been thwarted by scientific misinformation and disinformation as well as outright denial, both within the United States and elsewhere. Some of these wounds are self-inflicted. Our course begins with a review of scientific progress in physics and biology with special emphasis on their superstars: Newton and Einstein in physics, Marie Curie in chemistry, and Darwin, Watson, and Crick in biology. We will then consider contemporary science and how its societal impact has been affected by internal strife such as peer pressure and sexism and by external forces such as religion, governmental regulation, and industrial control.

Throughout this course a concerted effort will be made to avoid unnecessary scientific jargon and detail, and to focus instead on the impact that science has had on society in the past and on the challenges we face going forward. At each of our classes, PowerPoint slide presentations will be interspersed with periods of open discussion.

<u>Course Materials</u>: A brief summary of the content of each session along with 2-4 short relevant articles will be distributed in advance of each meeting.

<u>Course Leaders:</u> Frank B. was a senior hematologist at Brigham and Women's Hospital, and a professor of medicine at Harvard Medical School. At HMS he ran the hematology course for medical students and initiated a program to introduce Ph.D. students to human biology and diseases.

Maud C. is the Virginia Onderdonk professor of philosophy emerita at Wellesley College where she taught in the History and Philosophy departments. Her Ph.D. is in the History of Ideas, and she has a particular interest in the history of social and political thought.

2. Henry IV, Part 2 Parkman H. Mondays, October 17 – November 21 9:30 AM – 11:00 AM Dewey Classroom (130D)

The motto for Henry IV Part 2 can be found in the first part of the Henry IV chronicles: "If all the year were playing holidays, / To sport would be as tedious as to work." The fun of Part 1 turns tedious and repetitive in Part 2; where youth characterized Part 1, we find age in Part 2. In Part 2 things are catching up with people — bills are coming due; images of aging, disease, and death abound; when confronted by Hal, Falstaff is initially at a loss for words. Whereas Falstaff (and Hal) confronted Hotspur in Part 1, Falstaff must now confront the Chief Justice in Part 2 — and it's harder to oppose justice. The life of the body, too, has its limits: "Is it not strange that desire should so many years outlive performance?" one of the tavern folk asks. Still, this is Henry IV and Prince Hal, and above all Falstaff, "the true and perfect image of life itself."

<u>Course leader</u>: Parkman H. received a B.A. in English from Harvard University, and a Ph.D. in Anglo-Irish Literature from University College, Dublin. He is currently the poetry editor of *Appalachia*, America's longest-running journal of mountaineering and conservation. He has also co-authored seven musical plays and written articles on such topics as Thoreau, *Walden*, Hadrian's Wall, and the 1949 Mann Gulch fire in Montana. Parkman has taught a number of courses at Lasell Village on Shakespeare as well as the Bible. He keeps five hives of bees.

3. The Voices of Experience: Miracle on Seminary Ave

Jonathan K. Mondays, October 3 – December 12 1:15 – 2:45 PM Performances December 13 at 7:30 PM and December 14 at 2:00 PM Ballroom

Join the Voices of Experience and let your heart be light as we bring some holiday cheer to Lasell Village. Singing a collection of beautiful holiday classics and a few newer gems, it is sure to be a jolly good time!

<u>Course materials</u>: Please bring a black 3-ring binder and a pencil.

<u>Course leader</u>: Jonathan K. has been writing, playing, and teaching music for much of his life. Starting at a very young age at the piano, he went on to study film scoring and contemporary composition at Berklee College of Music in Boston. He has worked with and directed choirs, orchestras, marching bands, drum corps, and various other ensembles for many years. He now teaches private music lessons, writes and arranges music, and plays in orchestra pits full time.

4. An English Workshop Tutorial

MJ C. Mondays, October 17 – November 14 2:00 PM – 3:30 PM Froebel Classroom (130C)

How do linguists look at a language like English, in its formal structures and behaviors? This is not a conversational English course, i.e. not just practice with everyday phrases, but a series of workshops in which we will build on what we already know as speakers and as users of English in order to gain some familiarity with the structure of the written language, this time as an introduction to the world of modern descriptive structural linguistics. Class discussions will include topics like:

- How does English create sentences (and words)?
- How do speakers recognize that sentences and sentence fragments are "not English" or less so? (e.g. the orange big book)
- How can English speakers understand sentences they have never heard before or say what they have never said before?
- What sounds go to make up English words and how do they vary?
- Do words change their pronunciations and meanings with time?
- What patterns of English get associated with geographic or social environments?

