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## SUMMER 2021 LECTURES AND COURSE DESCRIPTIONS

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# Summer 2021 Lecture and Course Descriptions

The Lasell Village Education Department is pleased to share the Summer 2021 Lasell Village Educational Program selections with you.

## Procedures for Summer Semester 2021:

1. Registration will not be in-person due to physical distancing guidelines. Please carefully read the registration section on page 2 to understand the process for this Summer. This will be the same procedure that was used in the Spring 2021 Semester. **Your registration form must be returned to the Education Office by the end of the day on Monday, May 10<sup>th</sup> 2021.**
2. The best practice for a Zoom class is to treat it like an in-person class. See “Zoom Etiquette” on page 3 for more information.
3. **Lasell House Registration Policy:** Residents of Lasell House who are not under a Residency and Care Agreement should submit the same registration forms as other residents. They will not be registered until after resident registrations have been completed.

## Course Booklet Contents

This booklet contains the following:

- Registration Guidelines are on page 2.
- Zoom Etiquette is on page 3.
- Lectures sponsored by the Education Office are on pages 4-8.
- Weekly Exercise classes and fitness information are on pages 9-10.
- Lasell Village courses are on pages 11-31.
- A summary sheet listing academic courses, fitness classes, and lecture series is at the end of the booklet.

## Registration Guidelines

Registration will not take place in-person this semester. Nevertheless, it is still true that space is limited in classes, and the registration process is intended to meet the educational needs of a community of over 200 residents in as equitable a manner as possible. If you need assistance, do not hesitate to contact John D. Director of Education.

This semester, like the Spring 2021 semester, you will **fill out a paper form** to indicate your class preferences in ranked order. **The form must be returned to the Education Office by the end of the day on Monday, May 10, 2021.** If you are away and not able to return a paper form, please complete the form and send it to the Education Office via email by May 10. Residents who submit paper or email forms by May 10 will be notified of their courses by May 19.

Collected forms will be used to place residents into classes based on residents' preferences and a random drawing system. Note that filling out the registration form does not necessarily mean that you will be in all the classes you selected.

Please fill out your form completely. This will give the Education Office the best information to match residents with their preferred courses. If you choose an in-person or Zoom class that has no seats available, and there is a 918 section for that class, you will automatically be added to the Ch. 918 option.

In fairness to course leaders, registered students, and students on waitlists, residents may not attend classes for which they are not registered. By the same token, if you anticipate missing two or more sessions of a class, please choose a different class. You may have neighbors who are able to attend all of the sessions who would otherwise be on the waitlist.

Registration after May 10: Contact the Education Office if you did not turn in the registration form by the designated date and would like to take classes.

**Please note:** The Education Office will not place a group book order this semester. If you need help purchasing course books, please contact the Education Office.

## **Zoom Class Etiquette**

Please treat a Zoom class as you would an in-person class. Come prepared with what you need so that you can participate. You may want to bring a drink and some tissues with you so that you do not need to get up during the class. Know your material and be prepared to participate.

Be punctual: ensure your device is ready for each meeting ahead of time.

Turn the sound off for any other devices you may have; smartphone, Ch. 918, etc.

Introduce yourself before speaking. Speak clearly.

Limit movement in the background. This is distracting to others in the meeting. If you need to get up or move, simply “stop video.” This will allow you to see and hear, but others will not see you moving.

If you need to eat, or receive an unexpected call or need to get up to leave the room, please turn off your video and audio.

Ensure the condition of your surroundings reflects a neat environment.

Turn off all distractions on your computer prior to the meeting’s start to eliminate the urge to multi-task during the meeting.

Note to smart phone or tablet users: please hold or place your device horizontally. This allows for a larger picture of you to be seen by others. Although it is convenient, please do not walk around with the device in your hands. The movement is distracting to others. Stop your video if you need to move places during the class meeting.

## **Highlighted Intersession and Summer Lectures**

The lectures below are sponsored by the Education Department in coordination with Resident Programming. Changes in the lecture schedule will be announced in News and Notes and posted on VillageNet (lasellvillagenet.com). There is no pre-registration required for lectures or Recipes with Elena whether you join on Channel 918 or Zoom. Zoom links will be posted on VillageNet.

### **The Winter War between the Soviet Union and Finland: November 30, 1939–March 13, 1940**

*3-part intersession class*

**Thursdays, April 15, April 22, April 29**  
**Zoom & Ch. 918**

**10:00 – 11:30 AM**

Dr. Lawrence X. C.

The course will begin with an introduction and background on how Finland became separated from Imperial Russia and the Soviet Union during the Bolshevik Revolution of 1917-18. As a consequence, the course will also discuss how Carl Gustaf Mannerheim, a former imperial Russian general became the first Regent of Finland, maintains military leadership and becomes President of Finland during the Winter War. The course will explain the valiant defense of Finland by Finnish troops against the overwhelming effort of the Soviet Union to invade. The course will describe the winter combat in detail and how the Finns defended their country. The course will discuss the part of the loss of the Karelian Isthmus to the Soviet Union. The course will describe and explain the impact of the Winter War on the decision by Adolf Hitler and his military leadership to attack the Soviet Union in 1941, specifically on the night of June 21-22, 1941.

Required reading: The course leader will provide an overview paper and outlines.

Presenter: Former Lasell Village resident Lawrence X. C., Ph.D. is a former senior officer in the United States Air Force and spent over 30 years in military service.

He continues to provide consultation within the broad range of the national security enterprise. He has two doctorates, one in clinical and educational psychology from Indiana University and the other in history with a specific focus on Soviet and Military History from Boston College and has several years of teaching experience in both disciplines.

## **The Influence of the Hebrew Bible on American Political Values**

*3-part intersession class*

**Tuesdays, April 20, April 27, May 4**

**10:00 – 11:30 AM**

**Zoom and Ch. 918**

Ed R.

In this short course we explore several related questions.

- Are there cases where important biblical and American values overlap?
- When does similarity suggest influence?
- What are the strengths and weaknesses of the evidence suggesting that many important American values are derived from the Hebrew Bible?

Although most of the values discussed are political, some are personal. This course is an expanded version of a lecture the course leader gave at Temple Reyim, in Newton in January of 2020. However, the classroom setting will be much more conducive to class participation than was possible in a lecture. In pursuing the elusive answers to the questions posed above, we will learn about both the implicit philosophies of the Bible and about aspects of American history and culture that are not well-known.

