

Spring 2019 Lecture and Course Descriptions





Spring 2019 Lecture and Course Descriptions

The Lasell Village Education Department is pleased to share the Spring 2019 Lasell Village Educational Program selections with you. Registration dates and times are:

Thursday, January 3rd, 2019 10:00 AM – 12:00 Noon Lasell Village Ballroom

Reminders for Spring Semester 2019:

- 1. **Third Choice Indication:** At Registration in the Ballroom on January 3rd you will have the opportunity to indicate your third choice course. Third Choice Indication will take place at a separate table in the ballroom after you register. Indicating your third choice does not guarantee your place in the desired course. It is simply a count for the Education Office that shows how much interest there is in a class, in case initial enrollment is too low for the class to run. You will still need to attend third choice registration held in the Mervis Conference Room on January 8th from 10:00-12 noon to register for your desired course.
- 2. **Cross Enrollment Pilot**: Lasell Village is continuing a cross enrollment pilot with the Lifelong Learning at Regis College program. Please see page 3 for more details.
- 3. **Hearing Loops:** Hearing Loops are available in the following classrooms: Dewey, Froebel, and Rogers. Hearing loops allow people with hearing aids to tune into a channel which picks up the microphone and sounds in the room for a better listening experience. Please take advantage of this new technology if you have a compatible hearing aid.

Registration Guidelines

This booklet contains the following:

- <u>Lectures</u> sponsored by the Education Office are on pages 4-7. Save the dates on your calendar. No registration is necessary unless specified.
- Weekly Exercise classes are on page 8.
- <u>Lasell Village courses</u> are on pages 9 22, for which in-person registration will begin on January 3rd.
- Additional Lasell College Intergenerational Offerings are on pages 22-24.
- A planning worksheet is available on page 25.
- A summary sheet listing academic courses, fitness classes, and lecture series is at the end of the booklet.

The following guidelines and procedures for registration reflect your helpful suggestions from past program planning, as well as policies that attempt to meet the educational needs of a community of over 200 residents in as equitable a manner as possible. If you need assistance, do not hesitate to call John Dixon, Director of Education at 617-663-7055.

- Your January 3rd registration time: Registration will begin at 10:00 AM and end at 12:00 noon in the Ballroom on Thursday morning, January 3rd. Your personal registration time, based on your lottery number, is printed on the cover of this booklet. If you cannot be at registration at your assigned time, you may ask another resident to register for you at your personal time or you may register later in the afternoon in the Froebel Classroom (130C) before 3:30.
- Registration after January 3rd: Registration will continue in the Education Department for those who did not have an opportunity to register on January 3rd.
- <u>Tuesday, January 8th at 10:00 AM</u>: We will offer an opportunity for residents to enroll in additional courses from the remaining open courses. This will be in a first-come, first-served manner in the Froebel Classroom (130C). If you expressed interest in a third choice on January 3rd, you will still need to register on January 8th.
- Registration after January 8th will continue in the Education Office for open courses.
- <u>Selection of courses</u>: We will use the same name card/course card exchange system that has worked well in our community. Before registering, select up to two courses from the enclosed descriptions. If you are planning to be away during the spring semester, please do not register for a course in which you would have to miss any more than one class. The list of classes on the enclosed summary page may be useful in making your selections. In case a course is full when you register, you should have an alternate choice in mind. At registration, you will receive an immediate written confirmation of your enrollment in the courses of your choice.
- Registering for another resident: One resident may register for another as long as the registration takes place according to the absent resident's lottery number.

- Note class times carefully: Scheduling enough classes for our community of over 200
 residents inevitably results in overlapping class meeting times or dates. Note the times
 and dates of your course preferences carefully before registering to avoid time conflicts.
- Attendance Reminder: Please arrive at your class a few minutes early so the instructor
 can start the class on time. Late arrivals interrupt the class while they seek a place to be
 seated, so be considerate and plan ahead.

In fairness to course leaders, registered students, and students on waitlists, residents may not attend classes for which they are not registered. By the same token, if you anticipate missing two or more sessions of a class, please consider registering for a different class. You may have neighbors who are able to attend all of the sessions who would otherwise be on the waitlist.

- <u>CNA Reminder</u>: Please take note that all personal CNAs employed by residents should stay close by during classes. They are responsible for assisting their designated residents in case of an emergency.
- **Medical Emergencies**: If you feel ill in class, please let the course leader know. The course leader will call the front desk at x7000 to provide prompt, proper medical attention.

Cross Enrollment Pilot with Lifelong Learning at Regis College

This spring semester we will be continuing our cross enrollment pilot program with the Lifelong Learning at Regis College (LLARC) program. The goal of this pilot is to increase the variety of classes available to Lasell Village residents both by making some LLARC classes available to our students and by helping to fill our under-enrolled classes. Including some LLARC students may reduce the number of classes we have to cancel due to low enrollment, thereby improving the variety of classes available to residents.

Changes for this semester:

- 1. Transportation to and from Regis College will be provided for 3 or more Lasell Village residents attending LLARC classes scheduled at the same time.
- Due to the timing of LLARC and Village registration, we will not know what seats are available in LLARC classes until after our Village registration. Please see News and Notes in January for information about available LLARC courses and how to register.

LLARC students were pleased with their Lasell Village classes this fall and hope to join us again. Thank you for helping these visiting students feel welcome!

Highlighted Spring Semester Lectures

All lectures take place in the Lasell Village Ballroom, and no pre-registration is required unless otherwise specified. Changes in the lecture schedule will be announced in News and Notes and posted on the bulletin board at the Resident Services Desk. The lectures below are sponsored by the Education Department in coordination with Resident Programming

Book Talks

Join us for this annual four-part winter program that features book reviews by members of our living and learning community of residents, staff and Village course leaders. Our thanks to residents Mary Black, Chris Wood, and Dave Willis for organizing this program.

Wednesday, January 9

Nelly Murstein

2:00 - 3:00 PM

Proust was a Neuroscientist by Jonah Lehrer

Wednesday, January 16

John Dixon

2:00 - 3:00 PM

The Art of Failure: An Essay on the Pain of Playing Video Games by Jesper Juul

Wednesday, January 23

Betsy Bunn

2:00 - 3:00 PM

The Wisdom and Fun of Children's Literature

Wednesday, January 30

Bob Gorn

2:00 - 3:00 PM

Real Happiness by Sharon Saltzberg

Transforming Lives and Building Futures

Wednesday, January 9

7:30 PM

Arthur Bembury

Partakers is a small, unique, not for profit organization based in Newton, MA working to help reduce mass incarceration by promoting higher education and providing community mentoring for incarcerated women and men. The work of Partakers is profoundly impacting the lives of incarcerated students, their mentors, their families, and their community. Graduates from the Partakers College Behind Bars Program show a 2% rate of returning to prison as compared with the average national rate of 68%.

Partakers works alongside many local colleges and universities, including Tufts, Harvard, BU, Emerson, Boston College, MIT. They team with more than 40 organizations that include over 550 community volunteers from The Greater Boston Area who are currently mentoring their students. Partakers is also a Lasell College Community Partner for internships and volunteer opportunities.

In addition to a presentation about the program, this will be an opportunity to discuss the formation and launch of The Reading Circle, a very special Book Club partnership with Partakers and the Lasell Village Community.

<u>Presenter:</u> Partakers Executive Director Arthur Bembury is a graduate of Boston University's Questrom School of Business Non Profit Management and Leadership Program. He cofounded several residential treatment facilities for disadvantaged youths in Southern California and now serves on the Board of Directors of The Criminal Justice Policy Coalition, is an Honorary Board Member with UU Mass Action, and is on the Advisory Board of The Petey Green Program. He will be joined for this presentation by a Partakers graduate as well as Lasell Village resident and former Partakers Board Member and Mentor, Ros Winsor.

Introduction to the AARP Foundation Tax-Aide Program and Volunteer Opportunities

Thursday, January 10

2:00 PM

Holly Stratford and Michael Zimmer

This seminar will introduce you to the AARP Tax Aide program (a joint program with the IRS) which was started in 1968. This is an all-volunteer national program preparing tax returns, mostly for seniors, with two sites here in Newton- The Newton Senior Center and the Newton Free Library. In 2017, the program prepared over 1.5 million returns nationally, and over 30,000 returns in Massachusetts.