Faithful attendance and participation will be expected. Each workshop will normally run for an hour or so but may, depending on the density of material or on added discussion time, require a bit more time up to the half hour.

<u>Course materials:</u> no book required; a reference volume will be placed on Course Reserve in the Town Hall library.

<u>Course leader:</u> MJ C, resident at Lasell Village since 2020, retired in 2021 as Professor Emeritus from teaching Linguistics for 55 years in the Program in Linguistics, College and Graduate School of Arts & Sciences, at Boston College (Department of Slavic & Eastern Languages, later Eastern, Slavic and German Studies).

5. The American Whig Party: Its Triumphs and Demise

Leo S. Tuesdays, November 1 – November 15 9:30 AM – 11:00 AM Dewey Classroom (130D)

During a brief period in mid-nineteenth century, the American Whig Party was one of the two major parties in the country. It was born in 1833 and was dissolved in 1856. Four presidents were affiliated with the Whig party for at least a part of their terms in office: William Henry Harrison, Zachary Taylor, and their successors.

Abraham Lincoln was elected in 1860 as a member of the newly formed Republican party, but he had begun his political career as a one-term Whig congressman from Illinois. When Lincoln was elected president in 1860, most of the cabinet he appointed consisted of ex-Whigs.

The Whig party was quite strong while it lasted; after several elections it held the majority of Congressmen, Senators, and governors. This course will trace the history of the Whig Party and of its most prominent members, who included Henry Clay, Daniel Webster, William Seward, Thaddeus Stevens, and John Quincy Adams. The party was created specifically to battle president Andrew Jackson, but the Whig party remained active even after Jackson left office.

An important event in the story was the compromise of 1850, proposed by Henry Clay; it dealt with the sensitive issue of slavery as states were admitted into the union. This proposal was chiefly responsible for Clay's reputation as The Great Compromiser.

<u>Course Leader</u>: Dr. S. is a retired professor of physics and of political science. His Ph.D. is from MIT, 1956. He has taught at Rutgers, MIT, and University of Nebraska (Lincoln) where he chaired the physics department. During the Carter administration he worked for the U.S. Arms Control and Disarmament Agency, including a term as senior Advisor to the US delegation at the SALT II talks in Geneva. He has taught 17 courses at the Village on a variety of topics.

- 6. Evolving Jewish Circumstances in an Ever-Changing West: Antiquity, the Middle Ages, and Modernity Part 1 Ballroom <u>or</u>
- 7. Evolving Jewish Circumstances in an Ever-Changing West: Antiquity, the Middle Ages, and Modernity Part 1 Zoom <u>or</u>
- 8. Evolving Jewish Circumstances in an Ever-Changing West: Antiquity, the Middle Ages, and Modernity Part 1 Ch. 918

Bob C.

Tuesdays, October 11 – November 15 9:30 AM – 11:00 AM

Approximately three millennia ago, Israel coalesced as a small political and spiritual community at the eastern end of the Mediterranean Basin. This tiny community created and bequeathed to the West a new sense of the divine and its relationship to humanity. Rather than a congeries of divine forces in conflict with one another and thus creating and sustaining conflict among human communities, Israel envisioned one deity that created the universe and controls it. Among the many implications for Israel of this new perception of the divine was the potential for Israelite mobility. The God that created and controls the entire universe could of course be worshipped throughout that universe. While there were significant instances of forced Israelite/Jewish dislocation, voluntary Israelite/Jewish migration in search of human betterment was an ongoing—although underappreciated—feature of subsequent Jewish life. Thus, understanding the evolution of Jewish history entails knowledge of the ongoing changes across the West.

The present course will focus on this double set of changes—larger changes in the West and the resultant evolution of Jewish life. The course will divide into three semesters, covering Jewish mobility and the larger factors affecting it during antiquity, the Middle Ages, and modernity. The fall 2022 semester is the first in the sequence.

<u>Course Materials:</u> The course leader will provide handouts.

<u>Course leader</u>: Robert C. served as Scheuer Professor of Hebrew and Judaic Studies at New York University for the past three decades. The focus of Prof. C's research has been the history of the Jews in medieval western Christendom. His most recent books are: *From Anti-Judaism to Anti-Semitism* (Cambridge University Press, 2016) and *Refugees or Migrants: Pre-Modern Jewish Population Movement* (Yale University Press, 2018).