Required Reading: Students should have access to any translation of the Hebrew Bible (also known as the Old Testament or Tanakh). One convenient source is the “Sefaria” app available without charge from the Apple App Store or Google Play.

Presenter: Ed R. was a professor of law at the University of California, Davis, for thirty-eight years. He also has been a visiting professor at many universities including UCLA, Duke, University of Texas, and the Hebrew University of Jerusalem. Although his major field was property law, he instituted and taught a seminar on Jewish law for many years. Gradually he came to realize that many of the values underlying the Hebrew Bible were also American values, but that it was difficult to determine if this similarity was coincidental or causal. He has lectured on this question to a church, to several synagogues, and to other audiences. He looks forward to exploring this and other fascinating related questions with the enthusiastic, articulate and diverse learners of Lasell Village.

## **Improving Visual Functioning**

**Monday, May 17**

**2:00 – 3:30 PM**

**Ballroom**

Bob M. from the Carroll Center

Back for a popular and important topic, join Bob M., Director of Low Vision Services and Certified Low Vision Therapist, for a seminar on the common difficulties of vision changes and losses and the approaches and modifications used to improve visual functioning. This will include the use of low vision services, low vision devices and low vision technologies

Presenter: Bob began his career as a Research Engineer at the Carroll Center in 1970, working on research projects involving the first-generation CCTV video magnifiers and night vision devices. As a Certified Low Vision Therapist Bob provides functional low vision assessments and low vision training to school-aged students, seniors and employees. He also gives presentations to various groups to help educate the public and people experiencing visual difficulties on the resources in dealing with vision changes and vision losses.

## **Music From the Inside Out: Three Beethoven Cello Sonatas**

**Fridays, June 4, July 2, August 6**

**3:30 – 4:45 PM**

**Ballroom**

Lois S.

Lois S.'s survey of the 5 Beethoven cello sonatas will continue throughout the summer as a lecture/performance series. Finishing the spring term with performance discussions of the 1st and 2nd sonatas, we will have three classes this summer devoted to the remaining cello sonatas. These unique and iconoclastic cello sonatas-- spanning Beethoven's entire compositional career, as they conveniently do—not only offer our ears and hearts inspiration and beauty aplenty, but also afford us a coherent portrait of the master's evolutionary musical process. We will study and listen to these pieces in chronological order, and thereby hear the composer transforming in every way: in language, aspiration and spirit.

Course Leader: Lois S. has performed as a soloist and chamber musician throughout the United States as well as in the former USSR, Belgium, Holland, Switzerland, Hungary, Mexico and Canada. Her piano trio Triple Helix, in residence at Wellesley College, was chosen Musicians of the Year for 2003 by The Boston Globe. Lois was an instructor of piano at Smith College, the New England Conservatory, and Brandeis University. She is currently on the faculty of Wellesley College, teaches at NEC Prep, and is artist-in-residence at the Rivers School in Weston. She has given numerous master classes and lectures on subjects such as the nature of musicianship, as well as late Beethoven piano sonatas and Robert Schumann's music in relation to the early 19th century intellectual and aesthetic milieu. Lois won an Alumni Ventures award from the Yale School of Music.



## **Recipes with Elena**

*Weekly Cooking Class*

**Thursdays**

**2:30 – 3:30 PM**

**Zoom & Ch. 918**

Elena C.

What can be better than preparing a delicious meal and enjoying it? Prepare it with Elena, Studios Manager, and the entire Lasell Village! Join Elena every week for a culinary delight on Zoom or virtually participate on channel 918. Learn to prepare simple meals rich in flavor and nutrients.

The program will be broadcast on Channel 918 and on Zoom. Please see VillageNet for the Zoom link so that you can join live to ask Elena questions or contribute your comments.

Presenter: Lasell Studios Manager, Elena C., has shared her love of cooking with presentations at the Village over many semesters. Elena was born in Moldova and has been in the USA for almost 10 years. Her background is in teaching English with a master's in Educational Management. She recently received an MBA from Lasell University.

## Weekly Exercise Classes

**No pre-registration required, except for hybrid classes**

Changes in the on-going weekly exercise class schedule will be announced in News and Notes and posted on VillageNet. For Hybrid classes, pre-registration required for the in-person locations.

<b>Sunday</b>	11 – 12	<b>Prerecorded Chair Yoga</b> with Ruth	Ch. 918
<b>Monday</b>	9 – 10	<b>Prerecorded Exercise Class</b> with Paul	Ch. 918
	10:30 – 11:15	<b>Water Aerobics</b> with Adam	Pool
	11:30 – 12:30	<b>Chair Yoga, Hybrid</b> with Ruth	Ballroom & Ch. 918
<b>Tuesday</b>	1:30 – 2:30	<b>Balance</b> with At Home Physical Therapy	Zoom & Ch. 918
<b>Wednesday</b>	11:15 – 12	<b>Water Volleyball</b> with Adam	Pool
	11:30 – 12:15	<b>Exercise</b> with Britta	Zoom & Ch. 918
<b>Thursday</b>	9 – 10	<b>Gentle Exercise</b> with Christine	Zoom & Ch. 918
	12 – 1	<b>Tai Chi, Hybrid</b> with James	Rogers, Zoom & Ch. 918
	3:30 – 4:30	<b>Chair Yoga, Hybrid</b> with Ruth	Ballroom & Ch. 918
<b>Friday</b>	10:30 – 11:15	<b>Water Aerobics</b> with Adam	Pool
	11:30 – 12:30	<b>Exercise</b> with Britta	Zoom & Ch. 918
	1:30 – 2:30	<b>Balance</b> with At Home Physical Therapy	Zoom & Ch. 918
<b>Saturday</b>	11 – 12	<b>Multi-level Workout</b> with Paul	Ch. 918

# **Fitness Facility Protocols for Summer 2021**

*Fitness guidelines are subject to change in keeping with infection control best practices.*

## **Reservations**

Visit the Fitness Reservation section of VillageNet to make an appointment for the Pool, Fitness Center, and In-Person Group Classes. Couples must reserve 2 slots. Durations of appointments and capacity vary in accordance with state guidelines. Currently, appointments are 45 minutes long and the capacities are: **Neill – 2, Pestalozzi – 3, Pool – 2**. Users must sign in using the symptom attestation form, wear masks, except when in the pool, and maintain social distancing.

## **Unsupervised Fitness Center Guidelines**

To use the fitness center when it is not supervised by Lasell Village staff, each individual must read and sign the Unsupervised Fitness Center User Sanitation Agreement for COVID-19 and pass the Protocol test. Contact Fitness Trainer Paul C or Carla P., Director of Resident Programming for training. Each resident takes the responsibility to wear a mask at all times, sanitize the equipment and maintain proper distancing and hygiene protocols.