The major elements of this program will be explained, and the available volunteer role of a **AARP FOUNDATION TAX-AIDE CLIENT FACILITATOR(CF) POSITION**. This is a meaningful opportunity to volunteer, based on your schedule, to assist in a very worthwhile service to the community.

If you want to participate in this role, responsibilities will include:

- Welcoming taxpayers, and helping ensure that each taxpayer has brought correct forms, documents, and personal identification.
- Assisting taxpayers in filling out portions of the Intake Sheet and other required papers.
- All CF's will be given materials to take two short tests on IRS standards of Conduct and use of the Intake/Review form used at each site.

This role does not require any tax knowledge, as you will not be asked, nor can you answer, any tax-related questions. The CF should be organized, personable, and enjoy working with people.

<u>Presenters:</u> Holly Stratford is a retried in-house lawyer who worked at computer hardware and software companies for 24 years. This is her 8th year with the AARP Foundation Tax Aide program, and she has been the District Coordinator in District 10 since 2014. District 10 is one of thirteen districts in Massachusetts. This district has 14 sites, about 55 volunteers and prepared over 2,000 returns last year.

10:00-11:30 AM

Michael Zimmer is a Newton native with a B.A. in Psychology and an M.S.in accounting. He spent 30+ years working on the finance and operations side of the healthcare system. Michael has volunteered as an AARP Tax Aide for five years, will be one of the individuals assisting with training new participants this year, and will be preparing returns at the Newton Senior Center and the Newton Freer library.

To Impressionism and Beyond

A series of 8 lectures

Tuesdays, January 22 - March 12

Mary Black

sake.

Great changes were taking place with the Industrial Revolution. The movement of art in the late 19th century was one of the most momentous phenomena of change. No period of the history of Western art was as inventive, productive, and important as this short epoch. For the first time Western art was truly international and reached a mass audience through the stimulus of photography, public art museums, and the art markets. And the history of modern art is most often seen as a sequence of movements. Impressionism followed by post-Impressionism which was followed by Cubism and followed by Abstract Expressionism and so on. Art had to respond to the social changes at the time. It was art for art's sake or for life's

Mary Black will attempt to describe the new movements and their influence on future generations.

<u>Presenter:</u> Lasell Village resident Mary Black was born in Vienna, Austria and brought up in England and the United States. Her interest in art history came about at an early age. She graduated from Elmira College and studied at New York University and the Metropolitan Museum. She has lectured in a great variety of colleges and senior institutes.

Franz Schubert and the Epiphanic Potential of the Commonplace

A two-night musical celebration

"Music from the Inside Out": Wednesday, February 13 7:30 PM Performance: Thursday, February 14 7:30 PM

Lois Shapiro

"Schubert's music makes us cry. We cry without knowing why, because we are not yet what such music promises and because of the unnamed happiness that music needs only to be just like it is, reassuring us that we will become like it."

-Theodor Adorno

Franz Schubert has, for so long, occupied an unquestionably permanent place in the pantheon of most beloved composers, it may come as quite a shock to know that, within his all-too-brief lifetime, he wrote over six-hundred songs, numerous piano works for two and four hands, 10

symphonies and a sizable canon of chamber music-- almost entirely without patrons, commissions or aristocratic associations! He flourished within a small, cultured middle-class Viennese community where the majority of his music would remain, unknown to the larger world until after his death.

What is the musical alchemy by means of which his work touches us so deeply and upliftingly? Come join pianist Lois Shapiro, for an exploration of the intimate and imaginative world which Schubert's piano music conjures. He invites us to experience a sense of wondrousness; and he affords us the possibility of transcendence, where we least expect it.

Presenter: Lois Shapiro has performed as a soloist and chamber musician throughout the United States as well as in the former USSR, Belgium, Holland, Switzerland, Hungary, Mexico and Canada. Her piano trio Triple Helix, in residence at Wellesley College, was chosen Musicians of the Year for 2003 by The Boston Globe. Lois was an instructor of piano at Smith College, the New England Conservatory, and Brandeis University. She is currently on the faculty of Wellesley College. She has given numerous master classes and lectures on subjects such as the nature of musicianship, as well as late Beethoven piano sonatas and Robert Schumann's music in relation to the early 19th century intellectual and aesthetic milieu. Ms. Shapiro won an Alumni Ventures award from the Yale School of Music.

Weekly Exercise Classes

No pre-registration required

Changes in the on-going weekly exercise class schedule will be announced in News and Notes and posted on the bulletin board at the Resident Services Desk.



Monday	10:00 – 10:45 AM	Water Exercise with Lis Drake*	Pool
	11:30 AM – 12:30 PM	Chair Yoga with Ruth Landsman	Ballroom
Tuesday	12:00 – 12:45 PM	Balance/Core Strengthening with At Home Physical Therapy	Ballroom
Wednesday	11:30 AM – 12:15 PM	Group Exercise with Britta Zecher	Ballroom
Thursday	9:00 – 9:45 AM	Balance/Core Strengthening with At Home Physical Therapy	Pestalozzi
	11:15 AM – 12 noon	Tai Chi with James True	Pestalozzi
	3:30 – 4:30 PM	Chair Yoga II with Ruth Landsman	Pestalozzi
Friday	10:00 – 10:40 AM	Aqua Stretch with Bernice Greenwald*	Pool
	11:45 AM – 12:30 PM	Group Exercise with Britta Zecher	Ballroom

^{*} Class will not be held on days when the pool is closed.

Lasell Village Courses

1. What we all Need to Know about Blood: Its Rich History, Controversies, and How it Guards our Health

Frank Bunn

Mondays, January 28 - March 18

10:00 - 11:30 AM Rogers, 85A

Throughout our lives, blood has conjured a wide range of images – blood banking, blood blisters, blood clots, blood diseases, bloodletting, blood pressure, blood relatives, blood sausages, blood types. Blood, in its various guises, has a rich history in history, art and literature. Research in hematology has advanced further than in most other medical specialties because blood is so easy to access and scrutinize both under the microscope and at the molecular level.

This course is intended to introduce those with little or no scientific background to the rich history of blood along with past and current medical advances. We will present in clear layperson's language basic information on the red cells, white cells and platelets, show how they supply our body with oxygen, combat bacterial and viral infections, and immune protection against pathogens and, in cooperation with coagulation factors in the plasma, form blood clots that protect from hemorrhage. Special sessions will be devoted to the CBC (complete blood count) and its interpretation, blood transfusion therapy, bone marrow transplantation, gene therapy of blood disorders, and how a broad range of blood tests can provide critical clues that inform both the diagnosis and treatment of a wide array of diseases.

<u>Suggested reading</u>: Short articles will be distributed at each of 7 weekly sessions. At these sessions PowerPoint slides will display a variety of relevant illustrations including works of art, historical photographs, microscopic images and explanatory diagrams.

<u>Course Leader:</u> Until he retired last year Frank Bunn was senior hematologist at Brigham and Women's Hospital, and a professor at Harvard Medical School. His major research focused on hemoglobin and red blood cells, and his clinic was devoted primarily to patients with anemias and bleeding disorders. At HMS he ran the hematology course for medical students and initiated a program to introduce PhD students to human biology and diseases. In 2008 he received an annual award for outstanding career-long medical student teaching.

Choose One:

2. Othello

Parkman Howe

Mondays, January 28 – March 4 10:00 – 11:30 AM Dewey, 130D

Or

3. Othello

Parkman Howe

Mondays, January 28 – March 4 1:00 – 2:30 PM Dewey, 130D

Othello, Shakespeare's tragedy of trust betrayed, belongs to the playwright's high tragic period, beginning with *Julius Caesar* and *Hamlet* (1601) and ending with *Antony and Cleopatra* and *Coriolanus* (1606 and 1608 respectively). While the play can lay claim to many fine filed phrases — Pride, pomp, and circumstance of glorious war; I will wear my heart upon my sleeve — it has two of the best scenes Shakespeare ever wrote: the encounter between Othello and lago, who like a mind reader leads on his credulous leader with hints and insinuations of his wife's supposed infidelity; and the conversation between Desdemona and Emilia in which they speculate about cuckolding their husbands if they could only gain "all the world." We will be viewing scenes from an outstanding production of the play at Shakespeare's Globe from 2007.

