



FALL 2021 LECTURES AND COURSE DESCRIPTIONS



Fall 2021 Lecture and Course Descriptions

The Lasell Village Education Department is pleased to share the Fall 2021 Lasell Village Educational Program selections with you.

Procedures for Fall Semester 2021:

1. Registration will be conducted online. If you would prefer a paper registration form, please contact the Education Office. Please carefully read the registration section on page 2 to understand the process for this Fall. **Your registration form must be returned to the Education Office by the end of the day on Monday, September 6, 2021.**
2. The best practice for a Zoom class is to treat it like an in-person class. See “Zoom Etiquette” on page 3 for more information.
3. **Lasell House Registration Policy:** Residents of Lasell House who are not under a Residency and Care Agreement should submit the same registration forms as other residents. They will not be registered until after resident registrations have been completed.

Course Booklet Contents

This booklet contains the following:

- Registration Guidelines are on page 2.
- Zoom Etiquette is on page 3.
- Lectures sponsored by the Education Office are on pages 4-7.
- Weekly Exercise classes and fitness information are on pages 8-9.
- Lasell Village courses are on pages 10-28.
- Intergenerational courses are on pages 29-30.
- A summary sheet listing academic courses, fitness classes, and lecture series is at the end of the booklet.

Registration Guidelines

Registration will not take place in-person. Nevertheless, it is still true that space is limited in classes, and the registration process is intended to meet the educational needs of a community of over 200 residents in as equitable a manner as possible. If you need assistance, do not hesitate to call John D., Director of Education at (617) 663-7055.

This semester, you will [fill out this electronic registration form](#) to indicate your class preferences in ranked order. You will receive a link to this form via email. If you would prefer a paper form, please contact the Education Office. **The form must be returned to the Education Office by the end of the day on Monday, September 6, 2021.** If you are unable to complete an online *or* paper form, please contact the Education Office for assistance. **Residents who submit paper or digital forms by September 6 will be notified of their courses by September 17.**

Registration forms will be used to place residents into classes based on residents' preferences and a random drawing system. Note that filling out the registration form does not necessarily mean that you will be in all the classes you selected.

Please fill out your form completely. This will give the Education Office the best information to match residents with their preferred courses. If you choose an in-person or Zoom class that has no seats available, and there is a 918 section for that class, you will automatically be added to the Ch. 918 section.

In fairness to course leaders, registered students, and students on waitlists, residents may not attend classes for which they are not registered. By the same token, if you anticipate missing two or more sessions of a class, please choose a different class to make room for neighbors who can attend all of the sessions.

Registration after September 6: Contact the Education Office if you did not turn in the registration form by the designated date and would like to take classes.

Please note: The Education Office will not be placing group book orders. If you need help purchasing course books, please contact the Education Office.

Zoom Class Etiquette

Please treat a Zoom class as you would an in-person class. Come prepared with what you need so that you can participate. You may want to bring a drink and some tissues with you so that you do not need to get up during the class. Know your material and be prepared to participate.

Be punctual: ensure your device is ready for each meeting ahead of time.

Turn the sound off for any other devices you may have; smartphone, Ch. 918, etc.

Introduce yourself before speaking. Speak clearly.

Limit movement in the background. This is distracting to others in the meeting. If you need to get up or move, simply “stop video.” This will allow you to see and hear, but others will not see you moving.

If you need to eat, or receive an unexpected call or need to get up to leave the room, please turn off your video and audio.

Ensure the condition of your surroundings reflects a neat environment.

Turn off all distractions on your computer prior to the meeting’s start to eliminate the urge to multi-task during the meeting.

Note to smart phone or tablet users: please hold or place your device horizontally. This allows for a larger picture of you to be seen by others. Although it is convenient, please do not walk around with the device in your hands. The movement is distracting to others. Stop your video if you need to move places during the class meeting.

Highlighted Intersession and Fall Lectures

The lectures below are sponsored by the Education Department in coordination with Resident Programming. Changes in the lecture schedule will be announced in News and Notes and posted on the Lasell Village intranet website, lasellvillagenet.com. Pre-registration is not required for lectures or “Recipes with Elena” whether you join on Channel 918 or Zoom. Zoom links for lectures will be posted on the Lasell Village intranet website, lasellvillagenet.com.

Quilting Gizmo Workshop

Peter S. and Caroline S.

Tuesdays and Thursdays in September

September 7, 9, 14, 16, 21, 23

10:00 AM – 12 Noon

Art Studio

Join a workshop to test and evaluate a new gadget which cuts out exact quilting shapes without the danger of cutting yourself. We will choose fabric, cut out shapes and sew together the shapes for a quilt that will be complete at the end of the workshop. Led by Caroline S. and Peter S.. Limited to 10 people. Sign up in the Education Office.

Course Leaders: Peter S.’s wife, Jean, started his quilting career 15 years ago, and he has been at it ever since. He has made numerous quilts in different designs and loves to put together the colors of different fabrics. Caroline S. started quilting before Covid closed the Art Room. Against Peter's 15 years, she has quilted for 15 weeks. She will assist the Master Quilter.

