



LASELL VILLAGE

Senior living at Lasell University

Spring 2020

Lectures and Course

Descriptions





Spring 2020 Lecture and Course Descriptions

The Lasell Village Education Department is pleased to share the Spring 2020 Lasell Village Educational Program selections with you. The registration day and time are:

Tuesday, January 7th, 2020
10:00 AM – 12:00 Noon
Lasell Village Ballroom

Reminders for Spring Semester 2020:

1. **Hearing Loops:** Hearing Loops are available in the ballroom and the following classrooms: Dewey, Froebel, and Rogers. Hearing loops allow people with hearing aids to tune into a channel that picks up the microphone and sounds in the room for a better listening experience. Please take advantage of this technology if you have a compatible hearing aid. These classrooms also have listening devices available for those without hearing aids who would like to use the hearing loop during class. Please contact the Education Office if you would like to learn about these devices.
2. **Cross Enrollment with Lifelong Learning at Regis College (LLARC):** Lasell Village is continuing our cross-enrollment program with LLARC. Please see page 4 for more details.

3. **Lasell House Registration Policy:** Residents of Lasell House who are not under the Residency and Care Agreement may register after the Third Choice registration, which ends at noon on Friday, January 10.

Contents

- Highlighted lectures are on pages 5-9. Save the dates on your calendar. No registration is necessary unless specified.
- Weekly Exercise classes are on page 10.
- Lasell Village courses are on pages 11 – 27. In-person registration for these courses will begin on January 7th.
- Additional Offerings are on pages 28-31.
- A planning worksheet is available on page 32.
- A summary sheet listing academic courses, fitness classes, and lecture series is at the end of the booklet.

Registration Guidelines

The following guidelines and procedures for registration reflect your helpful suggestions from past program planning, as well as policies that attempt to meet the educational needs of a community of over 200 residents in as equitable a manner as possible. If you need assistance, do not hesitate to call John Dixon, Director of Education, at 617-663-7055.

- **Your January 7th registration time:** Registration will begin at 10:00 AM and end at 12:00 noon in the Ballroom on Tuesday morning, January 7th. Your personal registration time, based on your lottery number, is printed on the cover of this booklet. If you cannot be at registration at your assigned time, you may ask another resident to register for you at your personal time or you may register later that afternoon in the Education Office.
- **Registration after January 7th:** Registration will continue in the Education Office for those who did not have an opportunity to register on January 7th.
- **Friday, January 10th at 10:00 AM:** Residents may enroll in additional courses from the remaining open courses on a first-come, first-served basis in the Mervis

Conference Room. If you expressed interest in a third choice on January 7th, you will still need to register for it on January 10th.

- **Registration after January 10th** will continue in the Education Office for open courses.
- **Selection of courses:** We will use the same name card/course card exchange system that has worked well in our community. Before registering, select up to two courses from this booklet. If you are planning to be away during the spring semester, please *do not register* for a course in which you would have to miss any more than one class. The list of classes on the summary page may be useful in making your selections. In case a course is full when you register, you should have an alternative in mind. You should also add your name to the waitlist for the full course; seats may become available, and you will also have priority if the course is offered again next term. At registration, you will receive an immediate written confirmation of your enrollments.
- **Registering for another resident:** One resident may register for another as long as the registration takes place according to the absent resident's lottery number.
- **Note class times carefully:** Scheduling enough classes for our community of over 200 residents inevitably results in overlapping class meeting times or dates. Note the times and dates of your course preferences carefully before registering to avoid time conflicts.

Classroom Guidelines

- **Attendance:** Please arrive at your class a few minutes early so the instructor can start the class on time. Late arrivals interrupt the class while they seek a place to be seated, so be considerate and plan ahead.

In fairness to course leaders, registered students, and students on waitlists, residents may not attend classes for which they are not registered. By the same token, if you anticipate missing two or more sessions of a class, please consider registering for a different class. You may have neighbors who are able to attend all of the sessions who would otherwise be on the waitlist.

- **CNAs:** Please take note that all personal CNAs employed by residents should stay close by during classes. They are responsible for assisting their designated residents in case of an emergency.
- **Medical Emergencies:** If you feel ill in class, please let the course leader know or press your emergency button. The course leader will call the Welcome Desk at x7000 to provide prompt, proper medical attention.

Cross Enrollment with Lifelong Learning at Regis College

This spring semester we will be continuing our cross enrollment program with the Lifelong Learning at Regis College (LLARC) program. This program increases the variety of classes available to Lasell Village residents both by making some LLARC classes available to our students and by helping to fill some of our under-enrolled classes, potentially reducing cancelations due to low numbers.

Updates for the spring semester:

1. Transportation to and from Regis College will be provided for 3 or more Lasell Village residents attending LLARC classes scheduled at the same time.
2. Due to the timing of LLARC and Village registration, we will not know what seats are available in LLARC classes until after our Village registration. Please see News and Notes in January for information about available LLARC courses and how to register.

LLARC students were pleased with their Lasell Village classes this fall and hope to join us again. Thank you for helping these visiting students feel welcome!

Highlighted Spring Semester Lectures

All lectures take place in the Lasell Village Ballroom, and no pre-registration is required unless otherwise specified. Changes in the lecture schedule will be announced in News and Notes and posted on the bulletin board by the Mervis Conference Room. The lectures below are sponsored by the Education Department and Resident Programming.

January 2020 Book Talks

Join us for this annual four-part winter program that features book reviews by members of our living and learning community of residents, staff and Village course leaders. Our thanks to residents Mary Black, Chris Wood, and Dave Willis for organizing this program.

Wednesday, January 8 **Anne D.** **2:00 – 3:00 PM**

Blue Zones: Lessons for Living Longer by Dan Buettner.

Wednesday, January 15 **Maud C.** **2:00 – 3:00 PM**

The Long Haul: A Trucker's Tales of Life on the Road by Finn Murphy

Wednesday, January 22 **Caroline S.** **2:00 – 3:00 PM**

Vietnam, Now: A Reporter Returns by David Lamb

Wednesday, January 29 **Hank B.** **2:00 – 3:00 PM**

The Silence of the Girls by Pat Barker and *Circe* by Madeline Miller

Falling with Finesse

This is a 4-week workshop

Thursdays, January 9 – January 30

Derek M.