Required reading: Othello, William Shakespeare. (Folger Library Edition - ISBN-10: 9780743477550

<u>Course leader</u>: Parkman Howe received a B.A. in English from Harvard University, and a Ph.D. in Anglo-Irish Literature from University College, Dublin. He is currently the poetry editor of Appalachia, America's longest-running journal of mountaineering and conservation. He has also co-authored five musical plays, and written articles on such topics as Thoreau, Walden, Hadrian's Wall, and the 1949 Mann Gulch fire in Montana. Parkman has taught a number of courses at Lasell Village on Shakespeare as well as the Bible.

4. Voices of Experience go to Oklahoma!

Jonathan Kessler

Rehearsals: Mondays, January 28 – April 8 2:00 – 3:30 PM

No class February 18

Performance: Tuesday, April 9 1:00 – 3:00 PM Performance: Wednesday, April 10 1:00 – 3:00 PM

Oklahoma! brings us back to 1943 and the very first time Richard Rogers and Oscar Hammerstein teamed up to write a musical together! Set in the Western Indian Territory in

1906, we follow the love story of Laurey Williams and the handsome cowboy Curly McLain. The road to true love is anything but smooth but there is no doubt these two will succeed in making a life together. As the road to romance and the road to statehood converge, Laurey and Curly are poised to spend their new life together in a brand new state. OKLAHOMA!

<u>Course Requirements</u>: The only requirement for joining this choral group is that you should be able to carry a tune. New members meet briefly with the conductor for a private meeting. The quality of your voice is not important; neither is your ability to read music. We are open to all: join the Voices and let music brighten your life!

Course materials: You will need a black three ring binder and a pencil.

<u>Course leader</u>: Jonathan Kessler has been writing, playing, and teaching music for much of his life. Starting at a very young age at the piano, he went on to study film scoring and contemporary composition at Berklee College of Music in Boston. He has worked with and directed choirs, orchestras, marching bands, drum corps, and various other ensembles for many years. He now teaches private music lessons, writes and arranges music, and plays in orchestra pits full time.

5. Ecological Foodways: Studying Eating as Ecology

Matthew K. Lau

Mondays, March 4 - April 8

4:00-5:30 PM Froebel, 130C

Eating is inherently an ecological act. USDA land-use statistics show that over 50% of the land in the contiguous US is devoted to grazing and crop production. As human beings concentrate into dense urban centers, the distance between people and their food continues to increase. Part ecological seminar and part cooking class, this course uses a combination of lectures, discussions and interactive food-focused labs to demonstrate key ecological concepts related to food and explore ways in which food connects people and shapes ecosystems. In addition, a central feature of the course will be learning how to keep a field notebook as a tool for recording ecological and personal observations through journaling.

<u>Required reading</u>: Please bring a notebook (e.g. Composition Book) for journaling. The course leader will provide handouts and suggest some online video materials.

Course leader: Since he was very young, Matthew K. Lau, PhD has been captivated by food, which eventually led to his studies in ecology and environmental science. As an undergraduate he hunted wild mushrooms and studied fungal ecology at Humboldt State University in California. During his dissertation studies he conducted research on the evolution of ecological networks at Northern Arizona University and the University of Bordeaux in France. He has continued this work as a post-doctoral research fellow at Harvard Forest, Harvard University, where he is currently a research fellow. When not writing or doing research, he can usually be found eating, trail running, open-water swimming or collecting wild foods.

6. Awakening through Meditation

Donna Rubenoff

Tuesdays, January 22 – March 26 No class March 5 or March 19 10:00 – 11:30 AM Pestalozzi, 85C

Mindfulness meditation allows us to deeply look at ourselves and be with whatever we see without changing anything. We come to understand that although the circumstances of our life change and we never really know what will happen, we have the wisdom to choose how to respond to those life circumstances. In the process we receive feelings of openness and peace. In this eight week course we will learn to use meditation as a tool to help us be mindful and meet whatever arises with acceptance, compassion and without judgment. While focusing on our breath, our physical sensations, our feelings and our thoughts we become more familiar with how our habitual reactions to life circumstances can cause us to suffer. Meditation can help cultivate positive qualities that lead to our own healing. Together we will experience the powerful energy of group meditation. Please join us! All levels of experience are welcome.

Required reading: The course leader will provide handouts.

Course leader: Donna Rubenoff received her B.A. from Queens College, City University of New York. She has an eclectic background working as a Broker Dealer Examiner for the United States Security and Exchange Commission, an Educational Advocate for families with children who have disabilities and as a Stress Line Counselor at the Parental Stress Line hotline. Donna discovered meditation and studied Mind-Body techniques during a time of stress. As a peer leader at the Benson-Henry Institute for Mind-Body Medicine at MGH, she mentored those with stress-related illnesses to help them elicit the relaxation response through meditation. Donna finds inspiration in studying Torah and Buddhism. She believes these ancient teachings deepen our understanding of ourselves through a spiritual connection. Donna leads Mindfulness and Meditation groups at synagogues, senior residence communities, and adult education centers.

7. Genetic Testing: Amazing Technologies bring Thorny Ethical Challenges Judith E. Tsipis

Tuesdays, February 26 - April 2

10:00-11:30 AM Froebel, 130C

This course, designed for those without a science background, will briefly cover the basics of genetics including the various modes of inheritance and types of genetic mutations. From there, we will focus in detail on the specifics of prenatal testing, newborn screening, carrier testing, predictive testing and diagnostic testing and highlight ethical issues as appropriate. Classes will use a lecture format with the last part of each class set aside for discussion of relevant ethical cases

<u>Course materials</u>: The course leader will provide handouts.

Course leader: Judith E. Tsipis, newly retired from the Brandeis faculty after 42 years of teaching undergraduate biology and 25 years of training graduate students to become genetic counselors, has a long-standing interest in genetics and the ethical issues that often arise when new genetic tests and technologies are introduced. Judith's involvement in the training of genetic counselors as well as her active role in a number of patient advocacy groups derive in great measure from her own experiences as the parent of a child with Canavan disease, a rare and progressive neurological genetic disorder.

Choose One:

8. Public Policy with a Divided Congress

Gary Donato

Tuesdays, January 29 - March 5

11:30 AM - 1:00 PM

Rogers, 85A

Or

9. Public Policy with a Divided Congress

Gary Donato

Tuesdays, January 29 - March 5

1:30 - 3:00 PM

Rogers, 85A

Or

10. Public Policy with a Divided Congress

Gary Donato

Tuesdays, January 29 - March 5

3:30 - 5:00 PM

Rogers, 85A

Public policy, or the government's plan of action to solve problems that people share collectively, reveals the interaction of all political actors – constitutional (president, Congress, judiciary) as well as extra-constitutional (interest groups, political parties, media, and the opinion of the public). Solving public problems, despite the good intentions of policy makers, can be difficult to say the least. Some scholars argue the makeup of the policy making bodies (president and Congress) when unified enhances while divided exacerbates that process. After the 2018 midterm elections we have an incredibly unique environment in that the Congress itself emerged divided where the Republicans gained seats in the Senate and the Democrats took control of the House. Will this enhance or retard the policy making process? Over the course of six weeks we will look at some of the major domestic-level policies confronting such a government.

Required reading: The course leader will provide Handouts.

<u>Course leader:</u> Dr. Gary Donato holds a Ph.D. in Political Science/Diplomatic History from the University of Connecticut and is a lecturer at Bentley University; an adjunct professor at Mass Bay Community College, Boston University and Rhode Island College. A retired Naval Officer,

he is now an avid traveler, reader, and scuba diver. Gary has worked on both state and national campaigns and was a consultant for eight years for the strategy section of the Department of Homeland Security. In his spare time, he enjoys operas and reading (aloud) medieval romance literature!

11. Three Novels by Ishiguro

Harriet Sirof

Tuesdays, February 5 - March 26

1:30 - 3:00 PM Froebel, 130C

When Kazuo Ishiguro was awarded the 2017 Nobel Prize for Literature, the Nobel committee called him "a writer of great integrity" who wrote "novels of great emotional force" which deal with "our illusions of our connection with the world." His novels are also "good reads" which have sold more than 2.5 million copies in the United States.

