

Covid Protocols to keep us all healthy:

Wear your mask. Keep six feet away from others. Wash your hands frequently.

Current Resident Protocols

Visitors

- **Independent living:** Family and friends can visit outside, but must check-in at the Welcome Desk upon arrival, and wear a mask (limit four visitors including children, who must be supervised).
- **Lasell House:** Department of Public Health regulations require guests to pre-register for outside visits with up to two adults and two children. To pre-register, call the Administrator at 617-663-7059.

Buddy System for Independent Living

New: The buddy system has been expanded to include up to four *households*.

- Buddies are allowed to eat meals and visit in each other's apartment or outside.
- If one buddy in your "pod" tests positive, all members of the group must quarantine.
- A resident may choose to change a buddy, if waiting two weeks between groups.

In Your Apartment

- Only buddies, authorized vendors or caregivers, or staff are allowed in your apartment.
- No other visitors are permitted in any residential building.
- Housekeeping will continue to clean apartments every other week with proper PPE.

Common Areas

- **New:** Residents may sit in indoor common areas in groups of up to four *residents* while maintaining a 6-foot distance and wearing masks.
- Books may be borrowed from Village libraries; wash hands before and after your visit. Books must be signed out.
- The Village Bank is now open Tuesdays and Thursdays, 10:00 AM to 1:00 PM. Call 617-340-1297 to make an appointment for banking services.

Be safe ♦ Be healthy ♦ Be a caring community member
If you do not feel well, call the Wellness Center at 617-663-7071.

Trips Outside Lasell Village

- In general, wear a mask, keep your distance, and sanitize hands frequently.
- Keep your risk to a minimum by choosing: take-out orders, errands at less busy times, curbside pickup, and outdoor dining instead of indoor dining.
- Trips to doctors: Village car will be cleaned after each use.
 - In order to minimize the risk to staff, no driving to Covid testing sites.
 - Residents do not need to go through the Welcome Desk screening.
- If you visit family or friends at a location other than Lasell Village: stay outdoors if possible, wear a mask, maintain a six-foot distance.
- Any trip out of state: per Massachusetts regulations, residents returning from a lower-risk state do not have to quarantine.
- If traveling to a state deemed higher risk by Massachusetts, a resident has two options:
 1. A returning resident would have to quarantine for 14 days; or
 2. Quarantine for three days, then test; provide a negative test result to the Wellness Center from an outside testing site to end the quarantine. The current state list can be found at <https://www.mass.gov/info-details/covid-19-travel-order#lower-risk-states->
- Please advise the Wellness Center of your travel plans.

Meals

- The Dining Room and Margaret's Café are not available for eat-in services; delivery is available for lunch and dinner. Meal pickup is available at lunch.
- Weekly menus are delivered to residents on Thursdays with *News and Notes*, and posted on Lasellvillagenet.com.
 - You may order online, or call your order in to Margaret's Café, for the day or the week, including ordering lunch.
 - If you are unable to order online, you can drop your weekly menu off at the café.
 - Buddies are allowed to eat meals in each other's apartment or outside.
- Independent living:
 - Meals may be eaten outdoors with family or friends.
 - Please do not share food or utensils.
 - Maintain six-foot distance.
 - Masks must be worn when eating is over.

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Fitness

- Pre-registration for Pool or Fitness Center visits is required – available on Lasellvillagenet.com or by calling Resident Programming, the Education office or the location.
- **Pool:** Wear your mask when not in the pool. The lifeguard will conduct a health screening when you arrive. Changing rooms are open, lockers are not available.
 - The staff is working on expanding the hours when the pool can be open.
- **Fitness Center:** Equipment will be cleaned between each user when the Trainer is there.
 - You may use the Fitness Center for a pre-registered visit during non-staffed hours, if you receive additional training from the Trainer or the Resident Programming Office on cleaning protocols.

Keeping the Village Risk Low

- The Brennan Library is working with Concierge Services to arrange for direct delivery of books to the Village.
- Consider changing your walking route to avoid congested University areas.
- If you are interested in any program or class at the University, you must connect remotely. Contact the Education office to discuss.

Lasell University Students Returning September 1

- University students will be tested twice a week. On-campus faculty will also be tested.
- The students and staff must sign a safety pledge.
- Some students have chosen to take their classes all online, some in-person, and some hybrid. In-person classes have additional safety precautions.

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