## **Ping Pong and Pickleball:**

Ping pong equipment and hygiene guidelines are located in the basement of 125A. Please register for ping pong on VillageNet. Pickleball equipment and key is available for check out at the Welcome Desk. To make a reservation, please call Kristy W., Lasell University Director of Athletics, at .

<b>Pool Hours</b>	M–F: 7:30 am – 1:30 pm Saturday & Sunday: 8:30 am – 1:30 pm
<b>Fitness Center Hours</b>	7 days a week: 5 – 6:30 am; 7:30 am – 6:30 pm (closed for cleaning 6:30 – 7:30 am daily)  <b>Supervised Hours</b> with Paul C. are posted on the Fitness Reservation section on VillageNet and outside the Fitness Centers

## Lasell Village Courses

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### **1. Evolution: The Past, Present and Future of Life on Earth**

Frank B.

**Mondays, May 24–June 28**

**Rogers, 85A: 10:00 – 11:30 AM**

Life on the planet earth began about three billion years ago and has evolved continuously since then. An understanding of evolution draws upon discoveries and insights from a broad array of scientific disciplines including biology, chemistry, genetics, and geology. Even though this topic reached an apogee in the mid-19th century with Darwin's "theory" of natural selection, evolution remains a subject of continuing, perhaps increasing, importance.

The first of six 90-minute sessions begins with a plausible, though highly speculative scenario of the molecular basis for the origin of life and a synopsis of the geologic/biologic eras and epochs leading to our present-day array of flora and fauna. Subsequent sessions will focus on the breadth and depth of understanding of biology arising from Darwin's voyage on the Beagle (1831-1836) and two decades of thought that culminated in the publication of "On the Origin of Species" in 1859. During the 20th century advances in post-Darwinian evolution have been greatly enhanced by molecular-genetic and information technology that have immediate relevance to medicine. Both cancer as well as bacterial and viral infections can be best understood in terms of evolution at "warp speed". On-going and future discoveries place human ingenuity as a key determinant of the fate of living creatures in the near and distant future. Our last session will focus on this impending Pandora's box and whether its contents are portents of good or evil.

Throughout this course a concerted effort will be made to avoid unnecessary scientific jargon and detail, and to focus instead on principals that clarify and simplify relevant contributions from diverse scientific disciplines.

Course Materials: A 4-5 page summary and 2-4 short relevant articles will be distributed at each of 6 weekly sessions. There is no other required reading for this course, but those who have read, or are currently reading *Sapiens, a Brief History of Humankind* (Harper 2015) by Yuval Harari will find it to be a particularly apt source of enrichment.

Course leader: Until he retired three years ago Frank B. was senior hematologist at Brigham and Women's Hospital, and a professor at Harvard Medical School. His major research focused on hemoglobin, red blood cells and diabetes. At HMS he ran the hematology course for medical students and initiated a program to introduce PhD students to human biology and diseases. In 2008 he received an annual HMS award for outstanding career-long medical student teaching.

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## **2. *The Comedy of Errors* by William Shakespeare**

Parkman H.

**Mondays, June 7–July 12**

**Froebel, 130C: 10:00 – 11:30 AM**

In Shakespearean tragedy we usually get a tragedy of errors — of messages missed (Friar Lawrence's for Romeo), of casual slaughters (Polonius behind the arras), of unfounded jealousy (Iago for Othello), of clear-sighted, ruthless ambition (Macbeth to gain the crown of Scotland). But in Shakespearean comedy we get just the opposite: a righting of errors — the lovers in the wood in *A Midsummer Night's Dream*, the forgiveness of insults between Beatrice and Benedick in *Much Ado About Nothing*, the recall of the banished duke from the Forest of Arden. As Harold Bloom observes, "*The Comedy of Errors* is the shortest and most unified of all Shakespeare's plays, and as a result is probably not his first: it is far too skillful in its verse, its action, and its characterizations." After our own tragedy of errors in 2020, this play should be a delight to read and see (on video from Shakespeare's Globe in London) in 2021.

Required reading: *The Comedy of Errors* (Folger Shakespeare Library) Mass Market Paperback, 2005, ISBN-13: 978-0743484886. Please use this version.

Course leader: Parkman H. received a B.A. in English from Harvard University, and a Ph.D. in Anglo-Irish Literature from University College, Dublin. He is currently the poetry editor of *Appalachia*, America's longest-running journal of mountaineering and conservation. He has also co-authored seven musical plays and written articles on such topics as Thoreau, Walden, Hadrian's Wall, and the 1949 Mann Gulch fire in Montana. Parkman has taught a number of courses at Lasell Village on Shakespeare as well as the Bible. He keeps five hives of bees.

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### **3. The Voices Of Experience Sing The Broadway Songbook!**

Jonathan K.

**Mondays, May 31–August 9, no class July 5**

**Ballroom: 1:30 – 3:00 PM**

#### **Performance Dates (if conditions allow)**

**Tuesday, August 10**

**Wednesday, August 11**

Join us in-person as The Voices sing a wide-ranging collection of classic Broadway favorites! From Jerome Kern to Rogers and Hammerstein to the Gershwin Brothers and beyond, this show is sure to be a blast.

After a year spent singing to our screens, Jonathan can't wait to be making music with you in person once again! State guidance for choral classes currently requires masks and 10 feet of social distancing. To accommodate as many students as possible, registered students will be divided into two sections that will each meet for 40 minutes. Your course confirmation will give the details for your section. We ask that only fully vaccinated residents register for Voices in order to mitigate to risk of Covid spread.

Course materials: Please bring a black 3-ring binder and a pencil.

Course leader: Jonathan K. has been writing, playing, and teaching music for much of his life. Starting at a very young age at the piano, he went on to study film scoring and contemporary composition at Berklee College of Music in Boston. He has worked with and directed choirs, orchestras, marching bands, drum corps, and various other ensembles for many years. He now teaches private music lessons, writes and arranges music, and plays in orchestra pits full time.

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#### **4. Solving Crime with Science**

Bill H.