We will read and discuss three of Ishiguro's novels, enjoying their fascinating plots and characters while examining what they tell us about the human condition. We will trace Ishiguro's themes as they reappear in seemingly very different books. This is an eight-week course.

Required Reading: The Remains of the Day, ISBN 978-0-679-73172-6,

Never Let Me Go, ISBN 978-1-4000-7877-6 The Buried Giant, ISBN 978-0-307-45579-6.

<u>Course leader</u>: Lasell Village resident Harriet Sirof has published eight novels, two non-fiction books, and a dozen short stories. She taught writing at Brooklyn College of the City University of New York for many years. After retirement, she taught courses in modern novels at Brooklyn Lifelong Learning at Brooklyn College, discussing 135 novels over 15 years. Most recently, she gave courses in Jane Austen, Edith Wharton, Virginia Woolf, and Toni Morrison here at Lasell Village.

12. Hypocrisy Through 3 Centuries

Liz Simons

Tuesday, January 29 - March 5

1:30 - 3:00 PM Mead, 70

Hypocrisy is a ubiquitous human foible which has been the subject of many plays. We will discuss how 3 playwrights treated it, fitting their sarcasm into 3 different centuries, 3 different environments, 3 different censors, for 3 different audiences. Plays are meant to be read out loud as we will in class for our mutual enjoyment (no talent required). The plays, all satirical, subtle, and short (less than 100 pp) are Moliere's "Tartuffe" (only the Richard Wilbur translation), George Bernard Shaw's "Widower's Houses" and Bertolt Brecht's "Good Woman of Setzuan". This is a six-week course.

Note: The authors for this class and class #13 are the same, as are some of the books to purchase, but the plays discussed will be different. These classes do not overlap; you may take either course independent of the other or both together if you prefer.

Required reading:

Moliere, *Misanthrope and Tartuffe*, Richard Wilbur translation required (ISBN10: 0-15-660517-1)

George Bernard Shaw: Plays Unpleasant: Widower's Houses/Philanderer/Mrs. Warren's Profession. (any edition acceptable)

Bertolt Brecht: Parables for the Theatre: Good Woman of Setzuan, Caucasian Chalk Circle (any edition acceptable)

<u>Course leader</u>: Liz Simons started out as a chemical engineer, got a PhD in Physical Chemistry/Physics, morphed her focus into how human blood cells function, and ended up as Professor of Biochemistry at Boston University School of Medicine working on role of blood in Alzheimer's and Infectious Diseases. She's always loved these authors' sarcastic "comedies" and is fascinated at the ways the audience, the financers, the times, the culture influenced how these authors dealt with the same ever-present human foibles. She has been a Lasell Village resident for a year.

13. Social Status Through 3 Centuries

Liz Simons

Tuesday, March 19 - April 23

1:30 - 3:00 PM Mead, 70

One's Social Status – and a climb to or pretense of having attained a "higher" one – has been important for centuries, which has made it a favorite subject for ridicule. We will discuss how 3 playwrights treated it, fitting their sarcasm into 3 different centuries, 3 different environments, 3 different censors, for 3 different audiences. Plays are meant to be read out loud as we will in class for our mutual enjoyment (no talent required). The plays, all satirical, subtle, and short (less than 100 pp) are Moliere's "Misanthrope" (only the Richard Wilbur translation), George Bernard Shaw's "Mrs. Warren's Profession" and Bertolt Brecht's "Three Penny Opera".

Note: The authors for this class and class #13 are the same, as are some of the books to purchase, but the plays discussed will be different. These classes do not overlap; you may take either course independent of the other or both together if you prefer.

Required reading:

Moliere, *Misanthrope and Tartuffe*, Richard Wilbur translation required (ISBN10: 0-15-660517-1)

George Bernard Shaw: *Plays Unpleasant: Widower's Houses/Philanderer/Mrs. Warren's Profession.* (any edition acceptable)

Bertolt Brecht: *Three Penny Opera*. (any edition acceptable)

<u>Course leader</u>: Liz Simons started out as a chemical engineer, got a PhD in Physical Chemistry/Physics, morphed her focus into how human blood cells function, and ended up as Professor of Biochemistry at Boston University School of Medicine working on role of blood in

Alzheimer's and Infectious Diseases. She's always loved these authors' sarcastic "comedies" and is fascinated at the ways the audience, the financers, the times, the culture influenced how these authors dealt with the same ever-present human foibles. She has been a Lasell Village resident for a year.

14. Four More Giants of English Language Literature

Hank Barton

Wednesdays, February 6 - March 27

10:00 - 11:30 AM Dewey, 130D

Told by the most immoral of Geoffrey Chaucer's Canterbury pilgrims, "The Pardoner's Tale" is a powerful moral tale. William Blake's "Songs of Innocence and Experience," his most accessible poems, are depictions of English life at a time of great suffering for many of its people and meditations on the fragility of innocence. Less well known than works like *David Copperfield, Great Expectations* or *A Christmas Carol,* Charles Dickens' *Hard Times* examines the effects of the industrial revolution on the lives of common people in mid-nineteenth century England. Nobel Prize winner Chinua Achebe's *Things Fall Apart* is one level the tragic story of a powerful African tribal leader and on another an account of the British infiltration and takeover of what is now Nigeria.

One need not have attended Four Giants of English Literature in order to take this course.

Required reading:

Geoffrey Chaucer, *Canterbury Tales.* (translator Coghill). ISBN-13: 978-0140424386 William Blake, *Poems* (ed., P. Smith). ISBN-13: 978-0099511632 Charles Dickens, *Hard Times*. ISBN-13: 978-1853262326 Chinua Achebe, *Things Fall Apart*. ISBN-13: 978-0385474542

<u>Course leader</u>: Hank Barton and his wife, Terry, joined the Lasell Village community in the summer of 2018. Hank is a retired college teacher of English and linguistics. He has taught upper level courses in Chaucer and the English Romantics, as well as survey courses in English and American Literature. Most recently he taught the Four Giants course at Lasell Village and moderated a seminar on the tales of Chaucer and Boccacio in the Five College Learning in Retirement Program in Northampton, MA.

15. Watercolor

Jeanne Gugino

Wednesdays, February 6 - March 27

10:00 – 11:30 AM Art Room, 80B

Making art is a most satisfying way to experience life. Simply repeating what you see is not always enough. Learn about color values, theory, brushwork and some novel techniques. Use different techniques and colorations to express yourself. Subjects will include still life, natural

forms and perhaps a foray into abstraction as we paint the sky or sea in a landscape. All levels are invited to participate.

<u>Materials Needed:</u> All enrolled students will receive a supply list. For students new to watercolors, recommended supplies cost approximately \$61 and will enable continued watercolor painting after the course concludes. Returning students should bring their existing watercolor supplies and purchase additional supplies from the list if needed.

<u>Course leader:</u> Jeanne Gugino is the former President of the Newton Art Association where she continues to serve on the board as Program Chair. Ms. Gugino has received many awards for her painting, sculptural installation, and silverpoint drawing. In the fall of 2018 you may see Jeanne's work "Raindrops on Spring Pond" as part of the city of Newton's "Fence Art" revolving banners.

Ms. Gugino is a graduate of Buffalo State Teachers College and has attended Mass College of Art and the School of the Museum of Fine Arts, Boston. She is on the faculties of the New Art Center, Newton Community Education in Newton, the Eliot School, Jamaica Plain, and Kaji Aso Studio, Boston. Ms. Gugino has also conducted several workshops at the Burchfield Penny International Center for Watercolors in Buffalo, NY. There she participated in a project at the BP by photographer David Moog titled "Artists Seen."

