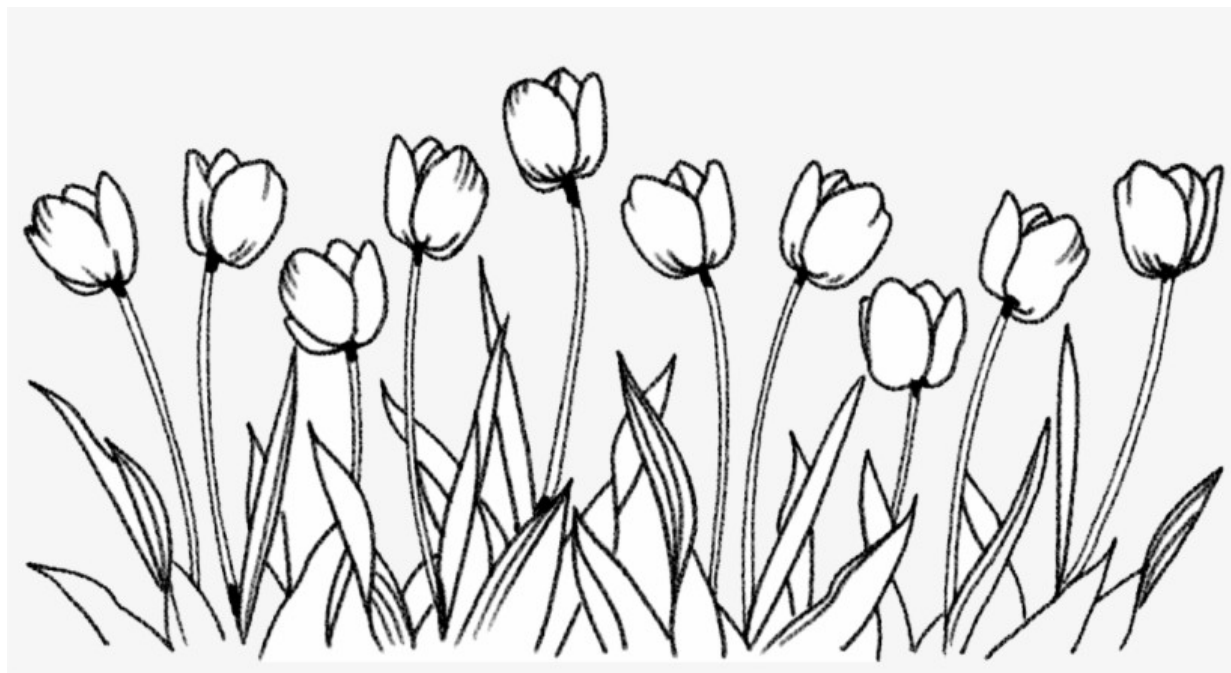

Spring 2022 Lectures and Course Descriptions



The Lasell Village Education Department is pleased to share the Spring 2022 Lasell Village Educational Program selections with you.

Course Booklet Contents

This booklet contains the following:

- Registration Guidelines are on page 2.
- Zoom Etiquette is on page 3.
- Lectures sponsored by the Education Office are on pages 4-7.
- Weekly Exercise classes and fitness information are on pages 8-9.
- Lasell Village courses are on pages 10-29.
- Intergenerational courses are on pages 30-31.
- A summary sheet listing academic courses, fitness classes, and lecture series is at the end of the booklet.

Procedures for Spring Semester 2022:

1. Registration will be conducted online. If you would prefer a paper registration form, please contact the Education Office. Please carefully read the registration section on page 2 to understand the process. **Your registration form must be returned to the Education Office by the end of the day on Monday, January 3, 2022.**
2. The best practice for a Zoom class is to treat it like an in-person class. See “Zoom Etiquette” on page 3 for more information.
3. **Lasell House Registration Policy:** Residents of Lasell House who are not under a Residency and Care Agreement should submit the same registration forms as other residents. They will not be registered until after resident registrations have been completed.

Registration Guidelines

Registration will not take place in-person. Nevertheless, it is still true that space is limited in classes, and the registration process is intended to meet the educational needs of a community of over 200 residents in as equitable a manner as possible. If you need assistance, do not hesitate to call John Dixon, Director of Education at (617) 663-7055.

This semester, you will **fill out an electronic registration form** to indicate your class preferences in ranked order. You will receive a link to this form via email. If you would prefer a paper form, please contact the Education Office. **The form must be returned to the Education Office by the end of the day on Monday, January 3, 2022.** If you are unable to complete an online *or* paper form, please contact the Education Office for assistance. **Residents who submit paper or digital forms by January 3 will be notified of their courses by January 17.**

Registration forms will be used to place residents into classes based on residents' preferences and a random drawing system. Note that filling out the registration form does not necessarily mean that you will be in all the classes you selected.

Please fill out your form completely. This will give the Education Office the best information to match residents with their preferred courses. If you choose an in-person or Zoom class that has no seats available, and there is a Channel 918 section for that class, you will automatically be added to the Ch. 918 section.

In fairness to course leaders, registered students, and students on waitlists, residents may not attend classes for which they are not registered. By the same token, if you anticipate missing two or more sessions of a class, please choose a different class to make room for neighbors who can attend all of the sessions.

Registration after January 3: Contact the Education Office if you did not turn in the registration form by the designated date and would like to take classes. The Education Office will also post classes with spaces available after January 17th.

Please note: The Education Office will not be placing group book orders. If you need help purchasing course books, please contact the Education Office.

Zoom Class Etiquette

Please treat a Zoom class as you would an in-person class. Come prepared with what you need so that you can participate. You may want to bring a drink and some tissues with you so that you do not need to get up during the class. Know your material and be prepared to participate.

Be punctual: ensure your device is ready for each meeting ahead of time.

Turn the sound off for any other devices you may have; smartphone, Ch. 918, etc.

Introduce yourself before speaking. Speak clearly.

Limit movement in the background. This is distracting to others in the meeting. If you need to get up or move, simply “stop video.” This will allow you to see and hear, but others will not see you moving.

If you need to eat, or receive an unexpected call or need to get up to leave the room, please turn off your video and audio.

Ensure the condition of your surroundings reflects a neat environment.

Turn off all distractions on your computer prior to the meeting’s start to eliminate the urge to multi-task during the meeting.

Note to smart phone or tablet users: please hold or place your device horizontally. This allows for a larger picture of you to be seen by others. Although it is convenient, please do not walk around with the device in your hands. The movement is distracting to others. Stop your video if you need to move places during the class meeting.

Highlighted Intersession and Spring Lectures

The lectures below are sponsored by the Education Department in coordination with Resident Programming. Changes in the lecture schedule will be announced in News and Notes and posted on lasellvillagenet.com, the Lasell Village intranet website. Unless otherwise noted, registration is not required for lectures in this section. Zoom links for lectures can be found by clicking on the title of the event on the daily calendar section on the home page of lasellvillagenet.com.