9. Ethical Dilemmas in Genetics Judith T. Tuesdays, October 4 – November 15 1:15 PM – 2:45 PM Dewey Classroom (130D)

This course will provide a brief introduction to some basic genetics followed by a mix of lectures and case scenarios to highlight some of the ethical issues in genetics today with a focus on the following topics:

- An overview of medical ethics
- Prenatal testing options
- The "ART" of Assisted Reproductive Technologies in the Age of CRISPR-Cas9 and the Dobbs decision
- Testing Children for Adult-Onset Disorders
- These Are Not the Genes You Are Looking For: Incidental Findings Identified as a Result of Genetic Testing
- Direct-to-Consumer Testing

<u>Course Materials</u>: Students will be able to use the online text of *Ethical Dilemmas in Genetics and Genetic Counseling*, Berliner, J. Ed. (Oxford University Press 2015) Handouts will be given to anyone preferring to read a paper copy rather than one on-line.

<u>Course leader</u>: Judith T., retired from the Brandeis faculty after 42 years of teaching undergraduate biology and 25 years of training graduate students to become genetic counselors, has a long-standing interest in genetics and the ethical issues that often arise when new genetic tests and technologies are introduced. Judith's involvement in the training of genetic counselors as well as her active role in a number of patient advocacy groups derive in great measure from her own experiences as the parent of a child with Canavan disease, a rare and progressive neurological genetic disorder.

10. Elizabeth Strout Harriet S. Tuesdays, October 11 – November 15 1:15 PM – 2:45 PM Froebel Classroom (130C)

Pulitzer Prize winner Elizabeth Strout's books, which detail the lives of ordinary people, provide us with deep insights into the human condition. Strout explores who and how her characters love, their bonds with their parents, spouses, and friends, and how these bonds define who they are. In this six-week course we will read and discuss two of her books: the novel *My Name is Lucy Barton*, and the short story collection *Anything is Possible*.

Required Course Materials:

My Name is Lucy Barton by Elizabeth Strout ISBN 978-0-8129-7952-7 *Anything is Possible* by Elizabeth Strout ISBN 978-0-8129-8941-0

<u>Course Leader: Lasell Village resident Harriet S. has published eight novels, two</u> non-fiction books, and a dozen short stories. She taught writing at Brooklyn College of the City University of New York for many years. After retirement, she has taught courses in modern novels at Brooklyn Lifelong Learning for 15 years. For the past 8 years, she has led courses in writers like Jane Austen, Edith Wharton, Toni Morrison, John Fowles, Kazuo Ishiguro, and Virginia Woolf here at Lasell Village.

11. Teaching You to See True Relationships to Render what You Want

Susan K. Tuesdays, October 18 – December 6 3:00 – 4:30 PM Art Room (80B)

Building upon the previous courses we will again focus on Shape, Values, Edges, drawing and design (values being the scale of dark to light that gives depth to the form). These are the tools needed to create art and render likeness in both painting and drawing.

Note: Students who have attended previous classes may continue working on previous or new projects with color in their chosen medium. Returning students will be asked to do a value study for the first week in pencil as a warm up.

Course materials:

Newcomers to the class should bring to the first class:

- A sketch book 8x10 or larger.
- Pencils #2's or a pencil set with different grade pencils and
- A kneaded eraser.
- (Bring a drawing board or foam core board to all subsequent classes.)

All students:

- Bring your own photos or small still life set-up.
- If you would like a start on portraiture from a "flat" (a photo), bring a photo of yourself for a self-portrait. It will help prepare you for working from a live model and how to approach a portrait in general.

12. Beginning Ukulele

13. Intermediate Ukulele

Shayla M.

Tuesdays, October 25 – December 13

Beginner class 3:00 PM – 3:45 PM

Intermediate class 4:00 PM – 4:45 PM

Performance for friends and family on December 20 at 3 pm in classroom Rogers

The beginner ukulele course is for music-lovers of all types without previous ukulele experience. This course will serve as an introduction to the instrument and emphasize learning chords and a variety of strumming patterns to play and sing classic and contemporary songs. The beginner class may also be appropriate for returning students who would like to review the beginner course.

The intermediate ukulele course is for students who took the previous ukulele course or have prior experience. Intermediate players should be comfortable changing between the chords of C, F, G, a minor and D minor (chords in the key of C) as well as play the "down up" strum pattern. Intermediate players should also be working towards the "island strum," which will be reviewed and mastered in the course. The first weeks will act as a quick refresher course on the basics of playing. Following, players will learn additional chords, such as chords in the key of D (D, A,

A7, e minor) and the key of G as well as varying strum patterns to add interest to their playing. New repertoire will be introduced.

