



LASELL VILLAGE

Fall 2018 Lecture and Course Descriptions

Lectures Sponsored by the Education Department

All lectures take place in the Lasell Village Ballroom, and no pre-registration is required unless otherwise specified. Changes in the lecture schedule will be announced in News and Notes and posted on the bulletin board at the Resident Services Desk.

Leveraging Cognitive Strategies to Benefit Attention and Memory

Tuesday, October 2, 2018

7:30 PM

Elizabeth K., Ph.D.

In this talk, Elizabeth K. will briefly describe some commonly-experienced lapses in attention and memory and explain why they often occur more frequently as we age. She will discuss cognitive strategies that can be used to reduce the frequency or severity of these lapses. The focus will be on strategies that may help people to be at their mental best in attention- and memory-demanding situations, helping people to attend to what is important, to learn new information, and to retrieve information from memory.

Presenter: Elizabeth K. is Professor and Chair of Psychology at Boston College, where she has directed the Cognitive and Affective Neuroscience Laboratory since 2006. Although she spent her childhood in Kansas City, Missouri, she has been in the Boston area for a long time, having received her B.A. from Harvard University and her Ph.D. from MIT. Her research combines multiple methods (behavioral testing, psychophysiological recording, and brain imaging techniques) to better understand how age affects the processes used to learn and remember information. She is the author of over 100 peer-reviewed manuscripts and her research has been cited over 10,000 times. Her laboratory's research is currently funded by the National Institute on Aging, the National Institute of Mental Health, the National Science Foundation, and the Research Retirement Foundation.

Together Still, or Perhaps Not: The long married/long partnered couple in later life

Monday, October 15, 2018

7:30 PM

Erlene R., Psy.D.

This presentation will begin with the shift from middle age to older age for the couple. Focus will be on the challenges aging often presents and the couple's relationship to change. The functions of marriage in older age will be discussed and how couples can meet the challenges adaptively and helpfully. The talk will also address the function of therapy in older age with couples and the common themes presented. The current trends toward uncoupling and recoupling in later life will be reviewed along with thoughts about how we might understand them. Time will be allowed for Q and A.

Presenter: Erlene R., Psy.D. is a psychologist who divides her time between clinical practice, education, and research. She is a Teaching Associate in the Department of Psychiatry at Harvard Medical School. She is a Core Faculty member at William James College (WJC)

where she serves as Director of the Concentration in Geropsychology and Director of the WJC Alliance for Aging. Dr. R. is a Fellow of the Gerontological Society of America. She is on the Council of Professional Geropsychology Training Programs, is the Past-Chair of Generations editorial board, and serves on the Mental Health and Aging Leadership Council of the American Society on Aging. Dr. R. has achieved international recognition as an expert on late-life personality disorders. She is well published in the professional literature and has authored three books, numerous chapters, articles, and columns. Dr. R. was a Fulbright Specialist in global/public health (mental health) visiting the Netherlands, Belgium, and China. Dr. R. also received the American Society on Aging Award for “outstanding contributions to the field of aging.”

Midterm Predictive Look

Monday, October 29

7:30 PM

Gary D., Ph.D.

Regular Lasell Village Course Leader Gary Donato will present all the latest information and data on predicting the midterm elections.

Presenter: Gary D. holds a Ph.D. in Political Science/Diplomatic History from the University of Connecticut and is a lecturer at Bentley University; an adjunct professor at Mass Bay Community College, Boston University and Rhode Island College. A retired Naval Officer, he is now an avid traveler, reader, and scuba diver. Gary has worked on both state and national campaigns and was a consultant for eight years for the strategy section of the Department of Homeland Security. In his spare time, he enjoys operas and reading (aloud) medieval romance literature!

Pagan, Jewish and Christian Women in the Roman Empire: Literary and Archaeological Evidence

Monday, November 5, 2018

7:30 PM

Valerie A., Th.D.

Scholarly research on women in antiquity has exploded over the past 30 to 40 years. Findings show incontrovertibly that women had much larger roles in society and religious groups than had generally been acknowledged in the past. Women’s roles in antiquity are not only of interest for their own sake but are vitally important for understanding women’s influence on Western civilization. In this talk, we will examine the history of women in the Roman Empire using literary and archaeological evidence. An overview of the religious landscape will show the great diversity of the age: the variety of pagan cults, the strands of Judaism and the range of early Christian sects. We will examine how involved women were, as leaders and devotees, in these diverse groups: women were priestesses of gods and goddesses, synagogue leaders, Jesus followers, missionary pairs, prophets, ascetics, martyrs, and possibly even bishops. Contrary to traditional “wisdom,” we will see how New Testament texts, especially the writings attributed to St. Paul, have been misinterpreted and misused against women for millennia. We will conclude with some thoughts and insights for our contemporary situation. There will be

time for discussion, and a packet of materials, including suggestions for further reading, will be available to participants to take with them.

Presenter: Valerie A. holds the Master of Theological Studies and Doctor of Theology degrees in New Testament and Early Christian Origins from Harvard Divinity School. She is the author of over three dozen peer-reviewed articles, reviews and book chapters in New Testament archaeology, early church history, women in antiquity, and ancient goddess religion, and she has published two books in these fields. Dr. A. has taught at the college level and in adult education settings and has given scholarly presentations at regional, national and international meetings of the Society of Biblical Literature and other professional societies. In 2015, she self-published and she blogs on the afterlife and other topics at WisdomWordsPPF.org. She is an active Episcopalian in southern Vermont and serves on several nonprofit Boards and committees.

Book talk: *Hubert Humphrey: The Conscience of the Country*

Wednesday, November 14, 2018

7:30 PM

Arnold O., Ph.D.