Quilting Gizmo Workshop

**Tuesdays and Thursdays, January 4 – January 27, 10:00 AM – 12 Noon
Art Studio, 80B**

Join a workshop to test and evaluate a new gadget which cuts out exact quilting shapes without the danger of cutting yourself. We will choose fabric, cut out shapes and sew together the shapes for a quilt that will be complete at the end of the workshop. Led by Caroline Schastny and Peter Stringham. Limited to 10 people. Sign up in the Education Office.

Workshop Leaders: His wife started his quilting career 15 years ago, and he has been at it ever since. He has made numerous quilts in different designs and loves to put together the colors of different fabrics. The second instructor started quilting before Covid closed the Art Room. Against his 15 years, she has quilted for 15 weeks. She will assist the Master Quilter.

January 2022 Book Talks

Ballroom

Join us for this annual four-part winter program that features book reviews by members of our living and learning community of residents, staff and Village course leaders. Our thanks to Mary Black, Chris Wood, and Dave Willis for founding this program and to Naomi Wolf, Harriet Sirof, and Louise Freedman for finding this year's speakers.

Wednesday January 5

2:00 – 3:00 PM

Why Fish Don't Exist: A Story of Loss, Love, and the Hidden Order of Life by Lulu Miller

Wednesday, January 12

2:00 – 3:00 PM

The Girl from Human Street, a Jewish Family Odyssey by Roger Cohen

The Man in the White Sharkskin Suit by Lucette Lagnado

When Time Stopped, a Memoir of my Father's War and What Remains by Ariana Neumann

Wednesday, January 19

2:00 – 3:00 PM

Proof of Heaven/A Neurosurgeon's Journey into the Afterlife by Eben Alexander, M.D.

Wednesday, January 26

2:00 – 3:00 PM

East of Eden and other Steinbeck stories of California

“I Get it, But I Don’t Believe it!”

Saturday, January 22, 10:00-11:30 AM

Froebel Classroom, 130C

A high school student once said that after seeing the easy solution to a real-life math problem. We will look at other such problems after first enjoying some fun geometry puzzles.

Throughout the presentation, only elementary algebra and elementary geometry will be used. All are welcome, and only those who raise their hands will be called on!

Presenter: She has taught mathematics full-time for nearly 40 years, half at Minnechaug Regional High School and then half at Western New England University, both in the Springfield area. She also taught for short periods at Newton North High School, Beaver Country Day School, and UMASS, Amherst. In addition, she ran many professional development workshops for high school teachers in the Springfield Public Schools. She holds a BA from Smith College, an MA from Harvard University, and a Certificate of Advanced Graduate Study from UMASS, Amherst.

Ancient Greek Vase Painting
Wednesday, January 26, 10:00 AM
Froebel Classroom, 130C

How did the Greeks of 500 BC visualize their gods? When they thought of or worshipped Zeus, Hermes, Athena, or Herakles, what did they see in their mind's eye? Many of the estimated 50,000 surviving painted vases allow us to see what they may have seen. What we call "Greek Mythology" becomes vivid before us.

Furthermore, images on many vases provide clues as to the life of ordinary Greeks. They allow us to see the rhapsodes who sang the Iliad, students in a classroom, boxers in the athletic contests, women at the water fountain, brides being escorted to their wedding, men harvesting olives . . .

Hank Barton will provide an overview of ancient Greek vase painting with illustrations from a very small sample of the many thousands of vases which have been recovered from tombs and other archeological sites.

Presenter: Has taught college English and Linguistics for 40 years. Since taking an undergraduate course on ancient art, he has been an amateur student of ancient Greek vase paintings and has visited vase collections in many museums in The United States and Europe. His degrees are from Princeton and Harvard.

Recipes with Elena Ceban
Thursdays, 2:30 – 3:30 PM
Zoom and Ch. 918

What can be better than preparing a delicious meal and enjoying it? Preparing it with Elena, Studios Manager, and the entire Lasell Village! Join Elena every week for a culinary delight on Zoom or virtually participate on channel 918. Learn to prepare simple meals rich in flavor and nutrients. Please email her at ecceban@lasell.edu to ask what ingredients will be used so that you can cook it together!

The program will be broadcast on Ch. 918 and Zoom. Please see VillageNet for the Zoom link so that you can join live to ask Elena questions or contribute your comments. Elena would like to invite Villagers to join her as guest hosts this

semester. If you would like to help Elena one week or have a recipe of your own to share, please reach out to her at eceban@lasell.edu or 617-663-7123.

Presenter: Lasell Studios Manager, Elena Ceban, has shared her love of cooking with presentations at the Village over many semesters. Elena was born in Moldova and has been in the USA for almost 10 years. Her background is in teaching English with a master's in Educational Management. She recently received an MBA from Lasell University.

Music from the Inside Out: The Beethoven Cello Sonatas

Fridays, 3:30 – 4:45, February 4, February 25, March 18, April 8

Ballroom

"In Beethoven's music," according to Victor Hugo, "the dreamer will recognize his dream, the sailor his storm... and the wolf his forests." Intensely personal, yet profoundly universal, this is music that reminds us WHO WE ARE, and what truly matters--rekindling our imaginative resources and inspiring us to fully inhabit our humanity.

This series of three discussion/performance meetings will continue our exploration of the entire opus of Beethoven's piano sonatas--giving us an overview of his compositional life and taking a once-in-a-lifetime journey along the route of his musical/psychic development.

Presenter: She has performed as a soloist and chamber musician throughout the United States as well as in the former USSR, Belgium, Holland, Switzerland, Hungary, Mexico and Canada. Her piano trio Triple Helix, in residence at Wellesley College, was chosen Musicians of the Year for 2003 by *The Boston Globe*. She was an instructor of piano at Smith College, the New England Conservatory, and Brandeis University. She is currently on the faculty of Wellesley College, teaches at NEC Prep, and is artist-in-residence at the Rivers School in Weston. She has given numerous master classes and lectures on subjects such as the nature of musicianship, as well as late Beethoven piano sonatas and Robert Schumann's music in relation to the early 19th century intellectual and aesthetic milieu. She has won an Alumni Ventures award from the Yale School of Music.

Weekly Exercise Classes

No pre-registration required, except for aquatic classes

Changes will be announced in *News and Notes* and posted on lasellvillagenet.com.