The beginner class will meet from 3:00 to 3:45 PM and the intermediate class from 4:00 to 4:45 PM. Depending on enrollment and skill level, the classes may join together based on the assessment of the teacher (most likely following Thanksgiving). Please have the full block from 3:00-4:45 available as needed. (The course will culminate in an optional-participation concert.

Course Materials:

- Ukulele-Soprano, Concert or Tenor, Not Baritone. A good sounding ukulele is typically between \$50-\$150. Consider a solid wood top and not plastic or laminate; avoid buying ukuleles that are listed as toys. Some common brands include: Lanikai, Donner, Cordoba, and Kala, but there are many great brands.
- If you are unable to purchase a ukulele, Newton Free Library loans ukuleles (https://guides.newtonfreelibrary.net/things/instruments). It is a 3-week loan with up to 2 renewals.

Highly Recommended Materials:

- 3-ring binder to hold sheet music
- Music Tuner: Recommended Snark Clip-on Tuner that can be purchased on Amazon
- Book Recommendations (NOT REQUIRED):
 - The Daily Ukulele Songbook: 365 Songs for Better Living by Lizz and Jim Beloff, ISBN 9781423477754
 - Ukulele for Seniors by Joe Carr, ISBN 978-0786691975: for beginners

Course Leader: Shayla M., MT-BC, is a board-certified music therapist and program coordinator at The Falls, an assisted living/memory care community in Newton. Some of her groups include Tone Chimes, Music & Movement, and Music Lectures. She also works for Trinity Hospice, passionately providing end-of- life care. Shayla sings and plays guitar, ukulele, and piano. She has a BA in Music Therapy from Eastern Michigan University. She is most interested in music's ability to create community.

14. Fables and Parables Hank B. Wednesdays, September 28 – November 16 9:30 AM – 11:00 AM Dewey Classroom (130D)

"Sour Grapes." "A good Samaritan" – both phrases are widely known and understood; the first phrase derives from a fable and the second from a parable. In this course we will explore these two ancient forms of short narrative which have survived into our century. We will focus on the Aesopian fable and its descendants and on the parable as it is found in literature both ancient and modern.

The fable has been promoted as a source of wisdom and as a useful educational tool. It has also been condemned as trivial and misleading. The parable also has been seen as a teaching tool and as a source of wisdom. It has been criticized as sometimes opaque and not easily understood.

Both forms rely on the fundamental relationship between a general idea about human behavior and a particular instance, but differ in the way in which that relationship is expressed. We will try to understand the nature of such relationships and their differences.

Course materials:

- We will rely heavily throughout much of the course on Laura Gibbs, Aesop's Fables ISBN 978-0-19-954075-4. Other versions of Aesop's Fables will not be useful in this course.
- Jonathan Swift, *Gulliver's Travels* (we will read Book IV only.) Any unabridged edition will do, but children's editions should be avoided. Available online
- George Orwell, *Animal Farm*. Any unabridged edition will do. Available online.

All other readings will be provided in handouts from the instructor.

<u>Course leader</u>: Hank B., a Village resident since August 2018, holds degrees from Princeton and Harvard. He has taught on every level from seventh grade English to graduate psycholinguistics. He taught college English and linguistics for 38 years. His upper level course subjects included English Romantics, History of English, Chaucer, and American Poetry. This is his ninth Village course.

15. Jacob and His Family: Journeying with the Unknown

Marsha M. Wednesdays, October 12 – November 9 1:15 PM – 2:45 PM Froebel Classroom (130C)

Most of us have experienced major changes in how we are living our lives and moving meaningfully in our relationships over these past two pandemic years. There is much discussion about loneliness and about difficulties as well as successes in developing and maintaining relationships.

The story of Jacob and his family explores both challenges and growth when life events force us to let go of much that is familiar and move into the unknown. How did his family impact Jacob's personality and behavior? How did Jacob find possibility and opportunity, even if some pain, loneliness, and incomplete resolution of past issues remained? Where are the "stuck" places in Jacob's life and in the relationship with the women he marries as well as his family of origin?

We will discuss aspects of the story of Jacob, the "trickster", son of Isaac and Rebecca, on a journey that allows us to learn from and confront Jacob and his family as he tries to find out who he is, how to go forward, what can be amended, and with what hurts one must live.