12:15 – 1:15 PM

Ballroom

Do you know how to fall without hurting yourself? Would you know how to get up? Lasell welcomes you to join physical therapist Derek M., our staff balance class instructor, as he teaches us ways to minimize the impact and injury potential from a fall, and also strategies on how to best get up in the event of a fall. We will also explore statistical measurements of your fall risk and how to reduce the likelihood of such. This lecture will kick off a 3-part series of instructional classes to practice falling with correct form, under safe conditions, and strategies to rise from the floor. Come take part in this fun and educational course that may just save you from significant injury and improve your confidence with mobility.

Presenter: Derek M. has been practicing as a licensed physical therapist for 14 years. Derek's education includes a Bachelor's of Science degree in Sports Medicine from Springfield College, followed by a Master's degree in Physical Therapy from Emory University. He furthered his physical therapy education by achieving a Certificate of Advanced Study in Orthopedics and a Doctorate of Physical Therapy from Massachusetts General Hospital's Institute of Health Professions. Derek is board certified as an Orthopedic Clinical Specialist. Derek started At Home Physical Therapy in 2006 and currently treats patients full time while directing staff and developing the practice.

Gerotranscendence and Positive Aging

Thursdays, January 9 – January 30

Rebecca P.

2:00- 3:00 PM

First meeting: Ballroom

Subsequent meetings: Dewey, 130D

Gerotranscendence is a developmental theory of positive aging that was proposed in 1989 by Lars Tornstam, Ph.D., a Swedish gerontological sociologist. Gerotranscendence proposes that old age has its very own meaning and character which are of value and important to develop. Attaining gerotranscendence is a natural process which may be impeded by a Western culture which values activity and productivity. Living in a culture that devalues old age can obscure and make

invisible the developmental tasks of old age. Rebecca P. will discuss how understanding the concept of Gerotranscendence can enrich and enliven our own aging process.

Presenter: Rebecca P., LICSW is a geriatric social worker on the Lasell Village Wellness Center staff. Before coming to Lasell Village, Rebecca worked at the Elder Service Plan of the Cambridge Health Alliance, Partners Homecare and in private practice as a Geriatric Care Manager. Rebecca currently volunteers at Ethos as a SHINE counselor, providing free Medicare counseling. Rebecca has had an interest in working with elders for as long as she can remember. She ascribes her passion for gerontology to having been fortunate enough to have had wonderful and inspiring grandparents.

Rebecca has a Master of Social Work degree from Simmons College, a Master of Arts and Bachelor of Arts degree in Biology from the University of Colorado. Rebecca lives in West Roxbury with her wife, Madonna.

Writers' Celebration

Monday, January 13

2:00 – 3:00 PM

Rebecca K. and the Village Writer's Workshop Group

Ballroom

Professor Becky K. has encouraged and guided these five Village writers through the fall semester. Please join Barbara G., Erica H., Peggy I., Agatha M., and Chris W. as they share their creative pieces.

The Economics and Geopolitics of World Oil Markets

Tuesday, January 14

3:00- 4:30 PM

Jim J.

Ballroom

This presentation will focus on what drives pricing in world oil markets. Jim J. will first describe the economic characteristics of oil exploration and production and how they affect pricing. He will then try to explain historic issues – oil shocks, OPEC, Saudi oil dominance – and what they may tell us about the future. And

finally, he will try to provide perspective on the role of oil in the global warming debate.

Presenter: Village resident Jim J. is a retired consultant in energy economics with a specialty in international natural gas markets. After earning a BS from MIT and an MBA from Harvard Business School, he began his career at Arthur D. Little. He started his own firm in 1975. He received the 2001 Award for Outstanding Contributions to the Profession of Energy Economics and its Literature from the International Association for Energy Economics and the 2017 Senior Fellow Award from the United States Association for Energy Economics. He is a past President of the Boston Economic Club.

VillageNet Training

Thursday, January 23 and Friday, January 24

Multiple Sessions

Our new internal communication hub is here! We will have several workshops on January 23-24 for staff and residents to learn how to use it. VillageNet will enable Village residents to make a dining reservation, find upcoming classes and programs, access important documents like the Resident Handbook, look up contact information, and much more. The January workshops will be led by representatives from our intranet vendor, Viibrant, so this is the best chance to ask questions of the experts. All devices are compatible with this system; bring to the training whatever you prefer to use. More information about the schedule of sessions during the launch will be available in January.

Come Walk with Me

A series of 8 lectures

Tuesdays, January 28 – March 17

Mary B.

3:15 – 4:45 PM

Ballroom

Museums are a mirror of their time. Ideas, ambitions, and donations have shaped the museums of the present and in the last 100 years have grown to an important level. They are a great treasure – their collections hold within their walls riches beyond belief. We will cover many museums in the United States and also in

Western Europe that hold treasures of enormous importance. Come join me in an adventure of riches that are of great significance.

Presenter: Lasell Village resident Mary B. was born in Vienna, Austria and brought up in England and the United States. Her interest in art history came about at an early age. She graduated from Elmira College and studied at New York University and the Metropolitan Museum. She has lectured in a great variety of colleges and senior institutes.

Weekly Exercise Classes

No pre-registration required

Changes in the ongoing weekly exercise class schedule will be announced in News and Notes and posted on the bulletin board at the Resident Services Desk.

Monday	10:00 – 10:45 AM	Water Aerobics with Lis D. and Adam D.*	Pool
	11:30 AM – 12:30 PM	Chair Yoga with Ruth L.	Ballroom
Tuesday	12:00 – 12:45 PM	Balance/Core Strengthening with At Home Physical Therapy	Ballroom
	1:00 – 1:45 PM	Advanced Circuit Training with Paul C. (registration req.)	Neill
Wednesday	11:30 AM – 12:15 PM	Group Exercise with Britta Z.	Ballroom
Thursday	9:00 – 9:45 AM	Balance/Core Strengthening with At Home Physical Therapy	Rogers
	11:15 AM – 12 noon	Tai Chi with James T.	Rogers
	3:30 – 4:30 PM	Chair Yoga II with Ruth L.	Rogers
Friday	10:00 – 10:40 AM	Aqua Stretch with Bernice G.*	Pool
	11:45 AM – 12:30 PM	Group Exercise with Britta Z.	Ballroom

New! Advanced Circuit Training

Interested in taking your fitness regimen to the next level? The new *Advanced Circuit Training* class with Personal Trainer Paul Connolly will incorporate resistance bands, dumbbells, core training, and multi-directional balance movements. We will also incorporate power (speed) during some of the strength movements to engage ‘fast-twitch’ muscle fibers.