Monday	9 – 10	Prerecorded Exercise Class	Ch. 918
	10 – 10:45	Water Aerobics	Pool
	11:30 – 12:30	Chair Yoga	Ballroom, Ch. 918
	1:30 – 2:30	Senior Strength and Conditioning	Lasell University Science and Technology Center
Tuesday	11:30 – 12:15	Balance At Home Physical Therapy	Rogers, Zoom, Ch. 918
	1:30 – 2:30	Senior Strength and Conditioning	Lasell University Science and Technology Center
Wednesday	9 – 10	Floor Yoga	Ballroom, Ch. 918
	10:45 – 11:30	Water Volleyball	Pool
	11:30 – 12:30	Exercise	Ballroom
Thursday	11:45 – 12:30	Tai Chi	Rogers, Zoom, Ch. 918
	12:30 – 1:30	Chair Yoga	Rogers, Zoom, Ch. 918
	1:30 – 2:30	Senior Stability and Mobility	Lasell University Science and Technology Center
Friday	10 – 10:45	Water Aerobics	Pool
	11:30 – 12:30	Exercise	Ballroom
	12:30 – 1:30	Balance At Home Physical Therapy	Ch. 918
Saturday	11:30 – 12:15	Multi-level Workout	Ch. 918
Sunday	11 – 12	Prerecorded Chair Yoga	Ch. 918

Fitness Facility Protocols for Spring 2022

Fitness guidelines are subject to change in keeping with infection control best practices.

Reservations

Visit the Fitness Reservation section of the Lasell Village intranet site, lasellvillagenet.com, to make an appointment for the Pool, Fitness Center, and Ping Pong. Couples must reserve 2 slots. Appointments are 45 minutes long and the capacities are: **Neill – 2, Pestalozzi – 4, Pool – 3**. No reservation is required after 5 PM in Neill and Pestalozzi.

Unsupervised Fitness Center Guidelines

Each resident takes the responsibility to sanitize the equipment and maintain hygiene protocols.

Ping Pong and Pickleball Equipment

Ping pong equipment and hygiene guidelines are located in the basement of 125A. In warmer weather, the pickleball equipment and key are available for check out at the Welcome Desk. To make a reservation, please call Kristy Walter, Lasell University Director of Athletics, at (617) 243-2147.

Pool Hours	M: 7 am – 12 noon, 2 – 3 pm T – F: 7 am – 1 pm Saturday & Sunday: 8:30 am – 1:30 pm
Fitness Center Hours	Fitness Rooms are open 24/7, except for daily cleaning from 6:30-7:15 AM Supervised Hours are posted on the Fitness Reservation section on VillageNet and outside the Fitness Centers

Lasell Village Courses

1. Poetry and War: Culture and Values

Mondays, January 31 – March 28, *no class Feb 21*

10:00 – 11:30 AM

Froebel Classroom, 130C

In this eight-week survey course, we will read and discuss a range of poems about war. We will start with Homer and Shakespeare, then move to the Civil War, and on to armchair warriors like Alfred Tennyson, who wrote about honor and glory without a whiff of blood, to soldier poets of the trenches in WWI like Wilfred Owen, to the civilians who suffered in the Holocaust and Hiroshima, and end with Yusef Komunyakaa in the jungles of Vietnam. Each of these later poets wrote about the horrors and the reality of war. We will examine the language and the values of each era, and ask ourselves if and why the values changed, and how the meanings of those poems may have affected, or been affected by, the culture of the times. Group members should be prepared to read the poems aloud in class prior to the group's discussion. Join us to be inspired and to question.

Required Reading: *The New Oxford Book of War Poetry* (ISBN: 9780198704485), Ed. Jon Stallworthy, Oxford University Press 2015

Course leader: She has taught English at the high school level in the Newton area and enjoys making connections between the poets' lives and times and their poems. While war and poetry may not seem obvious partners, this journey through space and time may help uncover some similarities! Poetry has often been used to inspire, and this course will help us discover why and how, with particular focus on the values and cultures that inspired the poets to write their poems.

2. Henry IV, Part 1

Mondays, March 7 – April 11

10:00 – 11:30 AM

Dewey classroom, 130D

From their earliest productions the Henry plays, Parts 1 and 2, featured Hotspur (Henry Percy) and Sir John Falstaff. Prince Hal was an after-thought, a secondary character hardly mentioned. This remained the situation down to the 20th century, when readers and directors gradually came to see Hal's coming-of-age story as central to the pair of plays. Harold Bloom surmises that "Falstaff surprised Shakespeare and ran away from the [short] role originally intended for him....." Falstaff possesses "infinite wit delighting in its own inventiveness, and transcending its own darkening pathos" (Bloom). We will be viewing another outstanding production from Shakespeare's Globe in London to enhance our appreciation of Shakespeare's history play.

Required Reading: *Henry IV, Part 1*. William Shakespeare, Folger Library Edition preferred. ISBN 978-1982122515

Course leader: Has received a B.A. in English from Harvard University, and a Ph.D. in Anglo-Irish Literature from University College, Dublin. He is currently the poetry editor of *Appalachia*, America's longest-running journal of mountaineering and conservation. He has also co-authored seven musical plays and written articles on such topics as Thoreau, *Walden*, Hadrian's Wall, and the 1949 Mann Gulch fire in Montana. Parkman has taught a number of courses at Lasell Village on Shakespeare as well as the Bible. He keeps five hives of bees.

3. The Voices of Experience sing *Fiddler on the Roof*

Mondays, January 31 to April 11

1:00-2:30 PM

Performances April 12 at 7:30 PM and April 13 at 2:00 PM

Ballroom

Join *The Voices Of Experience* as we travel to Imperial Russia and the small village of Anatevka. There we will meet Tevye, Golde, and their five daughters! Tevye believes in following traditions, but his daughters wish to marry for love. When the Russians threaten to expel all of the Jews from their village, he suddenly finds himself in the midst of another crisis! What will he do in the face of a rapidly changing world?

Course materials: Please bring a black 3-ring binder and a pencil.

Course leader: Has been writing, playing, and teaching music for much of his life. Starting at a very young age at the piano, he went on to study filmscoring and contemporary composition at Berklee College of Music in Boston. He has worked with and directed choirs, orchestras, marching bands, drum corps, and various other ensembles for many years. He now teaches private music lessons, writes and arranges music, and plays in orchestra pits full time.

4. Ukulele for Everyone!

Mondays, February 21 – April 18, No class March 7

3:00-4:30 PM

Rogers Classroom, 85A

This beginner ukulele class is for music-lovers of all types regardless of prior instrumental or vocal experience. Participants will find that the ukulele is a uniquely accessible and immediate outlet to make music. This course will serve as an introduction to the instrument and emphasize learning chords and a variety of strumming patterns to play and sing classic and contemporary songs. The class will culminate in an optional-participation concert.

Required Materials: Ukulele- Soprano, Concert or Tenor, *Not* Baritone. A good sounding ukulele is typically between \$50-\$150. If you have questions about purchasing a ukulele, you can contact the instructor. Consider:

- Solid wood top and not plastic or laminate
- Avoid buying ukuleles that are listed as toys
- Brands: Lanikai, Donner, Cordoba, and Kala, but there are many great brands.
- If you are unable to purchase a ukulele, Newton Free Library loans ukuleles (<https://guides.newtonfreelibrary.net/things/instruments>). It is a 3-week loan with up to 2 renewals.