The United States and Afghanistan: 2001-2021

Dr. Lawrence X. C., Ph.D.

Thursday, September 9

10:00 – 11:30 AM

Ballroom, Zoom, and Ch. 918

Dr. C.'s talk will include a brief review of the United States' initial attack on Afghanistan in September - October 2001. It also will include in that review the escape of Osama bin Laden into Pakistan, up to and including the killing of Osama bin Laden by Seal Team Six. Additionally, there will be a substantial discussion on the training and preparation of an Afghan army and the problems associated with that circumstance. The talk will also include a substantial description and explanation of the relationship between Directorate S and the Taliban and also the relationship with Saudi Arabia. There will be a focus on the unwillingness of the United States to deal with Directorate S of the Pakistan Army. The talk will end with a reminder of what took place on August 15-16, 2021. The talk will be followed by a question and answer period.

Presenter: Former Lasell Village resident Lawrence X. C., Ph.D. is a former senior officer in the United States Air Force and spent over 30 years in military service. He continues to provide consultation within the broad range of the national security enterprise. He has two doctorates, one in clinical and educational psychology from Indiana University and the other in history with a specific focus on Soviet and Military History from Boston College and has several years of teaching experience in both disciplines.

An Exploration of Beethoven's 32 Piano Sonatas, Part 3

Lois S.

Fridays, October 1, November 12, and December 10

3:30 – 4:45 PM

Ballroom and Ch. 918

"In Beethoven's music," according to Victor Hugo, "the dreamer will recognize his dream, the sailor his storm....and the wolf his forests." Intensely personal, yet profoundly universal, this is music that reminds us WHO WE ARE, and what truly matters--rekindling our imaginative resources and inspiring us to fully inhabit our humanity.

This series of three discussion/performance meetings will continue our exploration of the entire opus of Beethoven's piano sonatas--giving us an overview of his compositional life and taking a once-in-a-lifetime journey along the route of his musical/psychic development.

Course Leader: Lois S. has performed as a soloist and chamber musician throughout the United States as well as in the former USSR, Belgium, Holland, Switzerland, Hungary, Mexico and Canada. Her piano trio Triple Helix, in residence at Wellesley College, was chosen Musicians of the Year for 2003 by The Boston Globe. Lois was an instructor of piano at Smith College, the New England Conservatory, and Brandeis University. She is currently on the faculty of Wellesley College, teaches at NEC Prep, and is artist-in-residence at the Rivers School in Weston. She has given numerous master classes and lectures on subjects such as the nature of musicianship, as well as late Beethoven piano sonatas and Robert Schumann's music in relation to the early 19th century intellectual and aesthetic milieu. Ms. S. won an Alumni Ventures award from the Yale School of Music.

Recipes with Elena Ceban

Elena C.

Thursdays

2:30 – 3:30 PM

Zoom and Ch. 918

What can be better than preparing a delicious meal and enjoying it? Preparing it with Elena, Studios Manager, and the entire Lasell Village! Join Elena every week for a culinary delight on Zoom or virtually participate on channel 918. Learn to prepare simple meals rich in flavor and nutrients.

The program will be broadcast on Ch. 918 and Zoom. Please see VillageNet for the Zoom link so that you can join live to ask Elena questions or contribute your comments. Elena would like to invite Villagers to join her as guest hosts this semester. If you would like to help Elena one week or have a recipe of your own to share, please reach out to her.

Presenter: Lasell Studios Manager, Elena C., has shared her love of cooking with presentations at the Village over many semesters. Elena was born in Moldova and has been in the USA for almost 10 years. Her background is in teaching English with a master's in Educational Management. She recently received an MBA from Lasell University.

Weekly Exercise Classes

No pre-registration required, except for aquatic classes

Changes in the on-going weekly exercise class schedule will be announced in News and Notes and posted on the Lasell Village intranet website, lasellvillagenet.com

| | | | |
|------------------|---------------|--|--------------------------|
| Sunday | 11 – 12 | Prerecorded Chair Yoga Ruth L. | Ch. 918 |
| Monday | 9 – 10 | Prerecorded Exercise Class Paul C. | Ch. 918 |
| | 10:30 – 11:15 | Water Aerobics Adam D. | Pool |
| | 11:30 – 12:30 | Chair Yoga Ruth L. | Ballroom, Ch. 918 |
| Tuesday | 11:30 – 12:30 | Balance At Home Physical Therapy | Rogers, Zoom, Ch. 918 |
| Wednesday | 9 – 10 | Floor Yoga Ruth L. | Ballroom, Ch. 918 |
| | 11:15 – 12 | Water Volleyball Adam D. | Pool |
| | 11:30 – 12:30 | Exercise Britta Z. | Ballroom |
| Thursday | 12 – 1 | Tai Chi James T. | Rogers, Zoom, Ch. 918 |
| | 3:30 – 4:30 | Chair Yoga Ruth L. | Rogers, Zoom, Ch. 918 |
| Friday | 10:30 – 11:15 | Water Aerobics Adam D. | Pool |
| | 11:30 – 12:30 | Exercise Britta Z. | Ballroom |
| | 12:30 – 1:30 | Balance At Home Physical Therapy | Ch. 918 |
| Saturday | 11:30 – 12:15 | Multi-level Workout Paul C. | Ch. 918 |

Fitness Facility Protocols for Fall 2021

Fitness guidelines are subject to change in keeping with infection control best practices.