Limit 8 residents: see News and Notes for signup information. **Please note:** a prerequisite for this program is that a resident must be able to get up and down from the floor without assistance.

Spring 2020 Lasell Village Courses

Choose One:

1. King Lear

Parkman H.

Mondays, March 16 – April 27

No Class April 13

10:00 – 11:30 AM

Dewey, 130D

Or

2. King Lear

Parkman H.

Mondays, March 16 – April 27

No Class April 13

1:00 – 2:30 PM

Dewey, 130D

Madness and blindness rule the world of King Lear. They find their theatrical masks in love and tragedy. Together these forces bewilder the four principal characters of the play: Lear and his Fool, Edgar and his half-brother Edmund (not Lear's daughters, not the saintly Gloucester). Yeats's great question from his "Easter 1916" remains in force here: "What if excess of love / Bewildered them until they died?" Nor have we seen the worst, as Edgar reminds us, "so long as we can say, 'This is the worst.'" We will use some clips from various films of the play, as well as a filmed staging at Shakespeare's Globe in London. But the play ultimately abides nearly beyond staging, almost beyond reading. The fault rightly remains in us, and not in our stars.

Required Reading: *King Lear* by William Shakespeare. Folger Shakespeare Library, 2004. (ISBN-10: 9780743482769)

Course leader: Parkman H. received a B.A. in English from Harvard University, and a Ph.D. in Anglo-Irish Literature from University College, Dublin. He is currently the poetry editor of *Appalachia*, America's longest-running journal of mountaineering and conservation. He has also co-authored five musical plays and written articles on such topics as Thoreau, Walden, Hadrian's Wall, and the 1949 Mann Gulch fire in Montana. Parkman has taught a number of courses at Lasell Village on Shakespeare as well as the Bible.

3. Voices of Experience: West Side Story

Jonathan K.

Rehearsals: Mondays, February 3 – April 20

1:30 – 3:00 PM

Performance: Tuesday, April 21

1:00 – 3:00 PM

Performance: Wednesday, April 22

6:30 – 8:30 PM

Ballroom

Join the Voices of Experience this semester for our production of West Side Story, a musical in which a modern-day Romeo and Juliet are involved in New York City street gangs. On the harsh streets of the upper west side, two gangs, the Sharks and the Jets, battle for control of the same turf. Tensions rise when a Shark girl named Maria and a Jet named Tony fall for each other, but there's a problem, they can never be allowed to be together! One thing is for sure, something's coming!

Course Requirements: The only requirement for joining this choral group is that you can carry a tune. New members meet briefly with the conductor for a private meeting. The quality of your voice is not important; neither is your ability to read music. We are open to all: join the Voices and let music brighten your life!

Course materials: You will need a black three-ring binder and a pencil.

Course leader: Jonathan K. has been writing, playing, and teaching music for much of his life. Starting at a very young age at the piano, he went on to study film scoring and contemporary composition at Berklee College of Music in Boston. He has worked with and directed choirs, orchestras, marching bands, drum corps, and various other ensembles for many years. He now teaches private music lessons, writes and arranges music, and plays in orchestra pits full time.

4. Pottery Handbuilding

Lisa WB W.

Mondays, April 6 – May 11

3:15-4:45 PM

Art Studio

Students create a range of handbuilt projects using low fire clay. Projects will be varied based on the makeup of the class. Techniques learned will include pinch, coil, texture, slab and more. Students glaze their ware with low fire, food safe glazes using brushes. Instructor fires pottery in a kiln. Completed projects are returned to students at the end of session.

Required Reading: This class carries a materials fee of \$40, payable to the course leader at the beginning of the course.

Course Leader: Lisa WB W. is a local ceramic artist who teaches classes, workshops, and individual lessons to all ages in Newton, Westwood, and Walpole. She is fascinated by the feel of the clay in her hands and the connections she makes while working at her potter's wheel. Her love of color, drawing, surface decoration, and functionality play a role in creating her work that is autobiographical by nature. She received her Studio Art Degree from Skidmore College, continuing with additional classes at the Museum School of Fine Arts Boston, Art Institute of Boston, and Harvard University.

5. Relationship, Rupture and Repair: Exploring Biblical Stories Through a Psychological Lens

Marsha M.

Tuesdays, January 21 – February 25

No Class January 28

10:00–11:30 AM

Dewey, 130D

What do the struggles of our Biblical foreparents tell us about ourselves and our relationships? Join in a lively discussion as we explore Biblical stories through a psychological lens and connect the stories with our contemporary experiences. We will explore the imperfect and human Biblical family of Isaac, Rebecca, their

sons (Jacob and Esau), daughters-in-law (Leah and Rachel) and grandchildren as they engage in life's psychological journey. They will respond to life's longings, hopes and disappointments and deal with relational ruptures and possible repairs. There are consequences in their stories that can resound and replay through the generations. Yet, even during hard times, the players in this amazing drama can learn and grow throughout their lifetimes. Bring your interest and your ideas--no previous knowledge of the Hebrew Bible (Torah) is required.

Required Reading: The Course Leader will provide handouts.

Course Leader: Marsha M., Ph.D., is a Professor Emerita of Psychology at Lasell College and a former Resident Scholar at the Brandeis Women's Studies Research Center. She has published a number of chapters, articles, and books including *The Women who Danced by the Sea: Finding Ourselves in the Stories of our Biblical Foremothers*. Marsha has taught about Bible and Psychology locally at synagogues, churches, campuses, and community centers as well as nationally at venues including the 92nd St. Y in Manhattan, the Spertus Institute in Chicago, and the Jewish Theological Seminary Rabbinic Training Institute. She was the 2014 recipient of the American Family Therapy Academy's "Innovative Contributions to Family Therapy" award.

6. Ethical Dilemmas in Genetics

Judith E. T. & Maud C.

Tuesdays, February 4 – March 10

10:30-12 noon

Froebel, 130C

NOTE: This course is a more advanced ethics and genetics course. To take this course you must have completed "Genetic Testing" in a previous term.