Highly Recommended Materials:

- Music Stand
- 3-ring binder to hold sheet music
- Music Tuner: Recommended – Snark Clip-on Tuner
- *The Daily Ukulele Songbook: 365 Songs for Better Living* by Lizz and Jim Beloff, ISBN 9781423477754
- *Ukulele for Seniors* by Joe Carr, ISBN 978-0786691975

Course Leader: A board-certified music therapist and program coordinator at The Falls, an assisted living/memory care community in Newton. Some of her groups include Tone Chimes, Music & Movement, and Music Lectures. She sings and plays guitar, ukulele, and piano. She has a BA in Music Therapy from Eastern Michigan University. In her previous work for hospice companies, she has passionately provided end-of-life care. She is most interested in music's ability to create community.

5. Linguistic Conversations

Tuesdays, February 15 – March 22

10:00 – 11:30 AM

Froebel classroom, 130C

A first look at how linguists understand their contemporary 'scientific' discipline:

- how we attempt to describe all the sounds that seem to occur in natural languages (articulatory phonetics);
- how each individual language then employs a limited subset of these sounds to create a systematic inventory of 'native' sounds (its phonology);

- how this phonemic inventory serves as the basis for the words and forms of that given language (morphology and grammar).

The course uses conversational discussions and numerous illustrative problem-sets from various language types.

Course leader: Has taught Linguistics for over fifty years in the Program for Linguistics at Boston College (Department of Slavic and Eastern Languages, later Eastern, Slavic and German Studies).

6. Music and Social Change in America

Tuesdays, February 1 – March 29, No class

March 8 11:45 – 1:15

Ballroom

This interactive course will focus on the ongoing relationship between musical movements and campaigns for social justice throughout twentieth/twenty first-century America. After a joint lyrical and musical analysis of classic protest songs by artists like Pete Seeger during the 1940s-70s, the instructors will delve into their respective areas of musical expertise. They will lead discussions on iconic Jazz musicians and their roles in the Civil Rights Movement, drawing parallels to modern initiatives that are already gaining traction in the post-pandemic music world. McDermott will lead classes on the empowerment of Women through music and the growing field of music therapy. This class will also feature Berklee professor as a guest speaker, who will present on Gospel and African American music. Participants will leave this course with a greater appreciation of the power of song during historical social moments.

Recommended text: *Talkin' 'Bout A Revolution* by Dick Weissman. ISBN-10: 1423442830

Course Leaders: One of the instructors is a board-certified music therapist and program coordinator at The Falls, an assisted living/memory care community in Newton. Some of her groups include Tone Chimes, Music & Movement, and Music Lectures. She has a BA in Music Therapy from Eastern Michigan University. Active in the Jewish and LGBTQI+ community, she is interested in music's impact on minority communities.

The second instructor is a Boston-based jazz pianist, composer, accompanist, and educator. He regularly performs with local musical icons, produces and performs concerts featuring his own arrangements, and teaches. He resides on the faculty of Concord Academy, the Winchester Community Music School, and Morningside Music Studio. He earned his Master's Degree in Jazz Piano Performance from the Eastman School of Music and his Bachelor of Music Degree in classical and jazz piano performance from Lawrence University Conservatory in Wisconsin.

7. Pat Barker: Two Anti-War Novels

Tuesdays, February 22 – March 29

1:30 – 3:00 PM

Froebel Classroom, 130C

Regeneration: In 1917, the poet Siegfried Sassoon publicly denounced the senseless slaughter of World War I. He was declared mentally unsound and confined to Craiglockhart War Hospital where he was treated by the psychiatrist Rivers. Pat Barker's prize-winning novel transforms this historic event into an examination of sanity in an insane world.

The Silence of the Girls retells the story of the *Iliad* from the point of view of Briseis, the Trojan queen given to Achilles as a war prize and taken from him by Agamemnon. Briseis is the voice of all women affected by war, but this novel is more than a feminist interpretation of ancient myth. Like *Regeneration*, it is an examination of both the appeal and the horror of war.

Required Reading (please use these editions):

Regeneration by Pat Barker ISBN 978-0-14-218059-4.

The Silence of the Girls by Pat Barker ISBN 978-0-241-98320-1

Course Leader: She is a Lasell Village resident and has published eight novels, two non-fiction books, and a dozen short stories. She taught writing at Brooklyn College of the City University of New York for many years. After retirement, she taught courses in modern novels at Brooklyn Lifelong Learning for 15 years. For the past 7 years, she has led courses in writers like Jane Austen, Edith Wharton, Toni Morrison, John Fowles, Kazuo Ishiguro, and Virginia Woolf here at Lasell Village.

8. Abraham and his Family: Difficulties and Growth During Challenging Times

Tuesdays, February 1 – March 15, *No class February 22*

1:30 to 3:00 PM

Zoom

It is often not easy to leave what we know and enter an experience that we had not anticipated. Yet, empathy and relationship can carry us through those times, while empathic lapses and relational ruptures can make these times even more difficult. We will explore through a psychological lens the strengths and difficulties in the Biblical stories of Abraham, Sarah, Hagar and their offspring Isaac and Ishmael. We will examine the experiences that were problematic as well as strengths and what they may have learned from those experiences. The stories are timeless and can be linked to experiences in our own lives. Poetry related to the text will also be included.

Required reading: Course leader will provide handouts.

Course leader: She is a Professor Emerita of Psychology at Lasell University and a former Resident Scholar at the Brandeis Women's Studies Research Center. She has published a number of chapters, articles, and books including *The Women who Danced by the Sea: Finding Ourselves in the Stories of our Biblical Foremothers*. She has taught about Bible and Psychology locally at synagogues, churches, campuses, and community centers as well as nationally at venues including the 92nd St. Y in Manhattan, the Spertus Institute in Chicago, and the Jewish Theological Seminary Rabbinic Training Institute. She was the 2014 recipient of the American Family Therapy Academy's "Innovative Contributions to Family Therapy" award.

9. Have Fun and Explore Working with Color

Tuesdays, February 1 – March 22

3:00 – 4:30 PM

Art Studio, 80B

In the course of this class, each student will explore a work by their favorite historical artist to learn and experiment with color. Example/suggested artists: Monet, Picasso, Cezanne, Zorn, Manet, Degas, Matilda Browne, Mary Cassatt, Frits Thaulow. Artists are not limited to those listed and may exhibit any style you want to explore – you just have to love it! Bring in an example of a work by the artist you have chosen even if it is a different medium than you are working in.

Suggested media: Soft Pastels or Oil Paints. Acrylics are fine as well. Students who took her previous class in Charcoal or Pencil are welcome to continue in those media as well. The class will begin with a few exercises in limited color before digging deeper into color.