Historian Arnold O. will share with Lasell Village insights from his new biography of Vice President Hubert Humphrey. O.'s biography, the first new biography of Humphrey since 1984, demonstrates Humphrey's unrivaled contributions to the American liberal tradition. Arnold O. showcases previously unknown details of Humphrey's fractious relationship with Lyndon Johnson, shows how Johnson colluded with Richard Nixon to deny Humphrey the presidency in 1968, and describes the most neglected aspect of Humphrey's career: his major legislative achievements after returning to the Senate in 1970. *Hubert Humphrey: The Conscience of the Country* is available from Yale University Press or Amazon beginning August 21, 2018.

Presenter: Arnold A. O. was born and raised in Brooklyn, N.Y. to parents who had immigrated from Eastern Europe. They and his siblings instilled in him at an early age a deep love of learning. Attending Columbia University, Professor O. earned a bachelor's degree in history and an M.A. and Ph.D. at Indiana University. Professor O. taught at Syracuse and Boston universities before becoming the first Cornelia F. Hugel Professor of History at Lafayette College in 1991. Upon his retirement, he was named professor emeritus.

Professor O's other books include has published many books. During his teaching career at Lafayette he won the Marquis Distinguished Teaching Award and the Mary Louise Van Artsdalen Award for Scholarship, and at Boston University he won the Metcalf Award for Excellence in Teaching. He also served as president of the Society for Historians of American Foreign Relations.

OK, What Happened?

Wednesday, November 28

7:30 PM

Gary D., Ph.D.

Regular Lasell Village Course Leader Gary D. will review what happened in the midterm election, taking into consideration how the seat distribution has changed in the federal legislature, the causes, and what the implications will be for upcoming legislation.

Presenter: Gary D. holds a Ph.D. in Political Science/Diplomatic History from the University of Connecticut and is a lecturer at Bentley University; an adjunct professor at Mass Bay Community College, Boston University and Rhode Island College. A retired Naval Officer, he is now an avid traveler, reader, and scuba diver. Gary has worked on both state and national campaigns and was a consultant for eight years for the strategy section of the Department of Homeland Security. In his spare time, he enjoys operas and reading (aloud) medieval romance literature!

Weekly Exercise Classes

No pre-registration required

Changes in the on-going weekly exercise class schedule will be announced in News and Notes and posted on the bulletin board at the Resident Services Desk.



Monday	10:00 – 10:45 AM	Water Exercise with Lis D.*	Pool
	11:30 AM – 12:30 PM	Chair Yoga with Ruth L.	Ballroom
Tuesday	12:00 – 12:45 PM	Balance/Core Strengthening with Derek M., PT, DPT, OCS	Ballroom
Wednesday	11:30 AM – 12:15 PM	Group Exercise with Britta Z.	Ballroom
Thursday	9:00 – 9:45 AM	Balance/Core Strengthening with James A.	Pestalozzi
	11:15 AM – 12 noon	Tai Chi with James T.	Pestalozzi
	3:30 – 4:30 PM	Chair Yoga II with Ruth L.	Pestalozzi
Friday	10:00 – 10:40 AM	Aqua Stretch with Bernice G.*	Pool
	11:45 AM – 12:30 PM	Group Exercise with Britta Z.	Ballroom

* Class will not be held on days when the pool is closed.

Lasell Village Courses

1. Plays by the Threes

Monday, September 24 – December 10, 2018
No class October 8 or November 12

9:30 – 11:00 AM
Mead, 70

Three playwrights, three centuries, three audiences, three human traits: Hypocrisy, Social Aspirations and Stereotyping, have been theater subjects for thousands of years. Moliere, Shaw and Brecht wrote wonderfully satirical comedies on each of these traits in different centuries, for different audiences and societies. After an introductory class, we'll spend 3 weeks on each trait.

Though it was difficult to choose the plays, the first trio, Hypocrisy, is *Tartuffe*, *Widower's Houses*, and *Good Woman of Szechuan* from Moliere, Shaw and Brecht, respectively. The second trio, Social Aspirations, will be *Misanthrope*, *Major Barbara*, and *Three Penny Opera*. The third, on stereotyping, will be *Learned Women*, *Mrs. Warren's Profession*, and *Galileo*.

The class will be divided into 3 groups, with 1 group each week responsible for 1 play, leading the discussion and acting out snippets it especially likes. That way each class member is only responsible for depth reading of 3 plays during the course. While you'd enjoy all 9, and perhaps enjoy the discussions more, if you read them all carefully it's a lot to buy and a lot to read. The class will discuss, act out certain portions, view some YouTube portions, and hopefully enjoy revisiting these classic comedies.

Required reading: Assignment to groups will be made as soon as courses are chosen so class members will know which 3 plays they are responsible for:

- Group A: Moliere, *Tartuffe*; Brecht, *Three Penny Opera*; Shaw, *Mrs. Warren's Profession*
- Group B: Shaw, *Widower's Houses*; Moliere, *Misanthrope*; Brecht, *Galileo*
- Group C: Brecht, *Good Woman of Szechuan*; Shaw, *Major Barbara*; Moliere, *Learned Women (Les Femmes Savantes)*

Any edition of these plays is acceptable EXCEPT that it must be Wilbur's translation of Moliere: Moliere, *Misanthrope and Tartuffe*, Richard Wilbur translation (ISBN10: 0-15-660517-1) Moliere, *School for Wives and Learned Ladies*, Richard Wilbur Translation (ISBN10: 0-15-679502-7)

Course leader: Liz S. started out as a chemical engineer, got a PhD in Physical Chemistry/Physics, morphed her focus into how human blood cells function, and ended up as Professor of Biochemistry at Boston University School of Medicine working on role of blood in Alzheimer's and Infectious Diseases. She's always loved these authors' sarcastic "comedies" and is fascinated at the ways the audience, the financiers, the times, the culture influenced how these authors dealt with the same ever-present human foibles. She has been a Lasell Village resident for a year.

