

**VISITS WITH FAMILY AND FRIENDS**  
**Protocol Update for the Holidays**  
**Effective November 12, 2020**

**No-Risk Visits:**

- Virtual Visits! (E.g. Visits using Zoom, FaceTime, Skype, or phone calls at any time.)

**Low-Risk Visits: The following visits are encouraged.**

- Visits inside apartments with buddies from within a designated pod (maximum of four residents in one apartment). Eating and drinking with members of a pod is permitted.
- Visits with family or friends taking place outdoors on the Lasell Village campus, (maximum of four adults and two children per Village household). Mask-wearing, health screening at the Welcome Desk, and physical distancing are required; eating or drinking is not permitted.
- Visits with family or friends taking place inside Town Hall (maximum of four people, including children, per Village household). Mask-wearing, health screening at the Welcome Desk, and physical distancing are required; eating or drinking is not permitted.
- Visits to homes of family or friends, without eating or drinking, and wearing masks the entire visit, are permitted.

**Higher-Risk Visits: The following visits add additional requirements for residents.**

For the following activities, residents will be required to quarantine after their return to Lasell Village; a 14-day quarantine can be shortened by a negative test result 3-5 days after return.

- Visits to family or friends where masks are removed.
- Visits to family or friends when eating or drinking takes place.
- Visits to family or friends where guests have more than three different home addresses.

**Testing availability:**

Lasell Village offers Covid-19 PCR testing through the Broad Institute, administered by the Lasell Village Wellness Center, for \$50 per test for residents. Results are provided directly to the resident within 24 hours. Testing is ideal between three and five days after potential exposure. Please call the Wellness Center directly to schedule a test.

**Peace of mind before you go:**

Consider getting tested before visiting friends or family outside the Village. Residents may be tested on the following dates.

- Pre-Thanksgiving: Monday, November 23 or Tuesday, November 24
- Pre-Hanukkah: Monday, December 7 or Thursday, December 10
- Pre-Christmas: Monday, December 21, or Tuesday, December 22
- Pre-New Year's: Monday, December 28 or Tuesday, December 29

**Covid Protocols to keep us all healthy:** Wear your mask. Keep six feet away from others. Wash your hands frequently.

#### **Testing after higher-risk holiday visits:**

- Residents who had a higher-risk visit on Thanksgiving Day may test on Monday, November 30. If the test results received on December 1 are negative, then the quarantine will end.
- Residents who had a high-risk visit for the Thanksgiving *weekend* should quarantine upon their return, and get tested on Thursday, December 3. If the test results are negative, then the quarantine will end.
- Residents who had a high-risk Hanukkah visit should quarantine for at least 3 days upon their return. Follow-through testing is available on Monday, December 14, Thursday, December 17 or Monday, December 21.
- Residents with a high-risk visit on Christmas Eve or Christmas Day should quarantine, and test on Monday, December 28 or Tuesday, December 29.
- Residents who had a high-risk visit for New Year's Eve, should quarantine, and test on Monday, January 4.

#### **Out-of-State holiday visits**

- Massachusetts residents are urged to limit out-of-state travel only to states designated as Covid-19 lower-risk states. See <https://www.mass.gov/info-details/covid-19-travel-order>.
- Travel to high-risk states is **not recommended**. Residents must fill out a [Massachusetts Travel Form](#) and follow all Massachusetts quarantining and testing requirements prior to and upon reentering Massachusetts.
- To stay up-to-date on Commonwealth Covid-19 activities, please refer to the state's weekly report: <https://www.mass.gov/doc/weekly-covid-19-public-health-report-november-12-2020/download>

**Thank you for making good decisions. Questions? Please call the Lasell Village Wellness Center at 617-663-7071.**

*This document may only be quoted or used with written permission of Lasell Village.  
Contact Nancy Snow (nsnow@lasell.edu).*