Course Materials: To the first class bring the materials you have already, and we can add or subtract as needed. For those who are choosing materials, wait until the first class. Course Leader will provide some materials for the first exercises in your chosen medium. It is helpful to bring your own drawing board or foam core board. Please wear or bring apron or oversize shirts to protect clothing from paints and materials.

Course leader: Inspired by working from life in oil, pastel, and charcoal, she paints landscapes, portraits, and still life. She is an active plein air painter throughout New England including the North Shore / Cape Ann, Rhode Island and Maine. In 2005 she began teaching classes for educational institutions and organizations, including Rockport Art Association and Museum, North Shore Art Association, JCC Newton and private instruction. She has painted with passion and a commitment to executing works each better than the last. She studied 6 years with 3 noted teachers of the Boston School tradition. Master Landscape Painter David Curtis, Master Portrait Artist Robert Cormier and Master Boston Painter Thomas Dunlay. She currently maintains a resident studio in Franklin and works and teaches in the Thomas Dunlay studios/Atelier continuing the Boston school tradition.

10. Two more Giants of American Lit.: Robert Frost and William Carlos Williams
Wednesdays, February 2 – March 9
10:00 – 11:30 AM
Dewey Classroom, 130D

Robert Frost combined ordinary speech with traditional meters and skilled use of rhyme to create a body of poetry that is accessible to every reader, while being profound in its description of human behavior. He was a cultural icon in his own lifetime. Although thought of as a rural Vermonter, he was a sophisticated student of literature and of the history of poetry. Yet he is often described as a modernist who tried to break away from traditional aspects of poetic content.

William Carlos Williams is always described as a modernist because he made it his poetic mission to "break the iamb." He wanted to free poetry from the strictures of meter so that it could move even closer to ordinary speech and be truer in its treatment of the human condition. As a physician with a practice in urban Patterson, New Jersey, he was able to observe all aspects of that human condition.

In this course we will read and discuss poems of Frost and Williams in effort to understand how two contrasting approaches to the art of poetry could lead to the creation of works that still move us so many decades after the death of the poets.

Recommended texts:

The Poetry of Robert Frost: The Collected Poems. ed. By Edward Connolly Lathem ISBN 978-0805069860.

Or Robert Frost, *Collected Poems, Prose and Plays*. (Library of America) ISBN 978-1883011062

Williams Carlos Williams, *Selected Poems*. ed. by Charles Tomlinson. ISBN 978-0811209588

NOTE: There are many "Selected Poems" editions of Frost. They may not include some of the poems to be discussed in the course. However, it is possible that all of Frost's poems are available online.

Course leader: Is a Village resident since August 2018, holds degrees from Princeton and Harvard. He has taught on every level from seventh grade

English to graduate psycholinguistics. His upper-level college course subjects included English Romantics and American Poetry.

11. Earl Warren and His Court: The Judges Who Transformed America

Wednesdays, February 2 – March 9

10:00 – 11:30 AM

Froebel Classroom, 130C

In 1953 President Dwight D. Eisenhower appointed Earl Warren, Governor of California, as the 14th Chief Justice of the United States. Warren had no prior judicial experience but was a well-respected and successful Republican politician. Earlier in his career he had been a District Attorney, and Attorney General of California.

At the time of his appointment there was little reason to believe that Warren would be particularly notable. However, he became the most influential and controversial jurist of the twentieth century. Reviled by the ignorant, criticized by some of the learned and revered by most, he and his remarkable court made American society more just, democratic and free.

We will examine the man and his court, and read and discuss excerpts from some of the court's most important opinions. Major topics are:

- Racial justice
- Criminal justice reform, including police and prosecutorial misconduct
- Freedom of expression
- "One person, one vote."
- The right of privacy, including reproductive rights and same-sex marriage.

Required Reading: Course leader will provide excerpts from cases.

Course Leader: He was a professor of law at the University of California, Davis, for thirty-eight years. He also has been a visiting professor at many other universities including UCLA, Duke, University of Texas, and The Hebrew University of Jerusalem. He was a law student, a law clerk to a U.S. District Judge, a practicing attorney, and a young law professor during most of the period of the Warren Court and vividly recalls how inspiring its decisions were. He welcomes the opportunity to revisit those times with the enthusiastic and articulate learners of Lasell Village.

12. Rethinking Disabilities

Wednesdays, February 23 – April 13

1:00 – 2:30 PM

Froebel Classroom, 130C

This discussion-based class will start with a historical overview of the move from eugenics in the 1800s and 1900s to the disability rights movement and the passage of the Americans with Disability Act in 1990. We continue with a discussion of the language and ethics of disability followed by an examination of the disability rights critique of prenatal genetic testing. We then spend three classes learning about the lives of adults with hearing loss, autism, physical challenges, and/or physical differences. The class will conclude with a discussion of the future: the values and attitudes that might guide our views of persons with disabilities in the 21st century and beyond.

Required Reading: *About Us* edited by Peter Catapano and Rosemarie Garland-Thomson. ISBN 978-1-63149-585-4. The text will be supplemented by videos available online.

Course leaders: One of our course leaders has her Ph.D. in the History of Ideas, and she has taught in both the history and philosophy departments at Wellesley for over fifty years. One of her specialties in philosophy is ethics, and she has taught courses in medical ethics, social and political philosophy, and women in science and technology. Since her retirement from Wellesley, she has been teaching courses in these areas for the Councils on Aging in Dover and Sherborn and here at Lasell Village.

The second course leader, retired from the Brandeis faculty after 42 years of teaching undergraduate biology and 25 years of training graduate students to become genetic counselors, has a long-standing interest in genetics and the ethical issues that often arise when new genetic tests and technologies are introduced. Judith's involvement in the training of genetic counselors as well as her active role in a number of patient advocacy groups derive in great measure from her own experiences as the parent of a child with Canavan disease, a rare and progressive neurological genetic disorder.

(choose one)

13. Africa: Contemporary Issues and their Historical Roots *Ballroom or*

14. Africa: Contemporary Issues and their Historical Roots *Channel 918*

Wednesdays, March 2 – April 6

2:30 – 4:00 PM

This course introduces politics in the continent of Africa as a whole, with primary but not exclusive attention on tropical Africa. We will examine cultural, economic, geographic and historic contexts, to determine their impact on political attitudes and change. No prior knowledge of Africa is necessary. Major topics include slavery and contemporary human rights issues; the impact of colonialism; geographic constraints; political leadership; African fiction; and detailed analysis of specific countries.

Required Reading: Brief selected readings will be provided to participants.

Course leader: He has taught about Africa for 55 years at the University at Buffalo. He carried out extensive field research in many African countries. Claude received Lifetime Achievement Awards from the New York African Studies Association, the American Political Science Association, and the International Studies Association, plus several teaching awards. TIAA and the SUNY Research Foundation gave Welch its first-ever Lifetime Achievement Award.