2. Current Events

Monday, September 24 – November 5, 2018
No class October 8

11:00 AM – 12:00 noon
Bloom, 125B

Who doesn't have an opinion on what is going on in the United States and the world? Come and share your thoughts on a variety of subjects.

Suggested reading: Participants may use any news source, including newspaper(s), news magazines, radio and/or TV news broadcasts or other mediums as resources.

Course leader: Harvey S., MBA, taught numerous business courses at Mount Ida College. He also taught at Lasell College. Harvey has been a Lasell Village resident since January 2015.

3. Voices of Experiences present: *Mamma Mia!*

Monday, September 17- December 3, 2018
No class October 8 or November 12

2:00 – 3:30 PM

Performance: Tuesday, December 4

1:00 – 3:00 PM

Performance: Wednesday, December 5

1:00 – 3:00 PM

This fall the Voices of Experience will be pleased to present to you the modern classic *Mamma Mia!* The pop group ABBA blazed its way into the hearts of the whole world 44 years ago when they won the Eurovision Song Contest with their hit, "Waterloo." The name of the group is a combination of the first letters of each of its members: Agnetha Fältskog, Björn Ulvaeus, Benz Andersson, and Anni-Frid Lyngstad. They rode the top of the charts for over a decade, and when British playwright Catherine Johnson created the musical *Mamma Mia!* based on their songs, it was a smash hit, running for fourteen years straight on Broadway. Currently it is the seventh-longest running show in London's West End, and to date over 60 million people have seen the musical live. Of course, there was a hit movie adaptation *Mamma Mia!* in 2008 starring Meryl Streep, Colin Firth, and others, and this year the sequel *Mamma Mia! Here We Go Again* is the to-see hit of the summer. The story is one of love, loss, second chances, and above all, the love of a mother for her daughter. Please join us for this joyful event!

Course Requirements: The only requirement for joining this choral group is that you should be able to carry a tune. New members meet briefly with the conductor for a private meeting. The quality of your voice is not important; neither is your ability to read music. We are open to all: join the Voices and let music lighten your life!

Course materials: You will need a black three ring binder and a pencil.

Course leader: Lorraine F. is excited to be working with the Voices of Experience for a fourth semester. A native of Billerica, she recently moved back to Massachusetts from Zürich, Switzerland where she completed her Master of Arts degree in Choir Conducting from the Zürcher Hochschule der Künste. In Zurich, she directed the Männerchor Herrliberg, a men's choir that sings popular, folk, and classical music and has voices just as experienced as those

at Lasell. Prior to moving to Switzerland, Lorraine earned her B.A. in Music from Cornell University, where she founded and directed the Cornell Schola Cantorum, among other musical endeavors. Lorraine has sung and conducted everything from medieval music to bluegrass to Brahms to a-tonal premiers of new works, but has a special soft spot for Hildegard von Bingen. She currently directs Quorum Voices, the Longwood Chorus, and a children's choir as part of the Kithara Project, an initiative bringing music education to low-income students through singing, classical guitar, and music theory.

4. Awakening through Meditation

Tuesday, October 16-December 11, 2018
No class on November 20

10:00 – 11:30 AM
Pestalozzi, 85C

Mindfulness meditation allows us to deeply look at ourselves and be with whatever we see without changing anything. We come to understand that although the circumstances of our life change and we never really know what will happen, we have the wisdom to choose how to respond to those life circumstances. In the process we receive feelings of openness and peace. In this eight week course we will learn to use meditation as a tool to help us be mindful and meet whatever arises with acceptance, compassion and without judgment. While focusing on our breath, our physical sensations, our feelings and our thoughts we become more familiar with how our habitual reactions to life circumstances can cause us to suffer. Meditation can help cultivate positive qualities that lead to our own healing. Together we will experience the powerful energy of group meditation. Please join us! All levels of experience are welcome.

Required reading: The course leader will provide handouts.

Course leader: Donna R. received her B.A. from Queens College, City University of New York. She has an eclectic background working as a Broker Dealer Examiner for the United States Security and Exchange Commission, an Educational Advocate for families with children who have disabilities and as a Stress Line Counselor at the Parental Stress Line hotline. Donna discovered meditation and studied Mind-Body techniques during a time of stress. As a peer leader at the Benson-Henry Institute for Mind-Body Medicine at MGH, she mentored those with stress-related illnesses to help them elicit the relaxation response through meditation. Donna finds inspiration in studying Torah and Buddhism. She believes these ancient teachings deepen our understanding of ourselves through a spiritual connection. Donna leads Mindfulness and Meditation groups at synagogues, senior residence communities, and adult education centers.

5. Genetic Testing: Amazing Technologies bring Thorny Ethical Challenges

Tuesday, October 30 – December 11, 2018
No class November 20

10:00-11:30 AM
Froebel, 130C

This course, designed for those without a science background, will briefly cover the basics of genetics including the various modes of inheritance and types of genetic mutations. From there, we will focus in detail on the specifics of prenatal testing, newborn screening, carrier testing, predictive testing and diagnostic testing and highlight ethical issues as appropriate.

Classes will use a lecture format with the last part of each class set aside for discussion of relevant ethical cases.

Course materials: The course leader will provide handouts.

Course leader: Judith E. T., newly retired from the Brandeis faculty after 42 years of teaching undergraduate biology and 25 years of training graduate students to become genetic counselors, has a long-standing interest in genetics and the ethical issues that often arise when new genetic tests and technologies are introduced. Judith's involvement in the training of genetic counselors as well as her active role in a number of patient advocacy groups derive in great measure from her own experiences as the parent of a child with Canavan disease, a rare and progressive neurological genetic disorder.