Reservations

Visit the Fitness Reservation section of the Lasell Village intranet website, lasellvillagenet.com, to make an appointment for the Pool, Fitness Center, and Ping Pong. Couples must reserve 2 slots. Appointments are 45 minutes long and the capacities are: **Neill – 2, Pestalozzi – 4, Pool – 3**. Users must wear masks except when in the pool. No reservation is required after 5 PM in Neill and Pestalozzi.

Unsupervised Fitness Center Guidelines

Each resident takes the responsibility to wear a mask at all times, sanitize the equipment and maintain hygiene protocols.

Ping Pong and Pickleball Equipment

Ping pong equipment and hygiene guidelines are located in the basement of 125A. Pickleball equipment and key is available for check out at the Welcome Desk. To make a reservation, please call Kristy W., Lasell University Director of Athletics, at (617) 243-2147.

| | |
|-----------------------------|--|
| Pool Hours | M–F: 7:30 am – 1:30 pm Saturday & Sunday: 8:30 am – 1:30 pm |
| Fitness Center Hours | Open 24/7, except for daily cleaning from 6:30-7:15 AM Supervised Hours with Paul C. are posted on the Fitness Reservation section on lasellvillagenet.com and outside the Fitness Centers |

Lasell Village Courses

1. *Romeo and Juliet* by William Shakespeare

Parkman H.

Mondays, October 4 – November 8

10:00 – 11:30 AM

Froebel, 130C

Throughout Shakespeare's *Romeo and Juliet* various characters ask hundreds of questions, from the servant's question in the opening scene, "Do you bite your thumb at us, sir?," that begins a brawl, all the way to the Prince's closing question that reconciles the two warring clans, "Where be these enemies? Capulet! Montague!" Yet one questioner stands apart from the rest, Juliet, the true center of gravity in the drama: "O Romeo, Romeo! wherefore art thou Romeo? . . . What's in a name? . . . O think'st thou we shall ever meet again?" The answers to these questions unpack the tragedy of the play.

Required reading: The 2011 Folger edition of *Romeo and Juliet* is recommended.
(ISBN-10: 1451621701 or ISBN-13: 978-1451621709)

Course leader: Parkman H. received a B.A. in English from Harvard University, and a Ph.D. in Anglo-Irish Literature from University College, Dublin. He is currently the poetry editor of *Appalachia*, America's longest-running journal of mountaineering and conservation. He has also co-authored seven musical plays and written articles on such topics as Thoreau, *Walden*, Hadrian's Wall, and the 1949 Mann Gulch fire in Montana. Parkman has taught a number of courses at Lasell Village on Shakespeare as well as the Bible. He keeps five hives of bees.

2. The Voices Of Experience Sing *The Music Man!*

Jonathan K.

Mondays, September 27 – December 13

1:00 – 2:30 PM

Ballroom

Performance Dates:

Tuesday December 14 7:30 PM

Wednesday December 15 2:00 PM

Join The Voices of Experience this semester for our production of *The Music Man!* A con man going by the name of Harold Hill arrives in River City Iowa. Posing as a band leader and music teacher, he promises to start a boys' marching band and train the young men on their new instruments. Harold is not a musician, however, and plans to skip town without giving any music lessons! We got trouble alright! Trouble with a capital T! Join us to celebrate quick-talking salesmanship in this Broadway hit by Meredith Willson and Franklin Lacey!

Course materials: Please bring a black 3-ring binder and a pencil.

Course leader: Jonathan K. has been writing, playing, and teaching music for much of his life. Starting at a very young age at the piano, he went on to study film scoring and contemporary composition at Berklee College of Music in Boston. He has worked with and directed choirs, orchestras, marching bands, drum corps, and various other ensembles for many years. He now teaches private music lessons, writes and arranges music, and plays in orchestra pits full time.

3. Africa: Contemporary Issues and Their Historical Roots

Claude W.

Mondays, October 18 – November 22

2:30 – 4 PM

Froebel, 130C

This course introduces politics in the continent of Africa as a whole, with primary but not exclusive attention on tropical Africa. We will examine cultural, economic, geographic and historic contexts, to determine their impact on political attitudes and change. No prior knowledge of Africa is necessary. Major topics include slavery and contemporary human rights issues; the impact of colonialism; geographic constraints; political leadership; African fiction; and detailed analysis of specific countries.