This course is a more focused and interactive class than last year's Genetic Testing class and is open only to residents who completed Judith Tsipis' class last year. We will use a mix of lectures and case scenarios to highlight some of the ethical issues in genetics today with a focus on the following topics:

- An overview of medical ethics
- Prenatal testing options

- The “ART” of Assisted Reproductive Technologies in the Age of CRISPR-Cas9
- Testing Children for Adult-Onset Disorders
- These Are Not the Genes You Are Looking For: Incidental Findings Identified as a Result of Genetic Testing
- Direct-to-Consumer Testing

Required Reading: *Ethical Dilemmas in Genetics and Genetic Counseling*, J. Berliner, ed. Oxford, 2015. (ISBN 978-0-19-994489-7)

Course leaders:

Judith E. T., newly retired from the Brandeis faculty after 42 years of teaching undergraduate biology and 25 years of training graduate students to become genetic counselors, has a long-standing interest in genetics and the ethical issues that often arise when new genetic tests and technologies are introduced. Judith’s involvement in the training of genetic counselors as well as her active role in a number of patient advocacy groups derive in great measure from her own experiences as the parent of a child with Canavan disease, a rare and progressive neurological genetic disorder.

Maud H. C.’s Ph.D. is in the History of Ideas, and she has taught in both the history and philosophy departments at Wellesley for over fifty years. One of her specialties in philosophy is ethics, and she has taught courses in medical ethics, social and political philosophy, and women in science and technology. Since her retirement from Wellesley, she has been teaching courses in these areas for the Councils on Aging in Dover and Sherborn.

7. The French Lieutenant's Woman

Harriet S.

Tuesdays, February 11 – March 17

**1:30– 3:00 PM
Froebel, 130C**

In 1965 John Fowles had a dream of a tragic cloaked and hooded woman standing at the end of the jetty in Lyme Regis and staring out to sea. He wrote *The French Lieutenant’s Woman* to discover who she was and what she was doing there. He set the book 1867 and began to write it in the form of the Victorian novel that was the height of English literature at that time. Then he started playing with the

form, producing one of the first important postmodern novels—a kind of novel that we have been reading ever since.

We will read *The French Lieutenant's Woman* chapter by chapter, both enjoying its enthralling story and exploring the book's enormous influence on the novels that came after it. Along the way, we will examine how the novel has changed over the past 300 years.

Required Reading: *The French Lieutenant's Woman* by John Fowles. ISBN 978-0-316-29116-3.

Course leader: Lasell Village resident Harriet S. has published eight novels, two non-fiction books, and a dozen short stories. She taught writing at Brooklyn College of the City University of New York for many years. After retirement, she taught courses in modern novels at Brooklyn Lifelong Learning at Brooklyn College, discussing 135 novels over 15 years. Most recently, she gave courses in Jane Austen, Edith Wharton, Virginia Woolf, Toni Morrison, and Kazuo Ishiguro here at Lasell Village.

8. Understanding Relativity

Leo Sartori

Wednesdays, February 12-April 1

No class on March 11

10:00 – 11:30 AM

Froebel, 130C

Albert Einstein's special theory of relativity is one of the supreme achievements of the human intellect. The theory has revolutionized our conception of quantities like space, time, mass and energy, which play an essential role in our understanding of nature. This course will explain the basic ideas of special relativity while employing only elementary algebra and geometry. Topics to be discussed include time dilation (moving clocks run slow), length contraction, the twin paradox, and the famous mass-energy relation $E = mc^2$.

The history of the development of the theory will also be described. The last session of the course will provide an introduction to the general theory of relativity, another of Einstein's fundamental contributions. Because general

relativity is based on advanced mathematics, our treatment will be less thorough than that of the special theory. Topics to be discussed include the principle of equivalence and the curvature of space.

Required reading: *Understanding Relativity* by Leo Sartori, ISBN-13: 978-0520200296.

Course leader: Dr. S. is a retired professor of physics and astronomy. He has served on the faculties of Rutgers, MIT, and the University of Nebraska. For many years he taught a course on relativity aimed at non-science majors. His book, *Understanding Relativity*, is based on that course.

9. Introduction to Greek Drama

Hank B.

Wednesdays, February 19 – April 8

**10:00 – 11:30 AM
Dewey, 130D**

Course members will read and discuss four plays from 5th century BCE Athens: Aeschylus' *Agamemnon*; Sophocles' *Oedipus Tyrannus*; Euripides' *Iphigenia at Aulis*; Aristophanes' *Lysistrata*. Discussion will be supplemented with brief lectures on the history of ancient Greek drama, the structure of ancient theaters, and the historical contexts of the plays. There will be audio and video supplementary material.

Required reading: Aeschylus, *Oresteia*. Trans. Meineck, P. Hackett Publishing Co. ISBN: 13:978-0- 87220-390-7

Aristophanes, *Lysistrata*. Trans. Ruden, S. Hackett Publishing Co. ISBN 0-87220- 603-3

Euripides, *Ten Plays*. Trans. Roche, P. New American Library (div of Penquin) ISBN: 978-0-451-52700-4

Sophocles, *Oedipus Tyrannus*. Trans. Meineck, P. & Woodruff, P. Hackett Publishing Co. ISBN: 0-87220-492-8

Course leader: Hank B., a Village resident since August 2018, holds degrees from Princeton and Harvard. He has taught on every level from seventh grade English to graduate psycholinguistics. He taught college English and linguistics for 38

years. His upper level course subjects included English Romanticism, Chaucer, History of English, and American Poetry. He has taught four courses at the Village.

10. Watercolor

Jeanne G.

Wednesday, February 26 – April 15

**10:00 AM – 11:30 AM
Art Studio, 80B**

Making art is a most satisfying way to experience life. Simply repeating what you see is not always enough. Learn about color values, theory, brushwork and some novel techniques. Use different techniques and colorations to express yourself. Subjects will include still life, natural forms and perhaps a foray into abstraction as we paint the sky or sea in a landscape. All levels are invited to participate.

Materials Needed: All enrolled students will receive a supply list. For students new to watercolors, recommended supplies cost approximately \$61 and will enable continued watercolor painting after the course concludes. Returning students should bring their existing watercolor supplies and purchase additional supplies from the list if needed.

Course leader: Jeanne G. is the former President of the Newton Art Association where she continues to serve on the board as Program Chair. Ms. G. has received many awards for her painting, sculptural installation, and silverpoint drawing.