6. Native Americans, Then and Now

Tuesday, September 25- November 13, 2018

**10:30 – 12:00 noon
Rogers, 85A**

This course will introduce and examine the culture and practices, the politics and spirituality, of Native Americans. A primary focus will be on the tribes of the high plains, most particularly the Absaloke, The Crow Indians. My experience with the Crows has deeply affected how I see the world and how I teach. Hopefully this will be reflected in the class structure.

Required reading: *The Lakota Way*, Joseph Marshall III (ISBN-10: 0142196096)
Prison Writings, Leonard Peltier (ISBN-10: 0312263805)
Two Old Women, Velma Wallis (ISBN-10: 0062244981)

Course leader: Tim A., PhD is Professor Emeritus in Sociology at Bentley University. He has taught "The Sociology of Native Americans" at Bentley University for the past 18 years. He is also an adopted member of the Real Bird family of the Crow Nation in Montana.

7. Three Novels by Ishiguro

Tuesday, September 25 – November 13, 2018

**1:30 – 3:00 PM
Froebel, 130C**

When Kazuo Ishiguro was awarded the 2017 Nobel Prize for Literature, the Nobel committee called him "a writer of great integrity" who wrote "novels of great emotional force" which deal with "our illusions of our connection with the world." His novels are also "good reads" which have sold more than 2.5 million copies in the United States.

We will read and discuss three of Ishiguro's novels, enjoying their fascinating plots and characters while examining what they tell us about the human condition. We will trace Ishiguro's themes as they reappear in seemingly very different books. This is an eight-week course.

Required Reading: *The Remains of the Day*, ISBN 978-0-679-73172-6,
Never Let Me Go, ISBN 978-1-4000-7877-6
The Buried Giant, ISBN 978-0-307-45579-6.

Course leader: Lasell Village resident Harriet S. has published eight novels, two non-fiction books, and a dozen short stories. She taught writing at Brooklyn College of the City University of New York for many years. After retirement, she taught courses in modern novels at Brooklyn Lifelong Learning at Brooklyn College, discussing 135 novels over 15 years. Most recently, she gave courses in Jane Austen, Edith Wharton, Virginia Woolf, and Toni Morrison here at Lasell Village.

8. The Judicial Pyramids

Tuesday, October 23- November 27, 2018

**2:30 – 4:00 PM
 Dewey, 130D**

Have you ever wondered how the American judicial system works? This class will introduce you to the structure of the American legal system and will then explore fundamentals like judicial supremacy, stare decisis, reasonable doubt, and land use quarrels. This class will be taught by the case method, allowing us to examine both significant cases and trivial but illustrative ones.

Required reading: The course leader will provide handouts.

Course leader: Rudy K. has an LLB from Harvard Law School. He practiced law with concentration in land use planning, urban renewal, and real property. In 1979 Gov. Dukakis appointed him to the Appeals Court, where he served until the constitutionally mandated retirement age of 70. Kass had voted for that constitutional amendment, but learned that 70 came around damn fast.

9. Works by Four Giants of English Language Literature

Wednesday, September 26 – November 14, 2018

**10:00 – 11:30 AM
 Dewey, 130D**

Four narratives: These works will take you to medieval England as seen by its greatest author; to medieval England as seen through the eyes of one of the great English romantic poets; to late nineteenth century Dublin by the most famous Irish novelist; to the deep South of the United States by its greatest author.

Chaucer's "Miller's Tale" is regarded as one of the great comic masterpieces in English. Over 600 years since it was written, this bawdy story still evokes laughs. The rich sensuous language of Keats' tale of medieval romance, "The Eve of St. Agnes," is unsurpassed in English. Joyce's "The Dead" has been called a masterpiece of European realism and also an early example of modernist literature. *As I Lay Dying* was regarded by Faulkner's as his best

work. The complex story told from the points of view of its characters is both challenging and rewarding for its readers.

Required reading:

Geoffrey Chaucer, the “Miller’s Tale” (any verse translation will do, including the standard translation of *The Canterbury Tales* by Neville Coghill)

John Keats, “The Eve of St. Agnes” (any edition)

James Joyce, “The Dead” (any edition, as part of *The Dubliners* or separately)

William Faulkner, *As I Lay Dying* (any edition)

Course leader: Hank B. and his wife, Terry, joined the Lasell Village community this summer. Hank is a retired college teacher of English and linguistics. He has taught upper level courses in Chaucer and the English Romantics, as well as survey courses in English and American Literature. Most recently he moderated a seminar on the tales of Chaucer and Boccaccio in the Five College Learning in Retirement Program in Northampton, MA.

10. Watercolor

Wednesday, September 26 – November 14, 2018

**10:00 AM – 11:30 AM
Art Room, 80B**

Making art is a most satisfying way to experience life. Simply repeating what you see is not always enough. Learn about color values, theory, brushwork and some novel techniques. Use different techniques and colorations to express yourself. Subjects will include still life, natural forms and perhaps a foray into abstraction as we paint the sky or sea in a landscape. All levels are invited to participate.

Materials Needed: All enrolled students will receive a supply list. For students new to watercolors, recommended supplies cost approximately \$61 and will enable continued watercolor painting after the course concludes. Returning students should bring their existing watercolor supplies and purchase additional supplies from the list if needed.

Course leader: Jeanne G. is the former President of the Newton Art Association where she continues to serve on the board as Program Chair. Ms. G. has received many awards for her painting, sculptural installation, and silverpoint drawing. In the fall of 2018 you may see Jeanne’s work “Raindrops on Spring Pond” as part of the city of Newton’s “Fence Art” revolving banners.

Ms. G. is a graduate of Buffalo State Teachers College and has attended Mass College of Art and the School of the Museum of Fine Arts, Boston. She is on the faculties of the New Art Center, Newton Community Education in Newton, the Eliot School, Jamaica Plain, and Kaji Aso Studio, Boston. Ms. G. has also conducted several workshops at the Burchfield Penny International Center for Watercolors in Buffalo, NY. There she participated in a project at the BP by photographer David Moog titled “Artists Seen.”