15. Mindfulness: Watering the Seeds of our Basic Goodness

Wednesdays, February 2 – April 6

3:00 – 4:15 PM

Rogers, 85A

This class is based on the understanding that happiness grows naturally out of physical, emotional, and mental well-being. With so many political/environmental and pandemic-related troubles, on top of our own physical and mental health challenges, we need as much positivity and resilience as we can get. While we may not be able to control or change many of life's circumstances, it is always in our power to change our reactions to what happens. With simple practices, it is

possible to reframe thinking, reduce suffering and build an inner sense of resilience and peace.

Informed by neuroscience and the wisdom traditions our goal is to develop and practice new habits of mind to be used on the spot throughout the week. We will build a supportive community through mindfulness practices, gentle yoga and qigong stretches, poems, readings, and personal sharing. By nurturing a sense of inner contentment and positive energy, we can move toward optimal well-being wherever we are in our lives.

This class is open to new and returning students. NOTE: While some music will be included in this class, it is not a repeat of the Well-Being through Music and Mindfulness group with group singing offered on Saturdays. This Saturday group will continue as usual and class participants are welcome to drop in while taking the class. If you have questions? Please contact Sue at 617 230 3350 or at suerkranz@gmail.com.

Required reading: Some short readings and links to online practices will be provided.

Course leader: She received her M.Ed. from University of Massachusetts in 1990 and taught elementary school in Cambridge and Western MA for over 30 years. She specialized in using music as a tool for learning in community. In 2016, she retired from teaching to train as a Spanish Interpreter, Hospice Volunteer and Music Therapist. Since 2016 she has led many sing-a-longs at Lasell Village and in June began facilitating a weekly group focusing on music and mindfulness.

(choose one)

16. The Cold War, 1945 – 1959 *Ballroom* or

17. The Cold War, 1945 – 1959 *Zoom* or

18. The Cold War, 1945 – 1959 *Channel 918*

Thursdays, March 3 – April 7

10:00 – 11:30 AM

The course will begin with an analysis surrounding the failure of the Yalta Agreement. Then it will move to the circumstances of the Potsdam Conference and

all of the concerns about the Soviet Union taking over all the countries in Eastern Europe. The course will then move to the Cardinal Mindszenty affair and then the immediate beginning of the Berlin Airlift and its importance. Next will be the beginning of the Proxy Wars, the first of which was the Korean War, with a full discussion of how that war affected the relationship among the United States, the Soviet Union and the People's Republic of China. There will be a lengthy discussion of the Chinese Civil War, 1945-1949, and the loss of French Indo-China to the Vietnamese Nationalists. The last discussion of the Cold War in the 1950s will be about the development of the Strategic Air Command, the reconnaissance of the Soviet Union and China, and the development of the Alert Force. It will also begin an analysis of the two missile systems being developed by the Soviet Union and the United States. It will end with the concerns of communism reaching the Western Hemisphere and the changes in Cuba with the coming of Fidel Castro and Che Guevara.

Course leader: Former Lasell Village resident is a former senior officer in the United States Air Force and spent over 30 years in military service. He continues to provide consultation within the broad range of the national security enterprise. He has two doctorates, one in clinical and educational psychology from Indiana University and the other in history with a specific focus on Soviet and Military History from Boston College and has several years of teaching experience in both of these disciplines.

19. Creative Writing: Poetry Workshop

Every other Thursday, February 3 to April 14

10:00 – 11:30 AM

Dewey Classroom, 130D

The Creative Writing Poetry Workshop is designed for intermediate and advanced writers and provides students with an opportunity to compose and revise original poems in a supportive environment. The course will introduce a new focus each week, which will include a representative reading and prompt. Students will submit poems for peer review each week and provide feedback on their peers' poems for discussion in class. Participants will submit a portfolio of revised poems at the end of the course.

Required Reading: Short readings will be distributed in class and shared via email.

Assignments: Original poems shared for each class, a final portfolio of revised poems

Course leader: She has a PhD in Rhetoric & Writing Studies and an MFA in Creative Writing, Poetry. Dr. Large is an Assistant Professor of Writing at Lasell University, where she teaches courses in the Writing Program and Core Curriculum, facilitates professional development for new adjunct faculty, and serves as the Director of the Writing Across the Curriculum Program. She frequently presents on panels at local and national conferences on writing and teaching. She has taught English and Writing at many institutions across the U.S. and even spent one year teaching in Ulaanbaatar, Mongolia. She has published poems in *New Southand Redactions*.

20. A Virtual Visit to the Berkshires

Thursdays, February 24 – March 31, No class March 10

2:00 – 3:30 PM

Dewey Classroom, 130D

Join Izzi Abrams in a 5-week course (October 21-November 18) exploring the magnificent cultural and historical places of the Berkshires, its natural beauty, and quaint towns. We will be virtually visiting Stockbridge, Lenox, Great Barrington, and such memorable sites as Tanglewood (summer home of the Boston Symphony Orchestra), the Mount (home Of Edith Wharton), Arrowhead (home of Herman Melville), Chesterwood (home and studio of the sculptor Daniel Chester French) and the Norman Rockwell Museum. We will also explore the beautiful scenery that makes up the Berkshires.

It will feel almost like touring the Berkshires as you view unique footage of prominent locations, hear a live presentation from the executive director of the Mount, and watch a never-before-seen documentary about Arrowhead. Reading is not required. This will be a photo and video journey of this wonderful area of western Massachusetts, a second home to Izzi Abrams.

Required reading: Course leader will provide handouts

Course leader: She received her B.A. from Clark University and her M.Ed. from Wheelock College. Niece of Village resident, she is a librarian at Swampscott Public Library. Ms. Abrams facilitates and moderates book groups on the North Shore as “The Reading Woman.”

21. Black Musics in Eight Sessions

Thursdays, February 3 – March 24

2:00 – 3:30 PM

Mead Classroom, 70

The African American musical tradition begins with Spirituals, Field Hollers, and Work songs and move through to Hip Hop. In this course we will examine the multiple ways, across time and geography Black Americans have created musical art forms to express their ideas and conditions in America. We will engage a large part of the African American musical tradition from the 18th-21st Centuries. Special attention will be paid to the social, racial, and political consciousness that has shaped and is shaped by the musical form. We will use various musical forms: spirituals, blues, gospel, jazz, rhythm and blues, funk, soul, and hip-hop, to map the African American musical landscape that constitutes a part of the African American intellectual tradition.

Reading/Listening: In conjunction with the readings and class discussions, there will be a listening component. Course leader will send a discography for listening, most of the music will be available on internet sources prior to the first class, accessible through iTunes, Spotify and other internet sources.

Course leader: She is an Americanist specializing in intellectual history, religion, culture, race, and African American Studies. She holds master degrees in theological studies and history and is currently completing her doctoral dissertation entitled “From Revelations to Grace: Dancing the African American Religious Experience” in the History of American Civilization (American Studies) at Harvard University. Prior to graduate school, she worked in the corporate and nonprofit sectors.