<u>Course leader</u>: Marsha M., Ph.D., is a Professor Emerita of Psychology at Lasell University and a former Resident Scholar at the Brandeis Women's Studies Research Center. She has published a number of chapters, articles, and books including *The Women who Danced by the Sea: Finding Ourselves in the Stories of our Biblical Foremothers*. Marsha has taught about Bible and Psychology locally at synagogues, churches, campuses, and community centers as well as nationally at venues including the 92nd St. Y in Manhattan, the Spertus Institute in Chicago, and the Jewish Theological Seminary Rabbinic Training Institute. She was the 2014 recipient of the American Family Therapy Academy's "Innovative Contributions to Family Therapy" award.

16. What Makes Sondheim Great? Act I Gail LW Wednesdays, October 12 – November 16 1:30 PM – 3:00 PM Ballroom

The recently deceased Stephen Sondheim is commonly thought to be the most important musical theater composer and lyricist of the past 50 years, and the single most influential force in bringing the Broadway musical into the modern era. What makes him great?

In this class, we will unpack some of Sondheim's major works: *Gypsy, Company, Follies, Sweeney Todd,* and the Pulitzer Prize-winning *Sunday in the Park with George.* We'll explore the idea that Sondheim functions as a "playwright in song," crafting songs that deepen the characters and further the plot. We'll see how Sondheim elevated the genre from the "integrated musicals" of his mentor, Oscar Hammerstein, to the "concept musicals" he created with Harold Prince, and the emotionally sophisticated shows he wrote with James Lapine. The class will include opportunities for students to share their reactions to what they have read, heard, or viewed and to practice analyzing Sondheim's work, including "Everything's Coming Up Roses" and "The Ladies Who Lunch."

<u>Course materials</u>: The course leader will assign videos of full Sondheim shows for the class to watch prior to most sessions.

<u>Course Leader</u>: Gail LW, now retired, spends her time studying and teaching about the works of Stephen Sondheim. She facilitates an online national Sondheim Study Group and gives periodic webinars comparing the works of Sondheim to those of other composers and lyricists. She has taught about Sondheim at Lasell Village, for OSHER Lifelong Learning Institute at Tufts and UMass Boston and for the Rainbow Lifetime Learning Institute at Boston University. Gail has a Masters in Performance Studies from NYU and a BA in Drama from UC Berkeley. A cabaret singer and founding member of Tongue in Cheek, a feminist cabaret collective, Gail has performed at The Arbors Assisted Living and Neville Place Assisted Living, Arts at the Armory, Amazing Things, Boston's Napoleon Room, and The Provincetown Cabaret Festival. 17. Cold War, Part 2 Ballroom or
18. Cold War, Part 2 Zoom or
19. Cold War, Part 2 Ch. 918 Dr. Lawrence C.
Thursdays, September 29 – November 3
9:30 AM – 11:00 AM
Ballroom

This course is part 2 of a 3-part series that began in Spring 2022 with the years 1945 – 1959. Part 2 of the Cold War involves the years 1959-60 to about 1972-73 when the United States concluded its agreement with the People's Republic of Vietnam to end what is known as the Vietnam War. The 1959-60 years concluded the presidency of Dwight Eisenhower and the election of John Kennedy to the presidency of the United States. Nikita Khrushchev remained as first party secretary of the Soviet Union. The course will begin with President Eisenhower's warning about the Military-Industrial Complex and a discussion of the significance of the Bay of Pigs and the Cuban Missile Crisis. Subsequent weeks will follow the development of the SAC Alert Force, crises involving nuclear arms, operations in Vietnam, and political developments in the US, USSR, Vietnam, Cuba, China, and other nations.

<u>Course leader</u>: Former Lasell Village resident Lawrence X. C., Ph.D. is a former senior officer in the United States Air Force and spent over 30 years in military service. He continues to provide consultation within the broad range of the national security enterprise. He has two doctorates, one in clinical and educational psychology from Indiana University and the other in history with a specific focus on Soviet and Military History from Boston College and has several years of teaching experience in both of these disciplines.

20. Creative Writing: Poetry Workshop

Sara L. Every other Thursday, September 29 – December 15 (skip 11/24) 10:00 AM – 11:30 AM Poetry reading scheduled for December 21 at 7 PM Dewey Classroom (130D)

The Creative Writing Poetry Workshop is designed for intermediate and advanced writers and provides students with an opportunity to compose and revise original poems in a supportive environment. The course will introduce a new focus each

week, which will include a representative reading and prompt. Students will submit poems for peer review each week and provide feedback on their peers' poems for discussion in class. Participants will submit a portfolio of revised poems at the end of the course for a published booklet. Students will read their poems at an event on December 21 at 7 PM.