**Tuesdays, June 15–July 27, no class on July 6**

**Froebel, 130C: 10:00 AM – 11:30 AM**

Forensic Science has exploded on the media in the last several decades from one or two shows (Does “Quincy, M.E.” ring a bell?) to currently hundreds. You may have wondered what the truth is and what is distorted. This course will explore several of the Forensic Science disciplines from the scientific, legal and technical aspects to answer this question. Each lecture will explore a forensic discipline and end with a Case Study. Lectures will include hands-on demonstrations. Lecture examples include:

- Science and the Law- Case Study: Daubert v Merrill Dow Pharmaceutical
- Friction Ridge (Fingerprints)- Case Study: Terry Patterson & Sean Ellis – Homicide of Boston Police Officer Mulligan
- Fire and Explosive- Case Study: Did Texas Execute an Innocent Man, Cameron Todd Willingham

This course will focus on the physical evidence, such as bullets or fingerprints, from crime scenes; explaining how the evidence is identified, collected, analyzed and what the analysis tells us. This is a Forensic Science course and there will be an occasional gory photo as would be expected from a crime scene. However, if you are comfortable watching CSI or listening to the news, you will be comfortable in these lectures.

Required reading: The course leader will provide reading material from court cases and relevant articles.

Course Leader: William (Bill) H.: In 1984 was finishing his MS in Chemistry at UMASS Boston, when he saw a job posting on the Chemistry Office Bulletin Board (an actual physical Bulletin Board with thumbtacks, cork board, etc...) for a Chemist in the MA State Police Crime Lab. He applied, was hired, and worked there for the next 35 years before retiring: processing crime scenes, collecting evidence, analyzing evidence, testifying. He has also taught college science labs and random science courses in the Boston area throughout his career. He is grateful to have the opportunity to share his passion, Forensic Science, with you.

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## **5. Music and Social Change in America**

Jonathan F. & Shayla M.

**Tuesdays, June 15–August 17, no classes on June 29 and July 20**

**Ballroom: 11:45 AM – 1:15 PM**

This course will focus on the ongoing relationship between musical movements and campaigns for social justice throughout twentieth/twenty first-century America. After a joint lyrical and musical analysis of classic protest songs by artists like Pete Seeger during the 1940s-70s, we will delve into their respective areas of musical expertise. Jonathan will lead discussions on iconic Jazz musicians and their roles in the Civil Rights Movement, drawing parallels to modern initiatives that are already gaining traction in the post-pandemic music world. Shayla will lead classes on the empowerment of Women through music and the growing field of music therapy. This class will also feature Berklee professor Kevin Harris as a guest speaker, who will present on Gospel and African American music. Participants will leave this course with a greater appreciation of the power of song during historical social moments.

Required Reading: *Talkin' 'Bout A Revolution* by Dick Weissman. ISBN-10: 1423442830



Course Leaders: Jonathan Adam F. is a Boston-based jazz pianist, composer, accompanist, and educator. He regularly performs with local musical icons, produces and performs concerts featuring his own arrangements, and teaches. He resides on the faculty of Concord Academy, the Winchester Community Music School, and Morningside Music Studio. He earned his Master's Degree in Jazz Piano Performance from the Eastman School of Music and his Bachelor of Music Degree in classical and jazz piano performance from Lawrence University Conservatory in Wisconsin.

Shayla M., MT-BC, is a board-certified music therapist and program coordinator at The Falls, an assisted living/memory care community in Newton. Some of her groups include Tone Chimes, Music & Movement, and Music Lectures. Shayla has a BA in Music Therapy from Eastern Michigan University. In her previous work for hospice companies she has passionately provided end-of-life care. Active in the Jewish and LGBTQI+ community, she is interested in music's impact on minority communities.

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## **6. The World's Greatest Game – Bridge!**

Brian F.

**Tuesdays, May 25–July 13**

**Rogers, 85A: 1:00 – 2:30 pm**

Bridge has been played for more than a century by people all over the world. Like other card games, Bridge offers an opportunity for people to socialize and enjoy each other's company. However, the level of complexity present in Bridge grants its players special opportunities to enhance their memory, problem solving techniques, and quantitative reasoning abilities. If you enjoy a challenge and are looking for a way to sharpen your thinking skills this course is for you! Students of all levels will be accommodated whether you are brand new to Bridge or a more experienced player looking to increase your skills in both bidding and play. Special attention will be given to analyzing the mathematics behind common strategies

and play decisions as to provide a learning experience that is equal parts academic and fun.

Required Reading: Assignments will be provided by the instructor, but participants would be well-served if they have access to a computer with internet. Students who find card holders useful are encouraged to bring them to class.

Course Leader: Dr. Brian F. is a professor of mathematics at Lasell University. He attended Tufts University where he earned a BS in Chemical Engineering; and the University of Massachusetts Lowell, earning two Masters (Mathematics and Education), and a Doctorate in Mathematics Education. His research interests include the development of teaching techniques designed to foster logical thinking through the learning of mathematics. Dr. F. has been teaching at a variety of levels for 20 years and has an extensive background in K-12 teacher preparation. His practice revolves around making sense out of abstract mathematical concepts and using mathematical content to help his students become better thinkers. Dr. F. is tremendously excited to offer this Bridge course as a means through which he can bring his mission of improving thinking skills to the residents of Lasell Village.

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### **Conducting, Demystified**

Luca A.

**Tuesdays, June 1–June 15, 4:00 – 5:30 PM**

**and Thursday, June 24, 2:30 – 3:30 PM**

*Choose One: 7. Zoom OR 8. Ch. 918*

**Rehearsals on Zoom Only: *Choose One: June 14, 15, or 16 at 7:30 PM***

**Concert: June 19, 7:30 PM on Zoom**

What makes for a great conductor? What do conductors do, anyway? From Bernstein to von Bülow, this course will answer all of your questions. We will explore the history of conducting as an art form and take an in-depth look at the contemporary conductor's role as an artist, leader, and cultural icon. In addition,

the class will discuss how conductors prepare a musical interpretation, focusing on specific works from the Classical canon as case studies. Students will have the opportunity to attend remotely a rehearsal and concert conducted by Luca A. in order to see these elements of a conductor's role in practice.

Required reading: Course leader will provide handouts.

Course leader: Luca A. is a performer, scholar, and educator. He is on the faculty of the Brimmer and May School, the Rivers Summer Music Program, and holds positions with the Pioneer Valley Symphony, the Zamir Chorale of Boston, and the Brookline Chamber Singers, which he founded. He received a BA Summa Cum Laude from Amherst College in 2014, Luca spent a year as a Fulbright Fellow at the Arnold Schoenberg Center in Vienna, where he published a paper on Schoenberg's performances as a conductor. He holds a Master of Music in Orchestral Conducting from the University of Hartford's Hartt School of Music.