Required reading: Brief selected readings will be provided to participants.

Course leader: Claude W. taught about Africa for 55 years at the University at Buffalo. He carried out extensive field research in ten African countries, in all parts of the continent. Claude received Lifetime Achievement Awards from the New York African Studies Association, the American Political Science Association, and the International Studies Association, plus several teaching awards.

The Middle Ages: Monotheism in Power

Bob C.

Tuesdays, October 12 – December 7, *No class November 23*

10:00 – 11:30 AM

4. Ballroom OR 5. Ch. 918, *Choose One*

During the seventh century, a third Western monotheism—Islam—appeared on the Arabian Peninsula. The remarkable conquests of the Islamic armies made the realm of Islam dominant during the first half of the Middle Ages. During the second half of the Middle Ages, Roman Catholic Europe displaced the realm of Islam as the most powerful force in the West. Our course will examine the birth

and early evolution of Islam; the subsequent invigoration of Roman Catholic Europe; and the ways in which these two monotheisms shaped societal life during the Middle Ages.

Required reading: Will be providing during the course.

Course leader: Robert C. served as Scheuer Professor of Hebrew and Judaic Studies at New York University for the past three decades. The focus of Prof. C.'s research has been the history of the Jews in medieval western Christendom. His most recent books are: *From Anti-Judaism to Anti-Semitism* (Cambridge University Press, 2016) and *Refugees or Migrants: Pre-Modern Jewish Population Movement* (Yale University Press, 2018).

6. Virginia Woolf: *Mrs Dalloway*

Harriet S.

Tuesdays, October 5 – November 9

1:00 – 2:30 PM

Froebel, 130C

When Virginia Woolf published *Mrs Dalloway* in 1925 she ushered in a new way of writing novels that influenced all the novelists who came after her. In addition to being a revolutionary novelist, Woolf was a fine literary critic and essayist. In this six-week course, we will examine *Mrs Dalloway* in detail. We will also discuss the essays in *The Common Reader* in which Woolf explains her new way of writing and shows us how earlier writers handled their material.

Required reading:

Mrs Dalloway

The Common Reader, First Series

(any print edition or e-book)

Course leader: Lasell Village resident Harriet S. has published 8 novels, 2 non-fiction books, and a dozen short stories. She taught writing at Brooklyn College of the City University of New York for many years. After retirement, she taught courses in modern novels at Brooklyn Lifelong Learning, discussing 135 novels over 15 years. For the past 7 years, she has led courses in writers like Jane Austen, Edith Wharton, Toni Morrison, John Fowles, and Kazuo Ishiguro here at Lasell Village.

7. Miriam and Moses: Paths Toward Hope and Possibility During Difficult Times, Part I

Marsha M.

Tuesdays, October 5 – November 9

2:30 – 4:00 PM

Dewey, 130D

The stories of Exodus capture moments of fear, hope, tears, possibility, and rejoicing that we all experience as we move through our lives. The stories may help us see how individuals, family, and community can strengthen us and how we manage to move forward in spite of unavoidable setbacks. Especially given this very difficult past year, the stories of this community of slaves and their leaders seem especially significant. No prior knowledge of the text is necessary to participate in this interactive class.

Required reading: The course leader will provide handouts during the course.

Course leader: Marsha M., Ph.D., is a Professor Emerita of Psychology at Lasell College and a former Resident Scholar at the Brandeis Women's Studies Research Center. She has published a number of chapters, articles, and books including *The Women who Danced by the Sea: Finding Ourselves in the Stories of our Biblical Foremothers*. Marsha has taught about Bible and Psychology locally at synagogues, churches, campuses, and community centers as well as nationally at venues including the 92nd St. Y in Manhattan, the Spertus Institute in Chicago, and the Jewish Theological Seminary Rabbinic Training Institute. She was the

2014 recipient of the American Family Therapy Academy's "Innovative Contributions to Family Therapy" award.

8. The Beauty of Charcoal and Pencil

Susan K.

Tuesdays, October 12 – December 7, *No class November 23*

2:30 – 4:00 PM

Art Studio, 80B

A favorite medium, a very forgiving medium (easy to erase), and great to work in for both beginners and professionals – we will explore the charcoal medium as a successful teaching tool, sketching tool and as a means to highly finished charcoal work. Through the study of values (the scale of black to white) students will be able to create form/dimension instead of only flat works. We will talk about design and designing, work from nature, memory, still life. Charcoal is fun! This class will prepare students who wish to go onto painting or strengthen their level of painting skills in any medium.

In keeping with a popular request, some students may choose to incorporate pencil or work only in pencil. Those who prefer to focus on charcoal may continue to work only in charcoal. We will use pencil as a welcome addition as we continue the study of values.

Course materials:

Charcoal supplies needed:

- Medium Vine Charcoal package and a hard, plastic food storage container to store them in.
- Generals Black charcoal and white charcoal pencils
- A kneaded eraser
- Toned charcoal paper pad Strathmore or Canson pad 9x12 OR larger
- Bring an old shirt to wear to really have fun!