Ms. G. is a graduate of Buffalo State Teachers College and has attended Mass College of Art and the School of the Museum of Fine Arts, Boston. She is on the faculties of the New Art Center, Newton Community Education in Newton, the Eliot School, Jamaica Plain, and Kaji. Aso Studio, Boston. Ms. G. has also conducted several workshops at the Burchfield Penny International Center for Watercolors in Buffalo, NY. There she participated in a project at the BP by photographer David Moog titled "Artists Seen."

Choose One:

11. Appreciating Architecture: The Wright Way

Israella A.

Wednesday, March 4 – April 1

**10:30 AM – 12:00 noon
Rogers, 85A**

Or

12. Appreciating Architecture: The Wright Way

Israella A.

Wednesday, March 4 – April 1

**1:00 – 2:30 PM
Rogers, 85A**

During the course of his life Frank Lloyd Wright produced an astonishing range of buildings considered to be the finest examples of American architecture. Wright was a master designer, builder, and worshipper of nature. In this course we will explore the uniqueness of his style, organic architecture, starting from his 1889 debut in Chicago and his development of the Prairie School up to the 1950s, with the creation of the Guggenheim Museum. Wright was a complicated individual giving us an opportunity to look at his life, his eccentricities, and his flaws and his genius.

Required reading: The class will be enhanced with handouts and audio and visual material.

Course leader: Israella A. received her B.A. from Clark University and her M.Ed. from Wheelock College. Niece of Village resident Sis Kazis, she is a librarian at Swampscott Public Library. Ms. Abrams facilitates and moderates book groups on the North Shore as “The Reading Woman”.

13. Discover Cultural Cuisine

Latoja R.

Wednesdays, February 5 – March 11

**2:00 – 3:30 PM
Lasell Studios**

This class is about discovering 6 cultural cuisines. In this class you will not only learn how to prepare some of the most famous dishes of that culture, but you will

also discover the culture itself by hearing some fascinating facts that may be unknown to you! Join us in this adventurous journey that is not only tasty but informative as well!

Required materials: Ingredients and cooking equipment will be provided.

Course leader: Lasell Studios' Latoja R. has been working at Lasell Village as a CNA since 2014. She grew up cooking with her family and has been continuously expanding her repertoire by adding new recipes from different cuisines and cultures. From lasagna to baked haddock to egg rolls, she is really passionate about discovering new cuisines and sharing her experience! Her sous-chef, Supported Living Manager Elena C., will join her in this adventurous journey.

14. Social Issues Through Sports

Lauren Anderson

Wednesdays, March 11 – April 15

3:15 – 4:45 PM

Dewey, 130D

Throughout history, sport has commonly been linked to social and political issues. Dating as far back as the 1st century BC, when gladiator contests were tied to economic status and power, through the 20th century when Tommie Smith and John Carlos' famous Black Power Salute during the Olympic Games brought attention to racial injustices, sport has proved to be more than "just a game." In recent years, sport has become an increasingly popular platform to shed light on larger societal issues. Throughout this class, we will explore important social issues that have manifested in sport including, but not limited to, pay equality and the U.S. women's national soccer team, racial activism and the national anthem protests, and representations of Native Americans in sporting mascots. In these discussions, we will dive deeper into the ways in which sport intersects with discourses of gender, race, identity, and politics.

Required reading: The course leader will provide handouts.

Course leader: Lauren C. A. holds a Ph.D. in Communication from Florida State University and is currently an Assistant Professor of Sports Communication at Lasell University. Her research and publications focus largely on media

representations of gender and race in sport, as well as the ways in which media shapes social and cultural values and (re)produces dominant ideologies. In her spare time, Lauren enjoys watching football (Go Bears!), traveling with her husband, cooking, and taking classes in improv comedy.

15. 8th Air Force and 21st Bomb Group over Germany and Japan

Lawrence X. C., Ph.D.

Thursdays, February 6 – March 12

**10:00 – 11:30 AM
Ballroom**

This will be a six-session course describing the events and circumstances of developing strategic bombing against Germany and Japan during World War II. There will be significant discussion about the work of Generals Henry Arnold, Karl Spaatz and Ira Eaker as they worked to bring B17s and B24s to the United Kingdom during the early months of 1942. Discussion will continue on how training was conducted to provide the new 8th Air Force with the necessary and sufficient tools to degrade Germany's industrial and war making potential. There will be descriptions of how specific missions were conducted so as to provide the class with information about how difficult and dangerous those bombing missions proved to be. The class will hear how Curtis LeMay became such a prominent leader in the 8th Air Force. The final two weeks of the course will focus on how members of the 8th Air Force became the crews of the new B29 that was sent to the Marianna Islands in the late summer of 1944 and were able to bomb the home island of Japan on a daily basis. The final discussion in the course will involve the events of what is known as the fire-bombing and finally the action surrounding the atom bombs that destroyed Hiroshima and Nagasaki.

Required reading: The course leader will provide handouts in the form of a paper and weekly outlines.

Course leader: Lasell Village resident Lawrence X. C., Ph.D. is a former senior officer in the United States Air Force and spent over 30 years in military service. He continues to provide consultation within the broad range of the national security enterprise. He has two doctorates, one in clinical and educational psychology from Indiana University and the other in history with a specific focus

on Soviet and Military History from Boston College and has several years of teaching experience in both of these disciplines.

16. An introduction to the short stories of Wendell Berry

Sorel B.

Thursdays, February 20- April 9

1:30 – 3:00 PM

Dewey, 130D

Judith Elstein, from whom I took a memorable course on Wendell Berry, says the following: “Wendell Berry, recipient of the National Medal of Arts and Humanities, is a master storyteller and essayist, poet, farmer, environmentalist, and outspoken citizen. His large body of work emphasizes the richness and strength of a community and our need to respect the land.” As in Judith Elstein’s class, our primary work will be a collection of his insightful and occasionally comic short stories set over a span of ninety years in the fictional farming town of Port William, Kentucky. Our key consideration is whether Berry's beliefs "are simply nostalgic and reactionary, or wise and actionable."

Required reading: *That Distant Land* by Wendell Berry (Counterpoint, 2004). ISBN 9781593760540

Course leader: Sorel Faith Berman earned a Master of Arts in English and American Literature from the Bread Loaf School of English at Middlebury College. She is a retired teacher of English in the Brookline Public Schools.

17. From Impressionism to Postmodernism: Art of the Late 19th-20th Centuries

Brooke M. D.