16. Mark Twain: An American of the World

Israella Abrams

Wednesdays, March 6 - May 10

10:30 AM – 12:00 noon

Rogers, 85A

Or

17. Mark Twain: An American of the World

Israella Abrams

Wednesdays, March 6 – May 10

1:00 - 2:30 PM Rogers, 85A

Rising from a childhood of poverty, Samuel Langhorne Clemens grew up to become, as Mark Twain, one of America's best-known and best loved authors. Considered to be one the greatest American writers, he was a critic of human nature and used humor to attack hypocrisy, greed and racism. Author of more than 30 books, he created many of the most memorable characters in literature. He was a world traveler crossing the Atlantic Ocean 29 times

In this six week course we will look at the amazing life of Mark Twain, a life of adventure, success, defeat, comedy and tragedy. We will look at some of his writings and see how his life, travels, and beliefs were reflected in them. We will also look at how other writers were influenced by him. Mark Twain was truly a man of the world living at times near or in London, Paris, Berlin, and Vienna and traveling to such remote places as Fiji, New Zealand and Egypt. He felt at home in the world as he did in America.

Required reading: The class will be enhanced with handouts and audio and visual material.

<u>Course leader</u>: Israella Abrams received her B.A. from Clark University and her M.Ed. from Wheelock College. Niece of Village resident Sis Kazis, she is a librarian at Swampscott Public Library. Ms. Abrams facilitates and moderates book groups on the North Shore as "The Reading Woman".

18. Baking Around the World

Elena Ceban

Wednesdays, January 30 - March 6

2:00 - 3:30 PM Lasell Studios

From toasty treats to hearty breads, every country puts its own spin on baked goods. In this class you will learn to prepare some of the most famous baked goods from different cultures, learning new techniques and cultural background along the way! Baking can take longer than a class period, but don't worry – just like on TV, every class will end with a little tasting of a dish made in advance. Join us in this adventurous journey that is not only tasty but informative as well!

Required materials: Ingredients and cooking equipment will be provided.

<u>Course leader</u>: Supported Living Manager Elena Ceban loves baking with her friends in Lasell Studios. After organizing Village-wide baking contests and serving as sous-chef in the Village's cooking class during the fall, Elena decided to offer her own baking course this semester. She will be happy to share recipes from her native Moldova but will be too humble to share with you that she won the 2018 Heart and Hands award from Leading Age Massachusetts for her exceptional work building relationships among Lasell College students, Villagers, and community organizations.

19. "Half of My Heart is in Havana:" The Music of Latin America and the Caribbean

Luca Antonucci

Wednesdays, March 6 – April 10

4:00-5:30 PM Dewey, 130D

Do you know the difference between Salsa and Samba? Can you tell a Mambo from a Montuno, or Rumba from Reggae? Trace the fascinating history of some of the world's most compelling dance music in this course. We will follow the development of salsa music and culture in Cuba, Puerto Rico, and New York City, from the colonial period through the present day. We will listen to music, including selections from seminal artists such as Celia Cruz, Tito Puente, and the Buena Vista Social Club, explore primary sources, and even try our hand at dancing and drumming. The course will examine the intersections between music and culture,

integrating an aesthetic-analytical approach to the music with a broader view of Caribbean history, including present-day trends incorporating salsa into popular music and culture. No previous musical experience is necessary.

Required Reading: The course leader will provide handouts and drums as needed

Course Leader: Luca Antonucci is a performer, scholar, and educator based in Watertown, MA. He is currently on the faculty of the Brimmer and May School in Chestnut Hill, as well as the Rivers Summer Music Program, and holds positions with the Pioneer Valley Symphony, the Zamir Chorale of Boston, and the Brookline Chamber Singers, which he founded. After completing his BA *Summa Cum Laude* from Amherst College in 2014, Luca spent a year as a Fulbright Fellow at the Arnold Schoenberg Center in Vienna, where he published a paper on Schoenberg's performances as a conductor. He holds a Master of Music in Orchestral Conducting from the University of Hartford's Hartt School of Music. Luca is the son of Lois Shapiro, longtime friend, performer, and course leader for Lasell Village.

20. Part Two of the Cold War

Lawrence X. Clifford, Ph.D.

Thursday, January 31 – March 14

10:00 – 11:30 AM Ballroom

This course will discuss and analyze the Cold War from 1964 – 1989. In 1964 the United States initiated the Airborne Alert and in 1989 the Soviet Union, as a country, was changed to the Russian Federation and its' Successor States. As a result, the Alert Force was stood down and efforts were made to reduce our overall defense budget and ostensibly we were going to attempt to improve relations with the new Russian Federation. During the course we will discuss the various strategies employed by both sides in order to improve their overall defenses and offensive positions. The variety of nuclear treaties that were proposed and signed such as SALT will also be discussed. There will be specific discussions about the improvement of weapons systems by both sides during this period. Finally, there will be an analysis of Perestroika and that it began not with Gorbachev but with Andropov.

Required reading: The course leader will provide handouts in the form of a paper and weekly outlines.

<u>Course leader</u>: Lasell Village resident Lawrence X. Clifford, Ph.D. is a former senior officer in the United States Air Force and spent over 30 years in military service. He continues to provide consultation within the broad range of the national security enterprise. He has two doctorates, one in clinical and educational psychology from Indiana University and the other in history with a specific focus on Soviet and Military History from Boston College and has several years of teaching experience in both of these disciplines.

21. Black Life through the Movies

C Dale Gadsden

Thursdays, January 31 - March 21

1:30 - 3:00 PM Froebel, 130C

In this course we will examine African American history and culture through popular and documentary films. As both forms of entertainment and sources of history and cultural understanding, movies provide versions of African American life that fits an accepted paradigm. Movies about black people often focus on triumph and overcoming adversity in the face of oppression. We will view several movies in an attempt to step away from the narrative of overcoming oppression to gain a more complex understanding of black life and culture. In each film we will focus on the complicated portrayals of black people and culture by focusing on social conditions, race, gender, class in the context of American history.

<u>Required reading:</u> We will view and discuss the following movies. Additional readings will be assigned to focus our discussions. In preparation for the initial class, please view the movie *Fences* based on the play by August Wilson.

13
The Great Debaters
Fences
Down in the Delta
Eve's Bayou
A Raisin in the Sun
Lackawanna Blues
Malcolm X

<u>Course leader:</u> C Dale Gadsden is an Americanist specializing in intellectual history, religion, culture, race and African American Studies. She holds master degrees in theological studies and history and is currently completing her doctoral dissertation entitled "From Revelations to Grace: Dancing the African American Religious Experience" in the History of American Civilization (American Studies) at Harvard University. Prior to graduate school, she worked in the corporate and nonprofit sectors.

22. Art of the Renaissance

Brooke Mullins Doherty

Thursdays, January 31 – March 28 No class March 14

2:15 - 3:15 PM Rogers, 85A

From the 14th-16th centuries, Europe underwent a dramatic revolution in thought and learning, hailed as a rebirth or "Renaissance." Celebrating classical Greco-Roman values and culture over the more recent medieval culture, Europe experienced profound changes in terms of philosophy and religion, science and technology, politics, and social and economic structures. These changes are quite evident in the changing artwork and architecture of the period. Beginning with the Late Gothic and Proto-Renaissance movements of the 14th century and

moving through the Early and High Renaissance as well as the Mannerist response to the Renaissance style, we will examine the visual and conceptual developments underlying the various artistic movements. No prior art history knowledge is necessary for this broad survey course.

Required reading: Art: A World History by Elke Linda Buchholz et al., ISBN-13: 978-0810994423

<u>Course leader:</u> Brooke Mullins Doherty is an artist whose sculptures and drawings have been exhibited in many solo and group shows. Currently teaching Studio Art at Lasell College, Cape Cod Community College, Bristol Community College, and the Community College of Rhode Island, Brooke received her MFA in Sculpture from the University of Massachusetts, Dartmouth, and her BFA in Studio Art from the University of Oklahoma, which also awarded her a BA in Philosophy. Brooke holds minors in Art History and Psychology, also from the University of Oklahoma.

23. The Promised Land of our Hearts

Rabbi Alan Ullman

Fridays, April 5 – 26

9:30 - 11:00 AM Froebel, 130C

We will explore selected passages from Scripture and Modern Poetry to learn how the Promised Land has been, is, and might be seen. And what the Promised Land might mean for our lives today.

Required reading: The course instructor will provide handouts.