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### **Making Cough Count: Helping to Understand Cough in Your Life and Lasell Village**

Parker S., Peter S., and Guest Faculty

**Wednesdays, May 26–June 30**

**10:00-11:30 AM**

*Choose One: 9. Zoom OR 10. Ch. 918*

Cough can be normal. Or it can indicate serious diseases, such as lung cancer, or pandemics, such as Covid-19. This course will use cough as the central theme to explore modern approaches to product development, pandemic epidemiology, infection control in nursing homes, and the power of artificial intelligence to improve health. Participants will have the opportunity to participate in developing an innovative phone-app-based approach to understanding cough.

Required Reading: Course leaders will provide handouts. Any smartphone will enable participation with the phone app.

### Course Leaders:

- Parker S. was on the faculty at the University of Florida where he conducted groundbreaking work on influenza vaccination and control.
- Peter S. trained in medicine at the University of California, San Francisco during the start of the AIDS epidemic, infectious diseases at Stanford University, and built and ran the tuberculosis program for the Bill and Melinda Gates Foundation.
- Iulian C. is a Romanian human rights attorney currently working in Austria who spent decades doing humanitarian and global health work in Asia and Africa and has started several companies on the interface of technology and health.
- Simon Grandjean L. is an infectious disease physician at the University of Montreal who spent years using technology to improve health in the remotest parts of Madagascar.
- Stefan G. is a Professor of Gerontology at Brown University and a world expert on control of respiratory diseases in Retirement communities and Nursing Homes.
- Joe B. is a data scientist currently living in Spain with extensive experience in Global Health who has done research and program implementation in Latin America, Mozambique and Nepal.

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### **11. Swift's *Gulliver's Travels***

Hank B.

**Wednesday, June 9–July 14**

**Froebel, 130C: 10:00 – 11:30 AM**

One of the greatest satirical masterpieces in Western Literature, *Gulliver's Travels* speaks to us today. Politics, law, science, education, religion—Swift examines them all. Indeed, he looks through them into the most fundamental aspects of what we call human nature. Reading him will make us smile at our own follies and sometimes wince.

Required Reading: Jonathan Swift, *Gulliver's Travels*. Dover Thrift Edition. ISBN: 0486292738

Course leader: Hank B., a Village resident since August 2018, holds degrees from Princeton and Harvard. He has taught on every level from seventh grade English to graduate psycholinguistics. He taught college English and linguistics for 38 years. His upper level course subjects included English Romanticism, Chaucer, History of English, and American Poetry. This is his eighth Village course.

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**Note:** The following two studio art courses are scheduled in successive weeks so that students can take either one or both courses without a scheduling conflict.

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## **12. Watercolor Flowers**

Margo L.

**Wednesdays, May 26–June 16**

**Art Studio, 80B: 12:30 – 2:00 PM**

Join Margo L. for a four-week class of early summer favorites. We will do a small painting a week from life, focusing on texture, composition, and value.

### Course Materials:

- Set of 12-20 tube watercolors (or whatever you have)
- Watercolor palette with large flat mixing surface (not small round one with wells) and wells for paint.
- Brush assortment: buy brushes for watercolor (or any set with comparable sizes)
  - 1" stroke or wash brush
  - #12 round
  - #5 round
  - #1 round
- Arches paper 30 x 22 inches /cp 140 lb. 2 sheets.
- Pencil & white eraser

Course Leader: Margo L. has been an artist since the first grade when she got into trouble with her teacher for “decorating” her workbook. After earning a degree in fine arts in painting from Boston University, an MFA from UMass Dartmouth in printmaking, and an M. Ed. in integrated arts curriculum, she worked as a graphic designer, tee-shirt artist, newspaper correspondent, children’s book author and illustrator, and other interesting things. She is a professor emerita in the art & graphic design department at Lasell University.

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### **13. The Beauty of Charcoal**

Susan K.

**Wednesdays, June 23–July 28**

**Art Studio, 80B: 12:30 – 2:00 PM**

A favorite medium, a very forgiving medium (easy to erase) great to work in for both beginners and professionals: we will explore the Charcoal medium as a successful teaching tool, sketching tool and as a means to highly finished Charcoal work. Through the study of values (the scale of black to white) students will be able to create form/dimension instead of only flat works. We will talk about design and designing, work from nature, memory, and still life. Charcoal is fun! This class will prepare students who wish to go onto painting or strengthen their level of painting skills in any medium. Students will have the option towards the end of class weather permitting to sketch outside the classroom.

#### Course Materials:

- Medium Vine Charcoal package and a hard, plastic food storage container to store them in.
- Generals Black charcoal and white charcoal pencils
- A kneaded eraser
- Toned charcoal paper pad Strathmore or Canson pad 9x12 or larger
- Bring an old shirt to wear to really have fun!

Course leader: Inspired by working from life in oil, pastel, and charcoal, Susan K. paints landscapes, portraits, and still life. She is an active Plein Air Painter

throughout New England including the North Shore/Cape Ann, Rhode Island and Maine. In 2005 she began teaching classes for educational institutions and organizations, including Rockport Art Association and Museum, North Shore Art Association, JCC Newton and private instruction. Susan studied six years with three noted teachers of the Boston School tradition. Master Landscape Painter David Curtis, Master Portrait Artist Robert Cormier, and Master Boston Painter Thomas Dunlay. She currently maintains a resident studio in Franklin and works and teaches in the Thomas Dunlay studios/Atelier continuing the Boston school tradition.

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#### **14. What Makes Sondheim Great?**

Gail L.W.

**Wednesdays, June 2–July 7**

**Rogers, 85A: 12:30 – 2:00 PM**

Stephen Sondheim is commonly thought to be the most important musical theater composer and lyricist of the past fifty years, and the single most influential force in bringing the Broadway musical into the modern era. What makes him great?

In this class, we will unpack some of Sondheim’s major works: *Gypsy*, *Company*, *Follies*, and the Pulitzer Prize-winning *Sunday in the Park with George*. We’ll explore the idea that Sondheim functions as a “playwright in song,” crafting songs that deepen the characters and further the plot. We’ll see how Sondheim has elevated the genre from the “integrated musicals” of his mentor, Oscar Hammerstein, to the “concept musicals” he created with Harold Prince, and the emotionally sophisticated shows he wrote with James Lapine. Finally, we’ll have fun with some of the people who have parodied and teased Sondheim over the years, including the master, himself. The class will include opportunities for students to share their reactions to what they have read, heard, or viewed and to practice analyzing Sondheim’s work, including “Everything’s Coming Up Roses” and “The Ladies Who Lunch.”