Thursdays, February 6– April 2

No class March 19

2:15-3:15 PM

Mead, 70

From the Industrial Revolution to the First and Second World Wars and the Vietnam War, Europe and America experienced profound social, economic, technological, and political changes from the late 19th through the 20th centuries, and these changes are quite evident in the changing artwork of the period. Beginning in the 1880s with Impressionism and moving through Art

Nouveau, Dada, Surrealism, Pop Art, Minimalism, Earth Art, Performance Art, and other movements, this course will provide a brief overview of the major movements and artists involved in Modern art as well as an introduction to Postmodern art. No prior art history knowledge is necessary for this broad survey course.

Required reading: *Art: A World History* by Elke Linda Buchholz et al. (ISBN-13: 978-0810994423)

Course Leader: Brooke M. D. is an artist whose sculptures and drawings have been exhibited in many solo and group shows. Currently teaching Studio Art and Art History at Lasell College, Cape Cod Community College, Bristol Community College, and the Community College of Rhode Island, Brooke received her MFA in Sculpture from the University of Massachusetts, Dartmouth, and her BFA in Studio Art from the University of Oklahoma, which also awarded her a BA in Philosophy. Brooke holds minors in Art History and Psychology, also from the University of Oklahoma.

18. Using Literature to Understand History: Toni Morrison, August Wilson and the African American Experience

C Dale G.

Thursdays, February 27- April 16

3:15 – 4:45 PM

Froebel, 130C

Toni Morrison and August Wilson are two of the most important African American writers at the end of the 20th and beginning of the 21st centuries who have taken on the project of rearticulating the African American experience. The experience of enslavement continues to be determinative for the formation of a distinctively African American subjectivity. Morrison and Wilson have been at the forefront of re-imagining black history and culture. Both authors begin the task by reanimating the ideas and facts of slavery and the middle passage in African American thought.

In this course we will use literary works to move beyond an understanding of historical slavery to examine the impact slavery had on the psyches of African Americans. In their works they grapple with the consequences and possibilities

resulting from the dehumanization that slavery inflicted on the cultural memory of African Americans. We shall explore conceptions of religion/ spirituality, history and community in their texts.

Required reading: Toni Morrison, *A Mercy*
Toni Morrison, *Beloved*
August Wilson, *Joe Turner's Come and Gone*
August Wilson, *The Piano Lesson*

Course leader: C Dale G. is an Americanist specializing in intellectual history, religion, culture, race and African American Studies. She holds master degrees in theological studies and history and is currently completing her doctoral dissertation entitled "From Revelations to Grace: Dancing the African American Religious Experience" in the History of American Civilization (American Studies) at Harvard University. Prior to graduate school, she worked in the corporate and nonprofit sectors.

19. Let's Talk about the News!

Kaitlyn Q.

Fridays, January 31- March 6

**10:00 – 11:30 AM
Dewey, 130D**

The news is everywhere, so why not talk about it? Sometimes it is hard to navigate what sources are the most accurate, what the underlying topic or issue is about, or even what the news story is about! Some people prefer watching the news, reading about it in a newspaper, or exploring online news media. At the end of the day, sometimes we just need a place to digest, debate, and understand what we are absorbing about the world around us. This class will involve an open discussion about what we've gathered in the news that week. The Course Leader and students will come to class prepared to discuss the most current news topics each week.

Required reading: Students are expected to keep current with major events using the media platforms of their choice and to come prepared to discuss what they have found.

Course leader: Kaitlyn Q. is currently an adjunct professor at Lasell University for undergraduate and graduate students within the School of Communication and the Arts. She also teaches courses for Lasell Works and Individualized Studies students. Most of her courses are focused on mass media, current events, internship preparation, field experience, and professional development. She also serves as the Internship Coordinator for the School of Communication and the Arts at Lasell. As an alumna who also enjoyed her intergenerational courses and research projects during her undergraduate experience at Lasell, she is very much looking forward to working with Lasell Village again. Kaitlyn has a Master of Science degree in Public Relations and a Bachelor of Arts degree in Communication, both from Lasell University.

20. Ascending Spiritual Mountains

Rabbi Alan U.

Fridays, April 3 – April 24

**10:00–11:30 AM
Froebel, 130C**

There are visions that can only be given to us when we ascend the sacred mountains in our lives. Mountain journeys are some of the key passages in Scripture and in Parable. We will explore these journeys together: what is seen and what it means to come down the mountain transformed by our experiences.

Required Reading: The course leader will provide handouts.

Course Leader: Rabbi Alan U. was ordained by the Hebrew Union College in Cincinnati in 1985 and served as Assistant Rabbi at Temple Emanuel in Worcester for three years. In 1988, he founded the School for Jewish Studies, dedicated to teaching Torah to adults, which served as the foundation for his current work. Today, Alan travels around New England teaching Torah as a spiritual path. He teaches at temples, synagogues, churches, businesses, private study groups and retreats to people who share in the desire to study Torah as a way to guide and inform the spiritual journey that is our lives today. He also leads adult hiking/study trips to Israel, the Alps, the Canadian Rockies and St. John.

21. Village Writers' Workshop

Becky K.

Fridays, February 7 – March 13

10:15–11:45 AM

Dewey, 130D

In this writing workshop, we write and share our own creative prose. Class members receive a weekly writing prompt that suggests an entry point for a composition; responses to the prompt are read and discussed at class meetings and are submitted to the instructor for written feedback. As we engage in close readings of our own pieces, we also examine other short literary works that may inspire and instruct us.

Required Reading: The course leader will provide handouts.

Course Leader: Becky K. earned her A.B. in English at Radcliffe College and her Ph.D. in linguistics at Harvard University. She has published articles in theoretical and applied linguistics; her poetry appears in magazines, journals, and two chapbooks. A faculty member in Lasell's Humanities Department for eighteen years, she chaired the Humanities Department for six years. Becky has taught courses in language structure, language acquisition, literature, and writing; her ENG222 Lyric Poetry course was an intergenerational offering.

22. Bridging the Gap – Intergenerational Learning and Fun

Brian F.

Fridays, January 31 – March 20

2:00 – 3:30 PM

Rogers, 85A

Bridge has been played for more than century by people all over the world. Like other card games, Bridge offers an opportunity for people to socialize and enjoy each other's company. However, the level of complexity present in Bridge grants its players special opportunities to enhance their memory, problem solving techniques, communication skills, and quantitative reasoning abilities. This course roster will be half Lasell University undergraduates who are completely new to bridge and half Lasell Village residents who are either new to bridge or are looking to help young people into the bridge community.