<u>Course leader</u>: Rabbi Alan Ullman was ordained by the Hebrew Union College in Cincinnati in 1985 and served as Assistant Rabbi at Temple Emanuel in Worcester for three years. In 1988, he founded the School for Jewish Studies, dedicated to teaching Torah to adults, which served as the foundation for his current work. Today, Alan travels around New England teaching Torah as a spiritual path. He teaches at temples, synagogues, churches, businesses, private study groups and retreats to people who share in the desire to study Torah as a way to guide and inform the spiritual journey that is our lives today. He also leads adult hiking/study trips to Israel, the Alps, the Canadian Rockies and St. John.

24. What Poems Are Made Of

Barbara Helfgott Hyett

Fridays, January 25 – March 29 No Class February 22

Poetry-Reading Gala: March 29

10:00 - 11:30 AM Dewey, 130D 2:00 PM Ballroom

Poem-making is a mysterious process engaging memory, observation, imagination, and the words that conceive them. In this course, we will read poetry and study the mechanics of writing poems, which derive from the poems we study weekly, and which students read aloud at each subsequent class. Students will have the opportunity to advance and revise their poems and understand the ways of craft. A student might compose eight poems during the summer term. The course is not a poetry workshop; however, students are encouraged to meet together in groups for close reading of their poems, and to prepare work for publication. Poets of all levels are welcome. This is a nine-week course.

Required reading: Poetry Home Repair Manual by Ted Kooser, ISBN-13: 9780803259782; A Poet's Companion: A Guide to the Pleasures of Writing Poetry by Kim

Addonizio and Dorianne Laux, ISBN: 9780393316544.

<u>Suggested reading</u>: If you do not already have one, you may need another good book on prosody, any poetry handbook of your choice. Please bring the two texts, a notebook, and pencil/pen to class. Bring a brief new poem of yours to each class. We will read these aloud weekly.

<u>Course leader</u>: Barbara Helfgott Hyett is a co-founder of the Writer's Room of Boston and is currently the director of Poem Works: The Workshop for Publishing Poets. For decades, she has taught English Language and Literature at Boston University, MIT, and Harvard University, and has won many prizes and awards for her five collections of poetry: *Natural Law, In Evidence, and The Tracks We Leave, Poems on Endangered Wildlife of North America*, The *Double Reckoning of Christopher Columbus*, and *Rift.* She has worked as a visiting poet, and poet-in-the-schools nationwide.

Additional Offerings from the Education Office

Writing Support from Becky Kennedy

Becky Kennedy has joined the Lasell Village faculty to work with Village writers and has been meeting with one group of talented writers this summer; she invites interested writers to form a second, new group and would also love to work individually with any writers who are seeking one-on-one guidance or review. Interested Village writers may contact Becky at bkennedy@lasell.edu.

Becky Kennedy earned her A.B. in English at Radcliffe College and her Ph.D. in linguistics at Harvard University. She has published articles in theoretical and applied linguistics; her poetry appears in magazines, journals, and two chapbooks. A faculty member in Lasell's Humanities Department for eighteen years, she chaired the Humanities Department for six years. Becky has taught courses in language structure, language acquisition, literature, and writing; her ENG222 Lyric Poetry course was an intergenerational offering.

Intergenerational Courses for Spring 2019

Registration for intergenerational courses was held in December, but some classes may still have open seats. Please contact the Lasell Village Education Office if you would like to check on a class's availability.

ARTS113 – Clay Figure Sculpting

Professor Deborah Baldizar

Wednesdays, January 16 - May 1

4:00-6:30 PM Yamawaki Room 109

Using water-based clay, the class will create small-scale figure studies, sculpt individual parts of the face and end with one life-size portrait bust. With an emphasis on realism, the course is designed to cover structure, form, proportion and anatomy, as tools for self-expression. No prior art experience is necessary.

CJ210 SPT - Death Penalty

Professor Sarah Abbott

Wednesdays, January 16 - May 1

3:30-6:00 PM Mead, 70

The death penalty is the most extreme sanction that our justice system can impose on an individual. This course will examine the death penalty within the context of its application in the United States. What crimes are eligible for a sentence of death? Who is most likely to receive a sentence of death? Should a person who is mentally ill be eligible for a death sentence? Who decides whether a sentence of death is appropriate? Is there arbitrariness associated with the sentencing decisions in capital cases? Racism? Why are people in favor of, or

opposed to, capital punishment? Does it matter if innocent people are executed? These are the types of questions that will guide our discussions throughout the semester.

ENG 214 – Fantasy Literature

Professor Patricia Roy

Mondays and Wednesdays, January 16 - May 6

2:00-3:15 PM Mead, 70

Fantasy literature, with its roots in oral tradition and folklore, is among the oldest literary traditions. Fantasy continues its relevance and popularity today as it is expressed in literature, art, comics/animation, film, and games. We will examine the long history of fantasy from the tales of Anansi to Neil Gaiman's American Gods. Students will respond to readings and viewings in weekly journals, culminating in three or four essays, one of which will be a multimedia research project. Daily class participation will also be required.

SOC206 - Food and Culture

Professor Charlotte Frazier

Mondays and Wednesdays, January 16 - May 6

11:00 AM - 12:15 PM

Mead, 70

In this course, students study "food ways"; that is, how food and eating reflects and impacts social life. The course examines the beliefs, rituals, norms, and subcultures associated with food choice. Further, we look at food in the larger contexts of politics, the economy, and cultural survival. This class will be taught by Charlotte Frazier, 2018-2019 Fellow of The RoseMary B. Fuss Center for Research on Aging and Intergenerational Studies.

Optional Planning Worksheet

Please list your preferred classes below so that you have them ready on registration day.

1st Choice		
#	Title	Times
2nd Choice		
#	Title	Times
Г		
3rd Choice		
#	Title	Times
4th Choice		
#	Title	Times
5th Choice		
#	Title	Times

SPRING 2019 SUMMARY OF LASELL VILLAGE COURSES

<u>CSE#</u> <u>Course & Instructor</u> <u>Dates</u> <u>Time</u>

	1	Blood: Its Rich History, Controversies, and How it	Mondays, Jan. 28 - March 18	10:00-11:30 AM
		Guards our Health Frank Bunn		Rogers, 85A
	Fit	Water Exercise	Mandaya	10:00 – 10:45 AM
		Lis Drake	Mondays	Pool
	LC	SOC206 – Food and Culture*	Mondays and Wednesdays	11:00 AM – 12:15 PM
		Charlotte Frazier	January 16 - May 6	Mead, 70
	2	Othello	Mondays, Jan. 28 – March 4	10:00-11:30 AM
		Parkman Howe		Dewey, 130D
day	Fit	Chair Yoga	Mondaya	11:30 AM – 12:30 PM
Monday		Ruth Landsman	Mondays	Ballroom
Ž	3	Othello	Mondays, Jan. 28 – March 4	1:00 – 2:30 PM
		Parkman Howe		Dewey, 130D
	LC	ENG 214 – Fantasy Literature*	Mondays and Wednesdays,	2:00 - 3:15 PM
		Patricia Roy	January 16 - May 6	Mead, 70
	4	Voices of Experience go to Oklahoma!	Mondays, January 28 – April 8 Perf.: April 9 & April 10, 1-3PM	2:00 - 3:30 PM
		Jonathan Kessler	No class February 18	Ballroom
	5	Ecological Foodways: Studying Eating as Ecology	Mondays, March 4 – April 8	4:00 - 5:30 PM
		Matthew K. Lau		Froebel, 130C
	6	Awakening through Meditation	Tuesdays, Jan. 22 – March 26	10:00 – 11:30 AM
		Donna Rubenoff	No class March 5 or 19	Pestalozzi, 85C
	7	Genetic Testing: Amazing Technologies bring	Tuesdays, Feb. 26 – April 2	10:00-11:30 AM
	_	Thorny Ethical Challenges Judith E. Tsipis		Froebel, 130C
	Lecture	To Impressionism and Beyond	Tuesdays, Jan. 22 – March 12	10:00-11:30 AM
	_	Mary Black	Total and a second seco	Ballroom
	8	Public Policy with a Divided Congress	Tuesdays, Jan. 29 – March 5	11:30 AM – 1:00 PM
	=	Gary Donato		Rogers, 85A
аŚ	Fit	Balance/Core Strengthing	Tuesdays	12 noon-12:45 PM
sd		At Home Physical Therapy	Total Control Control Control	Ballroom
Tuesday	9	Public Policy with a Divided Congress	Tuesdays, Jan. 29 – March 5	1:30 – 3:00 PM
-	40	Gary Donato	Tuesdays lan 00 Maysh 5	Rogers, 85A
	10	Public Policy with a Divided Congress	Tuesdays, Jan. 29 – March 5	3:30 – 5:00 PM
	4.4	Gary Donato	Tuesdays Fab 5 Mayab 00	Rogers, 85A
	11	Three Novels by Ishiguro	Tuesdays, Feb. 5 – March 26	1:30 - 3:00 PM Froebel, 130C
	40	Hypocrisy Through 3 Conturios	Tuesdaye lan 20 March 5	1:30 – 3:00 PM
	12	Hypocrisy Through 3 Centuries	Tuesdays, Jan. 29 – March 5	1: 30 – 3:00 PM Mead, 70
	40	Liz Simons	Tuesdaya Mayah 40 Amil 00	1:30 – 3:00 PM
	13	Social Status Through 3 Centuries	Tuesdays, March 19 - April 23	Mead, 70
		Liz Simons		ivicau, 70

