



**Covid Protocols to keep us all healthy:**  
Wear your mask. Keep six feet away from others. Wash your hands frequently.

## Current Resident Protocols

**Visitors for Independent living:** all visitors must be screened at the Welcome Desk upon arrival. Visitors must wear a mask at all times and maintain a six-foot distance from residents.

- Hours from 9:00am until 8:00 pm daily
- Bathrooms outside the dining room will be used for visitors
- If it is particularly busy, please be cognizant of the needs of others, and consider shortening a longer visit.
- **NEW Inside visits beginning September 28:** limited to Town Hall: the library, the great room, the bar, large dining room, solarium and brunch nook. Limit of two adults and accompanying children (if supervised).
- **Outside visits:** limit four visitors per household including children, who must be supervised.
- Meals with visitors: Outdoors only!
  - Meals may be eaten outdoors with family or friends.
  - Please do not share food or utensils.
  - Maintain six-foot distance
  - Masks must be worn when eating is over.

**Lasell House** Department of Public Health regulations limit visits to two adults and two children at one time. To pre-register, contact the Social Worker at 617-663-7087.

### **NEW: Testing for Asymptomatic Residents**

- Residents without symptoms may make an appointment in advance with the Wellness Center to be tested on Monday 7:00AM – 10:00AM or Thursdays from 12:00 PM—3:00 PM (no holidays)
- Cost: \$50 (insurance not accepted) which will appear on your monthly statement

### **Buddy System for Independent Living**

The buddy system can include up to four *households*.

- Buddies are allowed to eat meals and visit in each other's apartment or outside.
- If one buddy in your "pod" tests positive, all members of the group must quarantine.
- A resident may choose to change a buddy, if waiting two weeks between groups.

**Be safe ♦ Be healthy ♦ Be a caring community member**  
**If you do not feel well, call the Wellness Center at 617-663-7071.**

**In Your Apartment**

- Only buddies, authorized vendors or caregivers, or staff are allowed in your apartment.
- No other visitors are permitted in any residential building.
- Housekeeping will clean apartments every week, beginning the week of October 5.

**Trips Outside Lasell Village**

- In general, wear a mask, keep your distance, and sanitize hands frequently.
- Keep your risk to a minimum by choosing: take-out orders, errands at less busy times, curbside pickup, and outdoor dining instead of indoor dining.
- Trips to doctors: Village car will be cleaned after each use.
  - In order to minimize the risk to staff, no driving to Covid testing sites.
  - Residents do not need to go through the Welcome Desk screening.
- If you visit family or friends at a location other than Lasell Village: stay outdoors if possible, wear a mask, maintain a six-foot distance.

**Out of State Trips by Residents**

- Per Massachusetts regulations, residents returning from a lower-risk state do not have to quarantine. The current state list can be found at <https://www.mass.gov/info-details/covid-19-travel-order#lower-risk-states>
- If traveling to a state deemed higher risk by Massachusetts, a resident has two options:
  1. Quarantine for three days, then test. Remain in quarantine until test results arrive. Provide a negative test result to the Wellness Center to be released from quarantine.
  2. If you choose not to be tested, or receive a positive test, you will be required to quarantine for 14 days (from return or from the date of testing) in your apartment immediately upon your return.
- Please advise the Wellness Center of your travel plans.

**Common Areas**

- Residents may sit in in all buildings' indoor common areas in groups of up to four *residents* while maintaining a 6-foot distance and wearing masks.
- Books may be borrowed from Village libraries; wash hands before and after your visit. Books must be signed out.
- The Village Bank is now open Tuesdays and Thursdays, 10:00 AM to 1:00 PM. Call 617-340-1297 to make an appointment for banking services.

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### Meals

- The Dining Room and Margaret's Café are not available for eat-in services; delivery is available for lunch and dinner. Meal pickup is available at lunch.
- Weekly menus are delivered to residents on Thursdays with *News and Notes*, and posted on Lasellvillagenet.com.
  - You may order online, or call your order in to Margaret's Café, for the day or the week, including ordering lunch.
  - If you are unable to order online, you can drop your weekly menu off at the café.
  - Buddies are allowed to eat meals in each other's apartment or outside.

### Fitness

- Pre-registration for Pool or Fitness Center visits is required – available on Lasellvillagenet.com or by calling Resident Programming, the Education office or the location.
- **Pool:** Open seven days a week.
  - Wear your mask when not in the pool. The lifeguard will conduct a health screening when you arrive. Changing rooms are open, lockers are not available.
- **Fitness Center:** Equipment will be cleaned between each user when the Trainer is there.
  - You may use the Fitness Center for a pre-registered visit during non-staffed hours, if you receive additional training from the Trainer or the Resident Programming Office on cleaning protocols.
- **Ping-pong:** outdoor ping-pong is available. Indoor options to be determined.

### Keeping the Village Risk Low

- The Brennan Library is working with Concierge Services to arrange for direct delivery of books to the Village.
- Consider changing your walking route to avoid congested University areas.
- If you are interested in any program or class at the University, you must connect remotely. Contact the Education office to discuss.

### Lasell University

- University students are being tested twice a week. On-campus faculty are also tested.
- The students and staff have signed a safety pledge.
- Some students have chosen to take their classes all online, some in-person, and some hybrid. In-person classes have additional safety precautions.

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