11. Leonard Bernstein – The Man and His Music

Wednesday, September 26 – October 31, 2018

Or

12. Leonard Bernstein – The Man and His Music

Wednesday, September 26 – October 31, 2018

10:30 AM – 12:00 noon

Rogers, 85A

1:00 – 2:30 PM

Rogers, 85A

In celebration of Leonard Bernstein's 100th birthday, this course will focus on the larger than life composer and musician. As the creator of some of the greatest music of the 20th century including *Candide*, *On the Town*, *West Side Story*, *On the Waterfront*, symphonies, and choral music, Leonard Bernstein left his mark on contemporary and classical music. He also opened the world of music to many through the televised Young Audiences and Omnibus series which we will be able to view. This six-week course will explore the man and his music, his personal and professional life, his successes and his failures. We will also look at the close connection that Bernstein had with Massachusetts, having been raised and educated here and his ongoing involvement with Tanglewood. "Lenny" as he was called by many, left a legacy which will not be forgotten.

Required reading: The class will be enhanced with handouts and audio and visual material.

Course leader: Israella A. received her B.A. from Clark University and her M.Ed. from Wheelock College. Niece of Village resident Sis Kazis, she is a librarian at Swampscott Public Library. Ms. Abrams facilitates and moderates book groups on the North Shore as "The Reading Woman".

13. James Baldwin, Democracy, and Race in America

Wednesday, September 26 – November 14, 2018

1:00 – 2:30 PM

Froebel, 130C

In this election year fraught with challenges to citizenship and belonging in America, we will use James Baldwin's essays as a lens to examine the complex link between American democracy and race. As an author and cultural critic, Baldwin challenged Americans to "achieve our country" by genuinely dealing with issues of democracy and race. In this course, we will use his essays to explore these powerful ideas and how they are being used to shape relationships between self and other, citizen and noncitizen at the beginning of the twenty-first century.

Required reading: *James Baldwin: Collected Essays* Library of America Series (ISBN-10: 1883011515)

Course leader: C Dale G. is an Americanist specializing in intellectual history, religion, culture, race and African American Studies. She holds master degrees in theological studies and

history and is currently completing her doctoral dissertation entitled “From Revelations to Grace: Dancing the African American Religious Experience” in the History of American Civilization (American Studies) at Harvard University. Prior to graduate school, she worked in the corporate and nonprofit sectors.

14. Discover Cultural Cuisine

Wednesday, September 26- October 31, 2018

**2:00 – 3:30 PM
Lasell Studios**

This class is about discovering 6 cultural cuisines. In this class you will not only learn how to prepare some of the most famous dishes of that culture, but you will also discover the culture itself by hearing some fascinating facts that may be unknown to you! Join us in this adventurous journey that is not only tasty but informative as well!

Required materials: Ingredients and cooking equipment will be provided.

Course leader: Lasell Studios' Latoja R. has been working at Lasell Village as a CNA since 2014. She grew up cooking with her family and has been continuously expanding her repertoire by adding new recipes from different cuisines and cultures. From lasagna to baked haddock to egg rolls, she is really passionate about discovering new cuisines and sharing her experience! Her sous-chef, Supported Living Manager Elena C., will join her in this adventurous journey.

15. Introduction to Italian with Conversation

Wednesday, October 3 – November 7, 2018

**2:00 – 3:30 PM
Dewey, 130D**

This course is an introduction to Italian and is intended for students with little or no prior Italian experience. In this class, you will learn basic grammar, sentence structure, vocabulary, useful daily experiences like shopping, ordering food etc., and conversation.

Required reading: *Manuale pratico per stranieri Parlo Italiano*, ISBN 9788844039615

Course leader: Antonietta C. is an Italian native who studied at Istituto Orientale di Napoli with concentration in English. She moved to the States 40 years ago and is married with children and grandchildren. She graduated from Lasell College where she has been employed for 22 years at Rockwell Preschool as lead teacher of the Transition program. She has taught Italian in elementary school, and for 10 years has taught adult education classes.

16. Selected Short Stories of Edith Pearlman

Thursday, September 27 – November 15, 2018

9:30 – 11:00 AM
Dewey, 130D

Edith Pearlman is an accomplished and acclaimed short story writer whose literary awards are a testament to her achievements. In this course we will read selections from three important short story collections: two early ones and one of her most recent: *Vaquita* (1996), *How to Fall* (2005), and *Binocular Vision* (2011). Her life's work is a testament to a writer whose audience has grown through the years.

Required reading: *Vaquita* by Edith Pearlman, ISBN-10: 082296211X
How to Fall by Edith Pearlman, ISBN-10: 1932511113
Binocular Vision by Edith Pearlman, ISBN-13: 978-0-9823382-9-2

Course leader: Sorel Faith B. earned a Master of Arts in English and American Literature from the Bread Loaf School of English at Middlebury College. She is a retired teacher of English in the Brookline Public Schools.

17. Part One of the Cold War

Thursday, October 4 – November 15, 2018

10:00 – 11:30 AM
Ballroom

“Part One of the Cold War,” taught by Lawrence C., will be a detailed history beginning with its origins that emanate from World War II and ends in 1964 with the beginning of the Airborne Strategic Air Command Alert Force. Highlights of the course will include: the early Soviet-US confrontation in Germany, the establishment of the Truman Doctrine, the origins and establishment of the Marshall Plan, a discussion of the Berlin Airlift, the Korean War, the French and Vietnam Civil War, the coming of the Strategic Air Command, the missile race with the Soviet Union, the reconnaissance of the Soviet Union, the relationship with PVO Strany, the development of the SIOP and Music Blue, the Bay of Pigs, the Cuban Missile Crisis and the beginning years of the Vietnam War. The course will be 7 weeks long.