Required Reading: Optional homework will include short readings, opportunities to listen to music and to see videos of full shows, and to play Sondheim-related pen and paper games.

Course Leader: Gail L.W., now retired, spends her time studying and teaching about the works of Stephen Sondheim. She facilitates the online, national “Sondheim Study Group,” and gives periodic webinars comparing the works of Sondheim to that of other composers and lyricists. She has lectured about Sondheim at an MIT intersession course and presents about his work at BU’s “Rainbow Lifetime Learning.” Gail has a Masters in Performance Studies from NYU and a BA in Drama from UC Berkeley. A cabaret singer and founding member of Tongue in Cheek, a feminist cabaret collective, Gail has performed at The Arbors Assisted Living and Neville Place Assisted Living, Amazing Things, Boston’s Napoleon Room, and The Provincetown Cabaret Festival.

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### **15. Food Culture and Changes in the Land: Exploring Links Between our Plates and New England's Past**

Matt L.

**Wednesdays, June 2–July 7**

**Rogers, 85A: 2:00 – 3:30 PM**

Culture shapes how people interact with the environment. In particular, food is the most demanding human interaction with nature across multiple metrics: including land use, fossil fuel use and CO<sub>2</sub> production, water use, biocide use, waste production, etc. The consumption and production of food are both strongly intertwined with human culture, which determines the values that direct food choices, and ultimately this links humans to vast landscapes. In this class, we will reflect on the linkages of environment, food and culture through the ecologically focused analysis of New England's landscapes in the groundbreaking book *Changes in the Land: Indians, Colonists and the Ecology of New England* by William Cronon. Now almost 40 years since its initial publication, this primary reading will be supplemented by materials from more recent research into historic land use and indigenous ecological knowledge. In each discussion, we will



reflect on the past, present and future of our local landscape and how our culture, particularly what and how we eat, impacts our relationship to it.

Required Reading: *Changes in the Land: Indians, Colonists, and the Ecology of New England* by William Cronon (any version/edition)

Course leader: Since he was very young, Matthew K. L., Ph.D. has been captivated by food, which eventually led to his studies in ecology and environmental science. As an undergraduate he hunted wild mushrooms and studied fungal ecology at Humboldt State University in California. During his dissertation studies he conducted research on the evolution of ecological networks at Northern Arizona University and the University of Bordeaux in France. He has continued this work as a post-doctoral fellow at Harvard Forest, Harvard University. He is currently an international research fellow with the Chinese Academy of Sciences. When not doing research, he can usually be found eating, trail running, open-water swimming or collecting wild foods.

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### **Health Policy and Politics**

Michael Z. & Governor Michael S. Dukakis

**Wednesdays, June 9 – July 28, 2:00 – 3:30 PM**

*Choose One:* **16. Froebel, 130C OR 17. Zoom**

This course focuses on the history of healthcare reform in the United States, as a response to unresolved issues of access, cost and quality. We will look at United States healthcare proposals from President Harry Truman to President Barack Obama. We will also take a look at healthcare systems in several other nations around the world, and how many of these systems deal with issues regarding access, cost and quality more effectively than the United States.

Required Reading: The course will consist of readings and discussion.

Course Leader: Michael spent 35 years working in the finance and operations areas of health care. He worked with a diverse group of health care systems and providers. His expertise often involved working at the interface of the Federal Medicare program and the state Medicaid program to assist providers in maximizing their allowable reimbursement under existing, and often rapidly changing, Federal and state regulations. For 10 years, Michael assisted former Governor Michael Dukakis in teaching a class on Healthcare policy and politics at Northeastern University.

Michael S. Dukakis is Distinguished Professor Emeritus of Political Science at Northeastern University. Governor Dukakis was also a visiting professor at the Luskin School of Public Affairs at UCLA. He taught for three months at the University of Hawaii, teaching courses in political leadership and health policy and led a series of public forums on the reform of the nation's health-care system. He and former U.S. Senator Paul Simon authored *How to Get Into Politics – and Why*, which was designed to encourage young people to think seriously about politics and public service as a career. Dukakis was the three-term governor of Massachusetts and the 1988 Democratic nominee for president of the United States. Governor Dukakis will be making occasional visits to the class.

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## **18. Remembering Myself into History: African American Memoir as Witness**

C Dale G.

**Thursdays, June 3 – July 22**

**Zoom: 10:00 AM – 11:30 AM**

History and literature are two ways to learn about the world, one based in fact and the other in imagination. Memoir blurs these lines using memory to create narrative as the authors construct narratives about their lives in the context of the worlds they encountered. In this course we will use memoir as a way to deepen our understanding of history and culture. We will read several memoirs that will invite us into worlds that are not easily grasped in the pages of history books or newspapers. The readings allow us to delve deeply into a place, social location, and culture that can be missed in other forms of narrative.

Required Reading: *Coming of Age in Mississippi*, by Anne Moody, 1968.

*My Vanishing Country*, by Bakari Sellers, 2020.

*The Yellow House*, by Sarah M. Broom, 2016.

*Negroland*, by Margo Jefferson, 2015. **Please read *Negroland* before the first class.**

Course leader: C Dale G. is an Americanist specializing in intellectual history, religion, culture, race and African American Studies. She holds master degrees in theological studies and history and is currently completing her doctoral dissertation entitled “From Revelations to Grace: Dancing the African American Religious Experience” in the History of American Civilization (American Studies) at Harvard University. Prior to graduate school, she worked in the corporate and nonprofit sectors.

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### **Before Putin, During Putin, and After Putin**

Lawrence X. C., Ph.D.

**Thursdays, June 10–July 15, 10:00 – 11:30 AM**

**Choose one: 19. Ballroom OR 20. Ch. 918**

The course will begin with the end of the Soviet period covering from 1989-1991 and the first section known as “Before Putin.” This stretches until 2008-9 as Putin becomes established as the leader of the Russian Federation. The “Before Putin” period will focus on the differences in leadership caused by the demise of the Soviet Union. There will be significant discussion about the economy, how certain apparatchiks took advantage of the former Soviet finances to become what would be known as oligarchs, about positive assistance provided to the former Soviet Union, and those western elements that did nothing but take advantage of the Russian people prior to Putin.