Pencil supplies needed (for those using pencil):

- Staedler blue wood pencil set approx \$15
- White erasers and kneaded eraser
- 1/2" foam core board for support
- Workable fixative
- Drawing paper pad or Bristol paper pad 9x12 or larger (11x14)

Course leader: Inspired by working from life in oil, pastel, and charcoal, Susan paints landscapes, portraits, and still life. She is an active Plein Air Painter throughout New England including the North Shore / Cape Ann, Rhode Island and Maine. In 2005 she began teaching classes for educational institutions and organizations, including Rockport Art Association and Museum, North Shore Art Association, JCC Newton and private instruction. She has painted with passion and a commitment to executing works each better than the last. Susan studied 6 years with 3 noted teachers of the Boston School tradition. Master Landscape Painter David Curtis, Master Portrait Artist Robert Cormier and Master Boston Painter Thomas Dunlay. She currently maintains a resident studio in Franklin and works and teaches in the Thomas Dunlay studios/Atelier continuing the Boston school tradition.

9. Two Giants of American Literature: Emily Dickinson and Walt Whitman

Hank B.

Wednesdays, September 29 – November 3

10:00 – 11:30 AM

Dewey, 130D

Two individuals could not differ more in their persons, personalities and conceptions of poetry than Walt and Emily. Although other popular 19th century American poets—Longfellow, Lowell, Holmes, Whittier, even Poe—are not much read these days, Dickinson and Whitman continue to loom large in our cultural landscape, but for very different reasons. In this course we will read representative poems by both poets in an attempt to discover whether and why they still speak to us. The instructor will lecture briefly on the life of each poet as

well as the historical contexts in which they wrote. Meetings will be mostly given to discussion of individual poems. People who feel they never “got” poetry should not feel any anxieties about participating in such discussions! The poems we will read by both poets are accessible to the reader.

Required readings:

1. The recommended text for Dickinson is Joyce Carol Oates, editor. *The Essential Emily Dickinson*. Ecco Press.
Other editions may be suitable, but be sure any edition you choose has an index of first lines and titles. Avoid editions that are thematically organized.
2. The recommended text for Whitman is Harold Bloom, editor. *Walt Whitman: Selected Poems*. Library of America.

OR

John Hollander, editor. *Walt Whitman: Leaves of Grass: The Complete 1855 and 1891-1892 Editions*. Library of America. (Paperback edition)

Other editions may be suitable, but avoid editions with titles like “*Leaves of Grass, 1855 Edition*.” They will not contain Whitman’s important shorter poems. You may find small format paperback editions of the complete body of Whitman’s poetry.

Course leader: Hank B., a Village resident since August 2018, holds degrees from Princeton and Harvard. He has taught on every level from seventh grade English to graduate psycholinguistics. He taught college English and linguistics for 38 years. His upper level course subjects included English Romantics, History of English, Chaucer, and American Poetry. This is his ninth Village course.

10. J. Robert Oppenheimer and the Formulation of U.S. Nuclear Weapon Policy

Leo S.

Wednesdays, October 13 – November 17

10:00 – 11:30 AM

Froebel, 130C

Oppenheimer's "triumph" was presiding over the successful development of the atomic bomb. He also chaired a committee that recommended that the U. S. not develop the hydrogen bomb; that recommendation was rejected by President Truman. Oppenheimer's "Tragedy" was the hearing at which he was found to be a security risk and his security clearances were revoked. Both triumph and tragedy will be described in detail. Class members will be encouraged to discuss.

I had a chance to observe Oppenheimer's temperament as well as his brilliance by attending seminars at the Institute for Advanced Study, at which he presided. He was an expert on every topic and consistently asked penetrating questions, but there was a dark side to his temperament. Whenever he disagreed with something that the speaker had said, he was unduly harsh in expressing his opinion. I hope we can have a stimulating discussion of this topic as well.

Required reading: *American Prometheus: The Triumph and Tragedy of J. Robert Oppenheimer*, by Kai Bird and Martin Sherwin (Vintage Books, 2006)

Supplementary book: *The Ruin of J. Robert Oppenheimer and the birth of the modern Arms Race*, by Priscilla McMillan

Another useful (though old) book: *The Advisors: Oppenheimer, Teller, and the Superbomb*, by Herbert York (1975)

Course leader: Dr. S. is a retired professor of physics and of political science. His Ph. D is from MIT 1956. He has taught at Rutgers, MIT, and University of Nebraska: Lincoln where he chaired the physics department. During the Carter administration he worked for the U.S. Arms Control and Disarmament Agency, including a term as senior Advisor to the US delegation at the SALT II talks in Geneva. He has taught 16 courses at the Village, on a variety of topics.

11. Life's Unfair: How Do We Respond?

Maud C.