	14	Four More Giants of English Language Lit.	Wednesdays, Feb. 6 –March 27	10:00 – 11:30 AM
		Hank Barton	3, 3, 3, 3, 3, 3, 3, 3, 3, 3, 3, 3, 3, 3	Dewey, 130D
	15	Watercolor	Wednesdays, Feb. 6 –March 27	10:00 – 11:30 AM
		Jeanne Gugino	• •	Art Room, 80B
	16	Mark Twain: An American of the World	Wednesdays, March 6 - May 10	10:30 – 12:00 noon
		Israella Abrams		Rogers, 85A
	LC	SOC206 – Food and Culture*	Mondays and Wednesdays,	11:00 AM – 12:15 PM
		Charlotte Frazier	January 16 - May 6	Mead, 70
	Fit	Group Exercise	Wednesday	11:30 AM - 12:15 PM
Ja)		Britta Zecher	Wednesdays	Ballroom
Wednesday	17	Mark Twain: An American of the World	Wednesdays, March 6 –May 10	1:00 – 2:30 PM
dn		Israella Abrams		Rogers, 85A
Ne	18	Baking Around the World	Wednesdays, Jan. 30 - March 6	2:00 – 3:30 PM
		Elena Ceban		Lasell Studios
	LC	ENG 214: Fantasy Literature*	Mondays and Wednesdays,	2:00 - 3:15 PM
		Patricia Roy	Jan. 16 - May 6	Mead, 70
	LC	CJ210 SPT – Death Penalty	Wednesdays, Jan. 16 - May 1	3:30-6:00 PM
		Sarah Abbott	No class March 13	Mead, 70
	19	The Music of Latin America and the Caribbean	Weds., March 6 – April 10	4:00-5:30 PM
		Luca Antonucci		Dewey, 130D
	LC	ARTS113 – Clay Figure Sculpting	Wednesday, Jan. 16 – May 1	4:00-6:30 PM
		Deborah Baldizar	No class March 13	Yamawaki Room 109
	Fit	Relevant/Cove Chromothina		9:00 - 9:45 AM
	Fit	Balance/Core Strengthing	Thursdays	9:00 - 9:45 AM
		At Home Physical Therapy		Pestalozzi, 85C
	Fit 20	At Home Physical Therapy Part Two of the Cold War	Thursdays Thursdays, Jan. 31 – March 14	Pestalozzi, 85C 10:00 - 11:30 AM
٨	20	At Home Physical Therapy Part Two of the Cold War Dr. Lawrence X. Clifford		Pestalozzi, 85C 10:00 - 11:30 AM Ballroom
day		At Home Physical Therapy Part Two of the Cold War Dr. Lawrence X. Clifford Tai Chi		Pestalozzi, 85C 10:00 - 11:30 AM Ballroom 11:15 - 12 noon
ırsday	20 Fit	At Home Physical Therapy Part Two of the Cold War Dr. Lawrence X. Clifford Tai Chi James True	Thursdays, Jan. 31 - March 14 Thursdays	Pestalozzi, 85C 10:00 - 11:30 AM Ballroom 11:15 - 12 noon Pestalozzi, 85C
[hursday	20	At Home Physical Therapy Part Two of the Cold War Dr. Lawrence X. Clifford Tai Chi James True Black Life through the Movies	Thursdays, Jan. 31 – March 14	Pestalozzi, 85C 10:00 - 11:30 AM Ballroom 11:15 - 12 noon Pestalozzi, 85C 1:30 - 3:00 PM
Thursday	20 Fit	At Home Physical Therapy Part Two of the Cold War Dr. Lawrence X. Clifford Tai Chi James True Black Life through the Movies C Dale Gadsden	Thursdays, Jan. 31 – March 14 Thursdays Thursdays Thursdays, Jan. 31 – March 21	Pestalozzi, 85C 10:00 - 11:30 AM Ballroom 11:15 - 12 noon Pestalozzi, 85C 1:30 - 3:00 PM Froebel, 130C
Thursday	20 Fit	At Home Physical Therapy Part Two of the Cold War Dr. Lawrence X. Clifford Tai Chi James True Black Life through the Movies C Dale Gadsden Art of the Renaissance	Thursdays, Jan. 31 – March 14 Thursdays Thursdays, Jan. 31 – March 21 Thursdays, Jan. 31 – March 28	Pestalozzi, 85C 10:00 - 11:30 AM Ballroom 11:15 - 12 noon Pestalozzi, 85C 1:30 - 3:00 PM Froebel, 130C 2:15 - 3:15 PM
Thursday	20 Fit 21 22	At Home Physical Therapy Part Two of the Cold War Dr. Lawrence X. Clifford Tai Chi James True Black Life through the Movies C Dale Gadsden Art of the Renaissance Brooke Mullins Doherty	Thursdays, Jan. 31 – March 14 Thursdays Thursdays Thursdays, Jan. 31 – March 21	Pestalozzi, 85C 10:00 - 11:30 AM Ballroom 11:15 - 12 noon Pestalozzi, 85C 1:30 - 3:00 PM Froebel, 130C 2:15 - 3:15 PM Rogers, 85A
Thursday	20 Fit	At Home Physical Therapy Part Two of the Cold War Dr. Lawrence X. Clifford Tai Chi James True Black Life through the Movies C Dale Gadsden Art of the Renaissance Brooke Mullins Doherty Chair Yoga II	Thursdays, Jan. 31 – March 14 Thursdays Thursdays, Jan. 31 – March 21 Thursdays, Jan. 31 – March 28	Pestalozzi, 85C 10:00 - 11:30 AM Ballroom 11:15 - 12 noon Pestalozzi, 85C 1:30 - 3:00 PM Froebel, 130C 2:15 - 3:15 PM Rogers, 85A 3:30 - 4:30 PM
Thursday	20 Fit 21 22	At Home Physical Therapy Part Two of the Cold War Dr. Lawrence X. Clifford Tai Chi James True Black Life through the Movies C Dale Gadsden Art of the Renaissance Brooke Mullins Doherty	Thursdays, Jan. 31 – March 14 Thursdays Thursdays, Jan. 31 – March 21 Thursdays, Jan. 31 – March 28 No class March 14	Pestalozzi, 85C 10:00 - 11:30 AM Ballroom 11:15 - 12 noon Pestalozzi, 85C 1:30 - 3:00 PM Froebel, 130C 2:15 - 3:15 PM Rogers, 85A
Thursday	20 Fit 21 22	At Home Physical Therapy Part Two of the Cold War Dr. Lawrence X. Clifford Tai Chi James True Black Life through the Movies C Dale Gadsden Art of the Renaissance Brooke Mullins Doherty Chair Yoga II	Thursdays, Jan. 31 – March 14 Thursdays Thursdays, Jan. 31 – March 21 Thursdays, Jan. 31 – March 28 No class March 14	Pestalozzi, 85C 10:00 - 11:30 AM Ballroom 11:15 - 12 noon Pestalozzi, 85C 1:30 - 3:00 PM Froebel, 130C 2:15 - 3:15 PM Rogers, 85A 3:30 - 4:30 PM
Thursday	20 Fit 21 22 Fit	At Home Physical Therapy Part Two of the Cold War Dr. Lawrence X. Clifford Tai Chi James True Black Life through the Movies C Dale Gadsden Art of the Renaissance Brooke Mullins Doherty Chair Yoga II Ruth Landsman	Thursdays, Jan. 31 – March 14 Thursdays Thursdays, Jan. 31 – March 21 Thursdays, Jan. 31 – March 28 No class March 14 Thursdays	Pestalozzi, 85C 10:00 - 11:30 AM Ballroom 11:15 - 12 noon Pestalozzi, 85C 1:30 - 3:00 PM Froebel, 130C 2:15 - 3:15 PM Rogers, 85A 3:30 - 4:30 PM Pestalozzi, 85C