Required Reading: The course leader will provide handouts.

Course Leader: Dr. Brian F. is a professor of mathematics at Lasell University. He attended Tufts University as an undergraduate where he earned a BS in Chemical Engineering; and the University of Massachusetts Lowell, earning two masters (Mathematics and Education), and Doctorate in Mathematics Education. His research interests include the development of teaching techniques designed to foster logical thinking through the learning of mathematics. Dr. F. has been teaching at a variety of levels for 20 years and has an extensive background in K-12 teacher preparation. His practice revolves around making sense out of abstract mathematical concepts and using mathematical content to help his students become better thinkers. Dr. F. is tremendously excited to offer this Bridge course as a means through which he can bring his mission of improving thinking skills to the Lasell community.

Additional Offerings from the Education Office

Writing Support from Becky K.

Becky Kennedy has joined the Lasell Village faculty to work with Village writers and has been meeting with multiple groups of talented writers; she invites interested writers to form an additional group and would also love to work individually with any writers who are seeking one-on-one guidance or review. Interested Village writers may contact Becky.

Becky K. earned her A.B. in English at Radcliffe College and her Ph.D. in linguistics at Harvard University. She has published articles in theoretical and applied linguistics; her poetry appears in magazines, journals, and two chapbooks. A faculty member in Lasell's Humanities Department for eighteen years, she chaired the Humanities Department for six years. Becky has taught courses in language structure, language acquisition, literature, and writing; her ENG222 Lyric Poetry course was an intergenerational offering.

Intergenerational Courses for Spring 2020

Registration for intergenerational courses will take place on Friday, January 10 at Third Choice Registration. The three intergenerational classes being offered this semester are as follows.

CJ206: Drugs & Society

Kellie W.

Monday, Wednesday and Friday

1:00 PM - 1:50 PM

January 22 – May 4

Mead Classroom, 70

No class on Feb. 17, March 16, March 18, March 20, or April 20

We will be discussing how society perceives, reacts, and treats illicit substances, such as hard (illegal) drugs and alcohol, and those who use them. We will look at the origins of drugs and how they have been used historically for medical and recreational purposes, and we will analyze the trajectories of those perceptions to

conclude with their current usages, and experiences and stigmas of users. We will touch upon the DSM 5's criteria for addiction as a diagnosis and what treatment models are presently being utilized.

This class will be lecture-led but discussion-based, meaning class participation is encouraged and sustained. There will be a text for the course, but we will also be using media tools in class, such as documentaries, TV shows, video clips, and accounts from experts and users alike. There will be in-class activities that will revolve around groups of students working together. Guest speakers will be brought in to provide insights from their vantage points and experiences.

Dr. Kellie W., CAGS is in her first year here at Lasell in the criminal justice department, but has taught previously at Northeastern, UMASS Lowell, and Endicott. She obtained her PhD in criminology and criminal justice from UMASS Lowell and has a post-master's degree in mental health counseling from Suffolk. Prior to her career as an educator, Kellie was a therapist, specializing in addiction and the LBGT community in the Boston area. She worked as a substance use counselor in a residential treatment facility for adult women and will be bringing her own experience to the course.

FASH342: Fashion and Culture

Alicia K.

Mondays

12:30 PM - 3:00 PM

January 27 – May 4

LU Donahue Center, Room 315

No class on Feb. 17, March 16 or April 20

Although titled "Fashion and Culture," this course more broadly explores dress and appearance as a lens by which to examine diversity and commonalities among people across the globe. Readings, viewings, and assignments are intended to help you develop an awareness of the definition of dress as body modifications and body supplements whose meanings shift across time and from society to society; comprehend the complex relation of dress to physical and sociocultural environments; and ultimately enrich your understanding of the aesthetics of dress. Students will also consider the nuances among the biases that we all bring to our evaluation of dress practices.

Alicia K. is a writer, editor, and design consultant. She conceived, art directed, and co-wrote *Fashion Design, Referenced: A Visual Guide to the History, Language, and Practice of Fashion*, a Designers & Books Notable Design Book of 2013. For fifteen years, she edited the award-winning *Assemblage: A Critical Journal of Architecture and Design Culture*. She currently consults for Machine Age, an international showroom of twentieth-century design. Alicia has hosted fashion forums, organized academic panels on the intersection of fashion, art, and society, and most recently, participated in WBUR's Glam Slam story-telling event. At Lasell University, she teaches courses in dress and culture and twentieth-century fashion history.

Required Textbook available through the Lasell University Campus Book Store:
The Visible Self: Global Perspectives on Dress, Culture, and Society, by Joanne B. Eicher and Sandra Lee Evenson, fourth edition, forms the core reading for this course and should be purchased before the first class. ISBN-13: 978-1609018702.

MUS203: Popular Music

Brett W.

Mondays and Wednesdays

12:30 PM - 1:45 PM

January 22 – May 4, 2019

LU Yamawaki, Room 303

No class on Feb. 17, March 16, March 18 or April 20

Popular Music is designed to influence every part of our lives. This class will focus on the history of popular music, the current trends in popular music, and the critical listening skills that will provide a larger spectrum of understanding of the music world we live in. Many of our discussions will focus on the socio-political approach to music and culture and how it affected generations before and after our present position.

Brett W. is an educator, performer, and community builder with a focus on growing a sustainable community of musicians. For the past 20 years, Brett has recorded and performed around the world and created artistic residencies in unique spaces through the US. In his five years of teaching at Lasell University, Brett was collaborated with professors from around the country to develop inclusive and revolutionary approaches to music history, including many of the populations actively left out of traditional Western Traditional Music history

textbooks. Brett is currently developing several new projects focusing on improvisation and film and a new quartet record that will release in Fall 2020.

Required Textbook: There is no required text book for the course.

Optional Planning Worksheet

Please list your preferred classes below so that you have them ready on registration day.