Wednesdays, September 29 – October 27

1:00 – 2:30 PM

Froebel, 130C

Income inequality, racial and gender discrimination, violence and war, and the pandemic are all significant problems facing contemporary society. We will think together about possible solutions, drawing upon the insights of social and political philosophers, starting with Thomas Hobbes in the seventeenth century and finishing our journey with the contemporary thinker, John Rawls, with a look at John Locke and Jean-Jacques Rousseau along the way. Short readings and long discussions.

Required reading: Online links to relevant sections from these philosophers will be given on the syllabus and will also be available as handouts.

Course leader: Maud H. C.'s Ph.D. is in the History of Ideas, and she has taught in both the history and philosophy departments at Wellesley for over fifty years. One of her specialties in philosophy is ethics, and she has taught courses in medical ethics, social and political philosophy, and women in science and technology. Since her retirement from Wellesley, she has been teaching courses in these areas for the Councils on Aging in Dover and Sherborn and here at Lasell Village.

12. Genetic Testing: Amazing Technologies Bring Thorny Ethical Challenges

Judith T.

Wednesdays, September 29 – November 10

1:00 – 2:30 PM

Rogers, 85A

This course, designed for those without a science background, will briefly cover the basics of genetics including the various modes of inheritance and types of genetic mutations. From there, we will focus in detail on the specifics of prenatal testing, newborn screening, carrier testing, predictive testing and diagnostic testing and highlight ethical issues as appropriate. Classes will use a lecture format with the last part of each class set aside for discussion of relevant ethical cases.

Required reading: The course leader will provide handouts. but will primarily use an on-line resource entitled " Help Me Understand Genetics" which can be found at <https://medlineplus.gov/genetics/understanding/>

Course leader: Judith E. T. was on the faculty at Brandeis for 42 years of teaching undergraduate biology and 25 years of training graduate students to become genetic counselors, has a long-standing interest in genetics and the ethical issues that often arise when new genetic tests and technologies are introduced. Judith's involvement in the training of genetic counselors as well as her active role in a number of patient advocacy groups derive in great measure from her own experiences as the parent of a child with Canavan disease, a rare and progressive neurological genetic disorder.

13. Conceptions of African American Literacy

C Dale G.

Wednesdays, September 29 – November 17

2:30 – 4:00 PM

Dewey, 130 D

In response to the Stono Rebellion, South Carolina amended the 1739 Negro Act making it illegal for enslaved Africans to read and write. This aspect of the “peculiar institution” has continued to influence how people view African American literacy to the present. Yet, at the end of the Civil War, according to Booker T. Washington it was like “a whole race trying to go to school.” In this course we will use various texts to look at different conceptions of what it means to be literate and how Black people frame their understanding of literacy in the past and the present.

Required Reading: The readings for this course will be articles and book chapters that help us understand Black literacy practices and stories of coming to literacy.

Course leader: C Dale G. is an Americanist specializing in intellectual history, religion, culture, race, and African American Studies. She holds master degrees in theological studies and history and is currently completing her doctoral dissertation entitled “From Revelations to Grace: Dancing the African American Religious Experience” in the History of American Civilization (American Studies) at Harvard University. Prior to graduate school, she worked in the corporate and nonprofit sectors.

14. Experimental Watercolor Studio

Margo L.

Wednesdays, September 29 – November 3

2:30 – 4:00 PM

Art Studio, 80B

This watercolor painting class will take advantage of the unique qualities of transparent watercolor paint. No other kind of paint can compare to watercolor for luminosity, and it is often compared to stained glass for its reflective qualities. Our class projects will be a combination of free experimentation combined with the discipline of design and composition.

Course materials:

- Arches paper 30 x 22 inches /cp 140 lb. 2-4 sheets. (even if you have other paper, please get this one since it is the best for experimenting)
- Tube watercolor paints
- Watercolor brushes assorted sizes
- Pencil & eraser
- Water cups
- Flat palette for mixing paint
- Watercolor palette with wells for holding paint
- Tape & other materials as necessary

Course leader: Margo L. has been an artist since the first grade when she got into trouble with her teacher for “decorating” her workbook. After earning a degree in fine arts in painting from Boston University, an MFA from UMass Dartmouth in printmaking, and an M. Ed. in integrated arts curriculum, she worked as a graphic designer, tee-shirt artist, newspaper correspondent, children’s book author and illustrator, and other interesting things. She is a professor emerita in the art & graphic design department at Lasell University.

WWII in the Atlantic Ocean

Lawrence X. C., Ph.D.

Thursdays, September 30 – November 4

10:00 – 11:30 AM

15. Ballroom OR 16. Zoom OR 17. Ch. 918, *Choose one*

This seven-week course will provide a description and some analysis of military operations in the Atlantic Ocean during World War II. The course will begin with the events surrounding U-boat submarine warfare initiated by Germany, following a declaration of war on Germany by the United Kingdom and the German invasion of Poland on September 1, 1939. This discussion will encompass the military operations that occurred during the Phoney War from September 4, 1939 to May 10, 1940. Surface naval warfare began on September 13, 1939 with the scuttling of the German battleship the Graf Spee in the Platt River off of Montevideo, Uruguay. North Atlantic operations covered will include the sinking of the Bismarck and the run of the Scharnhorst through the English Channel.