Required reading: The course leader will provide handouts in the form of a paper and weekly outlines.

Course leader: Lasell Village resident Lawrence X. C., Ph.D. is a former senior officer in the United States Air Force and spent over 30 years in military service. He continues to provide consultation within the broad range of the national security enterprise. He has two doctorates, one in clinical and educational psychology from Indiana University and the other in history with a specific focus on Soviet and Military History from Boston College and has several years of teaching experience in both of these disciplines.

18. Translate your Memories

Thursday, September 27 – November 15, 2018

12:30 – 2:00 PM
Dewey, 130D

Creating/writing personal memories from your heart belongs to you and nobody knows you better than YOU. And what better way to share your journey and legacy than with a small group of devoted and dedicated fellow writers at Lasell Village. It is an opportunity for you to capture/select highlights of your unique and special journey. We will read *Growing Up* by Russell Baker, *One Writer's Beginnings* by Eudora Welty and *A Small Place* by Jamaica Kincaid. These short works are splendid models for the four suggestive writing assignments: a person who influenced you, a place of importance in your life, a childhood memory, and a turning point in your life.

Suggested reading: *Growing Up* by Russell Baker, ISBN-13: 978-0451168382
One Writer's Beginnings by Eudora Welty, ISBN-13: 978-067-4639270
A Small Place by Jamaica Kincaid, ISBN-13: 978-0374527075

Course leader: Sorel Faith B. earned a Master of Arts in English and American Literature from the Bread Loaf School of English at Middlebury College. She is a retired teacher of English in the Brookline Public Schools.

19. Medieval Art

Thursday, September 20 – November 8, 2018

2:00 – 3:00 PM
Rogers, 85A

In this class, we will view and discuss art and architecture of medieval Europe and the Middle East. Beginning in the 6th century A.D and continuing through the 14th century, we will consider the artwork of numerous European cultures, such as that of the Vikings, the Hiberno-Saxons, the Carolingians, the Mozarabs, and the Ottonians. As we approach the time of the Crusades, we will also consider Islamic art and architecture so that we can understand the how they influenced evolving visual styles in Europe. We will discuss not only how the Crusades shaped medieval European art during the Romanesque period, but also how increased pilgrimage drove the great age of cathedral building that continued into the Gothic period. As we consider the Gothic period, we will see the changes in style and belief that gradually led towards the Renaissance. No prior art history knowledge is necessary for this broad survey course.

Required reading: *Art: A World History* by Elke Linda Buchholz et al., ISBN-13: 978-0810994423

Course leader: Brooke Mullins Doherty is an artist whose sculptures and drawings have been exhibited in many solo and group shows. Currently teaching Studio Art at Lasell College, Cape Cod Community College, Bristol Community College, and the Community College of Rhode Island, Brooke received her MFA in Sculpture from the University of Massachusetts, Dartmouth, and her BFA in Studio Art from the University of Oklahoma, which also awarded

her a BA in Philosophy. Brooke holds minors in Art History and Psychology, also from the University of Oklahoma.

20. Introduction to Cosmology

Thursday, September 20-November 1, 2018

2:30 – 4:00 PM
Froebel, 130C

Cosmology is the study of the universe – its structure, its history, and its projected future. Observations during the past hundred years have provided much useful evidence on these topics, leading to the "big bang" cosmological model which is generally accepted today. The objective of this course is to present the principal features of cosmology in a manner understandable by a lay audience, using very little mathematics. Topics to be discussed include the curvature of space, red shifts and the expanding universe, Olbers' paradox (why is the nighttime sky dark?), the big bang and the very early universe, and horizons in our observations of the universe. This is a seven-session course.

Required materials: The course leader will provide handouts.

Suggested reading: Edward R. Harrison, *Cosmology: The Science of the Universe*, (Cambridge Univ. Press)

Course leader: Lasell Village resident Dr. Leo S. has served on the faculties of Rutgers, MIT, and the University of Nebraska-Lincoln as an astrophysicist. He is an emeritus professor of physics and of political science at the University of Nebraska-Lincoln. He is the author of a textbook on relativity written for a popular audience.

21. What Poems Are Made Of

Friday, September 28 –November 16, 2018

10:00 – 11:30 AM
Dewey, 130D

Poem-making is a mysterious process engaging memory, observation, imagination, and the words that conceive them. In this course, we will read poetry and study the mechanics of writing poems, which derive from the poems we study weekly, and which students read aloud at each subsequent class. Students will have the opportunity to advance and revise their poems and understand the ways of craft. A student might compose eight poems during the summer term. The course is not a poetry workshop; however, students are encouraged to meet together in groups for close reading of their poems, and to prepare work for publication. Poets of all levels are welcome. This is an eight-week course.

Required reading: *Poetry Home Repair Manual* by Ted Kooser, ISBN-13: 9780803259782; *A Poet's Companion: A Guide to the Pleasures of Writing Poetry* by Kim Addonizio and Dorianne Laux, ISBN: 9780393316544.

Suggested reading: If you do not already have one, you may need another good book on prosody, any poetry handbook of your choice. Please bring the two texts, a notebook, and

pencil/pen to class. Bring a brief new poem of yours to each class. We will read these aloud weekly.

Course leader: Barbara H.H. is a co-founder of the Writer's Room of Boston and is currently the director of Poem Works: The Workshop for Publishing Poets. For decades, she has taught English Language and Literature at Boston University, MIT, and Harvard University, and has won many prizes and awards for her five collections of poetry: *Natural Law*, *In Evidence*, and *The Tracks We Leave*, *Poems on Endangered Wildlife of North America*, *The Double Reckoning of Christopher Columbus*, and *Rift*. She has worked as a visiting poet, and poet-in-the-schools nationwide.