22. An Introduction to Byzantium: The Art, History and Controversies of the Later Eastern Roman Empire

Thursdays, February 10 – March 10

2:00 – 3:30 PM

Froebel Classroom, 130C

The Byzantine Empire (later Eastern Roman Empire) lasted longer than the Western Roman Empire but is neglected in Western education, even though the West owes an enormous debt to it. This course presents some of the key issues of the Byzantine Empire, such as the struggle between Christianity and Islam, religious and artistic controversies (Iconoclasm), the emergence of women leaders, fascination with sports heroes and the Nika sports riots, the consequences of the Crusades, financial and sexual scandals. We shall also look closely at the ancient city of Constantinople with its architecture (Santa Sophia, fortifications, mosaics....). Also crucial are lessons about the collapse of complex societies and how great societies go into decline.

Required reading:

Procopius *Secret History* (Penguin Paperback but any version will do) ISBN 978-0140455281

Lars Brownworth, *Lost to the West: The Forgotten Byzantine Empire that Rescued Western Civilization* (New York: Three Rivers Press, 2009) ISBN 978-0307407962

Course Leader: He has an undergraduate degree from Boston College was in Classical Languages, which he taught for several years. He holds graduate degrees from Boston College, Boston University and Trinity College. He has travelled widely, including several trips to classical sites considered in this course. He has taught versions of this course before. He has written about ancient art and about extremist groups.

23. Page to Stage Reimagined: *Beyond the Horizon* by Eugene O'Neill

Thursdays, 2:00 – 3:30 PM

March 17 – March 31

Froebel Classroom, 130C

In 1920, *Beyond the Horizon* was the first play by Eugene O'Neill to appear on Broadway, and it won the Pulitzer Prize for Drama (the first of his four). Often considered the first American tragedy, it is the story of two brothers in love with the same women and what happens when each makes the wrong choice in the name of love.

During the pandemic, the Eugene O'Neill Foundation has recorded performances on the grounds of Tao House (a National Historic Site). In Fall 2021, Eric Fraisher Hayes, the Foundation's Artistic Director, directed a film version of *Beyond the Horizon* and then produced it live on the grounds, as well: "*Beyond the Horizon* calls for a combination of outdoor and indoor scenes, which have traditionally been difficult to represent. Our production will be filmed to highlight the natural beauty and farm-like qualities of the Tao House property."

Page to Stage courses usually revolve around a new local live production of the play we study. For this course, we will use the Foundation's film of *Beyond the Horizon* instead of attending a live performance. We will meet first to discuss the play itself based on reading it and watching a 1976 Film. Then, everyone will have the opportunity to view the new production on Channel 918. We will have two more sessions after that at which we will discuss the play in the context of this new production. The director, Eric Fraiser Hayes, will join us remotely for one of these sessions.

NOTE: This is a 3-meeting course with a single showing of a play on 918.

Required Reading: The text is available free online and in various collections. One recommended paperback collection is: *Early Plays*. Edited by Jeffrey H. Richards. Penguin Books, 2001 (includes *Beyond the Horizon*) ISBN 978-0141186702

Course Leader: He is Professor Emeritus, English, at Lasell University, where he was Associate Vice President for Academic Affairs when he retired in June

2020. He earned his Ph.D. (and M.A.) in English and American Literature from Brandeis and his B.A. in English from the University of Rochester. Also he has published two books and many articles and reviews on O'Neill, spoken frequently at Boston-area theatres and other forums, is a member of the Board of Directors of the Eugene O'Neill Society (having served as Vice President, President, and Board Chairman), and was awarded the Society's Eugene O'Neill Medallion in 2017. Also has taught many courses at Lasell Village.

24. Maintaining Hope in the Face of Reality or How to Deal with Problems You Know You Cannot Solve

Fridays, April 8 – 29

9:30 – 11:00 AM

Froebel Classroom, 130C

Sometimes life presents us with unsolvable problems. How do we maintain hope and a hope that is based on that which is faithful to reality and not simply wishful thinking? We will explore selected passages from Sacred Texts to attempt to unpack what are the differences between false hope and hope that can bring forth life.

Readings: Course leader will provide handouts

Course Leader: He was ordained by the Hebrew Union College in Cincinnati in 1985 and served as Assistant Rabbi at Temple Emanuel in Worcester for three years. In 1988, he founded the School for Jewish Studies, dedicated to teaching Torah to adults, which served as the foundation for his current work.

Today, he travels around New England teaching Torah as a spiritual path. He teaches at temples, synagogues, churches, businesses, private study groups and retreats to people who share in the desire to study Torah as a way to guide and inform the spiritual journey that is our lives today. He also leads adult hiking/ study trips to Israel, the Alps, the Canadian Rockies and St. John.

(choose one)

25. Continuing Explorations in Contemporary Art *Zoom* or

26. Continuing Explorations in Contemporary Art *Ch.918*

Fridays, February 4 – March 25

2:00 – 3:00 PM

In this class, we will explore the wide world of contemporary art, including painting, sculpture, installation art, mixed media, photography, and performance art. We will look in depth at the works of prominent American and international artists, discussing their motivations, methods, and meanings. This class picks up where our Fall 2021 Introduction to Contemporary Art class left off, and we will consider a fresh group of 21st century artists in this class. Participants in the previous class are invited to enroll in this Continuing Explorations class, which is also open to all residents interested in contemporary art, regardless of prior art history experience.

Recommended reading: Links to relevant articles, videos, and websites will be provided to enrolled residents

Course Leader: She is an artist whose sculptures and drawings have been exhibited in many solo and group shows. Currently teaching Studio Art and Art History at Lasell University, Cape Cod Community College, Bristol Community College, and the Community College of Rhode Island, Brooke received her MFA in Sculpture from the University of Massachusetts, Dartmouth, and her BFA in Studio Art from the University of Oklahoma, which also awarded her a BA in Philosophy. She holds minors in Art History and Psychology, also from the University of Oklahoma.

Lasell University Intergenerational Learning

Lasell University has designated four new intergenerational courses for the Spring 2022 semester. Though most of the Village “spots” have been filled, there is still one opening in Ceramics I – please contact either John Dixon or Nancy Snow in the education office if you are interested in signing up for this, or any other University course.