<u>Required Reading:</u> Short readings will be distributed in class and shared via email.

<u>Assignments</u>: Original poems shared for each class, a final portfolio of revised poems

<u>Course leader:</u> Sara L. has a Ph.D. in Rhetoric & Writing Studies and an MFA in Creative Writing, Poetry. Dr. L. is an Assistant Professor of Writing at Lasell University, where she teaches courses in the Writing Program and Core Curriculum, facilitates professional development for new adjunct faculty, and serves as the Director of the Writing Across the Curriculum Program. Dr. L frequently presents on panels at local and national conferences on writing and teaching. She has taught English and Writing at many institutions across the U.S. and even spent one year teaching in Ulaanbaatar, Mongolia. She has published poems in *New South* and *Redactions*.

21. Beauty, Image, and Visual Culture Michael S.C.
Thursdays, October 13 – November 10
1:15 PM – 2:45 PM
Dewey Classroom (130D)

This course will consider what beauty is—in particular, human beauty--and why it exerts such a powerful pull on all of us. This requires that we investigate our response to beauty and how evolution and neurology have shaped our reactions. Beauty in our screen-centered visual culture commonly gets communicated via images. Viewing these images impacts our self-perception and sense of self-worth in different ways throughout our lives. The course will provide a toolbox of techniques for analyzing and critiquing visual images, both contemporary and in the past, in advertisements and other media. For example, how do advertisements cause anxiety about skin drying up, losing youth, and – horrors – growing old.

There will be five classes focused on a series of questions or topics, such as: what is beauty—in particular, human beauty? Why does beauty have so much power on

us? How does beauty get portrayed in our culture, get distorted in our culture? What is visual literacy? What are some of the tools for critical analysis of images, especially in an image- and screen-saturated culture? What are other kinds of beauty, and how does ugliness relate to any discussion of beauty? The key question is: where do we find beauty in our everyday experience?

There will be several short readings for each class. Class time will be spent looking at images, discussing them and learning how to analyze images and be more critical viewers of images and visual media—and especially to be more appreciative of beauty.

<u>Course Leader:</u> Michael S.C.'s undergraduate degree from Boston College was in Classical Languages, which he taught for several years. He holds graduate degrees from Boston College, Boston University and Trinity College. He spent many hours gazing upon classical art and attempting to replicate it in pencil and ink. His interest in photography prompted a further interest in visual beauty and how human beauty gets communicated in modern media.

22. South to America

C Dale G. Thursdays, September 29 – November 17 3:00 PM – 4:30 PM Froebel Classroom (130C)

The myths of America give pride of place to the Puritan narratives that are firmly rooted in the northeast, Massachusetts, to be precise. But the America we have come to know—the European notion of America—began in the south. In this course, we will read several essays from *South to America: A Journey Below the Mason-Dixon to Understand the Soul of a Nation* to begin to think about American beginnings. Taking us through various parts of the south, Imani Perry's essays recenter the American narratives not only regionally but also racially. She makes the case for the south not only as a homeplace but also as a central part of American life.

<u>Required reading</u>: Perry, Imani. 2022. *South to America: A Journey Below the Mason-Dixon to Understand the Soul of a Nation*, HarperCollins. ISBN 0062977407

<u>Course leader</u>: C Dale G. is an Americanist specializing in intellectual history, religion, culture, race, and African American Studies. She holds master degrees in

theological studies and history and is currently completing her doctoral dissertation entitled "From Revelations to Grace: Dancing the African American Religious Experience" in the History of American Civilization (American Studies) at Harvard University. Prior to graduate school, she worked in the corporate and nonprofit sectors.

23. Art of Ancient Greece, Rome, and Byzantium Zoom or

24. Art of Ancient Greece, Rome, and Byzantium Ch. 918

Brooke M. D. Fridays, September 30 – November 18 9:30 AM – 11:00 AM

In this class, we will begin by examining the art and architecture of ancient Greece from the Geometric Period through the Classical and Hellenistic Periods. Then, we will shift to study Roman art, beginning with the artwork of the Etruscans and moving through the Republican, Imperial, and Imperial Christian art, pausing to consider early Christian and Jewish artwork as it relates to the later artwork of the Christian era of the Roman Empire. From there, we will consider the artwork borne of the collapse of the Western Roman Empire and the rise of the Eastern Roman Empire, or Byzantium. Throughout the course, we will consider how the values and religious views of each culture shaped the art that was produced and how each culture we study influenced the others, paving the way for later Medieval and Renaissance art. No prior art history knowledge is necessary for this broad survey course.