In the section known as “During Putin” there will be an explanation of how and why Putin came to power, Putin’s background and behavior, Putin’s management of domestic affairs, foreign affairs, and the difficulties with the Ukraine, Crimea and the overall European community.

The “After Putin” problem will be based upon the development of politics in both the local and regional levels that are clearly anti-Putin or anti-federal government positions. The sentiments of Russian academics from universities across the eight time zones will be articulated. There will be a focus on the domestic needs of the Russian people that have not been met since the end of World War II. Lastly, the course will offer a position about why Putin will have to step down.

Required reading: The course leader will provide an overall paper and an outline for each class.

Course leader: Former Lasell Village resident Lawrence X. C., Ph.D. is a former senior officer in the United States Air Force and spent over 30 years in military service. He continues to provide consultation within the broad range of the national security enterprise. He has two doctorates, one in clinical and educational psychology from Indiana University and the other in history with a specific focus on Soviet and Military History from Boston College and has several years of teaching experience in both of these disciplines.

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## **21. Meet the Framers**

Doris G.

**Thursdays, July 22 – August 26**

**Roebel, 130C: 10:00 – 11:30 AM**

From May to September in the year 1787, fifty-five delegates elected from twelve former colonies, now sovereign states, met in Philadelphia to revise the Articles of Confederation. Their focus quickly turned to the creation of a new national government and the seemingly paradoxical challenges of creating a government that was powerful but not too powerful and in which power was shared between a new sovereign federal government and 13 sovereign states.

Students will explore three major topics: the issue of representative, the issue of slavery, and the issues of executive power. Each student will “adopt” a Framers whose role at the Convention was significant and be prepared to share relevant information about that person with the class.

Required reading: *Plain, Honest Men. The Making of the American Constitution* by Richard Beeman, Random House, 2009.

Course Leader: Doris G. taught History at Fairleigh Dickinson University in the early 1960s and for forty-one years at the Dwight-Englewood School, as Acting Principal of the Upper School, and as administrator of several grants, including two Masterwork Study Grants from the National Endowment of the Humanities. She has a B.A. in History and Government from Douglass College, a M.A. in History from the University of Wisconsin, and an M.A.T. (Master of Arts in Teaching) from Fairleigh Dickinson University.

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## **22. Socrates**

Maud C.

**Thursdays, May 27–June 24**

**Zoom: 1:00 – 2:30 PM**

It's a down time for everyone, so why not talk about Socrates? Socrates never wrote a book, conquered a country, or headed a think tank. But he is credited with creating the "intellectual and moral tradition by which Europe has ever since lived." What did he say or do anyway? We'll find out in fifty-pages of reading and ample discussion.

Required Reading: Any edition of Plato's Dialogues will be fine, but the one I will be using is edited by C.M.A. Grube. ISBN-13: 978-0872206335

Course leader: Maud H. C.'s Ph.D. is in the History of Ideas, and she has taught in both the history and philosophy departments at Wellesley for over fifty years. One of her specialties in philosophy is ethics, and she has taught courses in medical ethics, social and political philosophy, and women in science and technology. Since her retirement from Wellesley, she has been teaching courses in these areas for the Councils on Aging in Dover and Sherborn.

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### **23. Classics in the Berkshires**

Israella A.

**Thursdays, June 17–July 29**

**Zoom: 1:00 – 2:00 pm**

Join Izzi A. for a seven-week course featuring the works of two well-known Berkshire authors, Herman Melville and Edith Wharton. We will be reading and discussing *Moby Dick* by Melville and *The House of Mirth* by Wharton. In addition, the course will focus on the lives of these authors and their contributions to the literary world. Both authors spent many years living in the Berkshires; Herman Melville lived at Arrowhead, a home that looked out onto Mt Greylock, and Edith Wharton built a large country house in Lenox called the Mount that was considered one of the finest “Berkshire Cottages.”

Required reading: Any edition of *Moby Dick* by Herman Melville and *The House of Mirth* by Edith Wharton. Please read chapters 1-20 of *Moby Dick* before the class begins.

Course leader: Israella A. received her B.A. from Clark University and her M.Ed. from Wheelock College. She is a librarian at Swampscott Public Library. She facilitates and moderates book groups on the North Shore as “The Reading Woman.”

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### **24. Sacred Transitions**

Rabbi Alan U.

**Fridays, June 11–July 2**

**Ballroom: 9:30 – 11:30 AM**

Sometimes the river of life takes into completely unexpected seasons where all of our lives are transformed in ways we could not have imagined. We will study selected passages from the Bible about what it means to enter into such seasons. We will also study what it means to inhabit these seasons in a way that can be for

a blessing as well as how to know when the season has to come to a close and it is time to transition into the future.

Required Reading: The course leader will provide handouts.

Course leader: Rabbi Alan U. was ordained by the Hebrew Union College in Cincinnati in 1985 and served as Assistant Rabbi at Temple Emmanuel in Worcester for three years. In 1988, he founded the School for Jewish Studies, dedicated to teaching Torah to adults, which served as the foundation for his current work. Today, Alan travels around New England teaching Torah as a spiritual path. He teaches at temples, synagogues, churches, businesses, private study groups and retreats to people who share in the desire to study Torah as a way to guide and inform the spiritual journey that is our lives today. He also leads adult hiking/ study trips to Israel, the Alps, the Canadian Rockies and St. John.

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## **25. Exploring Patterns: Math and Art**

Heidi B.

**Fridays, June 4–July 9**

**Froebel, 130C: 10:00 – 11:30 AM**

Footprints in the snow, floor tiles, exotic dice, M.C. Escher's *Metamorphosis*: symmetry abounds. The orbifold notation of William Thurston provides a powerful tool for describing, analyzing, and ultimately discovering symmetries. This course offers a scenic tour of the mathematical proof that there are exactly 17 different symmetry types of wallpaper pattern. This course, designed in the spirit of John Conway's *Genius at Play* and Mitch Resnick's *Lifelong Kindergarten* offers hands-on experience of beautiful patterns and an opportunity to explore this topic from the vantage of personal experience.

Course Materials: Scissors, tape, red and blue pens. Course leader will provide a list of recommended readings and resources.

Course Leader: Dr. Heidi B. holds a Ph.D. in Mathematics from the University of Washington and a Master's in Technology, Innovation, and Education from the Harvard Graduate School of Education. Together with John H. Conway and Chaim Goodman-Strauss, she is a co-author of *The Symmetries of Things*. She taught mathematics at Bridgewater State University for 13 years and is now an instructional designer at Lasell University.