Another area of emphasis will be the submarine warfare and the opposition to submarine warfare that played out over the six-year period. For example, the course will include the Murmansk run where some 85 American merchant ships were sunk and some 5000 merchant sailors died. The submarine discussion will include the introduction of aerial warfare and reconnaissance against the submarine with the American B-24 Liberator. The course will also include the naval efforts preparing for Torch and the Normandy Invasion.

Required reading: The course leader will provide an overview and outlines.

Course leader: Former Lasell Village resident Lawrence X. C., Ph.D. is a former senior officer in the United States Air Force and spent over 30 years in military service. He continues to provide consultation within the broad range of the national security enterprise. He has two doctorates, one in clinical and educational psychology from Indiana University and the other in history with a specific focus on Soviet and Military History from Boston College and has several years of teaching experience in both of these disciplines.

18. Rhetoric: An Exploration of Language

Sara L.

Thursdays, September 30 – November 4

11:30 AM – 1:00 PM

Dewey, 130D

This course will engage students in discussion about the history, diversity, and modern relevance of rhetoric. By expanding our understanding of rhetoric to include the ways that language makes meaning in the world, we will explore the ways messages are composed and received. We will (re)learn how to conduct strong rhetorical analyses of both well-known and everyday artifacts and practice using various rhetorical techniques in our own messages.

Required reading:

- Toye, Richard. (2013). *Rhetoric: A very short introduction*. Oxford. Available [on Amazon here](#): (paperback and e-book versions). This book is small-print, so I recommend getting the e-book version to enlarge size if necessary.
- An additional short reading each week distributed via email as PDFs.

Course leader: Dr. Sara L. is Assistant Professor of Writing at Lasell University, where she teaches courses in the Writing Program and Core Curriculum, facilitates professional development for new adjunct faculty, and Chairs the Program Review Committee. Dr. Sara L. frequently presents on panels at local and national conferences on writing and teaching. She has taught English and Writing at many institutions across the U.S. and even spent one year teaching in Ulaanbaatar, Mongolia. Please see [full bio here](#).

19. A Virtual Visit to the Berkshires

Israella A.

Thursdays, October 21–November 18

1:00 – 2:30 PM

Froebel, 130C

Join Izzi A. in a 5-week course (October 21-November 18) exploring the magnificent cultural and historical places of the Berkshires, its natural beauty, and quaint towns. We will be virtually visiting Stockbridge, Lenox, Great Barrington, and such memorable sites as Tanglewood (summer home of the Boston Symphony Orchestra), the Mount (home Of Edith Wharton), Arrowhead (home of Herman Melville), Chesterwood (home and studio of the sculptor Daniel Chester French) and the Norman Rockwell Museum. We will also explore the beautiful scenery that makes up the Berkshires.

It will feel almost like touring the Berkshires as you view unique footage of prominent locations, hear a live presentation from the executive director of the Mount, and watch a never-before-seen documentary about Arrowhead. Reading is not required. This will be a photo and video journey of this wonderful area of western Massachusetts, a second home to Izzi Abrams.

Required reading: All the materials will be presented during class.

Course leader: Israella A. received her B.A. from Clark University and her M.Ed. from Wheelock College. She is a librarian at Swampscott Public Library. Ms. A. facilitates and moderates book groups on the North Shore as “The Reading Woman.”

20. Mindfulness: Watering the Seeds of our Basic Goodness

Sue K.

Thursdays, September 30 – November 18

2:00 – 3:15 PM

Ballroom

This class is based on the understanding that happiness grows naturally out of physical, emotional, and mental well-being. In this time of 21st-century living, there are many political and environmental stressors, as well as increased challenges due to physical illness and/or challenges and limitations, and personal and universal loss. While we may not be able to control or change many of life's circumstances, it is always in our power to change our reaction to what happens. With simple practices, it is possible to reframe thinking, reduce suffering and build an inner sense of resilience and peace.

The goal of this class is “practice based on theory” with the goal of developing new habits of mind to be used on the spot throughout the week. In this weekly class, with a small group of people, we will build a supportive community through mindfulness practices, gentle yoga and qigong stretches, poems, readings from neuroscience and wisdom traditions, and sharing. By nurturing a sense of inner contentment and positive energy, we can move toward optimal well-being wherever we are in our lives.

Prerequisites are some prior experience and/or understanding of mindfulness/meditation and a commitment to come to class with an open mind.

Have questions? Please contact Sue.

NOTE: While some music will be included in this class, it is not a repeat of the Well-Being through Music and Mindfulness group with group singing offered on Saturdays. This Saturday group will continue as usual and class participants are welcome to drop in while taking the class.

Required reading: Some short readings and links to online practices will be provided.