22. The Ethics of Self-Driving Cars: from the mundane to the extreme

Friday, October 26 - December 14, 2018
No class November 2 and 23

2:30 – 4:00 PM
Dewey, 130D

This course will examine the ethical reasoning associated with self-driving cars by focusing on both the everyday and rare circumstances that may arise from this new technological development. By applying current event with readings from various ethical theorists (Immanuel Kant, John Stuart Mills, Aristotle, among others), residents should gain a greater understanding of the intricacies associated with programming “moral machines” like self-driving cars. How should a self-driving car balance the safety of pedestrians versus the safety of passengers? Should self-driving cars be able to go above the speed limit in certain circumstances? Which circumstances? If programming fails, who is legally, as well as morally, responsible? These questions, among many others, will provide the basis of examination into the ethical reasoning surrounding artificial intelligence and transportation. In addition to class readings, village residents will be encouraged to research and share a discussion topic related to current events within this field.

Required materials: The course leader will provide handouts.

Course leader: Professor Vincent B. holds a M.A. from the University of Oregon's Interdisciplinary Folklore Program and B.A. in Humanities from Florida Institute of Technology. He is currently a lecturer at Lasell College as well as Bunker Hill Community College. When he is not lecturing, he is either taking care of his twin daughters or behind his DSLR camera taking pictures of the night sky.

Other Offerings Available from the Education Office

Writing Support from Becky Kennedy

Becky K. has joined the Lasell Village faculty to work with Village writers and has been meeting with one group of talented writers this summer; she invites interested writers to form a second, new group and would also love to work individually with any writers who are seeking one-on-one guidance or review. Interested Village writers may contact Becky at bkennedy@lasell.edu.

Becky K. earned her A.B. in English at Radcliffe College and her Ph.D. in linguistics at Harvard University. She has published articles in theoretical and applied linguistics; her poetry appears in magazines, journals, and two chapbooks. A faculty member in Lasell's Humanities Department for eighteen years, she chaired the Humanities Department for six years. Becky has taught courses in language structure, language acquisition, literature, and writing; her ENG222 Lyric Poetry course was an intergenerational offering.

Intergenerational Courses for Fall 2018

Registration for intergenerational courses was held in May, but some classes may still have open seats. Please contact the Lasell Village Education Office if you would like to check on a class's availability.

ARTS111 - Intro to Ceramics

Wednesday, September 5 - December 5, 2018

No class November 21

OR

Friday, September 7 – December 7, 2018

No Class November 23

12:30 – 3:00 PM

Yamawaki Room 209

10:30 AM – 1:00 PM

Yamawaki room 209

This course will teach the fundamentals of working with the potter's wheel, forming bowls and cylinders, texturing and coloring, surface decoration, glazing and firing in our renovated kilns. Students also learn theories and best practices of working with ceramics—studying ancient traditions and more modern approaches in a hands-on exploration of form and function. Course taught by Deborah Baldizar, M.F.A.

BIO107 - Topics in Biology (KP) Marine Biology

Tuesday and Thursday, September 4 – December 6, 2018
No Class November 22

9:30 – 10:45 AM
Science and Technology
Center room 304

Preliminaries of the molecules of life and cell structures are investigated in this course. Topics from cell biology, nutrition, energy production, respiratory and circulatory systems, genetics, reproduction, evolutionary thought, and ecosystems are also explored. Taught by Rachel Rees.

ENV303 - Environmental Justice

Monday and Wednesday September 10 – December 10, 2018
No class October 8 or November 21

9:30 – 10:45 AM
Science and Technology
Center room 209

All people should have the right to live in and enjoy a clean and healthful environment. However, access to clean air and water, exposure to excessive noise, and access to natural areas is inequitable in our society. This course explores how racial, economic, and cultural backgrounds influence access to a clean and safe environment. Local, national, and international issues of the environment and social justice are explored. Students engage with local community organizations on projects promoting environmental justice. Taught by Aaron Toffler, J.D.

PSYC111 - Generations in America

Monday and Wednesday November 5- December 10, 2018
No class November 21

2:00 – 3:15 PM
Mead Classroom

This course offers a social-developmental, multidisciplinary overview of issues related to the expanding age population in the United States. Students examine aging stereotypes, characteristics of aging populations, and the impact of age-related forces on individuals in American society. The course is geared toward students in a variety of disciplines and provides a knowledge base that can be applied to other areas of study. Taught by Joann Montepare, Ph.D. in Mead classroom at Lasell Village.

SOC207X - Wealth & Poverty

Tuesday and Thursday September 11- December 11, 2018
No class November 22

3:30 – 4:45 PM
Mead Classroom

Why are millions of people poor in this rich country? Why are the richest 1% getting so much wealthier? One focus of the course is how the rules of the economy have changed in the last 30 years to favor wealthy individuals and corporations. How can unjust economic policies be changed? The second focus of the course is on the power of the federal government to outlaw some exploitive practices and promote shared prosperity. The US Senate in particular has a powerful influence on economic inequality, for better or for worse. Students will evaluate Senators' policy positions related to wealth and poverty, and articulate their own opinions about controversial economic policy debates. Taught by Betsy Leondar-Wright, Ph.D.

Other Intergenerational Opportunities

International Service Learning Presentation

Thursday, September 20, 2018
Lasell Village Ballroom

7:30 PM

Are you interested in world travel? Come and join Lasell's own world travelers. In the spring of 2018 a select group of Lasell students were part of cultural immersion programs. Associate Professor of Ethics Thomas Sullivan, Athletic Director Kristy Walter, Associate Director of Exercise Science Marisa Hastie, and 15 Lasell students traveled to the Masumbo Lodge in Tanzania to teach English as a second language to grades one through seven in a rural Tanzanian school. Associate Professor of Spanish José Guzman and Assistant Professor of Hospitality Event Management Dina Tanvuia traveled with 13 Lasell students to Ecuador, to work with the local community to farm and build homes. These are annual trips which students can participate in during their time at Lasell. Students from these two programs will be visiting Lasell Village to share photographs and stories from their service projects and cultural experiences. No registration necessary.