1st Choice

#

Title

Times

2nd Choice

#

Title

Times

3rd Choice

#

Title

Times

4th Choice

#

Title

Times

SPRING 2020 SUMMARY OF LASELL VILLAGE COURSES

	<u>CSE#</u>	<u>Course & Instructor</u>	<u>Dates</u>	<u>Time</u>
Monday	Fit	Water Exercise <i>Lis D. and Adam D.</i>	Mondays	10:00 - 10:45 AM Pool
	1	King Lear <i>Parkman H.</i>	Mondays, March 16 - April 27 <i>No Class April 13</i>	10:00 - 11:30 AM Dewey, 130D
	Fit	Chair Yoga <i>Ruth L.</i>	Mondays	11:30 - 12:30 PM Ballroom
	LU*	Popular Music <i>Brett W.</i>	Mon. and Weds. Jan. 22- May 4	12:30 - 1:45 PM Yamawaki, Rm. 303
	LU	Fashion and Culture <i>Alicia K.</i>	Mondays, Jan. 27- May 4	12:30 - 3:00 PM Donahue, Rm. 315
	LU*	CJ206: Drugs & Society <i>Kellie W.</i>	Mon., Weds., Fri. Jan. 22- May 4	1:00 - 2:30 pm Mead, 70
	2	King Lear <i>Parkman H.</i>	Mondays, March 16 - April 27 <i>No Class April 13</i>	1:00 - 2:30 pm Dewey, 130D
	3	Voices of Experience: West Side Story <i>Jonathan K.</i>	Mondays, Feb. 3 - April 20 <i>Perf. April 21-22</i>	1:30 - 3:00 PM Ballroom
	4	Pottery Handbuilding <i>Lisa W.</i>	Mondays, April 6 - May 11	3:15 - 4:45 PM Art Studio, 80C
Tuesday	5	Relationship, Rupture and Repair: Exploring Biblical Stories Through a Psychological Lens <i>Marsha M.</i>	Tuesdays, Jan. 21 - Feb 25 <i>No class Jan. 28</i>	10:00 - 11:30 AM Dewey, 130D
	6	Ethical Dilemmas in Genetics <i>Judith E. T. and Maud C.</i>	Tuesdays, Feb. 4 - March 10	10:30 - 12:00 Noon Froebel, 130C
	Fit	Balance/Core Strengthening <i>At Home Physical Therapy</i>	Tuesdays	12:00 - 12:45 PM Ballroom
	Fit	Advanced Circuit Training <i>Paul C.</i>	Tuesdays	1:00 - 1:45 PM Neill, 85D
	7	The French Lieutenant's Woman <i>Harriet S.</i>	Tuesdays, Feb. 11- March 17	1:30 - 3:00 PM Froebel, 130C
	Lect.	Come Walk with Me (lecture series) <i>Mary B.</i>	Tuesdays, Jan. 28 - March 17	3:15 - 4:45 PM Ballroom
Wednesday	8	Understanding Relativity <i>Leo S.</i>	Wednesdays, Feb. 12 - April 1 <i>No Class March 11</i>	10:00 - 11:30 AM Froebel, 130C
	9	Introduction to Greek Drama <i>Hank B.</i>	Wednesdays, Feb. 19 - April 8	10:00 - 11:30 AM Dewey, 130D
	10	Watercolor <i>Jeanne G.</i>	Wednesdays, Feb. 26 - April 15	10:00 - 11:30 AM Art Studio, 80B
	11	Appreciating Architecture: The Wright Way <i>Israella A.</i>	Wednesday, March 4 - April 1	10:30 AM - 12 Noon Rogers, 85A
	Fit	Group Exercise <i>Britta Z.</i>	Wednesdays	11:30 - 12:15 PM Ballroom
	LU*	Popular Music <i>Brett W.</i>	Mon. and Weds. Jan. 22- May 4	12:30 - 1:45 PM Yamawaki, Rm. 303
	LU*	CJ206: Drugs & Society <i>Kellie W.</i>	Mon., Weds., Fri. Jan. 22- May 4	1:00-2:30 pm Mead, 70
	12	Appreciating Architecture: The Wright Way <i>Israella A.</i>	Wednesday, March 4 - April 1	1:00 - 2:30 PM Rogers, 85A
	13	Discover Cultural Cuisine <i>Latoja R.</i>	Wednesdays, Feb. 5 - March 11	2:00 - 3:30 PM Lasell Studios
	14	Social Issues Through Sports <i>Lauren A.</i>	Wednesdays, March 11 - April 15	3:15 - 4:45 PM Dewey, 130D

Thursday	Fit	Balance/Core Strengthening <i>At Home Physical Therapy</i>	Thursdays	9:00 - 9:45 AM Rogers, 85A
	15	8th Air Force and 21st Bomb Group over Germany and Japan <i>Lawrence X. C.</i>	Thursdays, Feb. 6 - March 12	10:00 - 11:30 AM Ballroom
	Fit	Tai Chi <i>James T.</i>	Thursdays	11:15- 12 noon Rogers, 85A
	16	An introduction to the short stories of Wendell Berry <i>Sorel B.</i>	Thursdays, Feb. 20 - April 9	1:30 - 3:00 PM Dewey, 130D
	17	From Impressionism to Postmodernism <i>Brooke M. D.</i>	Thursdays, Feb. 6– April 2	2:15- 3:15 PM Mead, 70
	18	Using Literature to Understand History: Toni Morrison, August Wilson and the African American Experience <i>C Dale G.</i>	Thursdays, Feb. 27 - April 16	3:15 – 4:45 PM Froebel, 130C
	Fit	Chair Yoga II <i>Ruth L.</i>	Thursdays	3:30 - 4:30 PM Pestalozzi, 85C
Friday	Fit	Aqua Stretch <i>Bernice G.</i>	Fridays	10:00 - 10:40 AM Pool
	19	Let's Talk about the News! <i>Kaitlyn Q.</i>	Fridays, Jan. 31- March 6	10:00 - 11:30 AM Dewey, 130D
	20	Ascending Spiritual Mountains <i>Rabbi Alan U.</i>	Fridays, April 3 - 24	10:00 - 11:30 AM Froebel, 130C
	21	Village Writers' Workshop <i>Becky K.</i>	Fridays, Feb. 7- March 13	10:15 - 11:45 AM Dewey, 130D
	Fit	Group Exercise <i>Britta Z.</i>	Fridays	11:45 - 12:30 PM Ballroom
	LU*	CJ206: Drugs & Society <i>Kellie W.</i>	Mon., Weds., Fri. Jan. 22- May 4	1:00 - 2:30 PM Mead, 70
	22	Bridging the Gap – Intergenerational Learning and Fun <i>Brian F.</i>	Fridays, Jan. 31- March 20	2:00 - 3:30 PM Rogers, 85A

* These courses meet multiple times a week. No class on Feb. 17, March 16, March 18, March 20 or April 20