Course leader: Sue K. received her M.Ed. from University of Massachusetts in 1990 and taught elementary school in Cambridge and Western MA for over 30 years. She specialized in using music as a tool for learning in community. In 2016, she retired from teaching to train as a Spanish Interpreter, Hospice Volunteer and Music Therapist. Since 2016 she has led many sing-a-longs at Lasell Village and in June began facilitating a weekly group focusing on music and mindfulness.

Introduction to Contemporary Art

Brooke M. D.

Fridays, October 1 – November 19

2:00 – 3:00 PM

21. Zoom OR 22. Ch. 918, *Choose One*

In this class, we will explore artwork of the late 20th and early 21st centuries. Beginning with Performance Art and Feminist Art of the 1970s, we will introduce the foundations of Postmodernism in order to provide important context for the artwork that follows. We will look in depth at the works of several prominent American and international artists, discussing their motivations, methods, and meanings. If you are interested in contemporary art, this class is for you, regardless of prior art history experience.

Recommended readings: Links to relevant articles, videos, and websites will be provided to enrolled residents

Course leader: Brooke M. D. is an artist whose sculptures and drawings have been exhibited in many solo and group shows. Currently teaching Studio Art and Art History at Lasell University, Cape Cod Community College, Bristol Community College, and the Community College of Rhode Island, Brooke received her MFA in Sculpture from the University of Massachusetts, Dartmouth, and her BFA in Studio Art from the University of Oklahoma, which also awarded her a BA in Philosophy. Brooke holds minors in Art History and Psychology, also from the University of Oklahoma.

23. Writing Workshop

Becky K.

Small Groups will meet up to six times

Class dates and times will be scheduled with each group

In this writing workshop, we write and share our own creative prose or poetry. Class members receive a prompt that suggests an entry point for a story or poem; responses to the prompt are submitted to the instructor for written feedback and are discussed at class meetings. As we engage in close readings of our own pieces, we also examine other short literary works that may inspire and instruct us.

Writers will meet every other week (or every three weeks) in small prose or poetry groups. Interested Village writers should sign up for the class through the registration process.

Required reading: The instructor will provide course reading documents.

Course leader: Becky K. earned her A.B. in English at Radcliffe College and her Ph.D. in linguistics at Harvard University. She has published articles in linguistics and a book on dyslexia; her poetry has appeared in magazines and in two chapbooks. A faculty member in Lasell's Humanities Department for eighteen years, she also chaired the Humanities Department. Becky has taught courses in language structure, language acquisition, literature, and writing; her poetry course was an intergenerational offering.

Lasell University Intergenerational Learning

The University has resumed in-person instruction, and we are excited to offer two designated intergenerational courses this semester: Ceramics (ARTS111) with Deborah B. and Environmental Science (BIO207) with Rachel R. Both professors are looking forward to including Villagers in their classes and have designed their classes with multiple generations of students in mind. See the course descriptions below for more detail.

In addition to these designated classes, Villagers may take any University class that has space and is an appropriate level. To find available classes, go to <https://selfservice.lasell.edu/PowerCampusSelfService/Search/Section> . This may require a login with your lasell.edu credentials. Filter to “2021/Fall” using the Period filter on the right side of the screen, and either browse the full list of classes or search for courses by keyword using the top search bar.

Please contact the Education Office to register for Lasell University courses whether they are designated intergenerational classes or classes you have selected from the full catalogue. Registration is first-come, first-served with no relation to the lottery process. The University fall semester runs Thursday, September 9 – Monday, December 20.

Environmental Science (BIO207)

Rachel R.

Tuesdays and Thursdays

12:30 PM - 1:45 PM

Lasell University, Science & Technology Center, Room 208

In this course, students will study the basic functions of the environment and the impact humans have on biodiversity, including the effects of pollution, climate change, and resource demands. Students will evaluate their own energy

consumption and the demands of everyday appliances and electronics. Sustainability, environmental activism, and the impact the environment has on human health will also be examined.

Ceramics (ARTS111)

Deborah B.

Wednesdays,

10:00 AM – 12:30 PM

Lasell University, Yamawaki, Room 109

This course is an introduction to the fundamentals of working with clay. Basic methods of hand-building and wheel throwing will be covered. Students will gain an understanding of the transformative nature of clay from a plastic to permanent state. Techniques will include pinching, slab forming, coil building, carving, glazing and firing. Image and video presentations, lecture, and hands-on demonstrations will expose students to the history of ceramics and contemporary techniques used by contemporary ceramic artists.

**Virtual Cross-Enrollment with Lifelong Learning at
Regis College**

The Lifelong Learning at Regis College (LLARC) program will offer all classes via zoom this semester. We will therefore not have any in-person cross-enrollment. Instead, Village residents and LLARC students may resume cross-enrollment where zoom “seats” are open in both programs. Look to News and Notes for information about LLARC classes as their registration process progresses. If you encounter LLARC students in your Village zoom classes, please welcome them as an extension of the Village community!