Rockwell Preschool Introduction and Volunteer Opportunity

Friday, September 21, 2018
Rockwell Preschool

10:00-11:00 AM

Come to visit Rockwell Preschool with fellow residents for a special tour and visit. Rockwell is a preschool for children age two and a half to 5 years old, located on the Lasell College Campus. The children love when residents come and read or play with them. On this introductory visit you will have the opportunity to look around, read a book to a small group of children, and share a snack with them. Transportation on the Village Bus is available to and from the preschool. Interested? Contact Liz Flaig in the Education Office.

For those who would like to continue visiting the children on a regular basis, the teachers at Rockwell would love for residents to come one or two times a week at a scheduled time slot between 9 am – 12 noon starting mid-September. During those scheduled times you could read books to children or play games, share a skill or talent or hobby, or even bake a special recipe.

Optional Planning Worksheet

Please list your preferred classes below so that you have them ready on registration day. The Education Office would be interested in collecting these lists after registration.

1st Choice

#	Title	Times
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2nd Choice

#	Title	Times
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3rd Choice

#	Title	Times
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4th Choice

#	Title	Times
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5th Choice

#	Title	Times
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FALL 2018 SUMMARY OF LASELL VILLAGE COURSES

	<u>CSE#</u>	<u>Course & Instructor</u>	<u>Dates</u>	<u>Time</u>
Monday	1	Plays by the Threes <i>Liz Simons</i>	Monday, Sep. 24 – Dec. 10 No class Oct. 8 or Nov. 12	9:30 - 11:00 AM Mead, 70
	2	Current Events <i>Harvey Swack</i>	Monday, Sep. 24-Nov. 5 No class Oct. 8	11:00-12:00 noon Bloom, 125B
	3	Voices of Experience: Mamma Mia! <i>Lorraine Fitzmaurice</i>	Monday, Sep. 17 - Dec. 3 Perf. Dec. 4 & 5 No class Oct. 8 or Nov. 12	2:00 - 3:30 PM Ballroom
Tuesday	4	Awakening Through Meditation <i>Donna Rubenoff</i>	Tuesday, Oct. 16 - Dec. 11 No class Nov. 20	10:00 - 11:30 AM Pestalozzi, 85C
	5	Genetic Testing <i>Judith E. Tsipis</i>	Tuesday, Oct. 30- Dec. 11 No class Nov. 20	10:00 - 11:30 AM Froebel, 130C
	6	Native Americans: Now and Then <i>Tim Anderson</i>	Tuesday, Sep. 25- Nov. 13	10:30 AM -12 noon Rogers, 85A
	7	Three Novels by Ishiguro <i>Harriet Sirof</i>	Tuesday, Sep. 25 – Nov. 13	1:30 - 3:00 PM Froebel, 130C
	8	The Judicial Pyramids <i>Rudy Kass</i>	Tuesday, Oct. 23- Nov. 27	2:30-4:00 PM Dewey, 130D
Wednesday	9	Works by Four Giants of English Language Lit. <i>Hank Barton</i>	Wednesday, Sep. 26 – Nov. 14	10:00 - 11:30 AM Dewey, 130D
	10	Watercolor <i>Jeanne Gugino</i>	Wednesday, Sep. 26- Nov. 14	10:00-11:30 AM Art Room, 80B
	11	Leonard Bernstein – The Man and His Music <i>Israella Abrams</i>	Wednesday, Sep. 26- Oct. 31	10:30 AM -12 noon Rogers, 85A
	12	Leonard Bernstein – The Man and His Music <i>Israella Abrams</i>	Wednesday, Sep. 26- Oct. 31	1:00 - 2:30 PM Rogers, 85A
	13	James Baldwin, Democracy, and Race in America <i>C Dale Gadsden</i>	Wednesday, Sep. 26- Nov. 14	1:00 - 2:30 PM Froebel, 130C
	14	Discover Cultural Cuisine <i>Latoja Roberson</i>	Wednesday, Sep. 26- Oct. 31	2:00 - 3:30 PM Lasell Studios
	15	Introduction to Italian with Conversation <i>Antonietta Civetti</i>	Wednesday, Oct. 3- Nov. 7	2:00-3:30 PM Dewey, 130D
Thursday	16	Selected Short Stories of Edith Pearlman <i>Sorel Faith Berman</i>	Thursday, Sep. 27 – Nov. 15	9:30 - 11:00 AM Dewey, 130D
	17	Part One of the Cold War <i>Dr. Lawrence X. Clifford</i>	Thursday, Oct. 4 – Nov. 15	10:00 - 11:30 AM Ballroom
	18	Translate your Memories <i>Sorel Faith Berman</i>	Thursday, Sep. 27 – Nov. 15	12:30 - 2:00 PM Dewey, 130D
	19	Medieval Art <i>Brooke Mullins Doherty</i>	Thursday, Sep. 20 – Nov. 8	2:00 - 3:00 PM Rogers, 85A
	20	Introduction to Cosmology <i>Leo Sartori</i>	Thursday, Sep. 20 - Nov. 1	2:30 - 4:00 PM Froebel, 130C
Friday	21	What Poems are Made Of <i>Barbara Helfgott Hyett</i>	Friday, Sep. 28 –Nov. 16	10:00 - 11:30 PM Dewey, 130D
	22	Ethics of Self Driving Cars <i>Vincent Bisson</i>	Friday, Oct. 26 -Dec. 14 No Class Nov. 2 and 23	2:30 – 4:00 PM Dewey, 130D