## **Looking Forward to Fall**

### **Writing Support from Becky K.**

Writing Support from Becky K. will be on hiatus this summer and will resume in the fall.

### **Cross-Enrollment with Lifelong Learning at Regis College**

The Lifelong Learning at Regis College (LLARC) program does not offer summer classes, so Village residents will not have any LLARC cross-enrollment options this summer. Some LLARC students may join Village classes via zoom as space allows; please welcome them as an extension of the Village community! We look forward to continuing the cross-enrollment program in the fall semester.





# SUMMER 2021 SUMMARY OF LASELL VILLAGE COURSES

	<u>CSE#</u>	<u>Course &amp; Instructor</u>	<u>Dates</u>	<u>Time</u>
<b>Monday</b>	Fit.	Prerecorded Exercise Class <i>Paul C.</i>	Mondays	9:00 - 10:00 AM Zoom, Ch. 918
	Fit.	Water Aerobics <i>Adam D.</i>	Mondays	10:30 - 11:15 AM Pool
	1	Evolution: The Past, Present and Future of Life on Earth <i>Frank B.</i>	Monday, May 24 - June 28	10:00-11:30 AM Rogers, 85A
	2	<i>The Comedy of Errors</i> by William Shakespeare <i>Parkman H.</i>	Mondays, June 7 - July 12	10:00 – 11:30 AM Froebel, 130C
	Fit.	Chair Yoga, Hybrid with Ruth <i>Ruth L.</i>	Mondays	11:30 AM – 12:30 PM Ballroom & Ch. 918
	3	The Voices Of Experience Sing The Broadway Songbook! <i>Jonathan K.</i>	Mondays, May 31 - August 9 <i>No class July 5</i>	1:30 - 3:00 PM Ballroom
<b>Tuesday</b>	4	Solving Crime with Science <i>Bill H.</i>	Tuesdays, June 15 - July 27 <i>No class July 6</i>	10:00 - 11:30AM Froebel, 130C
	5	Music and Social Change in America <i>Jonathan F., Shayla M.</i>	Tuesdays, June 15 - August 17 <i>No classes 6/29, 7/20</i>	11:45 AM - 1:15 PM Ballroom
	6	The World's Greatest Game - Bridge! <i>Brian F.</i>	Tuesdays, May 25 – July 13	1:00 - 2:30 PM Rogers, 85A
	Fit.	Balance with At Home Physical Therapy <i>Derek M.</i>	Tuesdays	1:30 - 2:30 PM Zoom, Ch. 918
	7 Zoom 8 Ch. 918	Conducting, Demystified <i>Luca A.</i>	Tuesdays, June 1 - June 15 & Thursday, June 24, 2:30 - 3:30 PM	4:00 - 5:30 PM Zoom, Ch. 918
<b>Wednesday</b>	9 Zoom 10 Ch. 918	Making Cough Count <i>Parker S., Peter S. &amp; Guest Faculty</i>	Wednesdays, May 26 - June 30	10:00 - 11:30 AM Zoom & Ch. 918
	11	Swift's <i>Gulliver's Travels</i> <i>Hank B.</i>	Wednesday, June 9 - July 14	10:00 - 11:30 AM Froebel, 130C
	Fit.	Water Volleyball <i>Adam D.</i>	Wednesdays	11:15 AM - 12:00 Pool
	Fit.	Exercise with Britta <i>Britta Z.</i>	Wednesdays	11:30 AM – 12:30 PM Zoom & Ch. 918
	12	Watercolor Flowers <i>Margo L.</i>	Wednesdays, May 26 - June 16	12:30 - 2:00 PM Art Studio, 80B
	13	The Beauty of Charcoal <i>Susan K.</i>	Wednesdays, June 23 - July 28	12:30 - 2:00 PM Art Studio, 80B
	14	What Makes Sondheim Great? <i>Gail L.W.</i>	Wednesdays, June 2 - July 7	12:30 - 2:00 PM Rogers, 85A
	15	Food Culture and Changes in the Land <i>Matt L.</i>	Wednesdays, June 2 - July 7	2:00 - 3:30 PM Rogers, 85A
	16 Froebel 17 Zoom	Health Policy and Politics <i>Michael Z., Michael S. Dukakis</i>	Wednesdays, June 9 - July 28	2:00 - 3:30 PM Froebel & Zoom

CSE#Course & InstructorDatesTime

	<u>CSE#</u>	<u>Course &amp; Instructor</u>	<u>Dates</u>	<u>Time</u>
<b>Thursday</b>	Fit.	Gentle Exercise with Christine <i>Christine B.K.</i>	Thursdays	9:00 - 10:00 AM Zoom & Ch. 918
	18	Remembering Myself into History: African American Memoir as Witness <i>C Dale G.</i>	Thursdays, June 3 - July 22	10:00 - 11:30 AM Zoom
	19 Ballrm 20 Ch. 918	Before Putin, During Putin, and After Putin <i>Lawrence X. C., Ph.D.</i>	Thursdays, June 10 - July 15	10:00 - 11:30 AM Ballroom & Ch. 918
	21	Meet the Framers <i>Doris G.</i>	Thursdays, July 22 - August 26	10:00 - 11:30 AM Froebel, 130C
	Fit.	Tai Chi, Hybrid with James <i>James T.</i>	Thursdays	12:00 - 1:00 PM Rogers, Zoom, 918
	22	Socrates <i>Maud C.</i>	Thursdays, May 27 - June 24	1:00 - 2:30 PM Zoom
	23	Classics in the Berkshires <i>Israella A.</i>	Thursdays, June 17 - July 29	1:00 - 2:00 PM Zoom
	Fit.	Chair Yoga, Hybrid with Ruth <i>Ruth L.</i>	Thursdays	3:30 - 4:30 PM Ballroom Ch. 918
<b>Friday</b>	24	Sacred Transitions <i>Rabbi Alan U.</i>	Fridays, June 11 - July 2	9:30 - 11:00 AM Ballroom
	25	Exploring Patterns: Math and Art <i>Heidi B.</i>	Fridays, June 4 - July 9	10:00 - 11:30 AM Froebel, 130C
	Fit.	Water Aerobics <i>Adam D.</i>	Fridays	10:30 - 11:15 AM Pool
	Fit.	Exercise with Britta <i>Britta Z.</i>	Fridays	11:30 AM - 12:30 PM Zoom & Ch. 918
	Fit.	Balance with At Home Physical Therapy <i>Derek M.</i>	Fridays	1:30 - 2:30 PM Zoom & Ch. 918