<u>Required reading:</u> *Art: A World History* by Elke Linda Buchholz et al., ISBN: 978-0810994423.

<u>Course Leader</u>: Brooke M. D. is an artist whose sculptures and drawings have been exhibited in many solo and group shows. Currently teaching Studio Art and Art History at Lasell University, Cape Cod Community College, Bristol Community College, and the Community College of Rhode Island, Brooke received her MFA in Sculpture from the University of Massachusetts, Dartmouth, and her BFA in Studio Art from the University of Oklahoma, which also awarded her a BA in Philosophy. Brooke holds minors in Art History and Psychology, also from the University of Oklahoma.

25. Maintaining Hope in the Face of Reality or How to Deal with the Problems We Know We Can't Solve

Rabbi Alan U. Fridays, October 28 – November 11 9:30 AM – 11:00 AM Froebel Classroom (130C)

Sometimes life presents us with unsolvable problems. How do we maintain hope and a hope that is based on that which is faithful to reality and not simply wishful thinking? We will explore selected passages from Sacred Texts to attempt to unpack what are the differences between false hope and hope that can bring forth life.

<u>Enrollment note</u>: This course was cancelled in Spring 2022 due to unforeseeable circumstances. In the interest of fairness to students who lost one of their spring courses as a result, prior enrollees will be given top priority in this registration – see instructions on the registration page.

<u>Course Leader</u>: Rabbi Alan U. was ordained by the Hebrew Union College in Cincinnati in 1985 and served as Assistant Rabbi at Temple Emanuel in Worcester for three years. In 1988, he founded the School for Jewish Studies, dedicated to teaching Torah to adults, which served as the foundation for his current work. Today, Alan travels around New England teaching Torah as a spiritual path. He teaches at temples, synagogues, churches, businesses, private study groups and retreats to people who share in the desire to study Torah as a way to guide and inform the spiritual journey that is our lives today. He also leads adult hiking/study trips to Israel, the Alps, the Canadian Rockies, and St. John.

Lasell University Intergenerational Learning

The following Intergenerational Courses will take place during the Fall 2022 semester. Registration has already taken place; Lasell University classes begin September 6th.

| Course #/ title | Location of | Days |
|-------------------------------|---------------|----------------------|
| | class | |
| ARTS111 Ceramics I | LU: Yamawaki, | Wednesdays |
| | Room 109 | 4:30 - 6:00 PM |
| HIST218 Global History of | LU: Winslow, | Thursdays |
| Childhood | Room SAR | 3:30 - 6:00 PM |
| SOC207 Wealth & Powerty | LV: Mead / 70 | Tuesdays & Thursdays |
| SOC207 Wealth & Poverty | | 3:30 - 4:45 PM |
| DSVC20E Human Sovuality | LV: Mead / 70 | Mondays & Wednesdays |
| PSYC205 Human Sexuality | | 9:30 – 10:45 AM |
| PSYC302 Biological Bases of | LU: STC, | Mondays & Wednesdays |
| Behavior | Room 210A | 12:30 - 1:45 PM |
| List122 American Civiliantian | LU: STC, | Tuesdays |
| Hist123 American Civilization | Room 110A | 3:30 - 6:00 PM |

Fall 2022 intergenerational modules and spring 2023 intergenerational classes will be shared toward the end of the fall semester.

Residents who are looking for specific courses to take next spring are encouraged to access Lasell University's search tool filtered to the spring 2023 main session. <u>https://selfservice.lasell.edu/PowerCampusSelfService/Search/Section</u>