Thursday	20 Fit 21 22 Fit	At Home Physical Therapy Part Two of the Cold War Dr. Lawrence X. Clifford Tai Chi James True Black Life through the Movies C Dale Gadsden Art of the Renaissance Brooke Mullins Doherty Chair Yoga II Ruth Landsman The Promised Land of our Hearts	Thursdays, Jan. 31 – March 14 Thursdays Thursdays, Jan. 31 – March 21 Thursdays, Jan. 31 – March 28 No class March 14 Thursdays Fridays, April 5 - 26	Pestalozzi, 85C 10:00 - 11:30 AM Ballroom 11:15 - 12 noon Pestalozzi, 85C 1:30 - 3:00 PM Froebel, 130C 2:15 - 3:15 PM Rogers, 85A 3:30 - 4:30 PM Pestalozzi, 85C
	20 Fit 21 22 Fit	At Home Physical Therapy Part Two of the Cold War Dr. Lawrence X. Clifford Tai Chi James True Black Life through the Movies C Dale Gadsden Art of the Renaissance Brooke Mullins Doherty Chair Yoga II Ruth Landsman The Promised Land of our Hearts Rabbi Alan Ullman	Thursdays, Jan. 31 – March 14 Thursdays Thursdays, Jan. 31 – March 21 Thursdays, Jan. 31 – March 28 No class March 14 Thursdays	Pestalozzi, 85C 10:00 - 11:30 AM Ballroom 11:15 - 12 noon Pestalozzi, 85C 1:30 - 3:00 PM Froebel, 130C 2:15 - 3:15 PM Rogers, 85A 3:30 - 4:30 PM Pestalozzi, 85C 9:30 - 11:00 AM Froebel, 130C
	20 Fit 21 22 Fit	At Home Physical Therapy Part Two of the Cold War Dr. Lawrence X. Clifford Tai Chi James True Black Life through the Movies C Dale Gadsden Art of the Renaissance Brooke Mullins Doherty Chair Yoga II Ruth Landsman The Promised Land of our Hearts Rabbi Alan Ullman Aqua Stretch	Thursdays, Jan. 31 – March 14 Thursdays Thursdays, Jan. 31 – March 21 Thursdays, Jan. 31 – March 28 No class March 14 Thursdays Fridays, April 5 - 26 Fridays Fridays, January 25 – March 29	Pestalozzi, 85C 10:00 - 11:30 AM Ballroom 11:15 - 12 noon Pestalozzi, 85C 1:30 - 3:00 PM Froebel, 130C 2:15 - 3:15 PM Rogers, 85A 3:30 - 4:30 PM Pestalozzi, 85C 9:30 - 11:00 AM Froebel, 130C 10:00-10:40 AM
Friday Thursday	20 Fit 21 22 Fit 23 Fit	At Home Physical Therapy Part Two of the Cold War Dr. Lawrence X. Clifford Tai Chi James True Black Life through the Movies C Dale Gadsden Art of the Renaissance Brooke Mullins Doherty Chair Yoga II Ruth Landsman The Promised Land of our Hearts Rabbi Alan Ullman Aqua Stretch Bernice Greenwald What Poems are Made Of	Thursdays, Jan. 31 – March 14 Thursdays Thursdays, Jan. 31 – March 21 Thursdays, Jan. 31 – March 28 No class March 14 Thursdays Fridays, April 5 - 26 Fridays Fridays, January 25 – March 29 Reading, March 29 at 2pm	Pestalozzi, 85C 10:00 - 11:30 AM Ballroom 11:15 - 12 noon Pestalozzi, 85C 1:30 - 3:00 PM Froebel, 130C 2:15 - 3:15 PM Rogers, 85A 3:30 - 4:30 PM Pestalozzi, 85C 9:30 - 11:00 AM Froebel, 130C 10:00-10:40 AM Pool 10:00 - 11:30 AM
	20 Fit 21 22 Fit 23 Fit	At Home Physical Therapy Part Two of the Cold War Dr. Lawrence X. Clifford Tai Chi James True Black Life through the Movies C Dale Gadsden Art of the Renaissance Brooke Mullins Doherty Chair Yoga II Ruth Landsman The Promised Land of our Hearts Rabbi Alan Ullman Aqua Stretch Bernice Greenwald	Thursdays, Jan. 31 – March 14 Thursdays Thursdays, Jan. 31 – March 21 Thursdays, Jan. 31 – March 28 No class March 14 Thursdays Fridays, April 5 - 26 Fridays Fridays, January 25 – March 29	Pestalozzi, 85C 10:00 - 11:30 AM Ballroom 11:15 - 12 noon Pestalozzi, 85C 1:30 - 3:00 PM Froebel, 130C 2:15 - 3:15 PM Rogers, 85A 3:30 - 4:30 PM Pestalozzi, 85C 9:30 - 11:00 AM Froebel, 130C 10:00-10:40 AM Pool
	20 Fit 21 22 Fit 23 Fit	At Home Physical Therapy Part Two of the Cold War Dr. Lawrence X. Clifford Tai Chi James True Black Life through the Movies C Dale Gadsden Art of the Renaissance Brooke Mullins Doherty Chair Yoga II Ruth Landsman The Promised Land of our Hearts Rabbi Alan Ullman Aqua Stretch Bernice Greenwald What Poems are Made Of	Thursdays, Jan. 31 – March 14 Thursdays, Jan. 31 – March 21 Thursdays, Jan. 31 – March 28 No class March 14 Thursdays Fridays, April 5 - 26 Fridays Fridays, January 25 – March 29 Reading, March 29 at 2pm No Class February 22	Pestalozzi, 85C 10:00 - 11:30 AM Ballroom 11:15 - 12 noon Pestalozzi, 85C 1:30 - 3:00 PM Froebel, 130C 2:15 - 3:15 PM Rogers, 85A 3:30 - 4:30 PM Pestalozzi, 85C 9:30 - 11:00 AM Froebel, 130C 10:00-10:40 AM Pool 10:00 - 11:30 AM
	20 Fit 21 22 Fit 23 Fit 24	At Home Physical Therapy Part Two of the Cold War Dr. Lawrence X. Clifford Tai Chi James True Black Life through the Movies C Dale Gadsden Art of the Renaissance Brooke Mullins Doherty Chair Yoga II Ruth Landsman The Promised Land of our Hearts Rabbi Alan Ullman Aqua Stretch Bernice Greenwald What Poems are Made Of Barbara Helfgott Hyett	Thursdays, Jan. 31 – March 14 Thursdays Thursdays, Jan. 31 – March 21 Thursdays, Jan. 31 – March 28 No class March 14 Thursdays Fridays, April 5 - 26 Fridays Fridays, January 25 – March 29 Reading, March 29 at 2pm	Pestalozzi, 85C 10:00 - 11:30 AM Ballroom 11:15 - 12 noon Pestalozzi, 85C 1:30 - 3:00 PM Froebel, 130C 2:15 - 3:15 PM Rogers, 85A 3:30 - 4:30 PM Pestalozzi, 85C 9:30 - 11:00 AM Froebel, 130C 10:00-10:40 AM Pool 10:00 - 11:30 AM Dewey, 130D

^{*} No Class on No class Jan. 21, Feb 18, March 11, March 13, April 15