Course name	Course description
Modern Japan <i>HIST212</i>	This course is a survey of Japan's modernization from the fall of the warring states period to the economic bubble of the 1980s. Special attention will be paid to the contributions of the early modern Tokugawa Shogunate, the Meiji period of cultural borrowing from the West, and the cultural nationalism of the Japanese empire until 1945. In addition to learning about important milestones in Japanese history, students will be introduced to aspects of Japanese art and culture through a variety of primary and secondary sources and film clips. This is a writing-intensive course.
Generations in America <i>PSYC111</i>	This course offers a social-developmental, multidisciplinary overview of issues related to the expanding age population in the United States. Students examine aging stereotypes, characteristics of aging populations, and the impact of age-related forces on individuals in American society. The course is geared toward students in a variety of disciplines and provides a knowledge base that can be applied to other areas of study.
Ceramics I <i>ARTS111</i>	This course is an introduction to the fundamentals of working with clay. Basic methods of hand-building and wheel throwing will be covered. Students will gain an understanding of the transformative nature of clay from a plastic to permanent state. Techniques will include pinching, slab forming, coil building, carving, glazing and firing. Image and video presentations, lecture, and hands-on demonstrations will expose students to the history of ceramics and contemporary techniques used by contemporary ceramic artists. *No pre-requisite necessary.

Ceramics II <i>ARTS211</i>	<p>This course will expand on the fundamentals of working with clay. Emphasis is placed on further developing skills and creating a cohesive body of work focusing on wheel throwing and hand building techniques. Study and experimental use of clay and glazes are explored in depth. Image and video presentations and hands-on demonstrations will expose students to the history of ceramics and contemporary techniques. *Pre-Requisite: ARTS111 or permission of the Instructor.</p>
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To find other available University classes, go to:

<https://selfservice.lasell.edu/PowerCampusSelfService/Search/Section>

Log in with your Lasell.edu credentials . Filter to “2022/Spring” using the Period filter on the right side of the screen, and either browse the full list of classes or search for courses by keyword using the top search bar.

Please contact the Education Office to register for Lasell University courses. Registration is first-come, first-served with no relation to the lottery process. The University spring semester runs January 19 – May 3.

SPRING 2022 SUMMARY OF LASELL VILLAGE COURSES

	Course #	Course & Instructor	Dates	Time
Monday	Fit.	Prerecorded Exercise Class	Mondays	9:00 – 10:00 AM Ch. 918
	1.	Poetry and War: Culture and Values	Jan. 31-Mar.28 <i>Skip Feb 21</i>	10:00 – 11:30 AM Froebel
	2.	Henry IV, Part 1	Mar. 7-Apr.11	10:00 – 11:30 AM Dewey
	Fit.	Water Aerobics	Mondays	10:00 – 10:45 AM Pool
	Fit.	Chair Yoga	Mondays	11:30 – 12:30 Ballroom, Ch. 918
	3.	The Voices of Experience sing <i>Fiddler on the Roof</i>	Jan.31-Apr.11 <i>Perf. 4/12 & 4/13</i>	1:00 – 2:30 PM Ballroom
	Fit.	Senior Strength & Conditioning	Mondays	1:30 – 2:30 University Science & Tech Center
	4.	Ukulele for Everyone!	Feb.21-Apr.18 <i>Skip Mar. 7</i>	3:00 – 4:30 PM Rogers
Tuesday	5.	Linguistic Conversations	Feb.15-Mar.22	10:00 – 11:30 AM Froebel
	Fit.	Balance <i>At Home Physical Therapy</i>	Tuesdays	11:30 – 12:15 Rogers, Zoom, Ch 918
	6.	Music and Social Change in America	Feb.1-Mar.29 <i>Skip Mar 8</i>	11:45 – 1:15 PM Ballroom
	7.	Pat Barker: Two Anti-War Novels	Feb.22-Mar.29	1:30 – 3:00 PM Froebel
	Fit.	Senior Strength & Conditioning	Tuesdays	1:30 – 2:30 University Science & Tech Center
	8.	Abraham and his Family	Feb.1-Mar.15 <i>Skip Feb. 22</i>	2:30 – 4:00 PM Zoom
	9.	Have Fun and Explore Working with Color	Feb.1- Mar.22	3:00 – 4:30 PM Art Studio
Wednesday	Fit.	Floor Yoga	Wednesdays	9:00 – 10:00 Ballroom, Ch 918
	10.	More Giants of American Lit.: Robert Frost, William Carlos Williams	Feb.2-Mar.9	10:00 – 11:30 AM Dewey
	11.	Earl Warren and His Court: The Judges Who Transformed America	Feb.2-Mar.9	10:00 – 11:30 AM Froebel
	Fit.	Water Volleyball	Wednesdays	10:45 – 11:30 Pool
	Fit.	Exercise	Wednesdays	11:30 – 12:30 Ballroom
	12.	Rethinking Disabilities <i>Maud Chaplin & Judith Tsipis</i>	Feb.23-Apr.13	1:00 – 2:30 PM Froebel
	13. Ballrm 14. Ch. 918	Africa: Contemporary Issues and their Historical Roots	Mar. 2-Apr.6	2:30 – 4:00 PM Ballroom, Ch. 918
	15.	Mindfulness: Watering the Seeds of our Basic Goodness	Feb.2-Apr.6	3:00 – 4:15 PM Rogers

	Course #	Course & Instructor	Dates	Time
Thursday	16. Ballrm 17. Zoom 18. Ch 918	The Cold War, 1945 – 1959	Mar.3-Apr.7	10:00 – 11:30 AM Ballroom, Zoom, Ch. 918
	19.	Creative Writing: Poetry Workshop <i>Sara Large</i>	Feb.3-Apr.14 <i>Every other week</i>	10:00 – 11:30 AM Dewey
	Fit.	Tai Chi	Thursdays	11:45 AM – 12:30 PM Rogers, Zoom, Ch. 918
	Fit.	Chair Yoga	Thursdays	12:30 – 1:30 Rogers, Zoom, Ch. 918
	Fit.	Senior Stability and Mobility	Thursdays	1:30 – 2:30 University Science & Tech Center
	20.	A Virtual Visit to the Berkshires	Feb.24-Mar.31 <i>Skip Mar. 10</i>	2:00 – 3:30 PM Dewey
	21.	Black Musics in Eight Sessions	Feb.3-Mar.24	2:00 – 3:30 PM Mead
	22.	An Introduction to Byzantium: The Art History and Controversies	Feb.10-Mar.10	2:00 – 3:30 PM Froebel
	23.	Page to Stage Reimagined: Beyond the Horizon by Eugene O’Neill	Mar.17-Mar.31	2:00 – 3:30 PM Froebel
Friday	24.	Maintaining Hope in the Face of Reality	Apr.8-Apr.29	9:30 – 11:00 AM Froebel
	Fit.	Water Aerobics	Fridays	10:00 – 10:45 Pool
	Fit.	Exercise	Fridays	11:30 – 12:30 Ballroom
	Fit.	Balance <i>At Home Physical Therapy</i>	Fridays	12:30 – 1:30 Ch. 918
	25. Zoom 26. Ch. 918	Continuing Explorations in Contemporary Art	Feb.4-Mar.25	2:00 – 3:00 PM Zoom, Ch. 918