FALL 2022 SUMMARY OF LASELL VILLAGE COURSES

| Day | Course # | Course Title and Instructor | Dates | Time and Location |
|---------|-----------------------------------|---|--------------------------------|--|
| Sun. | Fitness | Prerecorded Chair Yoga Ruth L | Weekly | Ch. 918 |
| | Fitness | Pre-recorded Exercise class Paul C | Weekly | 9:00 – 10:00 AM Ch. 918 |
| | 1 | Science and its Impact on Society Maud C & Frank B | 10/3 - 11/14 skip 10/10/22 | 9:30-11:00 AM Froebel |
| | 2 | Henry IV, Part 2 Parkman H | 10/17 - 11/21 | 9:30-11:00 AM Dewey |
| Monday | Fitness | Fitness Water Aerobics Weekly | 10:00-10:45 AM Pool | |
| | Fitness | Chair Yoga Ruth L | Weekly | 11:30 AM – 12:30 PM Ballroom, Ch. 918 |
| | 3 | Miracle on Seminary Ave Jonathan K | 10/3 - 12/12 | 1:15-2:45 PM Ballroom |
| | 4 | An English Workshop Tutorial MJ C | 10/17 - 11/14 | 2:00-3:30 PM Froebel |
| | 5 | The American Whig Party: Its Triumphs and Demise Leo S | 11/1 - 11/15 | 9:30-11:00 AM Dewey |
| | 6 Ballroom 7 Zoom 8 Ch. 918 | Evolving Jewish Circumstances in an Ever-Changing West-Part 1 Bob C | 10/11 - 11/15 | 9:30-11:00 AM Ballroom, Zoom, 918 |
| ٨ | Fitness | Balance At Home Physical Therapy | Weekly | 11:30 AM-12:15 PM Ballroom, Ch. 918 |
| Tuesday | 9 | Ethical Dilemmas in Genetics Judith T | 10/4 - 11/15 | 1:15-2:45 PM Dewey |
| | 10 | Elizabeth Strout Harriet S | 10/11 - 11/15 | 1:15-2:45 PM Froebel |
| | 11 | Teaching You to See True Relationships to Render What You Want Susan K | 10/18 - 12/6 | 3:00 – 4:30 PM Art Room |
| | 12 Beginner 13 Intermed. | Beginning and Intermediate Ukulele Shayla M | 10/25 - 12/13 skip 11/22/22 | 3:00-4:45 PM Rogers |

(continued on next page)

(continued) FALL 2022 SUMMARY OF LASELL VILLAGE COURSES

| ay | Fitness | Chair Yoga Ruth L | Weekly | 9:00-10:00 AM Ballroom, Ch. 918 |
|-----------|--------------------------------------|---|---------------------------------------|---|
| | 14 | Fables and Parables Hank B | 9/28 – 11/16 | 9:30-11:00 AM Dewey |
| | Fitness | Water Volleyball Adam D | Weekly | 10:00 -10:45 AM Pool |
| Wednesday | Fitness | Exercise Britta Z | Weekly | 11:30 AM-12:15 PM Ballroom, Ch. 918 |
| Ň | 15 | Jacob and his Family: Journeying with the Unknown Marsha M | 10/12 - 11/9 | 1:15-2:45 PM Froebel |
| | 16 | What Makes Sondheim Great? Act I Gail L W | 10/12 - 11/16 | 1:30-3:00 PM Ballroom |
| | Fitness | Swim Training Adam D | Weekly | 4:15-5:00 PM Pool |
| | 17 Balllroom 18 Zoom 19 Ch 918 | Cold War, Part 2 Dr. Lawrence C | 9/29 - 11/3 | 9:30-11:00 AM Ballroom |
| | 20 | Creative Writing: Poetry Workshop Sara L | 9/29, 10/13 & 27, 11/10, 12/1 & 15 | 10:00-11:30 AM Dewey |
| Thursday | Fitness | Tai Chi James T | Weekly | 11:45 AM-12:30 PM Rogers, Zoom, 918 |
| Thu | 21 | Beauty, Image and Visual Culture Michael S. C. | 10/13 - 11/10 | 1:15-2:45 PM Dewey |
| | Workshop | Recipes with Elena Elena C | Weekly | 2:30 – 4:00 PM Zoom, Ch. 918 |
| | 22 | South to America C Dale G | 9/29 – 11/17 | 3:00-4:30 PM Froebel |
| Friday | 23 Zoom 24 Ch. 918 | Art of Ancient Greece, Rome, and Byzantium Brooke M D | 9/30 - 11/18 | 9:30-11:00 AM Zoom, Ch. 918 |
| | 25 | Maintaining Hope in the Face of Reality Rabbi Alan U | 10/28 - 11/11 | 9:30 -11:00 AM Froebel |
| | Fitness | Exercise Britta Z | Weekly | 11:30 AM -12:15 PM Ballroom, Ch. 918 |
| | Fitness | Balance At Home Physical Therapy | Weekly | 12:30 -1:15 PM Ch. 918 |
| Sat. | Fitness | Multi-level Workout Paul C | Weekly | Ch.918 |

<u>Notes</u>